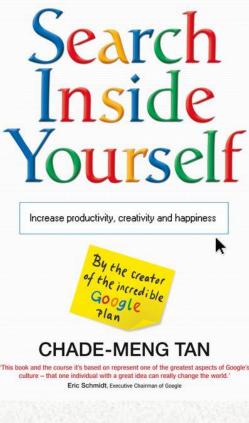
# Power of Reading

Library and Reading Affairs e-Newsletter Vol. 4 2020-2021

Welcome! This is the fourth newsletter published by the Library and Reading Affairs Team this year. In this volume, we have book and e-book recommendations, e-reading news, news sharing, a teacher's book review, book reports, a book and film review, and an upcoming event to share with you. Enjoy reading!

## Book Recommendation

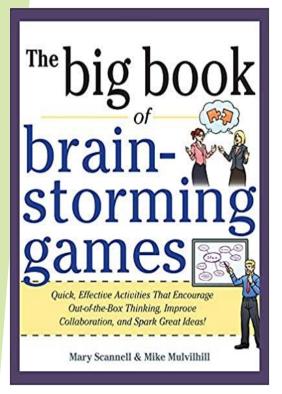


#### Search Inside Yourself: Increase Productivity, Creativity and Happiness

From the ground-breaking offices of Google, this book is a personal growth program that focuses on developing emotional intelligence through mindfulness, making its participants more productive at study or at work, while becoming more peaceful, happy and compassionate individuals.

This book will show you how to apply the principles of "Search Inside Yourself" to you and everyday life. Whether you are a secondary school student or a teacher, a junior team member or a senior manager, these valuable lessons have the potential to dramatically improve your life.

## **Book Recommendation**



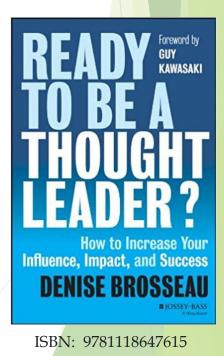
## <u>The Big Book of</u> Brainstorming Games

This book is packed with physical and verbal exercises to help you organize and run a brainstorming session that engages all personality types. Get those creative juices flowing with expert guidance and dozens of enjoyable group activities to help you:

- Frame challenges to give team members structure and context
- Master the proven "Four Rules of Brainstorming" for amazing results
- Create an environment of trust that encourages and inspires valuable contributions from people from all backgrounds and at all levels

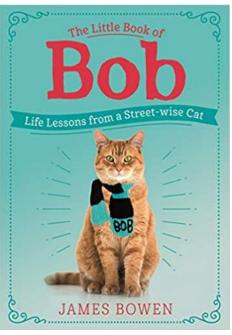
# Ready to Be a Thought Leader?

Within their fields, thought leaders are sources of inspiration and innovation. They have the gift of harnessing their expertise and their networks to make their innovative thoughts real and replicable, sparking sustainable change and even creating movements around their ideas. In this book, being a renowned executive talent agent, the author shows readers how to develop and use that gift as she maps the path from a successful executive, professional, or civic leader to a respected thought leader.



## **Book Recommendation**

## <u>The Little Book of Bob: Life Lessons from</u> <u>a Streetwise Cat</u>



ISBN: 9781473688537

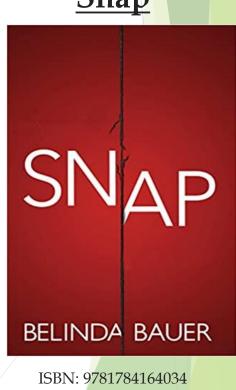
In 2007, the author found an injured orange tabby in the hallway of his shelter home in North London. Their friendship changed both of their lives.

In Bob, he found a model for friendship, steadfastness, balance, and joy that we can all apply to our own lives. This book is a heartfelt and wholesome source about how to be kinder to ourselves and kinder to the world around us.

<u>Snap</u>

Jack's in charge, said his mother as she disappeared up the road to get help.

Three years later, Jack's fifteen now and still in charge . . . alone in the house. Meanwhile across town, a young woman called Catherine While wakes to find a knife beside her bed, and a note reading *I could of killed you*. The police are tracking a mysterious burglar they call Goldilocks, for his habit of sleeping in the beds of the houses he robs, but she doesn't see the point of involving the police. And Jack, very suddenly, may be on the verge of finding out who killed his mother.



## **E-Book Recommendation**



ISBN: 9789575643478

在都市的角落, 某個有著小小庭院的家庭, 愛撒嬌的訓訓迎來剛出生的妹妹——未來。

未來的未來

眼見雙親的關愛被妹妹奪走,這般從未有過 的體驗,使她困惑不已。這時,她在庭院遇 見了稱呼自己為「哥哥」——來自未來的妹妹 。

她在未來的引導下,展開一場穿越時空的旅程。在前所未見的世界裡,她看見過往自稱 是王子的神秘男人與小時候的母親,並與貌 似父親的青年有了不可思議的約會。

在那裡,她首次得知「家族之愛」的種種形 式。

#### <u>在咖啡館遇見心理學大師</u>

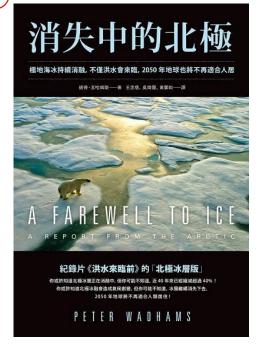
看清人性,掌握人心,先來杯咖啡,再細細 品味生活中隨處可見的心理學案例!

為什麼一起生活多年的夫妻,在相貌上會很 相像? 為什麼我們會說「男女搭配,工作不累」? 為什麼有些人不管做什麼,總是故意遲到? 為什麼年輕人總是不斷地跳槽而沒有定性? 為什麼謊話說一百遍就會變成真理?

就讓心理學來告訴你答案!



## **E-Book Recommendation**



ISBN: 9789869393379

## <u>消失中的北極</u>

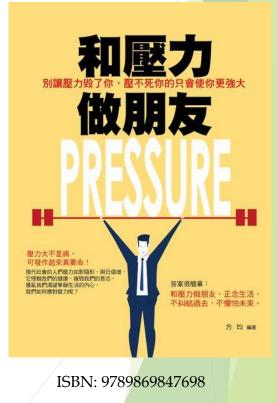
本書作者是世界著名極地海冰研究專家, 其研究經歷超過40年。不同於一般科學家 留在室內研究電腦模擬圖,他走出實驗室, 定期前往北極以真實的觀察數據,研究北 極和海冰的一切。在本書中,他概括地球 冰層的歷史、洋流系統運作、空氣和水冷 卻系統,以及海冰的自然性質等,藉此讓 讀者充分了解,為何今日人類會面臨如此 難以挽回的氣候危機,而我們應該積極做 什麼「改變」?

## <u>和壓力做朋友</u>

「在壓力下好好生活」。

壓力是可以依靠的資源,而非要消滅的 敵人!別讓壓力毀了你,不僅是成功者 的告誡,不僅是時間證明的一種態度, 更是處在挑戰之中的你不斷叮囑自己、 催促自己、保護自己的有力武器。

人生要過得精彩,就要不斷找尋壓力, 學會釋放壓力,這是一本幫你與壓力共 存的實用指南。幫助人們管理壓力,並 在生活中作出積極的改變。擁抱壓力會 使你面對挑戰時更主動,運用壓力的能 量,而不是被其耗得油盡燈枯。它幫你 將壓力重重的窘境轉變為人際交往的機 會,而不是離群索居。



## **E-Book Recommendation**



ISBN : 9789866789953

#### 大家來談宮崎駿

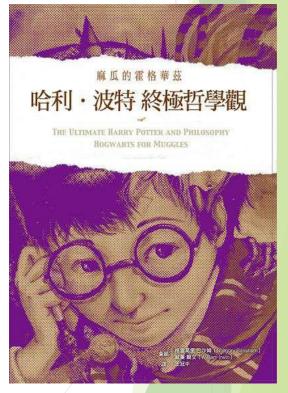
宮崎駿動畫將不再只是休閒娛樂,而是夢想與 現實的結合。《風之谷》、《龍貓》、《天空 之城》、《魔女宅急便》、《千與千尋》、 《哈爾移動城堡》、《崖上的波兒》……,這 些膾炙人口的動畫作品,陪伴著你我的成長過 程。「宮崎駿」不只成為日本動畫的代名詞, 更將動畫作品向上提昇至藝術的層次,受到國 際肯定。

本書特別邀請台灣著名動畫導演石昌杰先生、 台灣動漫推廣協會理事長蘇微希女士,與游珮 芸老師一同以輕鬆而精彩的對談方式,重現這 位永遠的純情少年——宮崎駿。

## <u>哈利·波特終極哲學觀:</u> <u>麻瓜的霍格華茲</u>

《哈利波特》引發了許多書評家、學者認 真地撰寫深度評論,其魅力何在?它不只 是單純的魔法故事,還融合了各面向的哲 學、人生議題,並給了相當富有內涵的方 向,讓這一系列故事給讀者正向的支撐, 並從中獲得許多人生艱難抉擇的解答...... 而現在,這些哲學內涵都由哲學教授一一 破解、分析出來。

本書收錄十八篇由淺入深的當代哲學學者 文章,包含命運與靈魂、需求與轉變、死 亡、希望和意義等。它涵蓋西方人文思想 各個面向的精髓,倫理學、形上學、女性 主義、知識論、心靈哲學......看完整本書, 有如上了全年的哲學人文概論課。



## **E-Reading News**

#### e悅讀學校計劃

香港教育城為本校提供一百本中文電子書,涵蓋不同題材,包括語文、體育、歷 史和小說等,服務期由現在至2021年8月31日止。在服務期內,學生可利用電腦、平板 電腦或智能手機,透過瀏覽器或「教城書櫃」流動應用程式,無限次閱讀此計劃提供 的書籍。登入程序如下:

電腦:

1. 開啟瀏覽器, 登入教育城網址: <u>www.hkedcity.net</u>

2. 在教城主頁「中學生」欄目內點選「e悅讀學校計劃」,然後使用教城學生帳戶資料
登入。

**以下為教城學生帳**戶登入資料:

登入名稱:as2-學生證號碼

**例如**: as2-20090710

密碼: 出生日期 (ddmmyyyy)

點選中學閱讀組合,選擇欲閱讀的電子書,把書加入「教城書櫃」,開啟「書櫃」
後可以開始閱讀所選的電子書。

#### 平板電腦或智能手機:

- 1. 下載「教城書櫃」的應用程式。
- 2. 與上述的2.相同。
- 3. 登入「教城書櫃」後,點選下載欲閱讀的電子書,成功下載書籍後,可以開始 閱讀所選的電子書。





## 點讀(閱讀平台)

《點讀》從多角度發掘生活事物和題材,與讀者分享點讀好書,並送上有溫度的 讀後感,甚至開聲任由讀者聽盡好書篇章,每天都可以輕鬆閱讀關於小說、戲劇、 音樂及日常生活等不同類型的報導及文章,隨時登入網站: <u>https://www.readformore.com/</u>,便可立即瀏覽這些文章的內容,享受優質的閱讀 體驗。



## **News Sharing**

## 1st clone of US endangered species, a ferret, announced

Scientists have cloned the first U.S. endangered species, a blackfooted ferret duplicated from the genes of an animal that died over 30 years ago.

The slinky predator named Elizabeth Ann, born Dec. 10, 2020 and is cute as a button. But watch out — unlike the domestic ferret foster mom who carried her into the world, she's wild at heart.

Elizabeth Ann was born and is being raised at a Fish and Wildlife Service black-footed ferret breeding facility in Fort Collins, Colorado. She's a genetic copy of a ferret named Willa who died in 1988 and whose remains were frozen in the early days of DNA technology.

"Biotechnology and genomic data can really make a difference on the ground with conservation efforts," said Ben Novak, lead scientist with Revive & Restore, a biotechnology-focused conservation nonprofit that coordinated the ferret and horse cloning.

Source: Bakhtar News Agency 19th February, 2021



## **News Sharing**

## **'Never before seen' yellow penguin snapped by wildlife photographer**

A wildlife photographer believes he has snapped a "never before seen" yellow penguin after seizing a "once-in-a-lifetime opportunity" in the Atlantic. This extremely rare specimen can't help but stand out among its more commonly seen black and white buddies. It is said to be the "first ever" yellow penguin to be discovered, according to photographer Yves Adams.

Yves snatched his camera after spotting the unusual bird shining bright among its 120,000 counterparts on a colony at Salisbury Plain and described the experience as "incredible unique" – revealing how the crew went "crazy" when they noticed the bird. "I'd never seen or heard of a yellow penguin before." the snapper said.

"There were 120,000 birds on that beach and this was the only yellow one there." "They all looked normal except for this one. It was an incredibly unique experience." Yves believes the bird is heuristic, explaining: "Its cells don't create melanin anymore so its black feathers become this yellow and creamy colour." He added: "We all went crazy when we realised." "We were so lucky the bird landed right where we were. Our view wasn't blocked by a sea of massive animals. Normally it's almost impossible to move on this beach because of them all."

Source: Metro News (U.K.) 19th February, 2021





## **Teacher's Book Review**

#### 《歲月靜好:蔣勳日常功課》 書評作者:黃素珊老師

著名畫家、詩人與作家蔣勳先生,把他的文章以 二十四節氣為時序,歸入屬於它們的節氣。全書百餘 篇,寫的是蔣先生於日常生活中,面對人生、面對社 會和面對大自然的省思。

也許對很多人來說,二十四節氣是陌生的。因為 科技的進步,自然和氣候的變化與否,對我們的生活 似乎影響不大——夏天躲在冷氣間,冬天則有暖氣可 用,所以我們對自然的變化關心不再......然而,遺忘了 自然,損失的,終究是我們。

因為當世間滿是紛擾,只有在「靜看山靜雲閒, 靜聽鳥啼花放」時,你才能真正的感受到什麼是「歲 月靜好」。



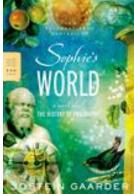
## Sophie's World

#### 9B 11 Fung See Tsai

Have you ever wondered about our existence, the existence of reality, and the existence of everything? If you do, don't worry, you're not the only one! These questions were all asked by philosophers, like Plato, Socrates, Aristotle, Descartes, etc. I never really had an interest in "weird" questions like these, until my dad introduced me to the book *Sophie's World*.

Sophie's World is... actually it's rather difficult to categorize it under a certain genre. The storyline itself is fictional but the information stated in the book is all non-fictional facts. The book is written by Jostein Gaarder, a real-life philosopher who decided to write this book to simplify and introduce philosophy to the world.

The story started with Sophie Amundsen, a normal schoolgirl with a normal life. She never expected anything special to happen to her. That was until a mysterious person sent her a letter. It started with a single question "Who are you?". To us, we'd just say our name. Yet, to Sophie, it was enough to let her doubt her existence. The questions slowly grew more difficult, like "Where did the world come from?" and eventually letters with philosophical answers came to her mailbox. The mysterious person eventually volunteered to be her philosophy teacher. He asked Sophie questions before he introduced a philosophical theory and answered them with great clarity. This mysterious philosopher opened her eyes to the world like no one ever before.



#### Sophie's World

Sounds boring, right? I agree. That was my first thought when my dad introduced it. However, as you read on, you'll realize the mysterious philosophy teacher doesn't only open up Sophie's eyes, it also opens the readers' -- our -- eyes. The more I read the book, the more convinced I was that the author was the philosopher, and I was Sophie, his student. It made me acknowledge how little we really know about the world. The more I thought of how little I knew, the more curious I was to find out more. It also showed what a difficult path it is to study philosophy. Whenever Sophie discussed philosophical questions with her mother, her mother never understood her. Her mother would think that she was going through puberty, or even got worried she was sick. Yet, she was determined to learn more about philosophy, and so am I, as I continue to struggle understanding the theories the mysterious teacher taught.

The book is one of the few ones that brightens your thinking and lets you rethink everything you've ever known. The answers in the book also let you understand more about the world. It would take a long time to read the book, as the book requires you to think in order to understand. However, the book will be worth the time, as it lets you see the world like you have never before.



Jostein Gaarder, the author of Sophie's World

## The Midnight Library

#### 11C 14 Leung Sin Tung

"What would have happened if I had done things differently?" "I wish I had never done that. Life would have been so much easier." "Where would I be now if I had chosen a different path?" These thoughts linger in our heads time after time. Regrets — a single word carrying overflowing emotions of sorrow and agony are intrinsically a part of our day-to-day lives as humans. They are unavoidable, yet are what we humans desperately try to dodge. Ending the day dwelling on regrets and pondering the things that we could have done otherwise have become a norm. We fantasize about scenarios in which events play out in the way we want them to. In *The Midnight Library*, these thoughts no longer stay as fantasies. The recent fictional novel written by Matt Haig dives deep into the realms of life and death, as well as the countless regrets of the main protagonist, Nora Seed, who is perhaps a simulacrum of every single one of us.

The novel narrates the story of Nora Seed, a 35-year-old woman, whose life had been nothing short of heartbreaking: Nora's dad passed away when she was as young as 16, her mom passed away three months before her supposed wedding, Nora backed out from the said wedding just two days prior, and her tense relationship with her brother. With the addition of her cat dying from a car crash, and Nora being terminated from both of her part-time jobs as a music shop worker and a piano teacher on the same day, Nora had reached the peak state of helplessness and despair. The devastation resulted in her attempt to end her life, to put herself out of misery. She soon awoke in the Midnight Library, with the librarian whom Nora recognized as her old school librarian, Mrs. Elm. Between life and death situated the Midnight Library, in which every book held an opportunity for Nora to try another life she could have lived, to undo her regrets. With this, Nora tried out almost all the lives she could possibly imagine: a life in which she did not call off her wedding, a life where she kept her cat indoors to avoid the car crash, a life where her dad was still alive... In one life she was an Olympic champion. In one life she was a glaciologist. In one life she was in a popular musical band. However, she shortly realized that her quest to find the "perfect" life remained as elusive as ever. Her married life was not as merry as she envisioned, her cat still died due to an illness, the loss of her mother was unable to be altered, and she was still on antidepressants despite having a successful career.

## The Midnight Library

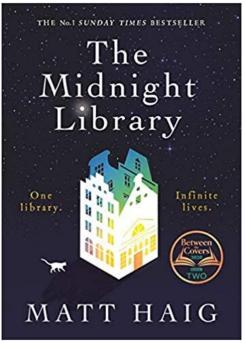
It is fascinating how, despite the exploration of profound themes like life and death, plus the constant references to complex concepts of philosophy and quantum physics, a prominent trait the book displays is, ironically, its simplicity. There are no plot twists, no grand writing styles, no usage of highly sophisticated language, just pure straightforwardness. During a life when Nora was researching glaciers in the Arctic Circle, she met Hugo who was also a fellow "slider"— a term they used for people who were suspended between life and death. They once discussed how human brains perpetually dumb the world down into an understandable story that keeps things simple, that everything humans see is a simplification. For instance, how humans see the world in three dimensions; how humans look at a tree with interspersed branches and leaves and call it a "tree"; how humans straighten out curved streets in their minds, hence why they get lost all the time. These are all simplifications. Perhaps this is what Haig wanted to accomplish with The Midnight Library— simplicity. He brilliantly used a library as a simple representation of the many-worlds interpretation of quantum physics, a theory which suggests that there is an infinite number of parallel universes, where every possible outcome is realized in some universe. An insanely complicated concept, yet Haig was able to make it comprehensible for average readers like me. His writing is pared-down and simple, nothing out of this world, but it is what makes it raw and authentic.

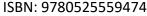
Though the plotline is more like a straight line than an anfractuous path, what keeps the story entertaining is the character development of Nora. At the very beginning, Nora was a vulnerable woman living a lackluster life full of regrets with no reason to keep moving on. Through her different "trips" in the Midnight Library, we get to see a gradual change in her view of life. Before, all she wanted was to bring her life to a halt; after a near-death experience of a polar bear attack, she realized that she actually wanted to live. She realized that there is no way of living that is immune to sadness. Although Nora woke up from the Midnight Library to the exact condition she had been in before— laid off, parentless, and no longer a cat owner, there was a spark of hope. Although her physical environment did not change at all, her perspective did, and this is all that matters.

## The Midnight Library

I believe everyone reading the book will be able to relate to Nora to a certain degree, some more than others. Like Nora, there are times when I wished I had done something different and had hoped that I had the power to turn back time to undo all my mistakes and regrets. My book of regrets may be as thick as Nora's. It is easy to miss the friends that we did not make and the events we did not attend and the conversations that we did not take part in. Towards the end, Nora mentioned that "It is not the lives we regret not living that are the real problem. It is the regret itself. It's the regret that makes us shrivel and wither and feel like our own and other people's worst enemy." This struck a chord with me. We often spend time dwelling on our regrets, entangling ourselves with our own minds, enabling our self-destruction mode when we could have used the time to be more productive, to live the future that contains endless possibilities.

Midnight. 00:00:00. It is the end of a day but also the start of a new one— a symbol of renewal and hope. *The Midnight Library* is one of the few novels that is able to tug at my heartstrings. Simple yet profound; succinct yet sentimental; direct yet inspirational. This riveting and thought-provoking tale will be especially comforting for those who seek solace and reassurance.







Matt Haig, the author of The Midnight Library

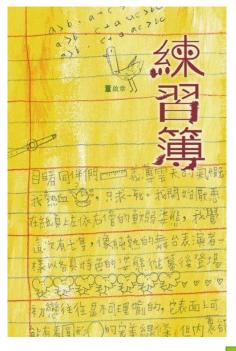
#### 《練習簿》

#### 10C 29 謝卓熹

在這部作品中,我感觸最深的是名為〈成績表〉的故事。作者借一張成績表 的自白,帶出從一位天資平平的學生陳志強身上看到的各種現象。

作者借「成績表」之口,提到成績表本身是判斷學生成績優劣的證據、是反 映老師能力的明鏡,更是學校水平的指標。這正正是現今社會為人詬病的現象之 一。人們凡事只會盲目相信自己片面的所見所聞,完全沒有留意還有其他的可能 性。在現今社會,人們以成績表的分數來判定一個學生的好壞;從一個人的職業、 財富和社會地位,斷定一個人的高低貴賤;從相貌和衣著打扮,決定一個女生是 女神還是刁婦……難道世上沒有成績優異的黑道小混混和混淆是非的衣冠禽獸嗎? 世人從單一的角度看事物,不就像是盲人摸象嗎?盲人只摸到大象的一部分,卻 認定整頭大象的外形如自己所摸到的一樣。盲人失去了雙目,無法辨別真偽,他 們的以偏概全尚可理解,但身體健全的一般人呢?

「成績表」因為自己身上記錄著陳志強五科不合格,便認定他是失敗者。它 認為陳志強的為人處世、對待事情的態度,還有他的品行都是零價值的,因為這 些都沒記錄在「成績表」上。它更否定了陳志強寒窗苦讀的時光和上課積極認真 的態度。「成績表」的看法,不正是很多人衡量一個學生能力的角度嗎?學校的 存在,不是只傳授知識,更重要的是培養學生成為品行端正的人。成績表上沒有 這些欄目,難道就可以忽略這些表現的重要性嗎?但諷刺的是,社會上很多人並 不關心一個學生的品行是否良好,他們只會靠成績表上的學科成績來判斷他的能 力。



#### 《練習簿》

〈成績表〉提到陳志強熱愛畫漫畫,但因為「成績表」上沒有漫畫一欄,故將陳志強的喜好歸類為不務正業,更把他繪畫漫畫的天分貶為「地底泥」。後來陳志強的母親更將被她視為陳志強考試失手的元兇——漫畫圖稿丟進垃圾箱。在現實中,一個人如選擇以漫畫家、藝術家為職業,往往會被人認為這是走上三餐不繼的不歸路,父母好友亦會對他的選擇予以否定,卻無視了他對這些職業的付出和熱愛。國家主席習近平曾說:「人生本平等,職業無貴賤。」難道只因職業並不是主流社會認為的有前途、有可觀的收入,就要被人看不起嗎?

總括而言,作者以「成績表」代入了一般人的視角,以隱晦的方式帶出了不 少耐人尋味的社會問題,令人行思坐想。另外,作者筆下的〈成績表〉以尖酸的 態度對陳志強作出片面批評,令讀者對他心生憐憫之餘,亦令我們對故事要傳遞 的信息更印象深刻。



《練習簿》的作者董啟章

#### Book and Film Review

#### 《何者》:理想與現實的矛盾 曉龍

不論《何者》的小說版還是電影版,都同樣講述五位於御山大學畢業在即 的大學生求職的故事,他們在同一時間內面對理想與現實的矛盾,在求職過程 中為了自己未來的生活著想而失去了自我。例如:小說內的我(即二宮拓人)在 大學時代積極地參與星球劇團的表演,亦曾參與創作,希望能成為專業的舞台 演員及創作人,揚言「我要靠自己,做自己想做的事。不求職。活在舞台上。」 此理想化的拓人不曾繼續在其同名的電影版內存在,拓人由佐藤健飾演,電影 對他的理想著墨不多,只偶爾在他求職時參與筆試和面試的過程中加插他過往 在舞台上演出的畫面,刻意淡化了他對舞台劇及表演的熱愛,只在影片末段他 講述自己熱愛舞台劇卻不可能賴以維生的矛盾時才加插了較多昔日他演出及創 作的片段;反而小說版著意用文字顯露他的心理狀態,他勉強地參與求職面試 卻「心不在此」,當他完成求職面試後覺得自己獲取錄的機會不高時,會自述 「我大概, 會被刷掉吧。……即使被刷掉也不要緊。我不可思議地這麼想著。」 可見小說版比電影版更深刻地描寫他心底裡理想與現實的矛盾,因為前者從正 反兩個角度刻劃他堅持理想的執著,而後者卻只聚焦於現實中賺錢過活的需求 對他造成的龐大壓力,對他熱愛舞台演出的描述只限於其在舞台劇內演出的片 段,流於浮光掠影式的表面化呈現,不及前者描寫其矛盾的文字能給予讀者刻 骨銘心的印象。

另一方面,理想中的拓人與現實中的他亦產生很嚴重的衝突,導致他在推 特(Twitter)內開啟了兩個帳號,一個是理想中的自己,另一個是現實中的自 己;當他的同學理香發現了他理想中的自己的那個帳號後,察覺理想與現實的 他有這麼大的差異時,便有前所未有的激烈反應,《何》的小說版與電影版同 樣從她的角度側寫他雙重的性格特質及其截然不同的內心世界。前者運用不少 發自內心的文字描寫現實中欠缺自信的他,例如:「我發出比想像中更小的聲 音。不禁暗自詛咒自己的沒用。」顯露他含蓄內斂而缺乏膽量的個性,與她複 並他在理想中的自己的推特帳號內說自己「受不了沒有想像力的人」及評價她 與隆良在同學面前「拿出漂亮的餐具……那是因為他們兩人在對方面前還保持 著王子公主的形象」的大膽批判的性格大相逕庭;後者以畫面代替文字,但保 留了不少由她說出的對白,依靠演員佐藤健靜態隱藏的身體語言表現其含蓄的 個性,卻只能單調地以他在手機內的文字表現其大膽批判的個性。可見電影版 個性,卻只能單調地以他在手機內的文字表現其大膽批判的個性。可見電影版

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## 《何者》:理想與現實的矛盾

很明顯,小說版文字的魅力比電影版的畫面更勝一籌,前者對拓人生理反 應的描寫充分展露其相應的心理狀態,而後者卻未能依靠佐藤健的演出展露類 似的情緒反應。例如:後者描述理香在他面前揭露他隱藏的推特帳號內另一種 個性的自己時,他只一臉無奈,神情木訥,不知道如何回應她,卻未能把前者 描述的「身體的內部不斷發燙」及「心臟的高溫,從脊髓的正中央向上竄升」 的狀態,即其心理影響生理的身體即時反應形象化地表現出來。可見電影導演 的狀態,即其心理影響生理的身體即時反應形象化地表現出來。可見電影導演 調教演員的演出,遑論能深刻地表現他求職時及個性上理想與現實的矛盾。如 要了解《何》的作者朝井遼如何跟隨自己的生命軌跡描繪同輩年輕人遇上的掙 扎與心境轉折,理應細心地閱讀小說版對他們心理狀態的精煉描寫,電影版最 多只能成為小說版的「附庸」。



**Book and** 

**Film Review** 

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《何者》的電影海報

# **Upcoming Event**

## **Hong Kong Flower Show 2021-Book Exhibition**

To tie in with the Hong Kong Flower Show 2021, displays of books on flowers and plants, and children's stories inspired by flowers and springtime will be held at Hong Kong Central Library and City Hall Public Library from 1<sup>st</sup> March to 19<sup>th</sup> April. In addition to appreciate the beauty of this year's theme flower "Rhododendron" at designated parks across 18 districts, readers can also discover more about flowers and plants through reading.



# **Upcoming Event**

## **Hong Kong Flower Show 2021-Book Exhibition**

Ebooks



Please visit the website: <u>https://www.hkpl.gov.hk/en/extension-activities/exhibitions/book-exhibition.html</u> for further details.