



香港浸會大學附屬學校王錦輝中小學  
Hong Kong Baptist University Affiliated School  
Wong Kam Fai Secondary and Primary School

睦明

平安和睦  
智慧聰明

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Newsletter 校訊

# 11 BOYS' SOFTBALL TEAM 男子壘球隊十一連冠 CONSECUTIVE CHAMPIONSHIPS

The Boys' Softball Team of Secondary Division literally struck a home run on November 19, 2022. For the **eleventh consecutive year**, the team has taken the **Championship at the All Hong Kong Secondary School Softball Competition 2022-23**.

The team pulled out all the stops and finally secured the crown for the eleventh time after a tough battle against the long time rivalry Diocesan Boys' School. Losing the first inning at 2:3, our boys reversed the game with multiple touch bases in the second and third innings scoring 8 and 6 respectively to widen the lead. **10C CHENG Yu Hin** was titled the

**Most Valuable Player** for his outstanding performance throughout the competition.

Our boys took advantages of every opportunity given to prepare themselves with physical skills and strategies and positive mentality in order to triumph every game along the way. All their efforts paid off.



*"Every Strike Brings Us Closer to the Next Home Run." Babe Ruth*





# 承前啓後 並肩奮進 BUILD ON PAST EFFORTS CONTINUE TO IMPROVE AND DEVELOP

This year was unique, not only the competition suspended for two years and finally came in play. Having the opportunity to face a team coached by our Alumni, former captain and MVP, YU Mervyn, the Head Coach of Diocesan Boys' School. It is extraordinary and joyful for us to witness our alums flourish in different fields, and having a chance to face the team, which has nurtured him for six years, is exceptional.

The Boys' Softball Team experienced a lot of setback in the past years, the departure of the graduates and field closure minimized their training and experience gaining. With a brand new team ensembled last year, the new generation is getting ready to continue the legacy. The team will pass on the persevering and invincible spirit to their fellows and fortify a stronger team for future challenges.

## Hong Kong U19 Softball Elite Competition 2022-2023

Both the Boys' and Girls' Softball Teams participated in the **Hong Kong U19 Softball Elite Competition 2022-2023** at the Chinese New Year holiday.

The Boys' team split into two teams, the orange team of all G7 and G8 members led by Mr. SZE York and the blue team mixed with part of the starting members in the competition. In the final, the blue team was titled the 1st runner-up following the final with HK U19 members. **10C CHENG Yu Hin** won the **Batting Champion** in the competition. With guidance from Ms. CHAN Joey and Ms. CHAN Tina, the Girls' team, which most beginners formed, received encouraging results and was awarded 3rd runner-up.

The teams also took part in the **U15 Softball Age Group Competition 2022-23** in early May. Boys' team received the 1st runner-up against HK U15 team, while the Girls' was ranked the 2nd runner-up and **9A WU Sze Yiu** was awarded the **Batting Champion**.





# SHARING FROM THE TEAM

## 陳希雲 (香港男子壘球代表隊主教練)

這幾年發現，每年都可能隨時有不同的狀況會發生，所以每年的培訓不可以只集中訓練高年級的球員，以應付當屆的比賽，培育低年級的球員都同樣重要。壘球這項運動，由學習基本技術至戰術訓練，並達到可以比賽的能力，需要投入很長的時間。著重由低年班開始培育，可讓球隊有更長遠的發展。

### 疫情下的困難

在疫情的三年間，未曾見過球員，不清楚球員的狀況，突然就在四月通知要開始準備十月的學界比賽。當時大部份有學界比賽經驗的球員都已經畢業，所以大部份球員都是沒有經驗，甚至有些需由基本功開始訓練。所有技術、戰術、默契建立等，都要在半年內追趕進度。

### 克服障礙

當收到通知，便立即細緻地規劃半年的訓練內容，並一步一步去進行。在那半年時間，都加添了很多加強訓練。除技術訓練外，其他日子都要求球員作體能訓練，希望球員在有限時間內可以達到可比賽的水平。

### 展望

近年看到學界壘球比賽越來越多學校參與，相信將來比賽競爭必定會越來越激烈。希望學校繼續提供豐富的資源和支持，以培育更多優秀的球員，令球隊更壯大，繼續為學校爭取卓越的成績。



## Ms. FAN Yu Ong Cally, Teacher-in-charge

Nobody who ever gave his/ her best regretted. The team started from the narrow running track to which they continue at the "HomeRun Sports Training Centre", being able to establish and develop a structured softball programme and to witness the students' growth and success is one of the most fulfilling accomplishments in these 13 years. The difference between the impossible and the possible lies in a person's determination. The heart in champion has to do with the depth of our motivation and how well your mind and body react to pressure. The lessons learnt on the diamond are ones that students can apply to different areas of their lives. A champion is made of heart.

## 7B LEE Yik Hang

I am grateful for this opportunity to be one of the pitchers this year on the Softball Team. I joined the team knowing nothing about pitching, but I have learnt about being a better pitcher over the last three months. Thank you to my coach for teaching me the skills and to my teammates cheering when I am pitching in the game. I have learnt how to control the power of the ball so I can throw a STRIKE. It is fantastic when you can make the game-winning pitch, and the crowd cheers. It's a feeling that no other sport can provide.

## 11A YIP Jun Yu Eugene (Captain)

I have started playing softball since Grade 7. In almost five years, I've gone from a beginner to the captain of the school Softball Team and a member of the HK U19 softball team, thanks to the endless support and experiences given to me by the coaches and Miss Fan. Even though being impacted by incessant self-doubts, numerous discouraging encounters and the pandemic, I've never given up but to work harder to become the better version of myself to pass down the mentality of striving for excellence, from the past generation to the new generation.

## 10C 鄭宇軒 (隊長)

我校壘球隊於疫情期間堅持備戰練習，令復常後的各個比賽能收獲甜美的果實，更在團體努力下，歷史性衛冕第十一年的校際冠軍，而很榮幸我能代表學校，獲得MVP(最有價值球員)殊榮，以及U19壘球公開賽中的「最佳擊球獎」。

我本年度更有幸入選中國香港男子棒球代表隊，達成了短期內的個人目標。男子和青年代表隊的分別，除了球技及速度上的差異，心態上更加需要堅毅自律，不能自恃年紀較輕而懈怠輕率。每一次練習，每一次爭取男子代表隊的入圍比賽資格，每一次能上投手丘比賽，都會博盡無悔。

數月來不歇息的備戰，四月底能再次入圍，以男子棒球代表隊身份，出戰棒球亞洲盃，為中國香港爭取最佳表現。期許能再下一城，爭取入圍九月的亞運棒球代表隊。

竭盡所能，青春無悔！



Scan the QR code to view the exceptional journey featured in a local television network programme 《愛·體育》.

# TABLE TENNIS

The **Table Tennis team** has made progress by leaps and bounds this school year. **8D MAK Ming Shum** had her first taste of international competition and brought home multiple gold medals! **5B Zhang Jia Yu** of Primary Division also made an impressive record in the U11 group in WTT Youth Contender Bangkok 2022!

In the **All Hong Kong Schools Jing Ying Table Tennis Tournament 2022-2023**, the sister duo **10A FONG Sum Yu** and **8E FONG Sum Oi** won the **Champion of Secondary Schools Girls' Doubles**! Our girls have defeated St. Paul's Co-educational College, Diocesan Girls' School and Heep Yunn School in the quarter-final (3:0), semi-final (3:0) and final (3:1) rounds respectively. Their determination, persistence and continued efforts are highly appreciated!



## 8D MAK Ming Shum

It is a great honor for me to have the opportunity to represent Hong Kong in the international table tennis competitions held in Thailand and Europe last year. Although I encountered many difficulties and challenges during the competition, I was able to win the championship in the end. Sincere thanks to my coach and my school for their support and encouragement.

我很榮幸能有機會代表香港參加去年在泰國及歐洲等地舉辦的國際性乒乓球比賽。雖然在比賽的途中遇到很多的困難和挑戰，但最終也能成功奪取冠軍。衷心感謝教練和學校對我的支持和鼓勵。

WTT Youth Contender Bangkok 2022, U13 Girls Single – **Champion**  
WTT Youth Contender Tbilisi 2022, U13 Girls Single – **Champion**  
WTT Youth Contender Jezzine 2022, U13 Girls Single – **Champion**  
WTT Youth Contender Lignano 2022, U13 Girls Single – **1st Runner-up**

## 全港學界乒乓球精英賽2022-2023女子雙打冠軍

### 10A 方心愉

我十分榮幸獲得全港學界精英乒乓球比賽女雙冠軍，萬分感謝 Miss Chung、王教練、蔡教練和容教練的支持以及指導，此外，十分感謝我的父母和妹妹我的雙打拍檔的鼓勵和支持。

### 8E 方心愛

很高興我們能獲得這次學界精英的冠軍，十分感謝教練和老師對我的教導，同時也非常感謝你們給我機會，讓我收獲了很多經驗。希望在下次的比賽我們能獲得更好的成績。



## 5B ZHANG Jia Yu

Athletic Meet was a great experience for me, I was It was my first time joining an international table tennis competition in Bangkok and I was extremely excited. However, talents from all around the world gathering at the same place made me feel nervous. I tried my best and it was my honour to win third place among the top youngsters. I wish to become stronger and be able to participate in the world class tournaments again.

WTT Youth Contender Bangkok 2022,  
U11 Girls Single - **Semi Finalist**



# FENCING



Recent years, the **Fencing team** performed well in the **New Territories Secondary Schools Fencing Competitions**. Girls' foil team has been **winning seven consecutive champions** starting from year 2012-13. This year, the team joined all the six team events (boys' and girls' foil, epee and saber team events) for the first time and got **top four in all the team** events. Students showed their collaborative effort and finally got the overall second in both boys' and girls' categories.

The most remarkable achievements came from our girl fencer, **G10 WONG Shun Yat Elize**, who just turned into a full-time fencing athlete in the Hong Kong Sports Institute starting from February 2023, has won two silver medals in **Women's Individual and Team Foil** events at the **Asian Junior and Cadet Fencing Championships 2023** in March. She also made the Hong Kong history of getting the **Bronze Medal in Cadet Women's Individual Foil** event at the **2023 Junior & Cadet Fencing World Championships** in early April. Congratulations Elize and we are glad to see our students continue to chase their dreams and push their limits to reach further.



## 10E WONG Shun Yat Elize

2023 is an amazing year, unbelievable adventure for me. I got three medals in two competitions which are the most important and the largest scale competitions at my age in Asia and worldwide. Words can't describe how bad I wanted this. I started my full-time life on February 14, 2023 which is very challenging for me. I must face a new schedule for school and training. I worked really hard on my new training programme and my new school life. Although it is never easy, I enjoy my new adventure. During these two months, I faced so many difficulties and barriers. This process is laborious, uncomfortable, but I overcame it. In the end I received the best rewards, the THREE medals! Believe in yourself, believe in your heart, your dream will come true in one day!



**Mr. CHAU Long Ling, Team Coach**

Fencing is a sport that full of personality, every fencer can find the type of weapon that suits them best. As the coach, it is my basic responsibility to help all team members to develop. The team has achieved an unprecedented seven consecutive champions in girls' team foil event and has won awards in all six team events. This is something we can be proud of. I encourage all of the team members to keep it up.

## 10D FUNG Cheuk Lam

I am proud of being the captain of fencing team. After the pandemic, the team can finally join two competitions, the Celebration of the 25th Anniversary of the Establishment of the HKSAR Hong Kong Secondary School Fencing Championship and the New Territories Secondary Schools Fencing Competition. And the team's performance is great. On behalf of Fencing Team, we will continue to try our very best to achieve the best results again next year.



## 12E KWOK Ho Wang Clement

The Inter-school fencing competition is represented by more than just medals and results. It is defined by the tremendous growth in sportsmanship and team spirit shown by the fencers of A-School. It was an unforgettable experience and I couldn't have asked for a better ending to my secondary school fencing career.





# TENNIS

This year, the tennis team continued to dominate in the **New Territories Secondary School Tennis Competition** and crowned their **third consecutive champions** in both **boys' and girls' categories**. **CHAN Kwok Shun Dason** and **CHE Sin Yu Christy** from G12 are the two key players for the team's success. In the year of 2023, both Dason and Christy have achieved the top rank in U18 boys' and girls' category in Hong Kong respectively. They receive intensive trainings at the Hong Kong Sports Institute and won lots of prizes from numerous international competitions. Dason represented Hong Kong to participate in **Junior Davis Cup** and eventually made it to his very **first Grand Slam event Australian Open Junior Championship**. Christy just started her full-time athlete programme and will continue to chase her dream and fight for her best results. Look forward to seeing more breakthroughs and good news from them!



## 12A CHAN Kwok Shun Dason

The biggest achievements I've been able to achieve were being able to play in the Australian Open Championship and representing Hong Kong for the Davis Cup. Having said that, my teachers, staff, and classmates at A-School really helped me a lot, especially in improving my academic studies. I am pleased that I made many good friends, not only with schoolmates but also with teachers.

### Australian Open Junior Championship - Hong Kong Representative

Hong Kong Ranking - Junior - U18 Boys Singles and Doubles - **1st**

**Davis Cup - Hong Kong Men Tennis Team Representative**

J4 HONG KONG - Boys Singles - **Champion**

## 12D CHE Sin Yu Christy

I went to different places for tournaments to strive for high Hong Kong and international ranking in tennis this year. I met new friends and discovered new knowledge. I also participated in this year's inter-school tennis competition and won the champion with my teammates. I enjoyed all the moments together as this is my last year representing A-School to compete.

Hong Kong Ranking - Junior - U18 Girls Singles - **1st**

J4 HONG KONG - Girls Singles - **Champion**

PRUDENTIAL HONG KONG NATIONAL TENNIS CHAMPIONSHIP 2022 - **2nd**





# BADMINTON PS & SS GIRLS ALL GRADES CHAMPIONS

## 大滿貫

Our **Secondary Girls Badminton Team** won all the **A, B and C Grade** titles in the **Inter-school Badminton Competition (Shatin & Sai Kung Secondary Schools Area) 2022-2023** and the young girls of **Primary Division** took home the **Champion of the Inter-Primary Schools Badminton Competition (Girls)**. Together, the **first Grand Slam** in the history of A-School is born! We are so proud of all the team members which they have put lots of efforts on their training the whole year and they always show their ambitions of winning every match while they are facing different schools and opponents.



PRIMARY DIVISION

### 7E PANG Oi Ki Vanessa

This year, our girls have won all the crowns in the badminton competitions. We are very happy! I am very grateful to our coach, Principals and my teammates for giving us the venue to train and cheering us up. I think it's worth being happy when you win, and you don't have to be sad when you lose, because as long as you don't give up, the game will continue forever!

### 7E TAM Hazel

It was an honour to represent A-School to participate in the inter-school badminton competition. The moment we won, I was totally shocked because we were competing with a very strong team in the final match. After getting the champion, we immediately cheered for ourselves for all the hard work we paid.

### 9D HARIYANTO Clara

Winning the badminton tournament in A, B and C grades was an amazing achievement! We faced tough competition, but our teamwork and determination helped us win. The feeling of accomplishment and pride motivated us to continue pushing ourselves to improve. This win has taught us the value of hard work, practice and perseverance. Also further inspire us to aim higher in the future.

### 12C 洪富淇

大滿貫是這個年度其中一個目標，成功達成固然十分高興！首先，要多謝教練及許SIR的指導！還有一班隊友全力的努力不懈！

大滿貫的榮譽是大家一起努力所得，證明大家付出的汗水和時間沒有白費！希望這個錦標可以繼續激勵到一班師妹往後繼續努力，守住冠軍的位置，永不放棄！



GRADE A SECONDARY DIVISION



GRADE B SECONDARY DIVISION



GRADE C SECONDARY DIVISION



# 第59屆學校舞蹈節

## 團體獎冠軍

我校中小學舞隊成員在第59屆學校舞蹈節大放異彩！過往三年的疫情雖然影響了訓練進度，仍無阻同學們力求進步的決心。經歷數次以錄影形式投交比賽片段後，今次是一眾舞者三年內首次踏上校際舞蹈節舞台。小學部中國舞隊在宋潔老師及劉文鳳老師的指導下，同學們憑藉齊整一致的動作、靈活生動的舞姿在眾多參賽隊伍中脫穎而出，小學部高小及低小中國舞隊，今年無論在群舞、三人舞及獨舞比賽中，均得到最高成績，再次獲得全港校際比賽中國舞小學組團體總冠軍獎項。眾位隊員舞藝超凡精湛，獲得此殊榮實至名歸！

中國舞（小學低年級組）優等獎《荷塘樂》



小學組中國舞（獨舞）  
優等獎 6D 歐奕希  
《我和月亮說句話》



小學組中國舞（雙人舞/三人舞）高小 優等獎  
《俏山妞》



小學組中國舞（雙人舞/三人舞）低小 優等獎-《桑子熟了》



中國舞（小學高年級組）優等獎《捉魚樂》



### 3B 林思靖 (群舞 低小)

練習中國舞的時候，宋老師嚴格和耐心的訓練，同學們努力不懈的練習，換來勝利的喜悅。當聽到我們得到全港總冠軍的時候，大家都非常雀躍。大家同心的努力和付出，得到了美好的成果。

### 3B 余嘉禧 (三人舞 低小)

在訓練期間，我一直有同伴們的鼓勵，叫我不放棄，又陪伴我一起練習，最終順利完成這隻舞蹈。比賽當天，又有義工家長們來協助我們化妝、整理髮型及準備道具，讓我們信心滿滿地在台上發揮到最好。我們也不負眾望，獲得冠軍的佳績！在此，我必須感謝宋老師這幾個月來的悉心指導，給我們編排了這隻活潑生動的《桑子熟了》。我們跳得十分投入及開心！也要感謝媽媽的支持和鼓勵，當然最重要是和我一起完成這三人舞的兩位好拍檔！

### 5B 李熾亨 (群舞 高小)

能在這次跳舞比賽中獲獎，我感到非常榮幸。在學習的過程中，我非常感謝父母與老師。父母在我練習時陪伴著我與給我關懷；老師在我遇到困難時指導與鼓勵。雖然當中遇到不少困難，但是我仍十分享受跳舞的過程。

### 5B 伍思同 (三人舞 高小)

我之前的跳舞經驗不足，需要比別人花更多的時間學習和練習。記得剛剛學習轉八角巾的時候，我是一個圈也轉不了。幸有老師悉心指導，還有我每天都花時間在家練習，四個月後我終於成功了！因此，我非常感謝我的老師對我的鼓勵與教導，更想感謝家長義工們在我失落時安慰我，他們使我更有信心繼續跳下去。

### 6D 歐奕希 (獨舞 高小)

今年是我最後一次代表小學部參加中國舞校際比賽，心裡真的百感交集。回想起在三年前，第一次跳獨舞時的那份緊張我仍記憶猶新。深深的感謝老師們對我的悉心指導，感謝父母對我的支持，更加感謝學校為我提供了這樣一個學習和展示自己的舞台，讓我成長為一個更有自信的人。小學之旅即將結束，但我的舞蹈之旅並沒有結束，我將帶著這份對舞蹈的熱忱向著我的夢想繼續努力！



## 59th Schools Dance Festival Competition Jazz & Street Dance (Secondary Section) Honours Award



The **Secondary Division Jazz Dance Team** is a group of avid dancers and participants in the Schools Dance Festival. Over the years, the team has honed their skills and cultivated many talented dancers who have explored different styles.

The team's accomplishments can also be attributed to the leadership of experienced choreographer WAN Jolin who has led the team since 2017. Their dance this year, The 90's, was inspired by the vibrant music trend and uprising of girl power of the decade through a medley of Janet Jackson.

### 9E CHEUNG Yu Yuet Jamie

The Jazz Dance Team has participated in the 59th Schools Dance Festival and received the Honours Award in the Secondary Jazz and Street Dance category. We were all ecstatic to hear the news as we spent countless hours practising and our perseverance throughout the entire journey paid off. Our dance teacher has taught us valuable lessons and believed in us since day one. Even when we were struggling with the dance number, everyone had put in their very best effort in doing what they love.



### 9E HUI Chun Yu

Through active participation in overseas competitions, I am glad to have the opportunities to expand my international exposure, and most importantly, to participate in the high-level tournaments. Whether in Europe or Asia, I hope to accumulate more experiences in different competitions and hope to win more medals for Hong Kong in the future. With support from A-School, I believe I can make my dream come true.

WDSF Varna Bulgaria - Junior 1+2 Basic Open Standard - **Champion**

The 11th Thailand Open 2022 (WDSF PD World Cup Latin) (WDSF International Open Standard & Latin) - Junior II Open Standard - **Champion**



### 9B SHUM York Fei

Dance World Cup Asia 2023 - 15 Junior Solo Jazz

**Gold Award & Best Female Dancer**

# VOLLEYBALL GIRLS TEAM GRADE B CHAMPION

Secondary Division **Girls B Grade Volleyball Team** was crowned the **Champion in the Inter-School Volleyball Competition (Shatin & Sai Kung District)** on April 30, 2023.

The final match against Lam Tai Fai College was a neck-and-neck-intense game. Despite being down 20-23 in the first set, our girls came back with five consecutive possessions after a crucial time-out. The opponent took lead in the second set by 16-24. The team was not giving up as Team Captain 8A AU Eva came to serve and reversed the game unifying every member with a strong morale boost. Our team overcame the deficit and won the decisive point after the deuce. In the end, our girls won both sets by the scores of 25-23 and 26-24 to crown the Championship in the Competition.





# Outstanding Sports Awards cum Lee Yui Kwan Sports and Arts Scholarship Presentation Ceremony

A series of outstanding sports achievement was recorded in the first half of the school year. A ceremony was held on December 13, 2022 to celebrate A-School athletes' success despite all the hindrance they faced whilst the epidemic was sweeping the world.

Tennis player **G12 CHAN Kwok Shun Dasson** whose numerous victory has brought him glory since young age, decided to give back to the school as a means to express his gratification for the school's support and nurturing for his sports profession. A donation of \$10,000 was made to the school by the tennis player. Dasson's parents presented the cheque together with Dasson to the school during the ceremony.

The Scholarships for Sport, Music and the Arts Excellence is established with the generosity of **Ms. LEE Yui Kwan** who greatly supports the school's nurturing of students' whole person development in the fields of sports, music and arts. It recognizes the achievement of awardees' outstanding non-academic performance, creates a strong base of high-performing students alongside with academic high-achievers and provides financial assistance for training expenses.

Eligible students were granted the scholarship for their remarkable achievements in local and/or international competitions and of top local and/or international ranking. Ms. LEE Yui Kwan presented the awards to our awardees during the ceremony. Awardees Representatives expressed their gratitude to Ms. Lee in their sharing.



Ms. LEE Yui Kwan received souvenir from Chief Principal Dr. Chan.

## 5A YIP Abril Wai Sze (Table tennis)

In this academic year, I was honoured to be selected as a member of the school's table tennis team to participate in the Table Tennis Tournament of HKSSF. We gave our best in the competition and won the Champion. I was also selected as an outstanding athlete and received the Lee Yui Kwan Sports and Arts Scholarship, which indeed encouraged me to improve further in the future. Immense thanks to the school and the donor for the motivation and support given to us.

## 11A YAU Hoi Ting (Swimming)

I am incredibly grateful to have received the award and scholarship from school. The scholarship will not only help me achieve my academic goals but also fuel my passion for sports. It will definitely motivate me to continue striving for excellence both on and off the pool. I am also thankful to the people who have supported me along the way, including the school, teachers, my family, friends, and coaches, who have played a significant role in my success.

## 6B CHAN Ting Hei (Soccer)

I feel very proud of myself that I got this Outstanding Sports Awards cum Lee Yui Kwan Sports and Arts Scholarship. I wanted to thank Ms. Lee Yuk Kwan for her kindness and support to us. This scholarship encouraged me to put more efforts on my sport and give my best performance for my school. I wanted to thanks all my teammates that after three difficult games, we finally got the ticket to enter the semi-final. I also wanted to thanks my coaches that choose me to be the most outstanding player for our school, so I can have got this award. Last but not least, I will try hard to get better award in the future on my football career.





# 14<sup>TH</sup> ATHLETIC MEET

All the teachers, parents and students have been waiting for so long and looking forward to this exciting annual sport event in A-School. We are very delighted to have **former elite badminton athlete Ms. Yip Pui Yin** to join the event as Guest of Honour.

Students from Grade 3-6 have participated in both Track Events and Field Events while the Grade 1-2 students had their races on short distance run, bean bag throw and standing long jump. All the students have shown their best teamwork and sportsmanship by cheering their teammates and Houses and it ended up with the exciting events of Parent-child Relay and Teacher-student Relay. The hard work paid off and House Kindness won the Overall House Champion. Congratulations to all the awardees and we can't wait to see you all again next year.



## 6B CHAN Renee

The 14th Athletic Meet was such a fantastic day, it brought lots of brilliant memories which I will never forget in my primary life.

I really appreciated every athlete's effort and was proud of them showing their sportsmanship and integrity.

It was a great pleasure for me to join the teacher-student relay competition with Miss TAM Nora, Mr. HUI Michael and Marcus. We felt thrilled and very grateful for teachers accepted our invitation readily. During the competition, teachers became our best partners and we supported each other to cross the finish line together. I feel touched even now when I think about it.

Lastly, 'never giving up' was what I learnt from Athletic Meet.

## 6C CHOW Amber

After three years of pandemic, Athletic Meet was back on last month. Ma On Shan Sports Ground was filled with fun and excitement, with competing athletes giving their best performance on the track and field, whilst other students cheering enthusiastically for their housemates and friends. I had a great time and proud to have won gold medals for the individual event of 200m and high jump. My best moment was to catch up and took the third place for the inter-house 4 x 100m relay when we were largely behind when I took the baton.

## 6E CHEUNG Linus

This year's Athletic Meet was definitely the most memorable one as not only is it my last Athletics Meet of Primary Division, me and my classmates all had a lot of fun and had a good sense of sportsmanship. We were able to cheer on our houses and feel the competitiveness of the athletes. Although some of us weren't able to win any medals, don't give up as there's always a next time! I hope that the sport of athletics will continue to strive throughout A-School!



# Aquatic Meet

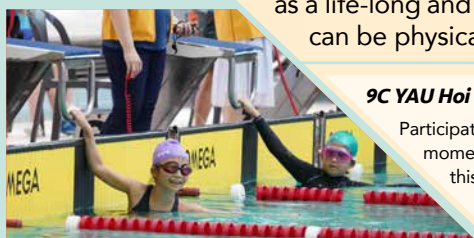
Shing Mun Valley Swimming Pool



Despite the cancellation of Aquatic Meet in previous years due to the epidemic, quite a lot of students are still well prepared to join the different aquatic events.

During the swimming trial, with the introduction of the kickboard race and 25m events for Primary Division, students from different grades showed promising potential and motivation in swimming. The qualified swimmers were gathered to swim and fight for the glory for their houses and chambers respectively on November 22, 2022 (Primary Division) and January 5, 2023 (Secondary Division).

On the other hand, with the building of the Aquatic Complex, we are aiming to promote swimming as a life-long and important sport skill and exercise to develop a healthy lifestyle such that our students can be physically fit for coping with future challenges.



## 9C YAU Hoi Lam

Participating in the SS Aquatic Meet was one of the most memorable moments in my school life. It was an honour to have taken part in this year's Aquatic Meet. The atmosphere during the competition greatly boosted my confidence and provided me with an opportunity to challenge myself. Additionally, I got to meet new friends throughout the competition. Participating in competitions like the ones at the Aquatic Meet is a great way to showcase my effort and spread the joy of swimming to my fellow peers.

## 11C FAN Tsz Long

The Aquatic Meet got cancelled for several years because of COVID-19. But it finally happened this year, and we were all excited. Many of our classmates showed off their talents in different events, while non-swimmers also cheered and enjoyed watching the competitions. I believe that after the completion and opening of our school swimming pool, more students will be participating in the Aquatic Meet and feeling the joy of sporting competition together.



## 3E NG Liana

Aquatic Meet is exciting but a little nervous too. The excitement of competing against schoolmates, the nervousness of performing in front of a crowd, and achieving my personal best time can all contribute to the feeling of enthusiasm. Ultimately, the teamwork and sportsmanship fostered during the event can make it a fun and memorable experience.

## 6E NG Ayden

Participating in an Aquatic Meet can be a thrilling experience. When I push myself to achieve my personal best times, I can learn the importance of perseverance and hard work. I feel more positive and motivated in academics and OLE. Additionally, it's a great opportunity to work with my teammates and show sportsmanship. Also to make new friends and form stronger bonds with my schoolmates who share an interest in swimming. What a rewarding experience!





# Meeting with Olympic Gold Medalist and former Captain of China Women Volleyball Team

## 中國女排奧運金牌選手 – 惠若琪見面會



本校很榮幸邀請到前中國女子排球隊隊長惠若琪蒞臨與學生見面。惠若琪在2016年的巴西里約熱內盧奧運會中，以隊長角色帶領國家隊勇奪金牌。

惠若琪在見面會分享了自己的排球之旅，她以堅忍強大、不屈不撓的運動精神克服種種難關，最終登上王者寶座。在場的排球隊成員與同學們對惠若琪友善又專業的態度無不感到非常敬佩。有同學特別為惠若琪預備了獨一無二的紀念品，更成功邀請到心目中的運動偶像為他們簽名。



### 6D FONG Pak Chun (PS Boys Volleyball Team Captain)

Even in my wildest dreams, I would never have imagined that I could meet with Ms Hui Ruoqi, the Olympic Gold Medalist of China Women Volleyball Team. She not only shared her road to success, but also encouraged us to face challenges bravely. Never give up!!!! As a volleyball enthusiast, I am honoured to have her signature on my volleyball!!

### 11C CHIU Cemenda Mia (SS Girls Volleyball Team Captain)

Watching Hui Ruoqi on television winning the 2016 Olympics, meeting her was a very good opportunity for me and my teammates to be able to meet Hui Ruoqi. We are much more motivated after knowing about her journey to winning the 2016 Rio Olympics championship with the national team and also learnt the importance of teamwork for challenges. I'm confident our sports team members will work harder to achieve their desired goals and strive for the best.







## 教育局局長蔡若蓮博士訪校

教育局局長蔡若蓮博士於3月28日蒞臨學校，視察小學部與內地姊妹學校的交流成果。是次訪校是對我校工作表現的肯定和重視。

我校透過與內地不同省市的學校締結，在疫情間亦積極安排多樣化的「線上交流」活動，與姊妹學校間的情誼情誼有增無減。蔡若蓮博士參與了我們與武漢市常青第一學校的線上筆友交流活動，兩地互通書信一年多的「小筆友」也走到螢幕前互訴衷腸。

蔡局長對此次姊妹學校成果展表示了高度的讚賞。香港與內地，血濃於水。蔡局長希望同學們有機會能親身到內地探訪姊妹學校，與內地的同學一起學習和相處，並瞭解國家的歷史文化和最新發展，擴闊視野。



### 6C 蔡子熙

我很榮幸能夠代表我們學校的德育及公民大使，向局長分享我校在國民教育方面的活動。學校非常注重國民教育的推廣和實踐，通過不同形式的活動和比賽，例如每週都舉行恆常升旗及大型的中小學聯合升旗、國慶日和國家憲法日等，讓同學們更深刻地瞭解國家的發展，提升我們對國家的自豪感和愛國情懷。







# 粵港澳大灣區青少年公益年會

粵港澳大灣區青少年公益年會是兩岸暨港澳的盛事，目的就是為粵港澳大灣區青少年以公益主題來搭平台、建橋樑，讓他們能與其他志同道合的青少年交換經驗，增進彼此的友誼。啟動儀式分別在北京中國宋慶齡青少年科技文化交流中心和香港進行，我校非常榮幸能成為今年年會的香港會場主辦單位，並擔任司儀及表演嘉賓，將年會的盛況分享到北京、廣東省及澳門等地的青少年。

年會由中國宋慶齡基金會聯合香港洛士文基金、澳門基金會、廣東省宋慶齡基金會共同舉辦，以“培育公益精神，促進公益合作”為宗旨，為海峽兩岸暨港澳的青少年搭建公益交流的平台和共同追夢的渠道。中國宋慶齡基金會副主席于群先生與香港洛士文基金創會會長、本校首任校董胡曉明博士等主持活動，支持粵港澳大灣區青少年熱心行善。

我們的同學擔任是次年會的司儀及表演嘉賓，小學部的朗誦隊以情景朗誦《孫中山宋慶齡與香港》歌頌偉大革命家孫中山先生及宋慶齡女士，以感謝他們以一慈愛赤子之心為中國的人民帶來溫暖和希望。中學部的劉子馨同學則以「我的公益故事」為題，與大家分享他們對於公益事業的熱愛和執著。活動當日亦有來自海峽兩暨港澳的同學分享，包括多間香港及澳門的同學現場參與。



全國政协副主席、中國宋慶齡基金會主席李斌女士參與同步線上直播

## 6D 歐奕希

我很榮幸成為此次粵港澳大灣區青少年公益年會的主持人，能夠與各位來自大灣區不同城市的優秀青少年們一起見證這個歷史時刻。這次年會在宋慶齡基金會的大力支持下，聚焦大灣區建設，旨在推動區域內的交流合作和青少年的公益參與，提高我們的社會責任。

整個年會氛圍熱烈而充滿活力。在開幕式上，主辦方領導、嘉賓代表和各界人士的致辭，讓我們更加了解大灣區建設的重要意義和意義。接著，來自海峽兩岸的代表們進行了公益分享，展現了他們的熱情和自信，更增進了彼此之間的了解。希望在未來，我們能夠繼續通過這樣的活動和行動，促進粵港澳大灣區青少年的共同發展和進步。

## 9B 張展華

我很榮幸成為此次粵港澳大灣區青少年公益年會的主持人，能夠與各位來自大灣區不同城市的優秀青少年們一起見證這個歷史時刻。這次年會在宋慶齡基金會的大力支持下，聚焦大灣區建設，旨在推動區域內的交流合作和青少年的公益參與，提高我們的社會責任。

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# ARTS 2023 FESTIVAL

The annual **Arts Festival** was held, an event where creativity, imagination, and talent came to life! Students could enjoy diverse art forms such as performing arts and artworks showcasing the hard work of their classmates.

Displays of artwork were scattered across the campus. From the stunning paintings to wonderful sculptures, three different Artist-in-Residence programmes showcases the creation of our students and their inspiration.



## Artist-in-Residence Programmes

G7 – G9: “Lost And Found” instructed by **CHU Margaret**

CHU Margaret is a cross-disciplinary artist engages in sculpture and painting, especially works on paper sculpture.

G10 : “我地 山水 想像” instructed by **Sim SHUM Kwan Yi**

Sim SHUM Kwan Yi focuses on ink creation which connects Chinese traditions and her daily experiences trying to find the landscape and landscape symbols in today's society.

G11: “Cityscape” instructed by **LAM Yau Sum**

LAM Yau Sum collects and paints discarded abandoned products like electronic products, copper water pipe, and wire then transforms them into a series of a new cityscape.



**10B YUEN Lok Lam Eunice**

I must admit when I first knew that the Artist-in-Residence programme was about Chinese painting I was a bit upset as I was not interested in ink paintings at all. After the first lesson, I found out that she added different elements in her drawings like little boats, rocks, and even copper. I was fascinated and became more and more curious about it. We learnt the basic skills like how to hold the brushes, how to draw thin or thick, straight or curved lines, the pattern of different objects like lands and mountains, the way the artist prepared her table, the amount of water added to make different shadings in the painting, etc. I'm glad that I was in her Artist-in-Residence programme.

**11E CHU Ka Yee**

I have learnt a lot from this Artist-In-Residence programme. It is a really insightful event and it gave me a chance to explore different forms of art styles. Furthermore, working on this project has made me realise that art can be created from anything and has inspired me to try making more 3D art. It's not every day that we get an opportunity to learn from an established artist and create several artworks for the art festival exhibition, I am grateful for this unforgettable experience.

**9B CHAN Tak Yu**

This year's Arts Festival was an amazing display of creativity and expression. From gorgeous paintings and sculptures to captivating musical performances, the Festival showcased the incredible talents of our students. It was wonderful to see so many different art forms come together in one place, and the artwork and sculptures of the artist in residence and our student. Overall, this year's Arts Festival was a resounding success and a testament to the artistic spirit of our school community.



**Poetry and music performances** were presented by students from English Literature and Music Teams. Highlights from Solo Competitions of JSMA/Music Festival 2023 were also brought to stage during the lunchtime concerts. Students also presented their learning outcomes in playing pop band, cajon, and dubbing from the AD Courses and Composition Projects.







## Artist-in-Residence Programme – Dustykid

Primary Division is honoured to have invited the creator of the famous illustration **Dustykid**, **Rap CHAN** to be the instructor of the Artist-in-Residence programme this school year.

The talented artist shared his creative journey with the entire school in March, and it was truly inspiring!

Rap CHAN talked about his creation process and the difficulties he faced during his artistic journey. He shared his passion for using his own encouraging sentences and illustrations to spread positive energy to everyone around him. His words and illustrations left a lasting impact on everyone who attended, inspiring them to pursue their creativity and express themselves through art.

In addition to his sharing, Rap also held a few training sessions for our Visual Arts team to create their own characters in his unique art style in the Artist-in-Residence Programme. It was an incredible opportunity for them to learn from a professional artist and unleash their creativity.



### 5D HO Hei Yi Rochelle

I really enjoy the Artist-In-Residence programme, it was such an honour to have a chance to meet Rap Chan and be inspired by his creativity. During the programme, my favourite part was when we generated ideas about a feeling in a group and shared it with each other, I think knowing each other's point of views and ideas inspired me to think in different directions in creating my character and to present it in different ways.

### 6E LAU Chi Hing Melody

Throughout all the activities we have during the Artist-In-Residence programme, my favorite part is when we were given out cardboard which has a feeling written on it and we had to try to brainstorm some drawings which relates to the feeling given with our group mates. We also had to try to put the drawings together which creates a character. This is my favourite part because we learn how to create a character and also learn how to cooperate with our group mates at the same time.



## Game Booths

Other than exhibitions and performances, the Arts Festival in Primary Division included a variety of visual art and music booths at the atrium for our students to dabble in arts and music in a fun way!





# VARIETY SHOW



The **Variety Show "Come Rain or Shine"** was held in **Hong Kong City Hall** on 5 May 2023 as a grand finale to the Arts Festival. A cherished tradition of A-School, the annual Variety Show celebrates the outstanding achievements of our A-Artists in all areas of performing arts.

At the start of the Variety Show was a spectacular combined performance of Greg Gilpin's uplifting **Why We Sing** with more than 200 singers and instrumentalists. More fascinating and diverse performances followed, presented by the Secondary Division Orchestra, A-Singers, Jazz Dance Team, Chinese Drum Team and the Primary Division Junior Choir and Chinese Dance Teams, ranging from a whimsical medley from Harry Potter to award-winning dances. The newly-founded band Soul Harmonics even performed their original song in the Composition Showcase.

The highlight of the Variety Show was the fully staged and professionally produced **English musical Singin' in the Rain**, which had plenty of catchy songs and dazzling dance numbers. The Variety Show came to a perfect cadence with an exuberant choral reprise of the classic song "Singin' in the Rain" with captivating choreography, skilled singing, and stellar ensemble playing. It was truly a memorable evening!

## 4A CHENG Yi Kiu Issy

**(Member of Primary Division Junior Choir and English Musical Team)**

It's a pleasure to be part of the Variety Show! I had a whale of a time practicing with my A-fellows, and our efforts were turned into deafening cheers and sustaining applause in the show! Thank you to the teachers for supporting us along the journey. It's an unforgettable night, and all little moments make big memories!

## 10D KWOK Chin Yu Alison

**(Vice-captain of Secondary Division A-Singers and Choir)**

There is nothing more exhilarating than standing on stage, performing songs that we've spent months perfecting. Despite there still being much room for improvement, we gave it our all and managed to create an unforgettable performance. As the lyrics go, music can "soothe a soul, mend a heart"; I am absolutely delighted to be given the opportunity to share this gift with the audience.







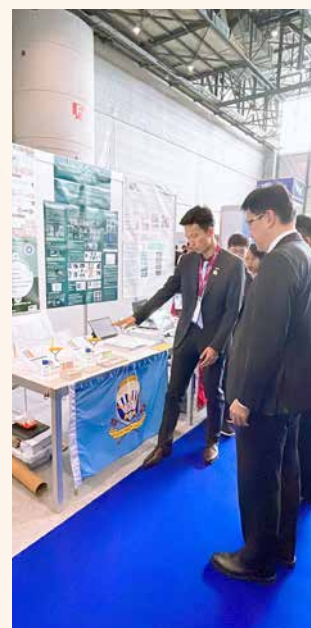


# 48<sup>th</sup> Geneva International Exhibition of Inventions

## 第48屆日內瓦國際發明展

Our student **12E WONG Kai Chung** representing Hong Kong won the **Bronze Award** with the student research project "GoldIn" in the **48<sup>th</sup> Geneva International Exhibition of Inventions** held in Switzerland end April.

Completed by the research team composed of **WONG Kai Chung, 12C LIN Wing Tung** and **12D CHEUNG Kwan Chiu**, the project "GoldIn" joined the International Science Competition 2023 - Hong Kong Regional Final in last December and was selected to enter the World Finals of the 48th Geneva International Exhibition of Inventions. The international event is organised under the patronage of the Swiss Federal Government, of the State, the City of Geneva and of the World Intellectual Property Organization WIPO.



**12E WONG Kai Chung**

Throughout our science research, I learnt how significant a role scientific discoveries play in improving lives. Our team designed rounds of experiments to support our idea of applying nanotechnology to monitoring vaccines. By presenting our product to judges, students, and even kids, I practiced delivering key points as efficiently as possible. This international exhibition in Geneva has given me a valuable opportunity to exchange ideas with researchers around the world.

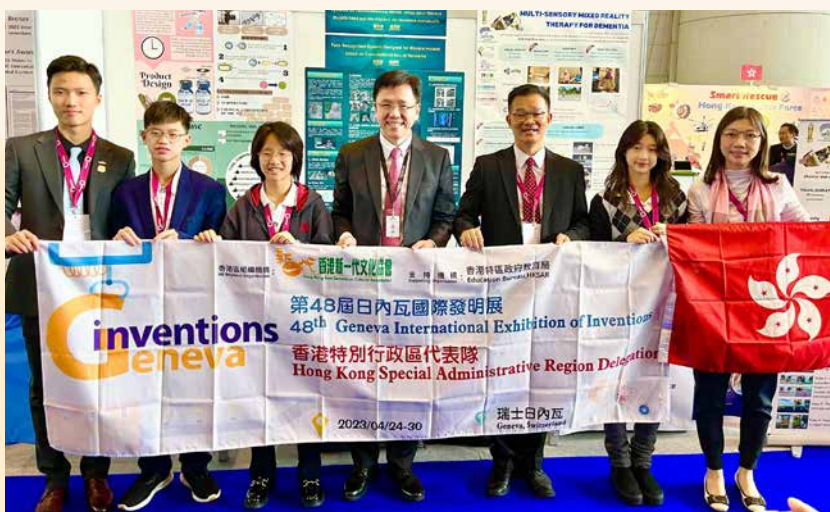


**12C LIN Wing Tung**



**12D CHEUNG Kwan Chiu**

Founded in 1973, the Geneva International Exhibition of Inventions is the biggest event exclusively devoted to inventions. Industrial and commercial companies, universities, inventors and researchers, associations, private and state organisms and institutes, present their inventions, the results of their research and their new products. Manufacturers, commercial agents and financiers will find 1,000 absolute novelties ready to be marketed.



香港特別行政區代表隊  
Hong Kong Special Administrative Region Delegation  
2023/04/24-30  
瑞士日內瓦  
Geneva, Switzerland



香港賽馬會大學附屬學校王錦輝中小學的美啟聯同學以「GOLDIN」奪得銅獎，該作品利用納米金和納米銀的特性，製作可以監測溫度和時間的標籤，並將之應用在疫苗罐上，如果疫苗暴露於特定溫度達一定時間，標籤將會變色，提示疫苗可能已經變壞，不能使用。





## British Education and Training Technology Exhibition

This year, six students from Grade 3 to 6 participated in a STEAM study tour to **London and Paris**. After weeks of preparation, they brought along their invention to showcase their creative coding projects at a world-renowned **British Education and Training Technology Exhibition (Bett Show) in London**. Our students were invited to be "Kids Judges" and presented a "Chocolate Trophy" to their favourite e-learning product.

The golden moment of this trip was meeting some outstanding **A-School alumni studying in Oxford University and Imperial College London**. Being role models, our alumni enlightened their little A-School brothers and sisters to reach for higher goals and pursue their studies at top universities.



Alumni CHIA Ho Lam, student of Brunel University London and HO Shing Him, student of Imperial College London



Alumnus CHANG Chun Hei, student of University of Oxford

### 3B CHEUNG Yan Yuk

I learnt about many new technologies and eye-opening projects. I felt very excited being a Kid Judge at the London Bett Show."

### 3B CHEN Lianyu Lucas

My biggest takeaway from the trip is the inspiration gained from passionate inventors and the realisation of my dream to be an engineer."

### 3C LAM Chun Wai Milton

The UK trip was a truly informative experience that immersed me in the world's newest, most innovative, and advanced technologies.

### 5C KWOK Sen Ho Solomon

Bett Show is a memorable experience for me. I learnt and experienced a lot of things, such as how to use design thinking in our daily lives. The Bett Show gave me a chance to explore the technology of the world.

### 5D CHEUNG Yu Lun Markus

Through the AI workshops, I learnt there are two stages. The first stage is supervised learning where you have to give commands or examples for the robot to imitate while the second stage is reinforced learning. This stage makes the robot have a reward scheme. When a robot is equipped with AI, it is capable of following instructions, utilising self-learning algorithms, and offering assisted learning."

### 6B CHAN Sum Yau

I was awed by the history and stories of the famous architecture and museums, such as Big Ben, Palace of Westminster, House of Parliament, British Museum, Eiffel Tower, Pyramide du Louvre, and many more. The trip also enhanced my STEAM knowledge and communication skills.



In Paris, they attended a workshop and a forum about the latest developments in AI, which fueled their passion for continuing their AI learning journey. Overall, the London and Paris STEAM study tour was a once-in-a-lifetime experience with lots of fond and unforgettable memories and in the process, bequeathing the students with renewed passion for learning.



# Spring Concert

The **Spring Concert** was held at the **Academic Community Hall of Hong Kong Baptist University** on **February 17, 2023**. It was an annual showcase to recognise our A-Musicians' continuous efforts and outstanding accomplishments in music.

Centred around themes of hope and new beginnings, the Spring Concert was the first live concert of A-School since the beginning of the pandemic. From the fiery drumbeats of the Percussion Bands and Chinese Drum Teams and melodious tones of the Choirs to the angelic vibrations of the Handbell Teams and the virtuosic playing of the Orchestras, all our music teams demonstrated unshakable resilience and unmistakable talents. Several outstanding soloists also made a strong impression on the audience with their refined vocal and instrumental performances.

The concert culminated in a finale in which all Choirs and Orchestras from the primary and secondary divisions joined forces to present excerpts from Handel's Messiah, under the baton of Dr. HON Andrew. Our young A-Musicians performed with admirable musicianship and flair, which guaranteed a much-deserved standing ovation from a full-house of enthusiastic audience at the end of the Hallelujah Chorus.



## 5D IP Chloe

Through the spring concert, I was able to perform professionally and also spread the joy of music to the whole school. I felt overjoyed to be performing in front of the school because I love performing cello music. I greatly enjoyed this experience.

## 11D CHU Ming Him Himsley

It was an absolute honor to perform my first and final piano recital, as a cellist in A-School's orchestra.

I'm grateful to have the chance to perform one of Chopin's famous Nocturne – Nocturne in D-flat major, Op. 27, No. 2. Where I showcased my two years of dedication in perfecting it. After the performance, I have acknowledged being a successful musician is not only about playing all the correct notes and the right tempo impeccably, but most importantly bringing the audience together with the music you are playing and enjoy the show.

Besides, I am thankful to be part of A-School's orchestra as a cellist. In the last five years, Orchestra not only made me fall in love with orchestral music but most importantly made unbreakable bonds between different musicians, to create a remarkable masterpiece.

All in all, it was such a surreal experience for me and I will treasure it for the rest of my life. I would also like to take this opportunity to thank all the music teachers, students, audience, and my parents who show endless support in my music journey.







# A-Live Musical

@ Harbour City (Movie Appreciation)

Each year, the production from our **English Musical team** is mounted with a new cast and crew to present a unique theatrical experience to the audience. Due to the pandemic, an adapted version of "Peter Pan" was filmed and later broadcasted at the **Golden Harvest Grand Ocean Cinema in Tsim Sha Tsui**. The screening would not be possible without the support of parents, principals, teachers and schoolmates.

The story revolves around Peter Pan, who never grew up and lived in Neverland. One day he was listening to Mrs. Darling, the mother of Wendy, telling stories. He wanted Wendy to be the mother of him and the Lost Boys. As Wendy consented, he taught the children how to fly, and together they had fun with the Lost Boys. They also joined the Brave Girls, and worked together with the implicit-famed Crocodile and heroically defeated the Pirates, including Captain Hook in the end!



## 5E NG Tsz Yin Sophie

I'm Sophie and I played one of the Brave Girls. I felt excited as I have always wanted to play this role. While practicing, I admired other performers for their hard work and I was impressed by everyone's performance. I'm grateful for the opportunity to play in the musical and I have learnt a lot from my hard work.

## 7B YAU Kai Kit Moody

My role for this musical is Peter Pan. I was most impressed with how much we did from only a couple of months - we had to learn the dances from hour long videos, rehearse through the quarantine, and memorize the most amount of lines, dances, and songs. Despite the pandemic, we still pulled through and pieced together this musical of fantasy.





# OTIS Made to Move Communities Challenge

"OTIS Made to Move Communities Student Challenge" is an international competition with the participation of 230 students across 15 countries and territories and A-School is the representative of the Hong Kong region.

With the guidance of OTIS mentors and A-School teachers between Oct 2022 and Feb 2023, students developed innovative solutions based on science, technology, engineering and math (STEM) that they believe can mitigate some of the obstacles to real-world mobility issues. They have presented their solutions to the OTIS managing directors and presidents in different regions via Teams Meeting on March 2, 2023.

Our students formed two teams and both have received the **Honourable Mentions Awards** and each team has earned **US\$5000 grants, a total of US\$10,000** for the school to further enhance STEM programming development and benefit more students in the future. The students received their awards at the closing ceremony on May 4, 2023.



Tai Float - floating houses, made of a bamboo floor and metal alloy frame, in Tai O, that can withstand the impact of flooding, unlike the current stilt houses



Team members:

- 10B TANG Hau Yin
- 10D KWOK Lok Yao
- 11D CHAN Yik Linford
- 11D CHUI Sheung Yat Ernest
- 11D KAM Chin Cheung
- 11D YUEN Tsz To
- 11E LEUNG Chun Yin

## 10D KWOK Lok Yao

I had the honorable opportunity to increase my knowledge of engineering and contemporary technologies by joining the OTIS made-to-move communities. Throughout the entire MTMC process, my team has proposed numerous innovative suggestions. It increased my creativity and significantly enhanced my presentation skills. It was a fun and memorable journey.

## 11E CHU Ka Yee

Joining this competition has been a really fun and eye-opening experience for me. Not only did I have a chance to improve my collaboration skills with others, I also learnt much more about the problems and impacts that climate change is bringing. I am very grateful to have this invaluable opportunity to discover different solutions to combat global issues with my awesome teammates, and at the same time check out the amazing ideas other teams came up with. This is truly an unforgettable experience!

The Cool Belt and App - a smart seatbelt that can detect the surrounding temperature and moderate the amount of heat to ensure that a trapped child can survive



Team members:

- 10E ZHU Anthony Xin Xiang
- 10E ZHU Frederick Shicheng
- 11D CHEN Chun Yin
- 11E CHU Ka Yee
- 11E KWOK Hei Man



# 《歷史文化學堂(第七屆)——非遺零距離》 專題報告比賽

本校有幸榮獲由香港中華文化發展聯合會(文聯會)主辦、優質教育基金贊助的《歷史文化學堂(第七屆)——非遺零距離》專題研習及短片比賽冠軍。

本年度舉行專題報告比賽目的是希望師生透過認識香港及國家級的非物質文化遺產項目從而提升中、小學參加者對傳統文化和歷史的認識，了解世代相傳及別具價值的文化對不同社群的意義，並培育大眾對保護及傳承非物質文化遺產的意識。

我校師生共同研習的作品在云云眾多中比賽隊伍中獲取評判的高度讚賞並在頒獎典禮後發布師生的研習成果，文聯會特意結集我校優勝隊伍的作品，出版《優勝學生作品集》，以豐富學習資源。



## 5B 廖雪澄

相傳孔子出世有麒麟出現，我的出世都有麒麟陪伴，因為我生於一個「舞麒麟」的家庭。葉老師鼓勵我參加香港中華文化發展聯合會舉辦的非遺零距離專題報告，讓我尋根及找出家鄉及家人的非物質文化精髓。

客家舞麒麟盛傳已經超過250年歷史，我從幼稚園開始已見到舞麒麟隊爸爸在舞麒麟及加入舞麒麟隊。我在影片中訪問了麒麟隊總教練葉紫作老師傳揚強，知道客家舞麒麟的文化由清末傳到廣東、香港、深圳一帶，歷史超過數十年。在短片中，我和爸爸一起示範麒麟探路的步法。我希望長大後仍能一起推廣客家傳統舞麒麟這項非物質文化遺產。



## 4B 呂卓宜

我在頒獎典禮感謝老師的幫助及鼓勵下參加是次比賽，同時感恩在父母的栽培下可以嘗試去接觸粵劇，然後有機會親身學習。學習的過程有苦有樂，透過參加香港中華文化發展聯合會舉辦的專題報告能讓更多學校及同學認識粵劇，透過自身的學習經歷分享，藉此加深其他學生對粵劇及中國文化的認識。

# Model United Nations Conferences

Following its restructuring, the Excel 33 programme programme has its members divided into three strands, namely STEAM, Humanities, and World Vision. This year World Vision Strand, led by **Mr. LEE Darren** and **Mr. LI Kelvin**, participated in Model United Nations (MUN) conferences to find solutions for the UN Sustainable Development Goals and arousing students' awareness in school.

Students, ranging from MUN debutantes to veteran public speakers, took part in a series of conferences held in schools and institutions and displayed exceptional leadership, critical thinking, and public speaking skills.



## Mr. LEE Ka Ho Darren, Teacher

With the launch of the Global Vision strand, Excel 33 members, while receiving training on impromptu speaking and critical awareness, were guided to take part in Model United Nations (MUN) conferences organized by institutes across the territory, developing precious leadership, diplomacy, and collaboration skills, while gaining connections to invaluable networks. In defiance of their MUN-debutante status, the group of students have done the school more than proud by winning manifold awards in numerous conferences and have fostered what they have learnt in their learning communities, by connecting one of the Sustainable Development Goals (SDGs) to the theme of the Language Week, during which they pitched in and promoted the importance of achieving zero hunger on Earth.

## 8B HO Yat Yiu Megan

Joining MUNs has brought me benefits in various aspects. I have begun to find my confidence in public speaking and have had opportunities to raise new and constructive questions and debates in the sessions. Joining MUN has also helped me improve my critical thinking, and practice writing new speeches within a brief period of time. I have learnt so much from joining MUN!

## 8B WONG Lai Ying Nicole

Through my MUN journey, I have made a lot of friends, learnt different skills such as public speaking, researching, communicating, and most importantly improvising. I also was able to discover and learn different in-depth topics on world issues today from global inflation to the issue of human trafficking.

## 8C POON Ching lan

Through taking part in MUN conferences, I have learnt more about leaderships and urgent world issues such as antimicrobial resistance that had remained unbeknownst to me until now. The conferences have also further enhanced my sense of global citizenship and critical thinking. I am fond of debating regarding such pressing issues and making new acquaintances along the way.



# Online Exchange Activities

April 27, 2023

## 天津市耀華中學

我校與中國內地姊妹校的交流在疫情籠罩下未受影響，透過線上平台保持緊密聯繫，兩地學生就不同主題交換意見、分享生活，以不同模式深化認識對方的文化。

我校七年級同學與天津市耀華中學展開了線上交流活動。副校長(中學部學生發展)兼全球交流主管張瑞霞博士、內地事務統籌及助理中文科主任黃婷婷老師以及七年級中文老師亦參與了本次活動。

交流主題是從學校教育、家庭生活看中華孝文化。活動中，兩校同學均準備了匯報和表演，對於孝文化進行了深入的探討。此次交流活動氣氛十分熱烈，兩地同學均積極參與。

隨著疫情放緩，我們的同學非常期待再一次到訪天津市耀華中學，盼望與天津的同儕互相學習交流！

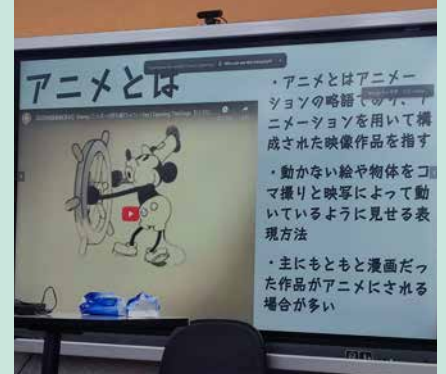


January 13, 2023

## Japanese International School

On January 13, 2023, our Grade 6 students had a great online exchange with Primary 6 students from Japanese International School (JIS) in Taipo. We took turns using Japanese and English. We first introduced our own schools. They hosted traditional

Japanese games whereas we created a Kahoot game about Chinese New Year. We introduced our traditional customs of Chinese New Year. It was fascinating when we taught the Japanese buddies about the New Year's greetings in Cantonese. Our students put in a lot of effort practising Japanese and were able to present with great confidence.



### 6E YAU Chi Hei Hailey

Learning a new language is like riding on a roller coaster, just like what I felt in the online exchange. Learning a country's culture is an essential part of learning a new language although we feel confused due to cultural shocks. Thanks A-School for creating more opportunities for us to talk in Japanese and letting us experience Japanese culture.

### 6E YUEN Chun Edna

Although it might be challenging, I still enjoy learning Japanese. My goal is to be able to read, write, and communicate fluently, as it would help a lot in travels to Japan. I had a lot of fun during this online exchange, and I know everyone enjoyed it too! I look forward to meeting face-to-face in the future if we get a chance to do so.

## 城ノ内中等教育学校

March 7, 2023

The third online exchange with 城ノ内中等教育学校 in Tokushima prefecture of Japan was a great success. Our students were able to interact with peers from a different culture, collaborate on projects, and develop their communication and social skills. They also gained a better understanding of the similarities and differences between their school life. We look forward to continuing this exchange activity and building a strong relationship with the school.

### 8C YAM Wai Ching

Japanese Online Exchange is a perfect opportunity to communicate with Japanese students while not leaving our campus. We talked in groups about our school life and what we like to do in our free time. We had our first conversations in padlet which was arranged by teachers, we can freely and confidently chat together even if we don't speak each other's language well. There are no borders to block us from speaking together and become friends. I will treasure the time spending with them.

一緒に日本語を勉強しましょう！







## 閩港姊妹學校十載情緣之文化藝術線上交流活動

「閩港雲端見，十載情悠悠！」

2023年3月7日，我校和相識相交十年的廈門海滄延奎實驗小學進行了首次的**文化藝術線上交流盛會**，讓我們閩港學子用藝術特長展現各自風采。雖然這些年來本校與姊妹學校的實體交流活動暫停了，但疫情無阻我們對學習中華文化的熱情！這是以另一種方式拓展學生們的視野和藝術領域，互相觀摩學習，傳揚友愛！展現「心懷家國，寰宇並肩」的精神。

當天的表演項目精彩萬分，包括延奎小學的民樂合奏《茉莉花》、打擊樂重奏曲《牛鬥虎》、歌仔戲《廈門新娘》、集體朗誦《可愛的中國》和舞蹈《成長在祖國的懷抱裏》。本校的管弦樂《皇家煙火》、《塞維利亞的理髮師》、高小中國舞隊《捉魚樂》和3D班音樂馬拉松音樂劇《No One Wraps Like an Elf》。悠揚的樂曲、動聽的歌聲、優美的舞姿、動情的講述，相聚的一切都鐫刻在我們的心裏，為我們閩港姊妹學校的情誼又添上了濃墨重彩的一筆！讓我們共同祝願，祝願我們友誼地久天長！



### 4E 周曉悅

我很榮幸能夠和我的中國舞成員為廈門姊妹學校表演。很感恩的是，雖然我們未能直接見面，但是還能透過學校的安排進行線上交流活動。我期望不久將來，我們兩校的同學們可以互相認識和交換舞蹈的心得。



### 6C CHAN Torres

The recent joint concert with our sister school in Xiamen was an extraordinary experience. Not only did I get to appreciate the performances by A-School teams of Chinese Dance and Class 3D's Music Marathon, but I also had the chance to see the sister school's performance as well. They had a variety of performances, from Chinese drums, to choral speaking and Chinese dance. I also performed for the PS Orchestra. Although we could not perform in Xiamen, we were still able to have the concert via Zoom. A big round of applause to both the performers and teachers who made this event possible. We are all looking forward to the moment when we perform face-to-face!



## 十周年回顧

我校同學們**2018年6月**帶著友誼的橄欖枝，來到廈門市延奎小學，進行了一次深入交流。是次交流中，同學們參觀了延奎小學的中樂廳，聆聽了古樂的清音，感受到了中華傳統文化的深邃與博大。兩地同學一起踢毽子，滾鋼圈，彼此之間的歡聲笑語響徹雲霄，盡情放飛童心。







# Reading Day cum Book Character Day

In order to promote reading, cultivate good reading habits among students, and help students learn from reading, our school celebrated **Reading Day**.

Students, parents and teachers all participated in the **Book Character Catwalk Show**, dressing up as their favourite book characters. The **Battle of the Books** was also a thrilling and exciting event, encouraging all students to read high-quality books. We also had the honour of hosting a variety of authors who shared their stories and insights, helping students to understand the power of books better and develop empathy.

In keeping with this year's theme of **'Broaden My Horizon Through Reading'**, a number of subject-based reading activities were planned, encouraging students to read a wide range of non-fiction books and teaching them skills to learn from reading across different subjects.

Reading is our **SUPERPOWER!** Let's continue to develop lifelong learning and independent reading skills together!



Battle of the Books

## 1C WU Yin Ho

Today I am going to share you about a Pokemon book called 'The Three Little Brothers.' The book teaches us about love, hope, kindness, bravery, justice, and teamwork. We are happy that Ash brings us on missions with his Pokemon team members, which include Bulbasaur, Charmander, Eevee, Meowth, Snorlax, Gengar, Pikachu, and Grookey.



## 2B CAI Xingran

I choose to play the little fox from Fantastic Mr. Fox. First, the small foxes are very helpful. They helped Daddy to dig and escape from the farmers and brought the chicken to Mommy. Second, they never give up. For example, they dig day and night without a break but never stop until they are safe.



## 3E WONG Ching Yan

We learnt various reading knowledge in the training class of reading ambassadors. In one session, we learnt about positive reading. Based on the 24-character strength card we drew, we searched for books in the library and analysed and classified the characters' personalities. We then reflected on what we could learn from them.





# Red Carpet Prize Presentation Ceremony

After several years of the pandemic, all teachers and students were finally able to gather together to participate in this year's **Red Carpet Prize Presentation Ceremony** in the school hall on February 10, 2023. The ceremony ran smoothly with a wonderful atmosphere. Students cheered their fellow schoolmates for their outstanding performance in different aspects and showed their encouragement to each other.

In the ceremony, various awards, including **Subject Award, Academic Award, OLE Award, and Service and Leadership Award**, were presented to recognize the achievements of our students in Term 1 within the school. Moreover, awards were presented to many students for their excellent performance in external competitions within Hong Kong and internationally.

We were also honoured to have **Ms. CHAN Amy, BEM, JP, Chairperson of the School External Advisory Committee Committee, Ms. CHOI Carmen, School External Advisor (Gifted Education) and Dr. TONG Toby, our alumni and the Medical and Health Officer from the Department of Health** to present the awards. Speech by Ms. CHAN Amy and Dr. TONG Toby delivered inspirational messages to our students.



## 10D FONG Hannah

### Awardee of Subject Award and Academic Award

The red carpet ceremony was truly a meaningful occasion for all of us, where students' outstanding contributions and achievements in various fields were given recognition. Celebrations of our hard work motivated me to continue striving for excellence and to become a better person tomorrow.

## 10E HOR Choi Sze

### Awardee of OLE Award (Music - Saxophone)

I am honoured to receive the OLE award. I would like to represent my greatest gratitude to everyone who supported me during the school year. The past year has been a hard time for everyone, I made every effort to participate in competitions. With this award, I can encourage myself to strive towards the goal, and prove my work.

## 11A YAU Hoi Ting

### Awardee of Service and Leadership Award (Head Prefect)

As the Head Prefect this year, receiving the Service and Leadership Award was a memorable experience. I am truly grateful for the recognition by the school. It has inspired me to strive for excellence and learn from my previous experiences to better serve and lead others. I am excited to continue being a positive role model in school and to encourage others to do the same!

# 中國文化日

一年一度的中國文化日又到了，今年的文化日以分別以「禮」（小學部）及「孝」（中學部）為主題。在精彩的舞獅表演結束後，同學們積極參與攤位遊戲、班級活動和問答活動，小學部同學接觸了不少中華民族特色的玩意，如投壺、木射；朗誦隊精彩的詩歌朗誦表演，讓同學更進一步認識中華「禮」的文化；中學部亦舉辦了年末大掃除活動，同學們為新年的校園清潔出力，師生其樂融融。



## 1D 馬汶勝

我和同學在班主任的指導下，一起製作了賀年手工藝品和「許願樹」，為兔年許下期盼和寫下祝福，真難忘啊！

## 9D 李若凡

今年的中國文化日令我收穫良多。通過諸多有意思的活動，我深刻認識到「孝」的歷史地位與文化重要性；大掃除則讓我親身參與學校的清潔工作，體會到了清潔人員日常工作的艱辛。



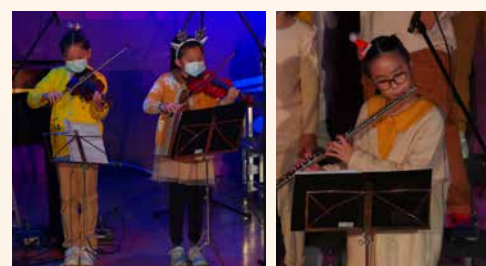




## Music Marathon

Primary Division's annual signature event, **Music Marathon**, started on a beautiful Saturday morning, showcasing students' passion for the performing arts through memorable musical performances. Audiences at all three sessions were awed by the musical talent of the students, and all six grades did themselves proud.

This year's performances covered a wide range of songs from peppy numbers to classic Christmas carols with songs being sung in English, Cantonese, Putonghua, and even in German! Our supremely talented students from each class also had a variety of musical instruments being played including the piano, drums, harps, and other wind, string, and percussion instruments, all showcasing their music ensemble skills. The dancing skills of our students were an eye-opener with loud applause coming their way for tap dances to gymnastics. In between performances, our wonderful emcees had games ready with prizes to be won.



The School Chinese Drum Team and Orchestra entertained a spellbound audience.



The cherry on the icing was a surprise performance from our Director of Music and Performing Arts, Dr. Hon and his band of Secondary Division students.

Our heartfelt thanks to **Uncle Carl** who has been our consultant for the Music Marathon and whose unwavering support and advice during the rehearsals ensured such high quality performances. We are also grateful to our wonderful parent community who have supported the activity so wholeheartedly in a myriad of ways.

Music Marathon is a testimony to the strong emphasis the school places on whole person development, balancing academics with aesthetic education through an opportunity to perform to a wider audience by every single member of the student population.



### Comments from Parents

這次的音樂馬拉松活動十分成功，欣賞每一位老師和教職員的用心付出和準備。會場氣氛熱烈，同學的演出十分精彩，我非常享受整個節目和表演。我十分期待下一年的音樂馬拉松活動，亦期待每一位同學的進步和成長，繼續在這個表演舞台上發光發熱。

Keep looking forward to Music Marathon 3rd, 4th, ..... 50th and more.

The concert was absolutely enjoyable; all classes did very well and were impressive! Thanks for all the hard work that all the teachers have put into this! We enjoyed it!





# Baccalaureate Service

The annual graduation activity **Baccalaureate Service** was successfully held on March 3, 2023. Upon the cancellation of several restrictions under the pandemic, we were so delighted to gather in this wonderful occasion and meet each other face to face.

Honouring the graduating class, the event is typically a Christianity-based service. Sharing and blessings from **Paster Ho of City One Baptist Church** and teachers meant a lot to all of our graduates. Thanksgiving moments were shared among teachers and students. Blessings were given to students as encouragement for their challenges ahead.



**12E IP Hei Yeung Ethan**

The Baccalaureate Service served as a perfect opportunity for us to express our gratitude towards our teachers and reminisce our school life together. The past 12 years at A-School have been unforgettable and invaluable to our growth, and I look forward to all the great things we will achieve. Thank you all, truly, for the fun and memories.

**12E KWOK Ho Wang Clement**

The baccalaureate service was an emotional conclusion to our secondary school life. The words of encouragement given by teachers and students will forever serve as a reminder of our family in A-School and the memories we have developed. Even though it signified the end of a journey, it was an opportunity to show gratitude and one I will always cherish.

**12E NG Yuen Hang**

The Baccalaureate Service was a memorable event that I was honoured to be the emcee for. The sentimental sharings from my classmates took us on a trip down memory lane, and we reminisced of the fruitful times we have had in A-School. It was a special opportunity to give thanks to our principals, teachers, and classmates—thank you for being there along the way!







**Ms. Wong Man Ching, Anita**  
Coordinator of History

Hello everyone, I am Anita. Many students call me "A. Wong". Although I am a new teacher at A-School, I have been teaching for many years. Being a teacher is my dream. I enjoy chatting with my lovely students and it's wonderful and meaningful to witness the growth of young people. I was blessed to have chances to learn from some passionate and enthusiastic educators when I was in Canada. They inspired me how a teacher can change the life of others. During my teaching career, I am lucky to have come across so many lovely, intelligent, and thankful students. Many of them have become my close friends, and I can learn a lot from them. "Life affects life" is my motto as a teacher.

I love teaching History although many students think that it is boring, difficult, and impractical. To me, it is very important to students. It can enlighten students' minds and develop their analytical and organizational power and wisdom. I enjoy discussing with students some controversial and debatable issues, watching some historical documentaries, and visiting some historical sites. "History repeats itself" is also one of the sayings I always share with my students. I hope they would learn from the mistakes people made in the past. I am sure the seeds I sow today will have a good harvest in the future.

I am so lucky to join A-School and come across some students who are passionate about History. Some of them even continue to study History at universities. I enjoy exploring and researching some interesting issues with them together. From time to time, I also get messages from students when they travel abroad. They appreciated and recalled what they learnt in History lessons. The satisfaction I get is beyond words.

I enjoy traveling during my holidays. I enjoy visiting museums and watching dramas and musicals. I hope that I can continue to share my experience, inspire and motivate more students in A-School. Many of them are lovely and smart students.

God bless you all.



**施朗皓老師**  
數學科老師

初執教鞭，心情難免緊張又複雜。可幸的是，A-School的同學們都充滿着熱情和活力，使我得以迅速融入這個新環境。

有時候，看到同學們充滿朝氣，對未來充滿盼待的樣子；或是在課堂上一雙雙專注熱切的眼神，我也會不自覺地開心起來，感覺煩惱一掃而空。

我喜歡的事情有很多，基本上是運動的我都喜歡，還有夾band和跳舞！目前是香港棒球代表隊的成員。每星期五天的訓練，加上忙碌的工作，想偷懶的念頭總會經常出現。在此寄望各位能夠努力堅持不懈，熱愛自己的生活，work hard play hard！







**黎樂堃老師**

音樂科主任

大家好，我是小學部音樂老師黎老師。我的興趣很廣泛，靜態的活動有閱讀、看電影、砌Lego。我並不擅長運動，唯二喜歡的運動是游泳和騎單車，我曾經騎單車環繞香港島一周呢！我很喜歡音樂，除了欣賞樂曲之外，更享受與朋友一起合奏的時光。透過學習音樂，培養了我的耐性和解難能力，也訓練了我的毅力。在疫情中我亦嘗試挑戰自己學習一種新的樂器—單簧管！

不經不覺我已經加入了A-School五年了。在A-School我很幸運能認識了一群志同道合的同事，在遇上各種大大小小的挑戰時，大家都同心合力，積極去面對。



**陳浩勤老師**

科學科主任

大家好！我是陳浩勤老師，在王錦輝中小學任職數學和綜合科學科老師超過十年。多年來，我要感謝學校對我的信任，給我機會成為綜合科學科主任。成為科主任是我在王錦輝中小學工作的轉捩點。成為科主任後，工作比以往更加繁重，但當中的經歷、體會和磨練使我獲益良多。

我熱愛教授科學知識。學習科學最有意義的地方在於科學與我們日常生活息息相關，很容易學以致用。我很期待在堂上和學生一起做實驗的時間，看見同學做實驗時開心和興奮的樣子，都使我明白成為一個科學老師，意義非凡！





## 中學部學生榮譽

學術			
Time to Talk Public Speaking Competition			
Secondary Schools	First Prize	7C	CHUNG Ching Sum
		7C	HUI Yi
		7C	LEUNG Yan Yuet
才藝			
The 17th Hong Kong Primary and Secondary School Students Japanese Speech & Verse Speaking Contest			
Storytelling Competition (Secondary Students S1 to S3 Mixed Gender)	1st Place	8B	LAW Chin Ting
Joint School Music Contest 2022			
Group (Choir - Secondary School - Junior)	Gold Award	Secondary School Choir	
Group (Percussion Band - Secondary School)	Gold Award	Percussion Band	
Group (Chinese Percussion Team - Secondary School)	Gold Award	Chinese Drum Team	
The 16th International Talent Competition			
Junior Secondary (Musical Instrument - Western Music - Saxophone Solo)	Gold Award	10E	HOR Choi Sze
Hong Kong Smart Dance Extravaganza Dream Cup Dance Competition 2022			
Jazz Solo (13-14 Years Old)	Gold Prize	9E	CHEUNG Yu Yuet Jamie
The Hong Kong Smart Dance Extravaganza The Hong Kong Challenge Cup Dance Competition 2022			
Mainland China, Macua and Hong Kong Division (Modern Jazz, Troupe, 13-19 Years Old)	Gold Prize	9E	CHEUNG Yu Yuet Jamie
2022 Secondary School Contemporary Drawing Competition			
	Special Honour Award	9E	CHAN Tak Yu
The 6th (Taiwan) Asia . Aegean Sea Music Competition (Hong Kong Preliminary Round)			
Piano (Open Class D)	First Place	8D	HUNG Cheung Hong
Hong Kong Dance & Rhythmic Gymnastics Dance Festival 2022			
Dance (Group)	Gold Award	9E	CHEUNG Yu Yuet Jamie
2022 IDO Asia Dance Festival, International Dance Competition			
Modern & Contemporary (Junior Group)	1st Place	9E	CHEUNG Yu Yuet Jamie
Bauhinia International Dance Grand Prix 2022			
Modern Jazz (Junior - Group)	Gold Award	9E	CHEUNG Yu Yuet Jamie
The 11th Thailand Open 2022 (WDSF PD World Cup Latin) (WDSF International Open Standard & Latin)			
Junior II Open Standard	Champion	9E	HUI Chun Yu
Joint School Music Competition 2022			
Secondary School Piano Solo (Senior)	Gold Award	8B	CHEUNG Cheuk Lam
Secondary School Cello Solo (Intermediate)	Gold Award	8B	YIP Him Wo
Secondary School Piano Solo (Intermediate)	Gold Award	8B	YUNG Nga Ni
Secondary School Piano Solo (Senior)	Gold Award	8B	WONG Lai Ying Nicole
Secondary School Chinese Instrument (Sheng) Solo (Junior)	Gold Award	9D	CHAN Dang Yee Alyssa
Secondary School Brass (Horn) Solo (Intermediate)	Gold Award	10D	PAK Lon Yat Allen
Secondary School Woodwind (Saxophone) Solo (Diploma)	Gold Award	12B	LEE Lok Hang
Secondary School Piano Solo (Senior)	Gold Award	12B	LEE Lok Hang
International Global Music Talent Contest 2022			
Youth Artistic Award Group III (2022 Session)	1st Place	10C	CHEN Ying Tat
Winds Instrument Grade 8	1st Place	10C	CHEN Ying Tat
Woodwind and Brass Ensemble - Senior	1st Place	10C	CHEN Ying Tat
Tokyo International Youth Music Competition			
Chromatic Harmonica, Category D	1st Place	7B	SZE Aaron
Dance World Cup Asia 2022 - Hong Kong Qualifying Match			
Children Duet / Trio Lyrical Dance	1st Place	9E	CHEUNG Yu Yuet Jamie
Junior Large Group Street Dance	Gold	Jazz Dance Team	
The 53rd Language Recitation Competition			
English Story (S1 Level)	Champion	7A	CHAN Ho Him
HKTPAF The 10th Hong Kong International Youth Performance Arts Festival (Hong Kong District Preliminary Round)			
Flute Class (Grade 7)	1st Place	10C	CHEN Ying Tat
Music@e-Contest 2022			
Piano, Category D (Aged 12-14)	Gold Award	9C	LAU Hin Tung
The 34th Latin Open			
U15 Pair C/S/R/P/J	1st Place	9C	LAU Hin Tung
U15 Pair C/R/S	1st Place	9C	LAU Hin Tung
Dance World Cup Asia 2023			
15 Junior Solo Jazz	Gold Award & Best Female Dancer	9B	SHUM York Fei
運動			
慶祝中華人民共和國成立73周年暨青少年足球邀請賽			
U14, A組	冠軍	8D	陳育培
Hong Kong Youth Fencing Elite Competition & Sportsoho SportsExpo 10 Years Cup			
U15 Girls' Foil	Champion	10E	WONG Shun Yat
U16 Girls' Foil	Champion	10E	WONG Shun Yat
Hong Kong ITF Junior Tournament 2022 (J5 Hong Kong, Week 1)			
Boys' Singles	Champion	12A	CHAN Kwok Shun Dasson
Boys' Doubles	Champion	12A	CHAN Kwok Shun Dasson
Girls' Singles	Champion	12D	CHE Sin Yu

Hong Kong ITF Junior Tournament 2022 (J5 Hong Kong, Week 2)			
Boys' Singles	Champion	12A	CHAN Kwok Shun Dasson
Boys' Doubles	Champion	12A	CHAN Kwok Shun Dasson
Hong Kong ITF Junior Tournament 2022 (J4 Hong Kong, Week 1)			
Boys' Singles	Champion	12A	CHAN Kwok Shun Dasson
Boys' Doubles	Champion	12A	CHAN Kwok Shun Dasson
Girls' Singles	Champion	12D	CHE Sin Yu
Girls' Doubles	Champion	12D	CHE Sin Yu
Hong Kong ITF Junior Tournament 2022 (J4 Thailand)			
Girls' Doubles	Champion	12D	CHE Sin Yu
元朗區體育節 2022 香港中小學花式跳繩公開賽-香港駕駛學院盃			
中學女子乙組(14-15歲組) 3分鐘單車步	冠軍	10B	CHEUNG Hiu Tung
中學男子甲組(16-18歲組) 30秒單車步	冠軍	11D	CHEN Chun Yin
中學男子丙組(12-13歲組) 2x30 單側迴旋跳 (單車)	冠軍	7C	FONG Chi Yeung
中學女子丙組(12-13歲組) 4x30 個人速度接力	冠軍	7A	LAW Sum Yau
中學女子丙組(12-13歲組) 2x30秒雙腳及單車步 4人交互繩速	冠軍	7C	POON Wu Coral
All Hong Kong Inter-Secondary School Softball Competition 2022-2023			
Boys Category	Champion	Boys Softball Team	
New Territories Secondary Schools Fencing Competition 2022-2023			
Girls B Grade Epee (Individual)	Champion	9A	KWAN Hei Po
Girls B Grade Foil (Individual)	Champion	10E	WONG Shun Yat
Girls C Grade Sabre (Individual)	Champion	7B	CHUN Wing Sum
Girls Team Foil	Champion	Girls Fencing Team (Foil)	
Age Groups Fencing Championships 2023			
Cadet U17 Women's Foil	Champion	10E	WONG Shun Yat
Inter-School Table-Tennis Competition, 2022-2023 (HKSSF Shatin & Sai Kung Secondary Schools Area Committee)			
Girls A Grade	Champion	Girls A Grade Table-Tennis Team	
Girls C Grade	Champion	Girls C Grade Table-Tennis Team	
All Hong Kong Schools Jing Ying Table Tennis Tournament 2022-2023			
Secondary Schools, Girls' Doubles	Champion	8E	FONG Sum Oi
Inter-School Badminton Competition, 2022-2023 (HKSSF Shatin & Sai Kung Secondary Schools Area Committee)			
Girls A Grade	Champion	Girls A Grade Badminton Team	
Girls B Grade	Champion	Girls B Grade Badminton Team	
Girls C Grade	Champion	Girls C Grade Badminton Team	
Boys B Grade	Champion	Boys B Grade Badminton Team	
Inter-School Swimming Championships, 2022-2023 (HKSSF Shatin & Sai Kung Secondary Schools Area Committee)			
Boys C Grade 100m Breaststroke	Champion	7E	LAU Hon Fung
Boys C Grade 50m Breaststroke	Champion	7E	LAU Hon Fung
Girls A Grade 200m Breaststroke	Champion	11A	YAU Hoi Ting
WTT Youth Contender Bangkok 2022			
U13 Girls Singles	Champion	8D	MAK Ming Shum
WTT Youth Contender Tbilisi 2022			
U13 Girls Singles	Champion	8D	MAK Ming Shum
WTT Youth Contender Jezzine 2022			
U13 Girls Singles	Champion	8D	MAK Ming Shum
U15 Girls Singles	Champion	8D	MAK Ming Shum
New Territories Secondary Schools Tennis Competition 2022-2023			
Boys	Champion	Boys Tennis Team	
Girls	Champion	Girls Tennis Team	
Inter-School Basketball Competition, 2022-2023 (HKSSF Shatin & Sai Kung Secondary Schools Area Committee)			
Girls A Grade (Division 2)	Champion	Girls A Grade Basketball Team	
學校體育推廣計劃2022-23外展教練計劃五人足球比賽 (上學期)			
中學女子組 (17歲或以下)	冠軍	女子足球隊	
2022 Allstar Cup Fencing Competition			
U12 Epee	Overall Gold Award	7C	FONG Chi Yeung
Oriental Martial Arts X ITF 2022 Invitation Tournament (Hong Kong)			
Female Adult Color Belt Sparring - Micro	Champion	7D	CHAN Sui Hei Katie
泳協觀塘站游泳錦標賽 (2022)			
男子12歲 (50米捷泳)	冠軍	7E	樓瀚豐
男子12歲 (50米蛙泳)	冠軍	7E	樓瀚豐
2022-2023 Hong Kong Indoor Cycling Race (Artistic Cycling)			
Single Boy U15	Overall Champion	8C	TSUI Lok Yin Michael
Series 5 - Single Boy U15	Champion	8C	TSUI Lok Yin Michael
Series 4 - Single Boy U15	Champion	8C	TSUI Lok Yin Michael
Series 3 - Single Boy U15	Champion	8C	TSUI Lok Yin Michael
Single Boy U15	Champion	8C	TSUI Lok Yin Michael



小學部學生榮譽

學術			
華龍盃			
英語朗誦 - 初小組	金獎	3E	許泓海
73rd Hong Kong Schools Speech Festival			
Solo Verse Speaking - Primary 1-2 Girls	Champion	3E	PANG Hailey
Hong Kong Internatioal Mathematical Olympiad Final Round 2022			
Primary 4	Gold Award	5D	LEI Yirui
2022學而思盃全港數學奧林匹克精英挑戰賽			
小一	一等獎	1D	李敦晴
29th Hong Kong Primary School Mathematical Olympiad Competition			
Primary 4	Gold Award	5E	CHAN Sum Shun Emunah
Primary 4	Gold Award	5E	ZHANG Shun
Primary 3	Gold Award	4B	WONG Chaak Sin Jethro
Hong Kong Robot Summer Challenge			
Speed Challenge Category - Primary School	Gold Lego Award	3C	WONG Julian Clement
Hong Kong International Mathematical Olympiad Final Round 2022			
Primary 1	Gold Award	2A	YEUNG Hoi Ying
Think Mathematics Competition 2022			
Primary 5	First Prize	5E	ZHANG Shun
Hong Kong Schools Mathematics Challenge 2022			
Primary 1	Champion	2C	PONG Lap Chi
《歷史文化學堂（第七屆）——非遺零距離》專題報告比賽			
小學組 (甲:圖文簡報)	冠軍	4B	呂卓宜
小學組 (乙:短片製作)	冠軍	5B	廖雪澄
Scout Association of Hong Kong			
	"The Golden Bauhinia Award"	6E	CHAN Pan Kiu Oscar
Drone Competition			
Primary School	Champion	5C	KWONG Chung Chi Jasper
Primary School	Champion	5C	KWONG Chung Chi Jasper
World Class Tests			
MATHEMATICS(PRIMARY)- primary Level Ages 8-11	Distinction	6E	CHEUNG Ho Lun Linus
Problem Solving - Primary Level Ages 8-11	Distinction	5D	CHEUNG Yu Lun Markus
I&T Robot Cup			
Junior Primary	"Champion, Best Presenters Award"	3B	CHEN Lianyua Lucas
Junior Primary	"Champion, Best Presenters Award"	3B	CHEUNG Yan Yuk
Junior Primary	"Champion, Best Presenters Award"	3C	LAM Chun Wai Milton
2022年度IPEL 兩文三語朗誦比賽			
普通話-新詩 - P2組	金獎	2C	何悅儀
2022香港學界數學及奧數精英賽			
P2 數學組	金獎	2C	李諾恆
P3 數學組	金獎	1D	李敦晴
P3 數學組	金獎	3E	梁浩明
P4 數學組	金獎	4B	黃澤善
P5 數學組	金獎	5D	雷宜睿
P1 奧數組	冠軍	1A	鄭梓宏
P3 奧數組	金獎	3E	梁浩明
P6 奧數組	金獎	6C	陳俊陶
粵港澳大灣區數學競賽選拔賽 2023			
小學二年級	一等獎	2C	李諾恆
才藝			
58th Schools Dance Festival			
Upper Primary School Section	Highly Recommended Award		Senior Dance Team
Lower Primary School Section	Honours Award		Junior Dance Team
Upper Primary School Section	Honours Award	5B	LI Chi Ting
Upper Primary School Section	Honours Award	6D	AU Yik Hei
文聯盃舞蹈比賽			
爵士舞 - 兒童組	金獎	4A	楊凱兒
中國舞 - 6-8 歲 獨舞	金獎	4D	區錦平
第50屆全港公開舞蹈比賽			
爵士舞 少年組 - 初小 個人獨舞	金獎	4A	楊凱兒
中國舞 (少年組(高小))	金獎	5B	李熾寧
聯校音樂大賽2022			
"小學弦樂(小提琴)獨奏 - 中級組"	金獎	4B	劉青林
2022 International Music Competition "Paris" Grand Prize Virtuoso			
Harp Solo - Junior Category	First Prize	5B	LI Chi Ting
2022年第六屆小小慈善音樂家			
樂器組別: 弦樂組 Harp Solo - 高小組(P4-P6)	金獎	5B	李熾寧
香港青少年兒童繪畫大獎賽2022			
主題: 神奇的動物 - 少兒組	金獎	4E	唐意涵
主題: 獨一無二的衣服 - 少兒組	冠軍	4E	唐意涵
2016年	金獎	1D	常巧晴
香港兒童創藝大賽2022			
2013少兒組	冠軍	3E	黎昊熙
第十二屆國際巡回繪畫賽（墨爾本站）			
兒童組	冠軍	4A	洪才
1st See You In London 英國倫敦展繪畫參展大賽			
高小組	金獎	5B	李熾寧
Portrait Drawing Competition 2022			
Group 2015	Champion	2A	NGAI Chak Sum Anson
Group 2016	Gold Award	1B	CHUNG Chi Sen
International Croatia Art Competition			
Junior Primary	Laureate II Prix	2D	LU Ruojin
第11屆 I Love Summer 兒童創作大賽2022			
中童組	金獎	4E	唐意涵
幼童組	金獎	2D	陳運軒
節日童歌樂全港兒童繪畫創作比賽2022			
幼童組	金獎	1A	孫慧欣
SEE YOU IN LONDON 2022 Children Art Exhibition			
Junior Primary	Gold Award	1B	CHUNG Tsz Ching
Hong Kong Youth Arts & Culture Elite Festival 2022			
Harp - Grand 4	Champion	2A	LI Larissa Heather
2022 Hong Kong Open Latin Dance Crystal Cup			
Group 10	Champion	4E	TANG Yi Han
2022 2nd Teenagers & Children Dance Contest Division (Shatin District)			
Solo - Primary 3 - 4	Champion	4D	AU Hiu Chin
16th Star Cup 2022			
Pop Dance Solo - Age 9 - 10	Gold Award	4D	AU Hiu Chin
袋鼠盃舞蹈比賽2022			
三人舞 - 初小組	金獎	2C	何悅儀
全港專業舞蹈大賽			
爵士舞三人舞 - 初小組	金獎	2C	何悅儀
爵士舞群舞 - 高小組	金獎	2C	何悅儀
2nd Infinity International Music Competition			
Harp - Free Choice - Age 7	Champion	2A	LI Larissa Heather
徐悲鴻盃國際青少年兒童美術比賽			
香港賽區中國畫系初小組	一等獎	2E	何雅文
Hong Kong Elite Children Halloween Painting Contest 2022			
Primary 1-2	Champion	2E	LI Larissa Heather

Asia Pacific Dance Competition 2022 (APDC 2022)			
Duo/Trio Jazz - 7Y & up	Champion	2C	HO Nga Man
International Global Music Talent Contest 2022			
Harp - Junior Distinction Award Group III	Champion	5C	CHENG Pak Shun
Harp Grade 7 (H7)	Champion	5C	HO Yuet Yee Corrine
Hong Kong Music Marathon 2023			
Piano Solo - Primary 3 to Primary 4	Gold Award	4C	LO Sze Pui, Cici
第6屆童夢歷奇繪畫比賽			
小學一至二年級	一等獎	2A	譚雅之
運動			
Hong Kong Inline Speed Skating Cup (Stage III)			
2 LAPS - U11	Champion	5C	LUI Tsz Ching
4 LAPS - U11	Champion	5C	LUI Tsz Ching
Checker Skating Carnival 2022			
Female Aged 9-11 Individual - 1 Lap	Champion	5C	LUI Tsz Ching
Female Aged 9-11 Individual - 3 Lap	Champion	5C	LUI Tsz Ching
Allstar Cup Fencing Competition			
U11 花劍(個人)	冠軍	6A	韋逸風
Allstar Cup Fencing Team Competition (Grand Final)			
U10 Foil Team	Champion	5A	FONG Chi Yau
劍藝會聯賽2022			
U10-11男子花劍	冠軍	6A	韋逸風
Tomorrow's Star Fencing Competition			
Grand Final - Girl's Foil - U10	Champion	5A	FONG Chi Yau
Grand Final - Boy's Foil U13	Champion	6A	WAI Bernard Jonas Yat Nam
U11 Foil	Champion	6A	WAI Bernard Jonas Yat Nam
ElitePlus Fencing Charity Competition 2022			
U12 Boys' Epee	Champion	6A	WAI Bernard Jonas Yat Nam
Moohun Fencing Minime & Open 2023			
Men's Foil Individual - Under 12	Gold Award	6A	Wai Bernard Jonas Yat Nam
獅子會全港學生三人籃球賽			
3 人籃球 - U10	冠軍	3B	陳柏熹
U8 One-Day Football Tournament (Vaillant HK Youth Soccer League 2022-2023)			
	Champion	2D	NG Shing Hei
	The Best Goalie	2D	NG Shing Hei
第一屆沙田秋季兒童田徑錦標賽			
2014年60米 - 2014年女子組	冠軍	3D	鄧詠晴
2014年100米 - 2014年女子組	冠軍	3D	鄧詠晴
Decathlon Thailand - Skate Grandprix 2022 @ Foodie Market Bangna			
5 Laps - 8 - 12 Years Old	Champion	5C	LUI Tsz Ching
全港學界武術錦標賽			
初級南拳 - 初小組	冠軍	2A	梁家軒
初級刀術 - 初小組	冠軍	2A	梁家軒
香港永東學會第十一回親善空手道選手權大會 暨 第一屆SMAI空手道錦標賽			
空手道 - 男童9歲形 (混合戰)	冠軍	5D	胡倫智皓
Oriental Martial Arts X ITF 2022 Invitation Tournament (Hong Kong)			
Group 11	Gold Award	6E	CHAN Pan Kiu Oscar
5th Hong Kong Community Rhythmic Gymnastics Open Championships			
All-Round - Level 4	Champion	4D	AU Hiu Chin
1st Malaysian Fencing Federation Minime International Tournament 2022			
Girl's Foil - U10	Champion	5A	FONG Chi Yau
Girl's Foil - U12	Champion	5A	FONG Chi Yau
Girl's Foil Team - U14	Champion	5A	FONG Chi Yau
2022 Allstar Cup Fencing Competition			
Foil Team - U10	"2022 Overall Silver Award"	5A	FONG CHI YAU
2022 Tomorrow's Star Fencing Competition			
Girl's Foil - U10	"2022 Overall Silver Award"	5A	FONG CHI YAU
25週年回歸盃少年三人籃球挑戰賽			
U10女子組	冠軍	2C	胡靖翹
Eastern District Recreation Soccer Match			
Group 9	Champion	3A	IP Long Hei Adrian
Shatin Area Inter-Primary Schools Football Competition 2022-2023			
Boys Group	Outstanding Player Award	6E	NG Gai Yin
Boys Group	Outstanding Player Award	5A	POON Man Hei
2022年度劍藝會聯賽			
10-11歲男子花劍	冠軍	6A	韋逸風
Pusion 3x3 2022			
3x3 Basketball - U9	Champion	3B	CHAN Pak Hei
逆「籃」而上, 勇創高峰三人籃球比賽2022			
男子初小組	冠軍	3B	陳柏熹
男子初小組	冠軍	3E	黎昊熙
2022 BKIDS the Champ Tournament 3x3			
3 on 3 Girls Basketball Competition - G8	Champion	3E	CHOW Gioia
3 on 3 Girls Basketball Competition - G8	Champion	2C	WU Ching Kiu Vienne
8歲投籃比賽 - 女子組	冠軍	2C	WU Ching Kiu Vienne
3 on 3 Girls Basketball Competition - G8	Most Valued Player Award	2C	WU Ching Kiu Vienne
2022公民鑽禧田徑錦標賽第1站			
女子100米 - GD組	冠軍	3D	鄧詠晴
2022公民鑽禧田徑錦標賽第2站			
公民鑽禧紀念盃 - 女子GD組	傑出表現運動員	3D	鄧詠晴
花式跳繩個人技術挑戰賽 2023			
20 秒二重跳 - 2013年或以後 女子盃組	冠軍	4D	區曉芊
20秒速度跳 - 2013年或以後 女子盃組	冠軍	4D	區曉芊
套路(十一) - 2013年或以後 女子盃組	冠軍	4D	區曉芊
HKSSA 競技疊杯運動新秀賽2023			
3-3-3 項目 - 公開組	冠軍	5C	陳祉澄
3-6-3 - 公開組	冠軍	5C	陳祉澄
聯校盃-全港跳繩競速錦標賽2023(個人賽)			
聯校七歲女子組 - 花式跳繩: 單車步	冠軍	1E	黃傲晴
聯校七歲女子組 - 花式跳繩: 交叉轉換	冠軍	1E	黃傲晴
新年盃 3x3 s9			
男子3x3 - 男子U11	冠軍	3B	陳柏熹
25週年回歸盃少年三人籃球挑戰賽 - 總決賽			
U8女子組	冠軍	2C	胡靖翹
Panasonic 飛達春季田徑錦標賽2023			
女子2014年60米	冠軍	3D	鄧詠晴
女子2014年200米	冠軍	3D	鄧詠晴
全場個人組別 (2014)	總冠軍	3D	鄧詠晴
Asia Students Arts Festival - Arts Competition 2023			
Team Dance - Jazz Trio - Years 6-7	Champion	2C	HO Yuet Yee Corrine





Rooftops at A-School have a makeover now! The one on the **5/F of Secondary Division** is now covered with artificial turf and cover. Artificial turf helps enhance performance with its shock-absorbent padding materials that minimizes the impact of exercise on the joints, especially the ankles and knees, at the same time provides a stable surface that easily adjusts for any changes in weights and pressure.

The newly remodeled space is renamed **HomeRun Sports Training Centre** for softball, soccer, lacrosse and different types of sports to provide more exercising and training spaces to our students for lesson and training use.

Our school teams can utilise the new centre to improve not only their skills but teamwork for achieving more in different competitions in the future.



The **rooftop playground at the Madam Wong Liu Wai Man Building** was opened for use in 2016. The space has been serving as a multi-games court for basketball, tennis, in PE classes, lunch recess and teams' training, etc. Students had good memories sweating, practising and competing in the playground.

In order to recover the best conditions, the playground was revitalised recently by implementing a thorough resurfacing work and waterproof strengthening programme. After a few months of works, the playground is now restored and upgraded to serve as a combined basketball, volleyball and tennis court for the use by the School's community.

