

A-Future

A-JOURNAL

Hong Kong Baptist University Affiliated School
Wong Kam Fai Secondary and Primary School

2024

A-JOURNAL

Chief Principal's Message



It is with great pleasure that I announce the release of the 2024 A-Journal. A-Journal is produced and delivered with the invaluable leadership and service of an Editorial Team where the students are more involved in all areas of the publication, from workflow management to interview, writing, editing to original art design for stories. The student members of the team met this challenge with great aplomb.

A-Journal publishes works capturing the memorable achievements of last school year, A-School's on-the-move, alumni update, etc., with literacy and visual integration, and from students who display a penchant for exceptional writing.

My appreciation goes to our teachers for their continual untiring effort in promoting writing. A-Journal has now become our school's tradition. As the Chief Principal, there is nothing happier and encouraging to see the A-Journal has not only become a publication that many students have developed a passion and the readiness to write and to share their works with others, but also an eagerly awaited annual must-seen reader.

A big thanks to the students and teachers for bringing us a fine journal of undoubtedly readability. A-Journal is, without question, the best platform to showcase students' talent and self-directed learning ability. Please do partake in the fruits of their labour of love and the nectareous compositions of our students. Enjoy!

Dr. Chan Wai-kai, Benjamin
Chief Principal

Editor-in-Chief's Message



After another joyous and productive academic year filled with incredible memories, A-Journal is finally making its long-anticipated return. As the signature student-led publication of A-School, our team has consolidated the milestones we achieved this year into the theme **A-Future**. This theme showcases the innovative ideas and refreshing perspectives at A-School that illustrate our potential to influence generations ahead, making a meaningful impact on society.

Our future roots from the 21st-century campus facilities at A-School. Have you noticed that our school has integrated the latest technological tools into learning facilities, further expanding the breadth of our educational opportunities? The highly anticipated establishment of the Kwok Yat Wai Aquatic Complex and Wong Ting Chung Library serves as a key to unlocking unlimited possibilities for whole-person development, catering to students' diverse interests and talents.

Our future grows from our global perspectives. Do you remember some of the programs our school has launched, such as the HKBUAS Master Class, to nurture our global perspectives? Through this initiative, our school invited distinguished experts and luminaries from various fields to share their insights. Interactions with prominent members of our community provided valuable perspectives on socioeconomic policies for a more equitable society in the future.

Our future flourishes from A-School's global education network. It enables graduates to confidently navigate the complexities of tertiary education and seamlessly progress toward the careers of their dreams. Hosting the International Education Hub Conference connected A-School with renowned universities across the world, allowing students to experience firsthand perspectives on further education offered at these institutions.

As you read through the pages of this edition of A-Journal, we encourage you to engage with the stories of our friends, teachers, and alumni who helped shape our school's future. Each article reflects the diverse voices and talents within our community, showcasing the spirit that defines A-School. Whether through innovative projects or personal growth stories, you will discover how our collaborative efforts contribute to a brighter future. The future is now.

11D FONG Hannah

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A-Future

Echoing Excellence: The Resounding Achievements of Our A-Musicians

The 76th Hong Kong Schools Music Festival

Our talented vocalist Wong Chi Hang Jacob from G11, a familiar face as the icon of performing arts at our school and captain of the Chamber Boys' Choir, won the prestigious Ms. Barbara Fei Vocal Solo Prize in the Music Festival. This award is extremely difficult to attain. Four outstanding vocalists were first chosen as the champion in their respective class in the preliminary round to enter the finals. Accompanied by our Collaborative Pianist, the inimitable Mr. Jason Liu, Jacob outshone other vocalists with his expressions and story-telling ability, which clearly benefited from his musical theatre training. It is perhaps fair to say that Jacob is the best singer in his age group in the whole of Hong Kong!

11B Wong Chi Hang Jacob

This competition has truly pushed my limits on what it means to be a singer and helped me grow in many ways. Competing in a singing competition for the first time in a foreign language—German—significantly challenged me beyond my comfort zone. However, through the invaluable support and training provided by A-School, I was able to refine both my language skills and vocal techniques. Despite the initial nerves of performing in front of the judges, especially after the disruptions of the COVID-19 pandemic, the encouragement and camaraderie of my peers helped me overcome any defeatist thoughts. Ultimately, I was thrilled to emerge victorious against a field of over 50 talented singers from Hong Kong. It was truly a rewarding experience.



Jacob was awarded the Ms. Barbara Fei Vocal Solo Prize by the Chairman of the Music Sub-Committee of the Hong Kong Schools Music and Speech Association Mrs. Chiang Chan, Hung-mui Christina and adjudicators.



Jacob received the winner's pennant in the preliminary round from adjudicator Mr. Bryan Husband.

Music Achievements



Eugene received the trophy and pennant after winning the Tom Lee Music Scholarship for Piano Solo Final from the adjudicators.



Eugene and Dr. Andrew Hon, Director of Music and Performing Arts

Our piano virtuoso from G7, Ho Ngai Ting, Eugene, won another major prize in the Music Festival—Tom Lee Music Scholarship for Piano Solo Final! Eugene performed a 20-minute programme of 3 contrasting, artistically and technically challenging pieces by Hindemith, Debussy, and Prokofiev. If one closed their eyes, they could hardly believe such mature playing came from a G7 student with small stature. As the First-prize winner, Eugene was awarded a scholarship of $3000. Subsequently, Eugene was invited to audition for and won the Grantham Music Awards with a full scholarship to participate in the Llangollen International Musical Eisteddfod in July 2024. This is one of the highest honors of the Hong Kong Schools Music Festival.

7C Ho Ngai Ting Eugene

Everyone knows that the prestigious Tom Lee Music Scholarship and the Grantham Music Award are incredibly hard to win, so I was absolutely not expecting to win any of them. I just went ahead and played naturally, merely considering these competitions as performances. It was out of my expectations to be eventually awarded both awards. After these competitions, I learnt that whenever you are at a competition, the best way to achieve optimal results is to stay calm and treat the competition as a performance to showcase your dedication to music to the adjudicators. Being able to perform in front of the adjudicators and other audiences was such a meaningful experience!

In addition to the soloists, our Music Teams also had outstanding achievements in the Music Festival. Our newly formed Chamber Boys' Choir participated in the D2 Secondary School Choir - Foreign Language - Boys - Senior class. They were awarded second place with a Gold Award and chosen as one of the top two teams to enter the choir finals. With "good choice of choral tone and placement of vowels," the boys presented two challenging pieces in drastically different styles and moods—Rutter's Blow, blow thou winter wind, a setting of Shakespeare's words, and Reginald Unterseher's exuberant a cappella piece, Alleluia. Huge thanks to our vocal coach Mr. Irwin Chan, without whom the group wouldn't have gone so far in only several months' time since their establishment in September 2023.



Chamber Boys' Choir after the competition at the Academic Community Hall, HKBU



Chamber Boys' Choir captain Jacob Wong and vice-captain Vinci Kwok received the marksheet in the preliminary round after it was announced that the choir would advance to the final round.

Music Achievements

Our instrumentalists also had extraordinary results. Our Woodwind Quintet participated in the Woodwind Ensemble - Secondary School - Junior (Combination of Different Instruments) class and were awarded third place, reaching a new milestone for our school' s Music Department for winning its first prize in the instruments category in the Hong Kong Schools Music Festival. Formed in September 2023, our Woodwind Quintet is A-School' s first-ever woodwind ensemble. Another newly formed woodwind ensemble, the Saxophone Quartet, participated in the Woodwind Ensemble - Secondary School - Junior (Same Instrument) class in the same competition. They were awarded second place with a Gold Award, the second prize in the instruments category in A-School history in this prestigious competition.

The Saxophone Quartet received the marksheet from the adjudicators after securing the 2nd place in the competition.



The Woodwind Quintet has secured the historic first prize for woodwind ensemble in A-School history!



Opening Doors to New Possibilities

Strong Connections with Prestigious Universities all over the World

In order to facilitate A-School students' tertiary education and future career developments, A-School has established strong connections with prestigious universities across the globe, enabling seamless transfer and admissions for our students. Access to a wider range of academic programs not only provided our alumni with a significant head start in their university journey, but also opportunities for academic exchange and international exposure.

The High School Recommendation Admission Scheme, Waseda University

The High School Recommendation Admission Scheme, in partnership with the acclaimed and long-established Waseda University, represents a groundbreaking initiative that provides A-School students with a unique opportunity to pursue higher education in Japan. Each year, two exceptional students are selected to receive direct admission to the School of International Liberal Studies (SILS) at Waseda University through this prestigious program.

This initiative not only grants our students the chance to study at the renowned institution of Waseda University but also offers scholarships generously provided by donors to support their educational journey abroad. The SILS program at Waseda University is committed to nurturing graduates who possess the skills and mindset necessary to address global challenges and contribute significantly to society on an international scale.

By fostering a learning environment that promotes critical thinking, interdisciplinary studies, and cultural exchange, SILS aims to cultivate well-rounded individuals capable of navigating complex global issues with empathy, integrity, and a sense of justice. Through this transformative educational experience, our students are empowered to become genuine global citizens, equipped to engage with the world and make a positive impact on a global stage.





A-School's Pre-College Programmes

A-School's Pre-College Programmes aim to ignite students' passion for exploration, innovation, and interdisciplinary learning. Recognizing the importance of a comprehensive understanding of technology and exposure to various academic disciplines, A-School offers programmes in STEAM, and insights into different university programmes around the world.

A-School believes in equipping students with knowledge and skills across multiple disciplines. The Pre-College Programmes provide firsthand experiences and valuable insights to help students plan their future studies effectively. Whether students are interested in science, art, or exploring universities in the UK or around the world, A-School has tailored programmes for each.

A-School has partnered with the University of Missouri-Kansas City (UMKC), specifically the School of Science and Engineering (SSE), to provide exceptional opportunities. Through this collaboration, the Science, Technology, Engineering, and Mathematics (STEM) Hub in Hong Kong was established, offering a platform for young international scientists and engineers to gain global insights.

As part of the Pre-College Programme, A-School students have the chance to study at UMKC's SSE, work on projects in top-tier research labs, and engage in a vibrant learning environment. This collaboration promotes multidisciplinary learning, research, and civic outreach, providing students with shared experiences, interdisciplinary courses, and inspiring research opportunities.

The UMKC-HKBUAS STEM Learning Hub Summer Camp, themed "STEM in the Future," brings together passionate and talented A-School students in STEM. Through challenging subjects taught in dynamic classrooms, students work on exciting projects and learn from UMKC professors. This experience helps them make informed choices about future study plans and career pathways.

A-School offers unique pathways for students, such as the "STEM Green Path" and "Dual High School Program," allowing them to continue their studies at the University of Missouri-Kansas City. With a well-structured STEM program, students gain access to top-notch facilities offered by U.S. universities, opening doors to an overseas education journey. The diverse learning environment at A-School provides students with unique advantages and opportunities.





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11D CHAN Nathan Heilun

The UMKC summer programme was an incredibly eye-opening experience for me, and I believe that this is an opportunity that you should not let slip by.

During this programme, I have gotten to work with professors directly on a computer science group project, who guided us in planning realistic goals as well as offering insightful expertise on the technical details. The project was centered around applying VR technology in an interactive way because of its relevance to the nascent VR industry. Afterwards, we were also critiqued by several other professors to whom we had demonstrated our projects.

In addition to the group project, we were introduced to the various university majors that we would likely encounter by professors of their respective fields. They explained in great length the nature of study, active research of the subject, and prospects for jobs utilizing that major. Through this, I became able to plan out my career path with greater clarity in what I wish to pursue. We were also brought around the campus to tour their state-of-the-art facilities and see them used in action, demonstrating how universities aptly equip their researchers and students alike in their studies. Finally, we also got to see how graduates work via the Kiewit company visit, placing more context into our curriculum and letting me learn about how valuable even my current study is.

Apart from the academic benefits, we were also exposed to the social life and mode of dorm living at the university firsthand and the rich American culture by attending the local baseball game in addition to exploring the city' s landmarks.

From this programme, I have learned so much about what I will be learning in the future, as well as gained indispensable advice for searching for my passion.

Exchange Experience at Mount Everett Regional School in the USA

Recently, our students had an exchange experience at Mount Everett Regional School in the USA, focusing on Sustainable Development Goal 2: Zero Hunger. The programme included presentations on reducing food waste, a community dinner to raise awareness about food insecurity, a Model United Nations session to discuss global strategies against hunger, and nature-based activities highlighting sustainable farming practices.

Overall, these exchange programmes provide transformative learning experiences that broaden students' perspectives, promote global citizenship, and equip them with the skills necessary to thrive in an interconnected world.





Opening Doors to New Possibilities









9B WONG Lai Ying Nicole

Inspirational moments unfolded during our exchange, immersing us in the world of Zero Hunger, SDG Goal #2. Together, we passionately engaged in various endeavors to uplift the community. The host school orchestrated a remarkable community dinner, while we enthusiastically worked the fertile fields and generously shared our resources.

Vivid scenes of cherished friendships and unforgettable memories grace my thoughts. Among them, the farewell dinner shines brightly. Encircled by newfound friends from Mount Everett, we shared a bond of joy. Laughter and song filled the air as we swayed and twirled, our spirits intertwined. Time slipped away, leaving us misty-eyed with bittersweet emotions.

Though the exchange spanned a brief two weeks, it felt like a handful of enchanted days. Profound connections were forged, and a sense of attachment bloomed. We embraced our newfound companions, bridging the gaps between our experiences and celebrating the beauty of our differences. The cultural exchange surpassed the pursuit of SDG Goals; it became a celebration of our daily lives.

Gratitude fills my heart as I reflect on our time in this warm, welcoming community. The kindness and sweetness of the locals touched us deeply. Giving back and expressing our appreciation in tangible ways brought us immense joy.

10C ZHANG Grace

In our quest to promote global exchange and foster a culture of learning, we embarked on a remarkable adventure that led us to Mount Everett Regional High School in Sheffield. This enlightening experience enabled us to delve into the Sustainable Development Goals, with a particular focus on tackling the pressing issue of hunger. Our time spent with host buddies and their classmates not only proved to be enjoyable and fun-filled but also profoundly meaningful.

Throughout our journey, we embarked on enriching field trips to Flying Deer and April Hill, where we garnered valuable insights into the importance of minimizing food waste and reconnecting with nature beyond the confines of our digital devices. These excursions served as eye-opening lessons, reminding us of the significance of living harmoniously with our environment.

Undoubtedly, this trip was an amalgamation of joy and purpose. It expanded my understanding of sustainable development, fostering connections with newfound friends from diverse backgrounds. The experience instilled within me a profound sense of responsibility in addressing hunger and conserving our precious environment. I am immensely grateful for the myriad of experiences and cherished memories that were forged during this extraordinary journey. My earnest desire is to have the opportunity to revisit this remarkable place once again, rekindling the spirit of exploration and learning that has forever left an indelible mark on my heart.



11C Ma Tsun Hang Nathan, Captain of Boys' Tennis Team

Sports Achievements Tennis

The tennis team was first established in the 2012-13 school year. Starting with only a few members, the team has come a long way to making a name for itself through the persistent dedication and impressive achievements of its members over the past 12 years.

In 2014-15, the boys' team tasted their first championship victory at the New Territories Secondary Schools Tennis Competition. Their hard work and determination had paid off. The team did not rest on this victory, but rather continued to push forward, reaching new heights in the following years.

In 2018-19, both the boys' and girls' tennis teams made history by winning the championship in the inter-school competition, a remarkable feat that showcased the team's talent and teamwork. Despite the cancellation of competitions for two years due to the COVID-19 pandemic, the team remained undaunted, emerging even stronger upon the resumption of events.

In 2021-22, 2022-23, and 2023-24, the tennis team continued its dominance, securing the champion title in both the boys' and girls' categories for four consecutive years, marking an impressive "Grand Slam" achievement. Even with the departure of key Grade 12 team members from the previous academic year, the remaining members proved capable of pursuing excellence through their determination and mutual support.

The team's achievements have always been the collective efforts of the dedicated guidance from the team coach, the continued support of the school and parents, and the tremendous talent and dedication of the team members. As the team looks towards the future, they will remain humble and determined to continue their pursuit of excellence.

Tennis Team Achievements in New Territories Secondary Schools Tennis Competition:

Year	Boys	Girls
2014-15	Champion	--
2015-16	1st Runner Up	--
2016-17	1st Runner Up	--
2017-18	1st Runner Up	1st Runner Up
2018-19	**Champion**	**Champion**
2019-20	Competition cancelled due to COVID-19	
2020-21	Competition cancelled due to COVID-19	
2021-22	**Champion**	**Champion**
2022-23	**Champion**	**Champion**
2023-24	**Champion**	**Champion**

8B Pang Oi Ling Allison

I' m incredibly proud of our tennis team for achieving this remarkable result as we all worked very hard to achieve it. Winning both the boys' and girls' championship 4 years in a row is an outstanding accomplishment that shows the dedication, skill, and teamwork of our team. I feel very honored to be part of the tennis team and aim to work even harder to earn more championships in the future.

11C Ma Tsun Hang Nathan

We once again showcased our team' s talent and dedication in the New Territories Secondary School Tennis Competition. This year is the 4th consecutive boys' and girls' championship! We have fought against several strong schools in the competition. The fiercely fought matches demonstrated our unwavering determination and sportsmanship. The continued success of these championships is a testament to the growth of all of us on the team. I have no doubt that our members used 200 percent of our effort to strive for our best performance. I was so impressed and will definitely continue our best effort next year.



2023-24 Boys Champion



2023-24 Girls Champion

Strive for Excellence- Sports Achievements Girls Badminton



Congratulations to our Girls' PS and SS Badminton Teams by accomplishing such remarkable achievement this year!

9D Chu Wing Chi won the Champion of the Girls' Singles event in the All Hong Kong Schools Jing Ying Badminton Tournament which is our first Champion title in the whole Hong Kong competitions.

Moreover, our PS and SS Badminton Teams also continued the glory by winning another Grand Slam in both Inter-Primary Schools Badminton Competition and All Grades of Inter-Secondary School Badminton Competition in Shatin Area.

The challengers showed their desperation by defeating us during the game and our players were still able to maintain their good spirit and performance under the pressure and tension. Our Girls' Badminton team aimed to achieve higher this year in the stage of Whole Hong Kong competition by challenging Heep Yunn School in the Semi Final of the All Hong Kong Schools Jing Ying Badminton Team Tournament.

Our players showed their perseverance and determination in winning the game and forced the score to 2:2 after the first four matches. 8E Pang Oi Ki Vanessa stayed focused to play the last important match against the senior member from the opponent school. The pressure to both players could be imagined as they both wanted to fight for





the entrance ticket to the final match.

Vanessa showed her excellent performance in the match and kept fighting for every single point. However, the result of the game upset the whole team with the score 18:21 and we got the Second Runner Up again after last year. We were sad and disappointed but we knew we have to keep improving and prepare for the next chance.

We took another chance as we successfully entered the Final of the Whole Hong Kong Inter-school Badminton Championships by playing against Good Hope School. Our Girls Badminton Team won the 1st Runner-up at the end in a close match and just fell short with the score of 2:3.

It' s not an easy journey for our Girls' Badminton Team this year by playing lots of important competitions throughout the whole year. We aimed to achieve higher with the expectation and ambitions we have built on.

Let' s keep supporting our Girls' Badminton Team and we believe that we are going to prove that we are the strongest team in whole Hong Kong soon.

8E PANG Oi Ki Vanessa

I' m very happy that we could have won the Grand Slam title for two years in a row. The Grand Slam is absolutely a remarkable achievement which cannot be easily won without training hard every single day.

Of course we also have shortcomings. During the game, I felt that our team had lost momentum sometimes. Momentum is one of the most important things in a game, so there needs to be big improvements.

In summary, I am satisfied with the results of the past two years, but we can go even further by overcoming and improving our weaknesses as a team together.

10C HARIYANTO Clara

It has been an absolutely extraordinary and unforgettable journey with my teammates this year by achieving the grand slam of winning championships across all A, B, and C Grades for two consecutive years!

We are extremely grateful and glad to witness that our hard work and determination have paid off. However, let us never forget the hard work, sacrifices, and countless hours of practice that brought us to this success. Lastly, thank you to everyone who played a part in making this wonderful journey a reality.









Strive for Excellence- Sports Achievements

Fencing

Fencing undoubtedly looks more like an individual event and most of our fencers are trained in different fencing clubs outside school. The most challenging part of our Fencing Team's success is certainly how we hold our members closely together throughout the years and become one of the most challenging teams in the inter-school competition.

Started by focusing to nurture fencers in Foil, we developed quite a strong team, especially among girls. We have demonstrated consistent and stronger performances every year and even won the Foil Team competition in the All-New Territories Secondary Schools Fencing Competition for 7 consecutive years. We continued the dominance this year by winning the girls individual foil event in all A, B and C Grades.

In the Foil Team Event, both Boys' and Girls' Teams showed balanced efforts from every single member and marched on to get into the final together. The Girls' Team fought hard until the last round and just fell short to claim the first runner up, while for our Boys' Team who played so well and managed to pull off challenges from all other opponents to clinch the champion.

Their performance motivated other members in Epee and Sabre Teams as everyone was fired up for doing better and achieving the best possible results. Boys Epee and Sabre were formed by young Grade C members and also foil fencers who are willing to offer the best to the team. They didn't disappoint by showing a never-give-up









attitude when facing strong opponents and we turned out to rank 6th and 5th respectively and more importantly, we were able to win by 1 point over the second placed school to win the Boys Overall Championship.

For the Girls' Team, it was a very close battle with Lam Tai Fai College (LTFC) as we had to compete until the very last match. After getting the first runner-up behind LTFC in the Foil event, the Epee team could also get into the semi-final, and managed to edge out LTFC in the third place play-off. The Sabre Team title was decisive as the winner would also take the overall championship.

LTFC was the champion last year so every member must give our best in order to make it happen. The final was intense to watch and entertained everyone in the venue. We exchanged leads and it went down to the final round before our star fencers, 8A Chung Hoi Ying Janice and 8B Chun Wing Sum who fought hard and defended well to close out the match by the score of 45 to 42!

We made it with everyone's contribution in different events and different grades to be awarded the overall championship again! The close-knitted team has proved the hard work and sweats were worth it throughout the year and it's the best ending to those who are leaving for overseas studies soon.

11A HUANG Pok Man

The 2023-2024 All New Territorries Secondary School Fencing Competition was a memorable event for A-School, as we won the overall championship again with the hard work and outstanding performances by each of our team members. I feel extremely excited and proud.

We learned from last year's painful lessons to let go of our burdens, and give it our all in the competition. We showed not only our individual skills but also the strength of our A-School Fencing Team.

This competition taught me that behind every medal are tears and sweat. Many people worked hard with me. I grew further and gained experience from this event. In the upcoming year, my teammates and I will train even harder to maintain our lead to make ourselves and our school proud again.

11B FUNG Cheuk Lam

Six years ago, I witnessed the senior members achieving the Boys and Girls championship, but I never thought that I would be able to win this award when I was the captain.

It is our honor to win this award again this year. As we failed to win the championship last year, our team members set a goal to win the championship at the beginning of this school year, we practiced hard together and strived through the tough moments during the competition. Our hard work paid off with everyone's contribution and made our dream come true.

As the captain, I hope that our team can defend the championship next year!





Embracing the Spirit of Softball: Adjustments and the Pursuit of Victory

"To succeed in softball, as in life, you must make adjustments." Ken Griffey Jr.

"Yesterday's Home Runs don't win today's games." Babe Ruth

Softball Team

Our Boys' Softball Team has achieved a remarkable feat in the All Hong Kong Inter-Secondary Schools Softball Competition 2023-2024, clinching their 12th consecutive championship title with a resounding score of 15-3 against Notre Dame College. Their success emphasized the importance of adjustments and continuous effort in sports and life.

The team understands that past victories do not guarantee present success, embracing Babe Ruth's notion that "yesterday's home runs don't win today's games". They have constantly strived to improve and adjust their strategies, recognizing the need for adaptation in a dynamic sport like softball and baseball. Their relentless pursuit of excellence has propelled them to the pinnacle of success.

Ken Griffey Jr.'s wisdom further reinforces the importance of adjustments. Our team has displayed a remarkable ability to adapt to changing circumstances, fine-tuning their skills, tactics, and teamwork. They have overcome obstacles and emerged victorious by making the necessary adjustments.

The Girls' Softball Team also deserves recognition for their achievements, finishing as the 3rd runner-up in the competition. They have shown exceptional commitment to making adjustments, embracing challenges with resilience and determination.





In addition to their triumph in softball, our Boys' Softball Team has demonstrated adaptability in the Inter-school Baseball Competition, claiming the championship. Their success in both softball and baseball showcases their versatility and ability to excel in different sports, driven by their willingness to make necessary adjustments and learn from each experience.

As we celebrate our Softball Team's extraordinary achievements, we are reminded of the timeless wisdom of Babe Ruth and Ken Griffey Jr. True success is an ongoing pursuit that requires constant adjustments, adaptability, and a drive to surpass previous accomplishments. Their journey serves as an inspiration, both on and off the field, as we navigate the ever-changing game of life.

10C KWOK Lik To

I remember sitting on the bench, ecstatically cheering for the team when we won yet another championship. I aspired to be like my seniors and worked hard to achieve my goal. In the beginning, my technique was flawed, and I lacked confidence. I made fielding or batting errors on the pitch, sometimes losing our games. At times I even contemplated quitting. I put in extra hours outside of training to hone my skills and overcome these hurdles. Eventually, through my resilience and making adjustments, and most importantly the unbridled support and trust of coaches and teachers, I became the starting second baseman.

This experience has been very rewarding, giving me valuable skills and meaningful friendships. It will always be one of my most cherished memories. As a team, I wish we can keep improving and build upon the legacy left by our predecessors.





Softball Team

Boys' Team
Track record:

Year	Competition	Award
2008 – 2009	All Hong Kong Inter – Secondary School Softball Competition	3rd Runner Up
2009 – 2010	All Hong Kong Inter – Secondary School Softball Competition	2nd Runner Up
2010 – 2011	**All Hong Kong Inter – Secondary School Softball Competition**	**Champion** (MVP: NG Ting Fan)
2010 – 2011	**Hong Kong Youth Novice Softball Championship**	**Champion**
2011 – 2012	**All Hong Kong Inter – Secondary School Softball Competition**	**Champion** (MVP: CHEUNG Tak Hei Trevor)
2012 – 2013	**All Hong Kong Inter – Secondary School Softball Competition**	**Champion** (MVP: CHEUNG Tak Hei Trevor)
2012 – 2013	Hong Kong Youth Novice Softball Championship	1st Runner up
2013 – 2014	**All Hong Kong Inter – Secondary School Softball Competition**	**Champion** (MVP: CHING Chun Michael)
2013 – 2014	**Hong Kong Youth Novice Softball Championship**	**Champion** (Overall MVP: CHING Chun Michael)
2014 – 2015	**All Hong Kong Inter – Secondary School Softball Competition**	**Champion** (MVP: CHING Chun Michael)
2015 – 2016	**All Hong Kong Inter – Secondary School Softball Competition**	**Champion** (MVP: YU Mervyn)
2015 – 2016	**Hong Kong Youth Novice Softball Championship**	**Champion** (Overall MVP: YU Mervyn)
2016 – 2017	**All Hong Kong Inter – Secondary School Softball Competition**	**Champion** (MVP: YU Mervyn)
2016 – 2017	Hong Kong Youth Novice Softball Championship	1st Runner up
2017 – 2018	**All Hong Kong Inter – Secondary School Softball Competition**	**Champion** (MVP: CHIU Lok Hang)
2017 – 2018	Hong Kong U19 Softball Elite Competition 2018	1st Runner up
2018 – 2019	**All Hong Kong Inter – Secondary School Softball Competition**	**Champion** (MVP: LUI Wang Pok)
2018 – 2019	Hong Kong U19 Softball Elite Competition 2019	1st Runner up
2019 – 2020	**All Hong Kong Inter – Secondary School Softball Competition**	**Champion** (MVP: NG Shun Hei)
2022 – 2023	**All Hong Kong Inter – Secondary School Softball Competition**	**Champion** (MVP: CHENG Yu Hin)
2022 – 2023	Hong Kong U19 Softball Elite Competition 2023	1st Runner up (Batting Champion: CHENG Yu Hin)
2022 – 2023	U15 Softball Age Group Competition 2022 - 23	1st Runner up
2023 - 2024	**All Hong Kong Inter – Secondary School Softball Competition**	**Champion** (MVP: SO Zi Seon Lewis)
2023 - 2024	**Inter-school Baseball Competition 2023 - 2024**	**Champion**
2023 - 2024	Hong Kong U19 Softball Elite Competition 2024	2nd Runner Up

Girls' Team
Track record:

Year	Competition	Award
2016 – 2017	Hong Kong Youth Novice Softball Championship	2nd Runner up
2018 – 2019	Hong Kong U19 Softball Elite Competition 2019	2nd Runner up
2022 - 2023	U15 Softball Age Group Competition 2022 - 23	2nd Runner up (Batting Champion: WU Sze Yiu)
2022 – 2023	Hong Kong U19 Softball Elite Competition 2023	3rd Runner up
2023 - 2024	All Hong Kong Inter – Secondary School Softball Competition	3rd Runner up
2023 - 2024	U15 Softball Age Group Competition 2022 - 23	3rd Runner up
2023 – 2024	Hong Kong U19 Softball Elite Competition 2024	2nd Runner Up

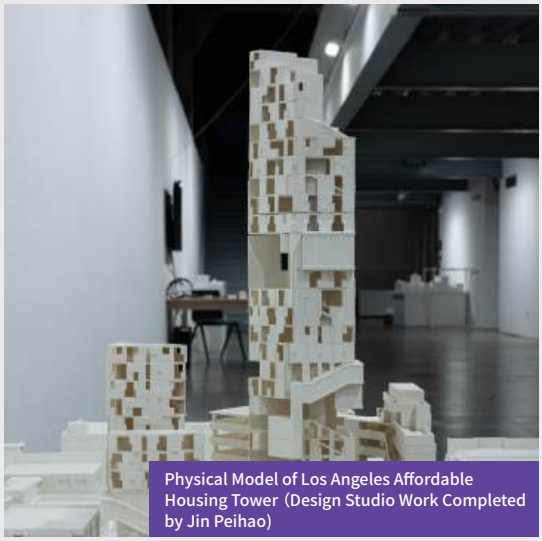




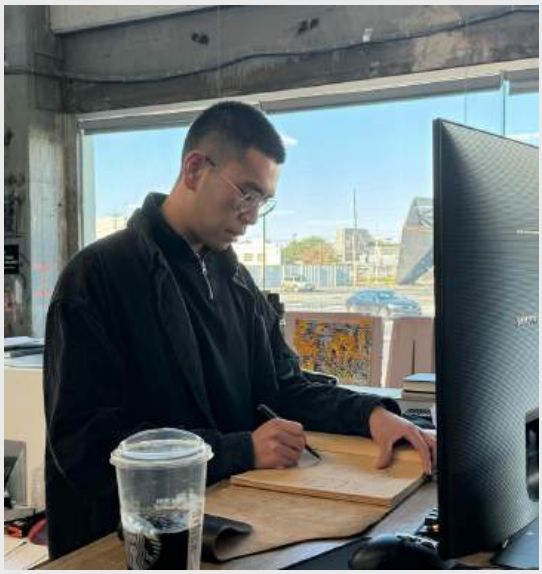
Visual Arts Achievements

We are thrilled to announce the outstanding achievements of two remarkable alumni. Mr. Jin Peihao has received an offer from Harvard Graduate School of Architecture, a prestigious honour that recognises his exceptional talent and hard work. Equally impressive is Miss Rachel Mow, a graduate of SCAD Animation, whose animated film "The Sun is Bad" has been selected as a finalist in the Student Oscar Awards. We congratulate both Jin Peihao and Rachel for their remarkable success, and we wish them continued success in their future endeavours. Their accomplishments serve as an inspiration to current and future Visual Arts students alike.





Physical Model of Los Angeles Affordable Housing Tower (Design Studio Work Completed by Jin Peihao)



Jin Peihao (2018 Graduate)

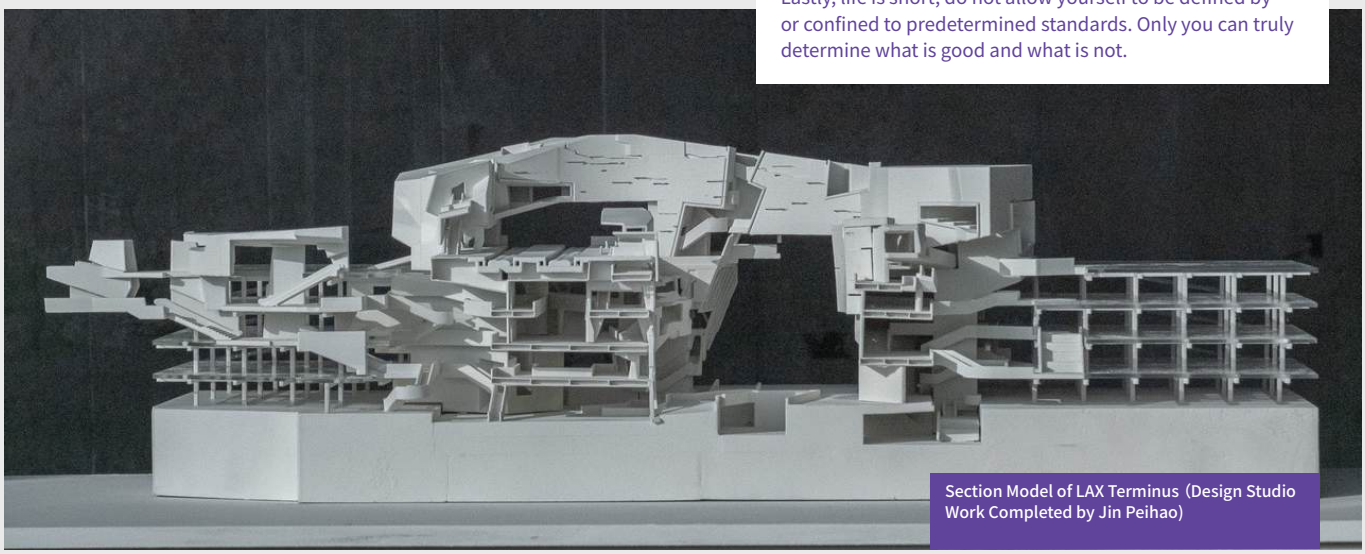
Harvard University
Graduate School of Design
(Master of Architecture)

The more I learn, the more I realise how little I know. Learning is an endless journey that demands daily dedication. By observing the objective world, the relationships between people, and ourselves with curiosity, we continue to grasp new inspirations. Through corresponding reading and practice, we can integrate and apply these insights.

I am someone with abundant emotions and imagination, which inspires me but also lowers my efficiency. At 23, I' ve been striving to find a balance and feel I have improved significantly from before, yet there is still room for growth. I' ve also come to recognize that everyone has unique, irreplaceable traits; it is crucial to first understand and then harness these qualities to serve our goals.

To my younger peers about to face the DSE, I want to convey that this experience was a significant influence on me. My academic performance in high school was not stellar, but I experimented with many strategies to excel during exams. Working with Mr. Law on the Visual Arts SBA, he consistently encouraged us to develop our methodologies. This approach—designing a series of actions to achieve a goal, executing them, and then reflecting on the process—has been a practice I have maintained ever since. It has been profoundly enlightening. While I do not know how each of you approaches your goals, I hope you not only value the outcomes but also consider "How did you achieve this result? Can this process be replicated? How can this procedure be improved?" This awareness of the process is fundamentally at the core of progression.

Lastly, life is short; do not allow yourself to be defined by or confined to predetermined standards. Only you can truly determine what is good and what is not.



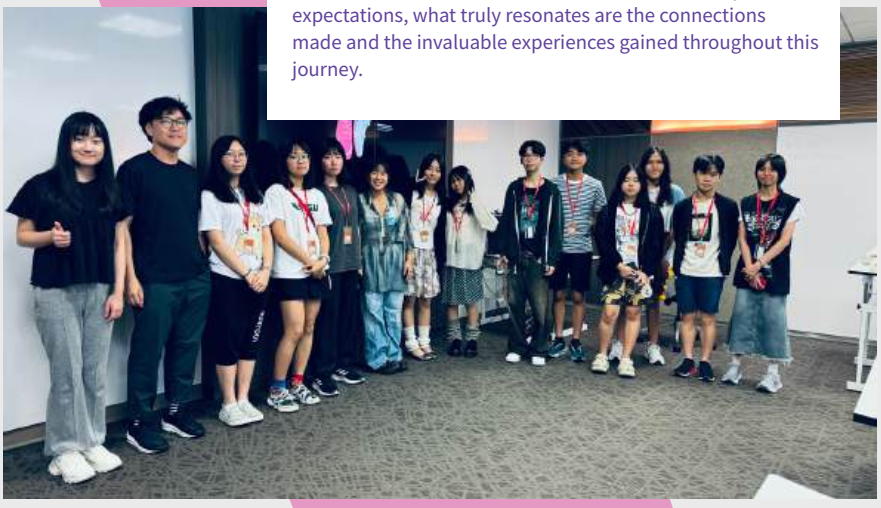
Section Model of LAX Terminus (Design Studio Work Completed by Jin Peihao)

Oscar Student Academy Awards Finalist

Mow Sum Yee Rachel (2019 Graduate)
Oscar Student Academy Awards Finalist

Excited to return to A-School and dive into discussions about animation, sharing insights into the creation process behind my award-winning short film, 'The Sun is Bad' . It' s incredibly fulfilling to see more students engaging with this art form and considering exploring it further. While being recognized as a finalist for Student Oscars, College Emmys, and other film festivals around the world exceeded me and my team' s expectations, what truly resonates are the connections made and the invaluable experiences gained throughout this journey.









We are excited to share the achievements of two more talented Visual Arts students from our school. Kwong Jay, a dedicated grade 9 student, recently won the prestigious Grantham Visual Arts Award, showcasing his artistic talent and determination. In addition, Chan Tak Yu, a skilled grade 10 student, achieved the impressive 1st runner-up position in the My Australian Christmas Card Competition 2023. These accomplishments highlight their creativity and hard work, with support from our Visual Arts teachers. Congratulations to Jay and Tak Yu for their outstanding success in these competitions!

Grantham Visual Arts Award





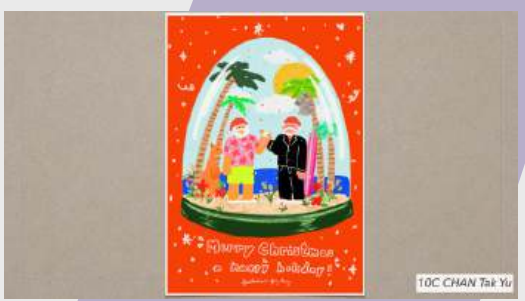
Artwork by 9E Kwong Jay

9E KWONG Jay

As I prepared for the Grantham Visual Arts Award, at first I was struggling a lot since many of my artworks were reserved for my other competitions and Grantham Visual Arts Award was one of the most prestigious art competitions in Hong Kong! Luckily I' d found help from my Visual Arts teachers. At first I really wasn' t confident since it was my first time attempting to win in this competition and I had a hard time dealing with the interview questions. Fortunately enough it all worked out perfectly and I won the award. During that time, I' ve learnt that to just believe in the right time and the right moment. I' m very thankful for the school' s support during these challenging times, as they gave me plenty of opportunities to flourish .

My Australian Christmas Card Competition 2023





10C CHAN Tak Yu

In 2023, I entered the My Australian Christmas Card Competition 2023, hosted by the Australian Consulate General Hong Kong. After overcoming challenges and nurturing my creativity, I submitted a masterpiece that captured the spirit of Australia and Hong Kong Christmas and combined them together. Weeks later, I received the exhilarating news that I had won the 1st runner-up position. Pride and fulfilment surged through me as I realized my artwork had resonated with the judges. This recognition propelled me to continue pursuing my artistic journey, knowing that my creations had the power to evoke emotions and spread joy.

靜聽葉培貴教授談書法

兩岸三地線上書法交流

為提升同學對中華藝術的興趣，我校通過線上連線的方式參加了「未來講堂——博大精深的書法藝術」。葉培貴教授打破同學對書法的刻板印象，娓娓道來蘊藏在書法中的中華傳統藝術。最後，湖州以及港澳台的師生共同完成一幅作品，雖隔着無法跨越的距離，但各地用湖筆共同書寫，看不見的隔閡逐漸消散，拉近了兩岸的距離。下筆的那刻，墨水與千年前的輝煌歷史重逢，希望我們能傳承過去，書寫現在，展望未來。

9D 沈佳怡

眾人皆知橫豎撇捺，可是一筆一畫之中蘊含的文化和藝術卻鮮為人知。在這活動中，細聽葉教授侃侃而談書法，我受益匪淺。筆畫靈動多變，賦予筆墨靈魂，展現了中華藝術之美。我希望古代的墨水能流傳至未來，永不乾枯。

10C 古啟元

很高興學校能提供這次寶貴的機會，讓我們參加線上書法講座。感謝科技的發達令港澳台和內地的同學能在線上聚首一堂， 一起學習博大精深的書法文化，共同揮毫創作一幅獨一無二的作品，十分難得！這次活動讓同學領略傳統文化的魅力，使我們更了解和重視中國傳統藝術。



天津耀華中學交流活動

二零二四年六月，我校師生一行十九人到天津市耀華中學進行了四天的交流活動。

這次交流讓同學體驗了中華文化的博大精深。第一天，同學遊覽了當地著名的英租界建築群——五大道，學習了當地的近代歷史。第二天早上，兩校師生一同進行了國畫繪扇的課程，學習如何運用傳統技法描繪生動活潑的圖案。下午，同學參觀了天津著名的石家大院，感受古老建築的雄偉氣勢和深厚文化底蘊。第三天，大家參觀了天津博物館和古文化街，親身感受到天津悠久的歷史文化，領略中國傳統文化的精髓。

這次交流加深了同學對中華優秀傳統文化的認識和欣賞，增進了彼此的文化理解和尊重，更有助於打破地域隔閡，增強民族自豪感。相信此次活動必將對參與同學產生深遠的影響，讓他們更了解祖國的發展和歷史。





11A 劉羽真

耀華中學為我們提供了許多中國傳統文藝的體驗活動，如：畫扇面、畫臉譜、線書縫製、刻板印書等等多姿多彩的活動讓我們玩得不亦樂乎，更讓我們從中感受到中國文化的博大精深、豐富多彩！不僅如此，我們也參觀了天津博物館、五大道、石家大院等不同天津著名景點。映入眼簾的種種名勝古跡、煙火風情，讓我們認識以及瞭解這個美麗的城市，亦在我們的青蔥歲月中深深地刻下了「天津」二字。



11B 張嘉彤

我印象最深刻的活動是畫扇面，我們按照翟福澤老師教的手法一筆一畫將荷花荷葉畫在扇子上。扇面的柔軟，宛如古風的低語，在指尖流轉。我們的畫作雖不及翟老師的栩栩如生，但每位同學畫出來的都是一朵獨一無二的荷花。光陰和筆觸在同一片扇面上廝磨，這就是文化存在的極為溫暖的方式，萬里蹀躞，以此為歸。

除了體驗到傳統的文藝活動，我們在天津文化博物館裡還瞭解到一些關於天津的歷史：這裡河海蜿蜒流淌，訴說著千年歲月的滄桑巨變；這裡的市井巷陌，瀰漫著濃郁的地方風氣。

這次交流加深了我對祖國的認識，也拓寬了我的眼界，瞭解不同地方的風俗文化。除此之外，我十分感激耀華中學的各位老師對我們的照顧和款待，讓我們在天津這個美麗的城市留下一段美好的回憶。

Chinese Language



聖經朗誦比賽十年冠





在漫漫十年裡，我們的聖經朗誦隊一直保持著卓越的表現，連續十年於漢語聖經協會舉辦的中一至中三組普通話聖經朗誦比賽中摘得冠軍桂冠，成績斐然。我們對朗誦隊員們的辛勤付出感到驕傲，更為他們將上帝的安慰傳遞給眾人而欣喜不已。他們就像聖經所描述的「福音的報告人」，以充滿希望的聲音將上帝的訊息傳遞給每個人，讓人們深深感受到上帝慈愛的力量、祝福和慰藉。願我們的聖經朗誦隊繼續保持卓越的表現。

8C 黃樂妍

為了這次朗誦比賽，同學們經常在放學後留下來練習。比賽當天，我們將自己的感情完全融入篇章中，最後憑藉出色的表演獲得了冠軍。這份勝利是師生共同努力的結果，令我學會並體現到團隊的力量。

The Power of Public Speaking

At A-School, we place a strong emphasis on developing students' public speaking abilities. We offer a variety of programs and learning activities for students to participate in, allowing them to sharpen their skills. One notable program is the English Debating Team. This talented group of students has achieved remarkable success, securing the championship title at the Sing Tao Inter-school Debating Competition for two consecutive years. This competition is widely regarded as the most prestigious debating competition in Hong Kong. The team undergoes countless hours of training and rehearsal, focusing on motions that delve into policies, politics, and social issues. By participating in such activities, students not only enhance their public speaking skills but also develop into global citizens with a critical vision for the future.

Gone are the days when learning English meant enduring countless dreadful drilling exercises. Thanks to the rise of artificial intelligence and platforms like POE, which can proofread or even generate articles in an instant, the importance of writing abilities and grammar skills may no longer be at the forefront for students' future. Instead, we envision that speaking skills will reign supreme down the road, as they can never be replaced by artificial intelligence.



Our students were crowned Champion of the 37th Sing Tao Inter-school Debating Competition.



Our first speaker, 10D Lee Yan Wah, presenting her arguments eloquently in the Grand Finals of the 39th Sing Tao Inter-school Debating Competition



Two consecutive wins at the 38th Sing Tao Inter-school Debating Competition

English Language



Our student, Jonathan Li, delivering his speech eloquently on stage

While we continue to excel in the Australia-Asia debating formats used in Sing Tao debates, we have also dedicated significant time and effort to learning the British Parliamentary Style. This new approach provides our students with a broader perspective and equips them with versatile debating skills. In line with our commitment to enhancing our students' debating abilities, we proudly took part in the 19th HKPDS Summer Workshop & Tournament, which spanned over seven days. This workshop served as a dynamic platform for our students to engage in spirited debates with participants from all around Asia, vying for prestigious titles. The workshop was a truly remarkable experience, facilitated by a team of highly knowledgeable and experienced trainers who possess diverse educational backgrounds from around the world. Their expertise and guidance were instrumental in helping our students refine their debating techniques and gain a deeper understanding of global issues.

In addition to debating, our school also offers a remarkable performance arts program called "From Page to Stage," organised by AFTEC. Tailor-made for local secondary school students, the "From Page to Stage" program offers a fresh and unique educational adventure. Through high-quality drama performances and in-school pre- and post-performance workshops, we aim to cultivate students' interest in classic literature and foster an appreciation of the arts. This program provides students with a platform to express themselves creatively and develop their communication skills, allowing them to become well-rounded individuals in society.



A-School students having a discussion on stage to further analyse the playscripts



A-School students showcasing at the AFTEC Young Theatre Makers Programme

By prioritising speaking skills and offering engaging programs, A-School ensures that students not only excel in English proficiency but also develop confidence, critical thinking, and a deep appreciation for the power of effective communication.

11D Tang Hau In

HKPDS was a scam in the sense that, unlike its advertisement, it was more of a series of trials than a boot camp. Instead of being taught the basics of debate in a classroom environment, most participants were warmly welcomed with the harsh reality that they were a far cry from what the international standard of "decent" was against world-class debaters.

However, this curated environment was exactly what pushed us out of our comfort zones to grow and experiment. HKPDS encouraged us to test new strategies and methods of analysis that I would have never thought of without the constant pressure of the possibility of having to face off against national teams in the next match.

Being able to make new friends was also one of the highlights of my experience. With new alliances formed and new skills acquired, I am glad to have fallen for this "false advertisement fraud".

Liberal Arts & Citizenship and Social Development

Liberal Arts Week 2023-24

The theme of Liberal Arts Week 2023-24 is "BIG BIG world - A-Future". With its emphasis on technology, globalization, and AI, it seeks to empower students with the knowledge and awareness necessary to navigate the complexities of the ever-changing world.



Liberal Arts & Citizenship and Social Development







Movie Appreciation and Gaming Day provided a unique opportunity to delve into the impact of technology and social media on our lives.

Through the film “Missing” and the Nintendo Switch game “Everybody 1-2 switch,” the pros and cons associated with these advancements were explored.

Students could reflect on the ways technology shapes our society and the choices we make.

The Game Booth, “A-Chat-with AI” session and Inter-Chamber Knowledge Quiz expanded students’ understanding of the hottest issues and the next big things in the age of globalization and AI.

These interactive activities challenged their knowledge, encouraging them to stay informed about the rapidly evolving world around them. By fostering a competitive spirit and promoting teamwork, we aimed to create an environment that nurtures curiosity and a thirst for knowledge.



Liberal Arts & Citizenship and Social Development

Youth Impact Award 2.0 Competition

Four of our G9 students delivered their final presentation and were bestowed with the distinguished Silver Prize in the esteemed “2022 - 2023 Youth Impact Award 2.0 Competition”.

Over the course of an entire year, our students demonstrated exceptional resilience and creativity. Their project aimed to bridge the generation gap between the elderly and the youth, and they ingeniously crafted a guided tour centered around the theme of “LOVE STORY.” This concept was conceived through extensive engagement with the elderly, during which they attentively listened to their stories and sought their valuable feedback.



Students pitching their idea to the judges in Youth Impact Award 2.0 Competition Final

模擬辯護及模擬法庭比賽

早前人文素質學會(LA CLUB)派出兩隊隊伍參加2023-2024年模擬辯護及模擬法庭比賽，並於第一輪及第二輪初賽中取得勝利。9B 羅芊廷於第二輪初賽中獲得「最佳模擬辯護員獎」。


9B 羅芊廷榮獲「最佳模擬辯護員獎」


香港學界模擬辯護及模擬法庭比賽學生代表

9B 羅芊廷

通過比賽我們有機會接觸到法律及法庭訟辯，例如傳召及盤問證人，作結案陳詞，向法官陳詞等。除團隊合作精神外，此比賽使我的語言組織能力、寫作能力與現場應變能力大為提升。

Hong Kong Inter-school Mediation Tournament 2024



Three promising young students (9B KWAN Tsz Kiu, 9C CHONG Hiu Nam, 9E LI Nga Yu) from A-School participated in the Hong Kong Inter-school Mediation Tournament 2024.

The Hong Kong Interschool Mediation Tournament promotes the idea of achieving a “win-win” situation through amicable resolutions of disputes and differences by equipping participants with the basic mediation skills applicable to their daily lives, no matter in family or school settings. Rather than winning a legal point, students focus on exploring the parties’ views and formulating a solution for them. Despite being the youngest team in the competition, 3 grade 9 students delivered outstanding performances in the tournament, demonstrating their dedication and proactive approach. Their active involvement and eagerness to take on challenges are a testament to their commendable commitment to personal growth and academic excellence.

Innovative Mathematics Education: Theme-Based Learning in Junior Grades

To enhance Mathematics education and foster a deeper understanding of mathematical concepts connecting to daily life, the Mathematics Department proudly presented the "Theme-based Learning" for students in junior grades. This innovative approach aims to connect Mathematical concepts with real-world applications and engage students in hands-on and interactive learning experiences.

Grade 7: Obstacle Courses




The theme of Grade 7 is "Obstacle Courses", focusing on geometry and 2D representations. Students designed and created obstacle courses using their knowledge of geometric shapes and angles. With the support from the Information and Communication Literacy (ICL) Department, students created their virtual obstacle courses using CoSpaces, enhancing their digital skills and creativity.

Grade 8: Be an Engineer





The theme of Grade 8 is "Be an Engineer", in which students designed and built various types of bridges that can withstand a specified weight challenge. Collaborating with the Integrated Science (IS) Department, students conducted experiments to test the weight-carrying capacity of their bridges. This hands-on approach allowed students to apply their mathematical knowledge to real-world engineering challenges.

Grade 9: Navigation





Grade 9 students explored the theme of "Navigation" using Google Earth Pro. They designed a car racing circuit that is the most suitable in Hong Kong, incorporating various concepts such as coordinate geometry, trigonometry, proportion, and measurements. The project enhanced students' critical thinking and problem-solving skills.

Learning Mathematics beyond classrooms

The Mathematics activity "Big Brain Challenge" took place during the STEAM week. This competition consisted of four tasks that tested various cognitive abilities, involving students from different grades. By incorporating tasks that require memorization, pattern recognition, mental calculations, and problem-solving skills, the competition challenged students to think critically and creatively. It also encouraged students to engage with numbers, concepts, and calculations in a fun and interactive way, fostering a positive attitude towards Mathematics. The collaborative and competitive nature of the challenge promoted teamwork and a growth mindset among participants, all of which are essential qualities for success in Mathematics and beyond.





Mathematics

Master Class by Professor Loh Po-Shen – How to Survive in the Age of AI







Professor Loh is an American mathematician, a social entrepreneur and an inventor working across the spectrum of mathematics, education and healthcare all around the world. He received his education at California Institute of Technology, University of Cambridge and Princeton University. He is also the former national coach of the United States' s International Mathematical Olympiad Team for over a decade. He has been teaching at Carnegie Mellon University since 2010.

Mathematics

10C Chan Hillary Hey Yin

Participating in Prof. Loh' s sharing on how to survive in the age of AI was an unforgettable experience. I gained valuable insights into the transformative power of artificial intelligence and its potential impact on various aspects of our lives. He emphasized that humans should be open to adopting changes so that we can safeguard our job positions. I left the talk feeling inspired and motivated to embrace AI as a tool for growth and innovation in the future.

10D LEE Yan Wah

The talk on AI given by Prof. Loh was a truly eye-opening experience, offering me not only new insights for the future, but also drastically changing the lens through which I viewed my daily life. The future he foresees is one of versatility, where those with a flexible mindset will thrive, encouraging me to adopt one as well. Moreover, he persuaded me that the path to true success is to make decisions with the benefit of the majority in mind, incentivizing me to become more of a selfless person.

4 Distinctions in the Euclid Contest University of Waterloo

A-School encourages students to challenge themselves and flourish with a growth mindset. We provide various competition opportunities for our students around the world. Previously, some of our students participated in the Euclid Contest, organized by the Centre for Education in Mathematics and Computing at the University of Waterloo. The contest is designed for senior-level high school students and is joined by approximately 19,000 students worldwide every year. Among the participants, 4 students from A-School achieved Distinction in the contest! Congratulations to our students on their great achievements! We will continue to provide more opportunities for our students to challenge themselves in Mathematics.

UNIVERSITY OF WATERLOO



Awardees of Distinction:

12A WONG Ching Nam
12D KWOK Tsz Leong
12D LAM Pak Yin
12E LEE Sze Wing

Personal, Social and Humanities Education

PSHE

Embark on a captivating journey through the humanities, exploring the interconnected realms of Geography, History, Economics, Chinese History, Business, Accounting and Financial Studies. Through different learning experiences, students are able to uncover the tapestry of our world, unravel the past, understand economic systems, delve into cultural heritage, and unlock the secrets of successful enterprises.

Geography

'Create Your District' Competition

12D Chu Ming Him Himsley and 12D Lam Lok Yan won the Create Your District Competition 2023 Merit Award. Organized by the Hong Kong Institute of Surveyors, this competition aimed at encouraging students to explore the rich history, cultural traditions and city development of the Northern Metropolis and demonstrate their creativity by designing an ideal community for the Northern Metropolis.





'Create Your District' Competition 2023 Merit Award: 12D Chu Ming Him Himsley and 12D Lam Lok Yan

CILTHK Student Essay Competition

In the 22nd Chartered Institute of Logistics and Transport in Hong Kong (CILTHK) Student Essay Competition, 11E Wan Sheung Wah Godwin emerged as the Champion, showcasing his exceptional skills and insights. 11D Fung Ho Ching, 11D Yau Man Hei, and 11E Chung Ka Hei also received well-deserved Merit Awards in the competition. The essay prompt challenged participants to propose suggestions for enhancing the airport experiences of travelers at Hong Kong Airport.



CILTHK Student Essay Competition Champion: 11E Wan Sheung Wah Godwin



CILTHK Student Essay Competition Merit Award: 11D Yau Man Hei



CILTHK Student Essay Competition Merit Award: 11D Fung Ho Ching and 11E Chung Ka Hei

11A Chui Isabel Dede

Studying Geography has been a profoundly enriching experience on both academic and personal levels. Through diverse field trips covering everything from urban landscapes in Kwai Chung to natural coastal landforms in Sai Kung, I' ve gained invaluable insights into the intriguing complexity of the world. While physically demanding hikes challenged my limits, gaining immersed perspectives fueled my curiosity and desire to explore. Not only has this curriculum nurtured my critical thinking, organizational skills and appreciation for nature, but it has given me the courage to step outside my shell. By engaging with my peers, I' ve formed treasured friendships and achieved unexpected personal growth.

Personal, Social and Humanities Education

Integrated Humanities

Special Learning Experiences

Visit to the Peak

The Humanities Club organized a special field trip for its members to visit the Peak. During their visit, students had the opportunity to delve into several historical highlights that had shaped the significance of this iconic location in Hong Kong. Getting to the Peak by the Peak Tram was an unforgettable experience for all the members of the Humanities Club. They explored the historical significance of the Peak Tram, an iconic mode of transportation that was one of the world's oldest and most famous funicular railways. They also had a chance to hike to the High West to marvel at the beauty of Hong Kong's natural wonders.



Students learning about the history of the Peak Tram



Peak Galleria

A Visit to the Hong Kong Heritage Museum

The IH Department aims to deepen the students' comprehension of Hong Kong's history and popular culture. The members of the Humanities Club were granted an opportunity to explore the Hong Kong Pop 60+ Exhibition held at the Hong Kong Heritage Museum. During their visit, they gained valuable insights into the history and popular culture of Hong Kong. They learned about the significant events, influential figures, and iconic trends that shaped the city's vibrant past and present.



Hong Kong Pop 60+ Exhibition

Hong Kong Heritage Museum



Personal, Social and Humanities Education

Economics

A Visit to the Hong Kong Monetary Authority

To get students exposed to monetary policies in Hong Kong and enrich their knowledge of financial concepts, a group of students visited the Hong Kong Monetary Authority (HKMA).







Students learned more about the functions of money and the linked exchange rate system of the Hong Kong dollar.

IdeaPOP! 2024 Hong Kong Secondary School Students Startup Pitch Competition

IdeaPOP! is a startup pitch competition for creative secondary school students with innovation and entrepreneurship spirits, in which they can gain startup pre-incubation experience beyond the classroom. After the first-round judging, a team of our G11 students was shortlisted. They underwent a series of mentorship and training workshops that guide them in building a business proposal and presenting a pitch deck professionally before pitching in front of industry experts in mid-April.



"Vetspresso" is a smartphone application designed to be "a hassle-free express to professional veterinary care"

11D TANG Hau In

Economics makes good use of both rationality and creativity to develop arguments against common occurrences in an economy. The contents are not only relevant to individual markets but also applicable to Governments and large-scale global issues. I find it fascinating how even mundane actions such as picking a dish out of a menu or choosing among two manga series actually involve lots of economic concepts!

Personal, Social and Humanities Education

History

Different strategies are employed in lessons to enhance History learning. Besides inquiry-based learning and discussions, various multimedia resources are incorporated. During the Humanities Week, a wide variety of activities were held. Visiting the Hong Kong Museum of History enabled students to connect with first-hand information and enhanced their learning. Students could also identify different international problems and understand how international communities cooperated to solve them by participating in various games during Humanities Week. We also worked with the Third Language Department. A contemporary witness of the Holocaust visited us and shared his valuable experiences and insights with students. Through these, we aim to unlock students' potential in history learning.



Sharing by Mr. Andrei Iwanowitsch Moiseenko, a survivor of the Holocaust

Business, Accounting and Financial Studies

For centuries, innovations and adaptability have been instrumental in shaping the landscape of businesses and our lifestyles. Amidst this, the role of the subject, Business Studies, has been crucial in developing future leaders. At A-School, we focus on introducing our students not only to new developments in the business field but also to establish businesses that have stood the test of time and have successfully navigated the challenges of the market. One example of such a company is DHL. Our department is proud to have had the rare opportunity to take our G11 Business and Accounting students to the DHL headquarters in Hong Kong to learn about its operations, innovative practices, challenges and opportunities in their market and, most importantly, how they have adapted over the years.



中國歷史

中國歷史不再像以往只著重背誦，現在同學可以透過多媒體教學，例如動畫、3D打印、VR、AR和人工智能等，將歷史重現眼前，從而讓同學與歷史對話，提升學習興趣，探究歷史的真相。透過遊學團和實地考察，同學可以親身認識中國和香港歷史的發展。

11C 張競文
中國作為有著五千年悠久歷史的文化大國，我透過中國歷史這門學科回望堯舜禹到元明清的朝代更迭，感悟為新中國成立而犧牲的烈士的精神，學習新中國快速發展的美好藍圖。中國歷史不僅僅是存在於課本的學科，更能加強我們的民族認同感，國家歸屬感。



捧於手中近距離觀察3D打印的古代文物

STEAM

STEAM

Science, Technology, Engineering, Arts, and Mathematics (STEAM) encompass fields that offer abundant opportunities for students to learn, grow, and find joy in their educational journey. Through engaging in academic activities and showcasing their talents, students can experience the thrill of learning and develop a deep passion for STEAM.

A notable way for students to immerse themselves in the joy of learning in STEAM is through participating in STEAM Week. This annual event, which took place from April 22 to April 26, offered students a range of activities to explore. These included showcasing their projects in AI, Tofu challenge, Robotics, obstacle course, bridge design, and cycling track design, as well as engaging with science experiment booths. Additionally, the Grade 7-9 Inter-chamber STEAM competition took place during STEAM Week. Students were tasked with completing various booth challenges related to Information & Computer Literacy (ICL), Mathematics, and Science, and gaining hints to decode the pixel art for their respective Chamber. Participating in STEAM Week allowed students to unearth their interests and talents in STEAM while building confidence in these fields.

Competitions also provide an avenue for students to showcase their talents in STEAM. The "ASTRON SPACE LAB Rise to the Challenge of International Competition", for example, is a global challenge that urges students to design and construct solutions or experiments to address real-world problems in the International Space Station (ISS). In this competition, students need to learn about Physics, Mathematics and Python coding to capture data from ISS and design an experiment for improving the astronaut' s life on ISS or issues on the Earth. Utilizing STEAM skills such as engineering, coding, and design, students demonstrate their aptitude for problem-solving and creative collaboration. Winning an award of experiment idea not only highlights students' STEAM skills but also underscores their ability to work as part of a team and think innovatively.

Similarly, the "BuilDING Our Future" Grand Challenge Competition" is a prestigious competition that showcases inventive products and technologies for disabled people, as well as to enhance their initial designs in their Project-based Learning



STEAM Week robotics challenge

STEAM



Students joining "ASTRON SPACE LAB Rise to the Challenge of International Competition"



(PBL) in school. Earning a "Best Use of Technology Award" and Certificate of Excellence – Top 10 Finalists represented a significant achievement, attesting to our students' creativity and ingenuity in the STEAM domain. Furthermore, participating in this competition offered valuable networking opportunities and can open doors to future career prospects in STEAM.

Beyond competitions, students can find joy in STEAM through hands-on projects and experiments. For instance, they can design an AI solution on enhancing their school life, or redesign school facilities and present them in Minecraft Education in a new dimension. These projects not only provide students with a hands-on learning experience but also allow them to apply their knowledge and skills in STEAM to solve real-world problems.

Learning overseas is another valuable way to broaden students' horizons in STEAM. Five Grade 7 students



"BuilDING Our Future" Grand Challenge Competition Awards



"BuilDING Our Future" Grand Challenge Competition Awards

STEAM

STEAM

had the opportunity to showcase their STEAM Project in the London BETT show, one of the largest education exhibitions in the United Kingdom. Having the opportunity to receive advice from global educators, as well as Dr. CHOI Yuk-lin JP, the Secretary for Education in HKSAR, were great honors for the students. Such interactions with experts instilled a sense of inspiration and aspiration within students, guiding them on the path to becoming proficient and professional scientists themselves.

In conclusion, the joy of learning in STEAM can be discovered through a multitude of academic activities and opportunities to showcase talents. From engaging in STEAM Week to achieving recognition in global competitions, students have the chance to cultivate a genuine passion for STEAM and develop confidence in these fields. Furthermore, through hands-on projects and interdisciplinary learning, students can enhance their critical thinking, problem-solving skills, and readiness for successful STEAM careers.



BETT Show booth visited by Dr. CHOI Yuk-lin, JP

STEAM



BETT Show booth visits

7A CHEUNG Ho Lun Linus

My trip to the United Kingdom was mixed with inspiration and excitement. Exploring the historic city of Oxford and stepping foot into the prestigious Oxford University left me in awe of its rich academic heritage. At the Apple store, I unleashed my creativity with Procreate, drawing characters that came to life on the screen. Visiting the GoodNotes office in the UK was also a great experience. Meeting the team behind my favorite note-taking app was a dream come true. My schoolmates and I shared ideas, and I left feeling motivated and grateful for the opportunity to witness the magic behind these incredible institutions and companies. The highlight, though, was visiting the BETT Show of 2024. The exhibition showcased the latest advancements in educational technology and learning resources. From interactive displays to virtual reality simulations, the show was a hub of innovation and creativity. I had the chance to attend insightful seminars and workshops, gaining valuable knowledge about the future of education. The BETT Show was a reminder of the powerful potential of technology to transform education and further develop learners worldwide.

7A TSE Ka Long

The BETT trip was a 7-day trip to the UK, including sightseeing and visiting the BETT show to showcase our product, the plant watering system. It was overall a fulfilling trip, and I saw tons of historic sites about the United Kingdom and famous brands' introductions of their products. I have learned how to get people' s attention after hearing the talks from the BETT show and their technology and ideas. I also have learned a lot of history about the United Kingdom. I love this trip and will definitely come back again.

Science

A-Future in Science

Learning science is always an engaging and rewarding experience. Through science, students not only learn about the past but also glimpse into the future. This year, the Science Department continued arranging various science activities for our students to nurture their scientific fundamentals and explore the many possibilities that lie ahead.

Facility Enhancement

Smart Mobile Farm

This year, A-School introduced an innovative mobile farm machine, promoting sustainable agriculture education. This fantastic machine teaches students organic farming, water conservation, and responsible land use. By fostering ecological awareness and life skills, this cutting-edge tool empowers students to make informed choices for a healthier environment and a sustainable future. In the future, we may consider donating the organic vegetables planted by students to people in need within our local communities.



Students learn about the operation of Smart Mobile Farm together.



Let it grow, let it grow



Dialogue with the China Manned Space Delegation

School Activities

Sharing by the China Manned Space Delegation

It was our honor to host the China Manned Space delegation. The delegation shared with our students the lives and valuable experiences of astronauts in space, as well as China' s plans for future space exploration. This was an eye-opening and inspiring experience for our students.



Zhang Lu the astronaut shares his aspiration in space.



Dr Chan receives the calligraphy from the astronaut as a souvenir.

Science

G7 Life Wide Learning Day

Visiting the Hong Kong Wetland Park was a fun and educational experience for our students. During the G7 Life Wide Learning Day, they were required to complete a series of tasks to earn points in an inter-group competition, while also learning more about the habitats of the living things in the Wetland Park.



Exploring the wetland

7D Sun Yulin

During this fun and exciting day, we embarked on a journey to see all the exotic and fabulous creatures of the Hong Kong Wetland Park, allowing us to gain valuable knowledge about nature. We also trained our mindsets to cook food and share with others, which has been a wonderful learning experience!



Wetland GO!

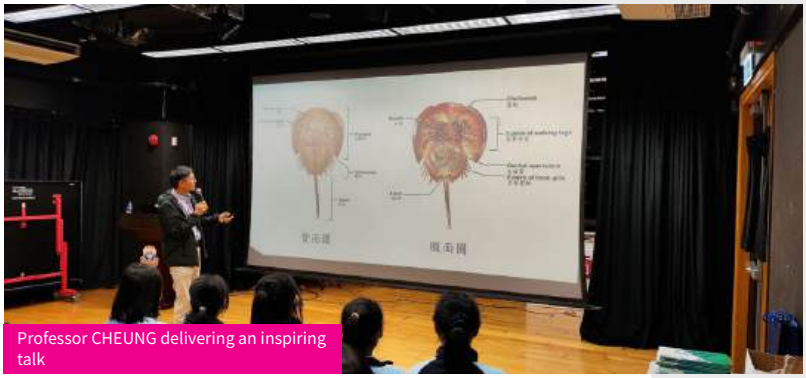


Our honor to have invited Professor CHEUNG

Science Talk by Professor CHEUNG Siu Gin

To bridge our scientific knowledge with the human future, we have invited Professor CHEUNG Siu Gin, an esteemed expert in studying Horseshoe crabs in Hong Kong to give our students a talk about the Conservation of Horseshoe Crabs in Hong Kong. The talk delved into the intricate living environment of Horseshoe crabs, shedding light on their unique habitat and the fascinating adaptations that have allowed them to thrive for millions of years. His passionate discourse on the conservation of these ancient creatures left a lasting impression on the audience, inspiring a newfound appreciation for the importance of preserving their natural habitat.


Students actively participating in the talk


Professor CHEUNG delivering an inspiring talk

Music

The Music Department, like any other subject departments at A-School, has progressively incorporated technology in teaching and learning. One of the academic highlights of the middle school and junior secondary music curricula is the composing element. Starting from G5, students learn the rudiments of composing with the online music writing application Noteflight. By the end of G6, students can already write a descant to a preexisting melody.

To build on the foundation firmly established in the primary division, a more vigorous and advanced composition curriculum is implemented at the junior secondary level: In G7, students learn to compose a short piece with a melody instrument and rhythmic accompaniment; In G8, students learn rearrangement techniques; In G9, students learn to set poetry to music. We believe that music connects people, but too much reliance on technology often yields opposite results. To maximize the learning outcomes, the composition curriculum takes the form of a group project over four weeks in which students are divided into groups of 4 to 6 members to work under the supervision of the music teacher. The composition project is a collaborative effort where students co-compose on Noteflight, culminating in a group presentation and performance at the end of the four-week period.

In today's rapidly changing world, we see the value of the composition project in nurturing students' critical thinking, creativity, communication, and collaboration skills. As such, the aim of the composition project is not so much focused on training the greatest composers but encouraging students to work effectively as a group—a microcosm of today's society. Some students would naturally emerge as the leaders, while some, perhaps a little less outspoken, would take on other equally important tasks such as creating the PowerPoint slides. No one is left behind throughout the process. Certainly, no "free riders" are tolerated.

After all, very few students will take music as an elective at the HKDSE level (A-School is one of the few schools in Hong Kong that offers HKDSE music lessons within the timetable). If they do, the composing skills they acquired in the past five years will set them up for success in public examinations and beyond, but even if they do not, the transferable skills they learned will certainly stay with them for the rest of their lives. The main targets of the music lessons at the junior secondary level are to cultivate a lifelong love for music and to broaden students' musical experience. The musical activities we offer—listening, performing, composing—are not the end goals in themselves but through which we shape students as thoughtful individuals who will thrive in society today.



Music











Reading

書香滿溢
新世紀閱讀樂趣

為了培養同學對人工智能的興趣，提高他們使用人工智能的技能，並培養他們的閱讀習慣，我校舉辦了「AI圖像設計大挑戰」的比賽，同學反應熱烈。透過此活動，同學學會了如何運用文字，給予人工智能系統適當的指引，讓其繪製配合人文學科周的主題——「綠色地球」書籍展覽的宣傳圖像。他們參考書籍的內容，發揮創意，撰寫出別出心裁的文字，再借助最新的電腦科技，繪製深具美感及豐富內涵的圖像。



參加者輸入文字以指導人工智能進行創作



7B侯卓諺榮獲「AI圖像設計大挑戰」冠軍



參加者學習如何運用人工智能進行創作

Reading

為了提升同學的領導才能，改善他們的說話技巧，加強他們的人際溝通及團隊合作的能力，我校舉辦了「說故事義工服務」的活動。圖書館領袖生與小學部的閱讀大使，先在校內接受安徒生會安排的兩次說故事訓練，然後到黃大仙竹園社區中心，以話劇的形式，向二十位幼稚園學生介紹兩本書：《超神奇糖果舖》及《超神奇雨傘舖》。他們在說故事之前及之後，更分別安排了簡單的熱身運動及手工活動。在領袖生與閱讀大使通力合作下，表演精彩生動，讓參加的學生十分投入，並獲得學生家長的高度讚賞。



中小學圖書館主任、圖書館領袖生及閱讀大使合照



圖書館領袖生及閱讀大使向幼稚園學生說故事



圖書館領袖生及閱讀大使協助幼稚園學生做手工



立根於國
鑄造高尚品德
築牢民族根基

採訪：9C張芊穎　9C 林菀庭　9C 沈子晴

國民教育：深化認識　建構身份

A-School一直致力推動國民教育，提升學生對祖國的認識，促進與祖國的緊密連繫。學生事務長張瑞霞博士指出學校積極推行各式國民教育活動，例如：全體師生每星期進行升旗儀式，在五四青年節、香港回歸紀念日及國慶日等重要日子，德育及公民教育大使領袖和老師會進行旗下講話，分享有關歷史事件，深化學生對祖國的認知。此外，學校鼓勵學生通過探究式學習，積累知識，因此經常安排一些社際比賽如基本法問答比賽、憲法問答比賽、中華文化問答比賽等，激發學生自主學習，讓學生主動上網找資料研究，理解自身的職責，建構國民身份認同，從而增強對自身作為中華兒女的責任感和使命感。



交流合作：搭建文化橋樑

A-School和內地的姊妹學校一直保持良好密切關係，積極舉辦不同的交流活動，致力讓同學與祖國文化及發展緊密扣連。張博士指出今年舉辦了形形式式的中華文化活動，學校寓教於樂，把知識與體驗性活動結合，以富有互動性和趣味性的形式讓學生親身體驗中華文化。比如與姐妹學校的交流中有關臉譜、紙扇、水墨畫等體驗，透過親身參與，加深對國家文化背景的認知。另外，張博士表示學校組織的雲南之旅讓學生親身體驗梯田文化，感受其歷史氣息和文化演變。同學也在不同交流團裏體會到不同地區當地的習俗，而習俗與當地歷史息息相關，正所謂「讀萬卷書不如行萬里路」，實地考察正正以一種生動有趣的方式，給予學生更多課本以外的知識，參與天津交流團的同學表示天津的旅程為他們留下美好的回憶，興致勃勃地提起交流團中各式各樣的體驗與學到的嶄新知識。這樣的教學方式，讓學生體會到文化欣欣向榮的生命力。

品德教育：從思辨到力行

「種樹者必培其根，種德者必養其心」，A-School不僅注重學術教育，更重視品德教育。張博士認為學校透過每星期「Deep thought time」和早會等活動，培養學生待人處事的態度。在處事上，他認為同學應保持謙遜好學的心，抱持着好奇心去接觸各種新事物，努力增值自身，與時並進。除此之外，張博士也經常強調責任心的重要性，並鼓勵學生堅持到底，精益求精，力求完美。

在待人方面，學校一直強調「同理心」，「將心比己」更是各位老師一直提到的至理名言，學校希望我們能夠常常抱着無私的心，有禮、善良地對待身邊的每一個人。尊重他人就是尊重自己的第一步，每個人都有不同特質，遇到與自己有不同之處的人，我們應該抱持欣賞的目光，尊重別人；當他人犯錯的時候，我們也不要第一時間責怪、嘲笑他，而是要嘗試理解他的難處，換地而處地去體諒他人。

張博士認為：「素養高於教養。」良好的品德，是日後成功的路上不可或缺的關鍵因素。它不僅能夠促使我們嚴以律己，提高學養，還能助我們建立健康正面的人際關係。希望同學們緊記張博士的這一箴言，提升個人修養，成為更好的自己，才能撐起日後的非凡成就。

文化體驗：傳承與創新

學校不僅在知識層面給予學生支持，還安排了豐富的體驗性活動，讓學生有親自「下場動手」的機會。中國歷史科主任梁立興老師指出學校不時邀請專業師傅來學校舉辦講座及工作坊，指導學生學習中國各種傳統文化技藝，如紮六角燈、剪紙、粵劇等。梁老師笑言：「這些體驗能使學生更深刻理解非遺文化的特殊魅力和重要性，令歷史不再只是古板的文字敘述，也能讓學生明白傳承非遺衣缽的艱難，學會珍惜這些世代相傳的傳統文化。」

然而，很多人認為中國歷史只靠死記硬背，沒有什麼趣味。梁老師並不同意這種說法，他認為我們可以結合電腦技術還原當時環境與日常生活必需品，這樣，歷史便不再是紙上的文字，而是一個立體的影像，同學對歷史便有更完整的概念；在活動方面，可以舉辦班際歷史話劇大賽，讓同學們飾演各種歷史人物。籌備飾演時，同學們可以代入歷史人物的處境，思考當時朝代的局面，從而更全面地了解歷史，這種學習方式無疑能幫助到更多不擅長「死記硬背」的同學。

梁老師知道很多人未必會選中史科作為選修科，不過他仍希望可以通過初中三年的課程，以及這些豐富多元的活動提升同學們對中史的興趣。

文化是歷史沉澱下來的瑰寶，正所謂「腹有詩書氣自華」，閱讀有關歷史的課外書不僅能提升自身氣質，還能以史為鑒，從中學習，「擇其善者而從之，其不善者而改之」，讓我們在歷史事件裏鍛練出對未來非常重要的大局觀。

歷史與現代：昨日之鑒　明日之路

在時代的洪流中，中國數千年的悠久歷史文化對於歷史學家來說無疑是一筆極其寶貴的財富，但在各位同學心中又是否會有一絲疑惑：學習這些源遠流長的古老知識意義何在？在與梁老師的訪談中，他提到了解歷史的重要性。所謂歷史，是前人之鑒，確保我們不犯前人的錯誤，並汲取其長處；所謂的傳統文化其實只不過是當時得以流傳下來的新文化，而要平衡它與現代的需求，首先要做到了解過去。如果我們對過去一無所知，怎會知道文化為什麼會演變成今天的模樣呢？A-School鼓勵學生學習欣賞歷史，在時代和文化的轉變與衝擊下，要學會尊重傳統，但也不應故步自封，同時也應以開放和批判思維從中學習，吸收經驗，透過歷史展望未來。







郭一葦康體游泳大樓設計圖

校園連線
構築成長新天地

社會不斷變遷，生活也不斷變化。對於我們這一代人來說，未來必定與現在大相逕庭。近年來，社會在編程、人工智慧、太空探索、生物醫學等各方面的發展都有目共睹，我們學校當然也希望能提供更多樣化和先進的設施和設備，為同學的未來發展作充足的準備。這次我們有幸採訪了鄧紹南副校長，聽他講述學校在設施上的規劃和發展，如何為同學提供更多發展的機會。



訪談鄧紹南副校長

採訪：10D 劉子湉

積極面對困難　靈活運用場地

隨著我校人數增多，學校需要更多空間來為同學提供良好的學習環境。鄧副校長提到很多體育校隊因為場地不足、沒有適合的場地等限制，在練習時需要在校外借用場地。然而校外的場地，如泳池、劍擊場地等，不僅較難預約，且需要耗費很多額外的往返時間。因此，學校在得到各位家長和社會賢達的慷慨支持下興建了郭一葦康體游泳大樓，內裡包含了標準的25米泳池，為泳隊成員提供標準的訓練場地，省去以前為了前往公共泳池所耗費的時間。同時，學校亦將會把教員室遷移至新建的游泳大樓底層，騰出的空間將會改建成專業的劍擊館，使劍擊隊成員可以使用更專業的器材和場地進行訓練。

雖然學校希望為所有同學提供多樣、多元的活動來充實他們的校園生活，但畢竟校園空間有限，不能為每一種活動都單獨設置專屬場地，因此便在設施的設計上下功夫。學校的約書亞堂、王槐裕活動中心、梁歐陽美蓮表演藝術中心等等都是多功能室，可以充當講座、乒乓球訓練、播放電影，音樂，戲劇表演綵排的場地，為同學提供更多不同的活動。此外，學校也為了應對學生人數日益增多的問題，因此在場地的設計上別具巧思，如多功能室安裝可收縮收納的階梯式座椅，這樣場地便可容納更多學生。

除此之外，鄧副校長亦提到只要對場地稍作改良，便可令其有更多的用途，容納更多的活動。例如五樓的HomeRun Sports Training Centre ，以前只能作為制服團隊訓練步操的場地，及後稍作修改，加上一塊人工草皮，便可作為壘球隊和足球隊的訓練場地。另




王槐裕活動中心


SS HomeRun Sports Training Centre


約書亞堂



梁歐陽美蓮表演藝術中心


宇宙探索館

外，鄧副校長也提及學校已考慮購買幾套射箭和高爾夫球的設備，讓同學在體育課時可以體驗射箭和高爾夫球等平常較少接觸的運動，令課堂活動更豐富。

開啟全人發展的康莊大道

提到「全人發展」，有人會覺得是讓同學在各方面都出類拔萃，有人會認為是讓同學在不同領域學習到不同的知識。當鄧副校長談及「全人發展」時，他認為「全人發展」並不是希望同學要像達芬奇那樣十八般武藝樣樣精通，又或是像亞里士多德般，既精通哲學和語言學，又精通數學和經濟學。鄧副校長認為，學校所提供的全人發展，是為所有同學提供一個能發展、發揮才能的舞臺。無論是科學、表演或是運動等方面，學校希望能為同學提供機會和設施，讓同學可培養各種能力，發掘潛能，並鼓勵同學發揮天賦。例如，學校提供一些先進的設備，讓同學可以直接在飛行模擬器裡體驗操控飛機，令同學可以在充足的物質條件下，發揮自己的天賦或培養自己的能力。不僅如此，若同學參加比賽，學校也會讓他們使用學校的設施以作準備。比如說，如果同學參加一些科學類的比賽，學校會讓他們在安全的條件下，使用實驗室以作研究，讓同學發揮自己的想像力，讓自己所學的科學知識得以實踐。在提供各樣的機會和擁有良好設施的雙重條件下，同學便能做到鄧副校長所提及的「全人發展」。

別出心裁的教學體驗

希望同學可找到自己所擅長或喜歡的範疇，學校不僅要提供多樣的活動和舞臺，還要能夠引起他們對這些方面的興趣和注意，才能讓他們有動力不斷的探索和追求，最終找到自己真正喜歡的領域和活動。此外，同

學亦能夠從這些體驗中，培養一些重要的意識，如環保意識等等。因此，學校除了傳統的課本教學外，更為同學安排了一些沉浸式的教學體驗。

例如為了引起同學對自然界的興趣，學校興建了智能生態中藥蝴蝶園，在園內可以看到蝴蝶由產卵、結蛹，到羽化的過程。同學可在一年四季中，親身看到蝴蝶的成長週期，體會自然的美妙，相較於只在書本上看到蝴蝶的一生更加生動有趣。事實上，學校為了建設蝴蝶園費了不少心思，既希望能將蝴蝶的一生以最自然的形態呈現在同學面前，過程中又不會傷害任何蝴蝶或自然生物。又如為了培養同學的自然保護意識，讓同學更理解危害自然的嚴重性，學校成立了瀕危物種博物館。博物館中有各種瀕臨絕種的動物樣本，例如象牙、豹皮，以及白化的珊瑚等。同學親眼看到真實的樣本，可讓他們更清楚地意識到殘害自然的行為是如何殘忍。這些各種的設施，較傳統的老師講解或只看書本來得更有趣和實在，能在引起同學興趣的同時，也能讓他們更瞭解所需要學習的知識。



瀕危物種博物館


智能生態中藥蝴蝶園

翱翔於時代前瞻　跟上社會腳步

在這個瞬息萬變的時代，社會的發展如同一匹駿馬，矯健有力地衝向未來。學校也務求與時俱進，讓同學可以在未來更好的跟上社會的腳步，具備這個時代所需的能力。近年人工智慧的發展日新月異，各方面的研究、人臉識別、自動駕駛等範疇都得到了長足的進步。同時，隨著互聯網的發達，我們的未來也必定會更依賴互聯網和編程等技術，迎來嶄新的「電子時代」。正因如此，學校近年在小學開設了所羅門科創教育中心，引進了沉浸式3D技術，讓同學可以體驗在虛擬世界裡的感覺。不過，鄧副校長亦提到學校想要提供市場上最先進的技術，必須克服很多不同的困難，如VR頭盔往往需要量身定做，無法為全體同學統一製作。學校正在積極解決這些難題，希望能夠盡快讓同學體驗這些先進的科技。


同學在所羅門科創教育中心上課

與此同時，學校也在為同學的未來作準備。例如視覺藝術的歷史源遠流長，而在過往的十年裡，電子繪畫逐漸普及，更有取代傳統在紙張上繪畫的趨勢。雖然傳統繪畫不可忽視，但學校亦希望同學可以多接觸電子繪畫等更新型的繪畫方式。因此，鄧副校長提到學校將會把初中的視藝室改造成更新的Arts Lab，引進一些電子繪畫的設備以供同學學習。

太空探索亦是近年人們關注的重要議題。它不僅關係到各種科研問題的發展，還令我們瞭解其他星系和環境，對於人類未來發展至關重要。為了讓同學更瞭解這


所羅門科創教育中心



宇宙探索館內的展品引發同學對太空的興趣



小學部 Arts Lab

一方面的內容，學校今年已將物理實驗室的一部分改造成了一個宇宙探索館，希望同學可以更認識這方面的重要性，掌握關於太空各種各樣的知識，讓他們瞭解社會現在所關注的重點範疇。

揚帆遠航　走出校園發現新機會

雖然學校已經為同學提供了很多設施，但畢竟學校的資源和地方有限，為了讓同學進一步豐富自己，學習更多知識，學校與不同的大學達成合作。同時，學校也尋找其他地區和國家的姐妹學校，讓同學可與不同地方的學生互相交流學習。此外，為了畢業生的未來發展，學校為成績傑出的同學提供入讀大學的獎學金。例如在密蘇里大學堪薩斯分校就讀工程學、早稻田大學就讀美術的同學，學校為他們提供了獎學金，讓他們在中學畢業後，能有更好的發展。對於還在校內就讀的同學，學校也與香港城市大學有合作計劃，讓對研究有興趣的高中同學，於暑假時在城市大學的實驗室進行實驗。以上的各種安排，目的都是讓同學可到不同地方交流，可以校內未能購買或設置的設施來學習新的知識。凡此種種，皆可見學校為同學的未來發展，在各方面都盡心安排，希望同學可在日後開創出專屬自己的未來。



世紀教室
時移勢易下的發展攻略

踏進21世紀，迎來科技的黃金年代，技術的發展如雲彩般變幻莫測。我們應該如何善用手上的資源來裝備自己，以應付未來接踵而來的困難與變革呢？A-School深知未來充斥著難以預計的「未知」，因此不斷新作出改變，緊貼時代的步伐，期望讓學生在求學生涯中得到最理想的支援，發展無限的可能。為了更了解學校為學生未來發展所作的安排，我們很榮幸有機會訪問教務主任及數學科主任吳梓浩老師，談談教室環境的轉變與規劃。

採訪：10C楊紫穎

新時代　新氣象

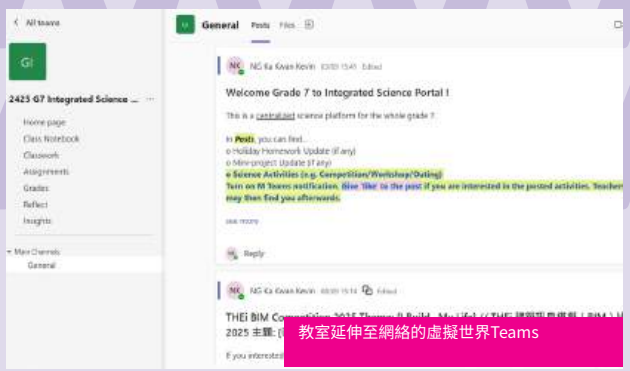
常說香港的學校採用的是「填鴨式教育」，所謂的「填鴨式教育」是指學生依靠老師單向地灌輸知識的學習模式。吳老師認為這是過時的教學方法，「雙向」的互動式教學才是學習的不二法門。

21世紀推崇「開放式思想」，鼓勵創意思維，包容新的觀點，接納不同意見。因此，人與人之間的溝通交流更值得我們的重視。吳老師認為老師能運用傳統教室有限的空間進行小組活動，激發學生的奇思妙想，分享自己的獨特見解。這不但能增進同窗之間的情誼，更能達到互相啟發的效果，是個一石二鳥的辦法。除此之外，教室後方近年新增的玻璃幕牆亦成為了老師授課的工具，方便他們轉移到教室後方講課，與安坐在教室不同位置的同學溝通。

突破以往對「教室」形象的固有框框，吳老師認為「教室」已不是局限於一間房間，而是擴展為整個校園。他表示，作為數學老師，他曾經帶領學生到校園的角落進行課堂活動，增加互動性，使課堂不再單調沉悶。教室甚至延伸至網絡的虛擬世界，Teams和Google Classroom等平臺讓學習「衝出校園」。學生得到向老師提出諮詢的途徑之餘，在家中還能得到網上教材的支持，實屬一舉兩得。

「當今的世代，知識已充斥在不同地方，包括互聯網、圖書館等等。」吳老師這番話提醒了大家，尋找知識的管道多不勝數。身處於資訊發達的年代，只要有篤學不倦的精神，必定能透過發掘各種辦法獲得學問。告別「填鴨式教育」。

在學生搜尋知識、為未來打拼的過程中，老師究竟擔當著什麼角色？他說：「老師已不再是知識的唯一傳授者，他們應該教導學生如何進步及裝備自己。」他認為老師應著重傳授學生一些技巧，幫助及協助他們跨越



教室延伸至網絡的虛擬世界Teams



Google Classroom讓學習「衝出校園」



難關、未雨綢繆，為學生在未來社會立足作好準備。

與眾不同的教室

學校對教室環境所投放的心思，相信大家都有目共睹。即使是表面上一些細微的調整，背後亦經過深思熟慮。吳老師強調在眾多考慮中，「舒適度」與「靈活性」必定佔據首要席位。

吳老師深信環境的舒適度和學生的投入度有著必然的關係。他說：「學生在舒適的地方學習，相信投入感會大大提高」，學校會在必要時進行維修，確保設施的運作正常。又如我們現時能在教室享用迅速的無線網絡，從來不是理所當然的，而是學校會定期更新系統，避免師生因網絡不穩定而帶來煩惱。此外，學校近年特意在每個教室增設大型的觸碰式螢幕、無線鍵盤及白板筆等設備。這些嶄新的設備都不需經過繁複的租借手續，亦不需要配合複雜的應用程式，使用的靈活性可增至最大。它們的出現亦有助課堂順暢地進行，使學生的學習體驗更上一層樓。

說到讓學校實踐「與時並進」的幕後功臣，就一定要提到學校的IT部門。他們會發掘合適的學習平臺或軟件，供老師與學生作出新嘗試。吳老師說：「人的能力是有限的。每人所認識的軟件都有別，互相分享後才會意識到這個世界原來有這麼多應用程式的存在。」因此，他歡迎同學提出一些富趣味性的平臺或軟件給學校參考，達到集思廣益的效果。

關關難過　關關過

成功打造理想教室的同時，學校自然會遇到重重困難。例如在選購器材方面，學校有不少需斟酌的條件。因為學校注重教室的「一致性」，希望同一個設備能適用於各個教室，讓視覺上更統一。除了考慮美觀因素，實際操作的簡易程度亦是考慮要點之一。設備的本意是協助教學，若機器難以掌握，老師浪費寶貴的課堂時間



Music Commons





Robotics & Mac Lab

操作機器，豈不是適得其反？再者，吳老師亦提及：「就算買了最新的型號，過了兩三個年，隨著軟件持續的更新，出現不同步的情況也是在所難免的。」因此，要找到合適的品牌和型號是一大難題。現在，學校最新採用的設備，都是經過層層篩選而得出來的最理想選擇。

相信在未來的旅程中，學校會依舊繼續克服這些障礙，把最好的學習設施留給學生。



同學在蝴蝶園外的天空花園學習

全方位的多元發展

在中學的生涯裡，我們難免會因為前路不清而感到猶豫不決，甚至彷徨無助。故此，培養學生在各方面的熱誠，助他們尋找合適的道路，也是重要的一環。從音樂到資訊素養，或是體育再到科學，無論是哪一個範疇，學校都致力協助學生在該方面的發展。

以音樂為例，設立於2樓的Music-Commons具備林林總總的樂器。學生可以利用這個音樂室展現音樂靈感，與同學三五成群地組織起來作曲、練習。Music Commons 有著別出心裁的設計，只要拉開摺疊式的門，它就能搖身一變成為一個半開放式場所，要進行音樂表演絕無難度。

STEAM是新興的科目，而且越來越普及。學校分別設有STEAM實驗室和多用途電腦教室，幫助學生資訊素養方面的發展。多用途電腦教室為學生，尤其是參加了Robotics & Smart Technology Club 的同學，提供了一個展現STEAM才華的空間，讓他們把腦海中的所思所想呈現於現實世界。另外，學校最近在電腦室置設了飛行模擬器，更讓人耳目一新。

憧憬未來

吳老師笑說：「學校一直覺得只要師生喜歡校園環境，就會熱愛上學。」學校在改良設施上所投放的資源，表達了對學生的關愛。設施不斷的更新，亦代表著學生多了接觸創新技術和領域的機會。

來日方長，願大家在未來的日子，好好藉助學校提供的資源充實自己，好好把握眼前的機遇擴闊眼界，靠雙手闖出屬於自己的一片天。

成長藍圖

採訪：9C張芊穎　9C 林菀庭　9C 沈子晴

心若有所嚮往 何懼道阻且長

劉蕙嘉(Joyce)是A-School的首屆畢業生，英屬哥倫比亞大學心理學學士，現職入境事務主任。她感謝學校塑造了今天的她，讓她能夠從容面對人生的各種挑戰。









嶄新校舍

Joyce回想起在A-School的點點滴滴，無不是愉快的回憶。清爽明媚的陽光穿透中庭的玻璃天幕，加上同學的歡聲笑語，讓校園洋溢著朝氣與生機。作為首屆畢業生，Joyce踏入A-School時對新校園滿懷憧憬，全新的校舍和先進的設備讓她眼前一亮。Joyce提到，當時的她其實並不瞭解這所學校，只模糊知道這裡有良好的教育理念和優質的設備，但在短短的時間內，她便深深感受到學校自由開放的教學方式，與師長同學建立起緊密的關係，漸漸融入校園生活。初中時期，中學部校舍尚未竣工，Joyce與同學在小學部上課，在小學部嬉鬧玩樂的歡樂時光，為她中學生涯揭開美好的序章。

茁壯成長

Joyce笑說：「A-School的校園生活多姿多彩，令人難忘。學校不時請來校外的導師到校園舉辦講座和授課，更會提供很多校外，甚至海外的交流活動」。Joyce表示她當時獲得很多對外交流的經驗。她參加過AC少年學習團的訓練，作為Excel 33 的成員，她曾到北京交流，也曾兩次參加黃埔軍校的訓練。回想起那裡的訓練嚴格，環境簡陋，但她仍非常感謝學校給予她這些機會，磨煉了她的意志力和應變能力，更增強了領袖才能。正是這些充滿挑戰的訓練經歷，讓她能夠從容面對各種突發情況和艱苦環境，處事落落大方、沉穩自如，更為她日後在入境處工作時的專業培訓提供極大幫助。

看到現時學校提供更多元化的遊學團後，Joyce認為我們很幸運，學校為我們提供了很多特別的機會，希望我們能好好珍惜，從中學習。

明師引導

Joyce特別喜歡A-School自由和輕鬆的教學氛圍，「老師不再是單向灌輸知識的權威角色，而是與學生平等互動、共同探討」。這種「亦師亦友」的關係讓學生感到被關愛和重視，學習熱情也因此高漲。

不過，Joyce的學習之路並非一帆風順。她在備考文憑試時也曾歷經焦慮和壓力，幸虧得到老師和同學的鼎力支持，才得以順利渡過難關。Joyce回想當時物理科老師主動利用課餘時間替她補課輔導，最終助她考獲理想成績。那麼，當年哪位老師給予Joyce最大的幫助？Joyce笑說：「無法選擇！」。她認為幫助她茁壯成長的，不僅僅是某位特定的老師，而是A-School所創造出的教學氛圍和緊密的師生關係，她說：「每位老師都用心引導，成就了現在的我」。

夢想引航

Joyce表示學校為了讓學生更好地發掘自己的興趣愛好，特意提供了急救課程和 IELTS 英文應試班等選修課程。Joyce認為這些課程體現了學校對學生未來需求的深入了解和周密規劃，助他們在未來的人生道路上取得更大成就。

學姐笑說：「感謝學校提供了各種機會讓我嘗試不同的新事物，不僅令我有知識上的增益，也教會我如何從容處事」。事實上，學校的培養讓她敢於發掘自己的興趣愛好，勇於踏出舒適圈，嘗試更多可能性。這令她的自信心提高，更有信心去面對未來的困難。她說這些經歷令她明白了嘗試的重要性，即使將來未必在那些道路上發展，但仍可以給自己一個機會，一試無妨。

她鼓勵師弟妹要做一個勇敢和堅定的人，對於自己相信的事要堅定去追求，遇到困難就堅定地撐過去，就會得到好的結果。她自信地笑說：「心若有所嚮往，何懼道阻且長。」

Beyond Academics: How A-School Nurtures Versatile Skill Development

Ho Pui See, Sheree

HKBUAS, Class of 2013
Bachelor of Business Administration(Honours) in Marketing, Hong Kong Polytechnic University, Class of 2017
Executive Director of Projects Promotion Ltd.

By 11A LEUNG Tsz Ching, 11C CHAN Hei Wun Sharon, 11D FUNG Ho Ching

"When students bring forward new ideas or proposals, A-School has always been incredibly supportive by providing us with various resources to help turn our plans into reality, empowering us to truly explore and develop our talents. The school has given me tons of opportunities to develop my creativity and leadership skills."

Thanks to the all-round development and unwavering support provided by A-School, Ho Pui See, Sheree successfully gained admission to the prestigious Bachelor of Business Administration (BBA) programme at The Hong Kong Polytechnic University (PolyU). This achievement is a testament to Sheree's hard work, dedication, and the transformative impact of her educational experience at A-School. Sheree is the Executive Director of Projects Promotion Ltd. She successfully established a new team from the ground up and is dedicated to advancing the e-commerce sector in Hong Kong.



Life in A-School

Sheree's experience at A-School was deeply transformative, thanks to the school's steadfast dedication to facilitating students' holistic development. "I was not particularly good at studying when I was in primary school, but I improved a lot during my junior secondary grades and eventually became a top student, so I'd say I put in quite a lot of effort in studying in A-School,' Sheree shared with us.

Sheree's growth extended far beyond the academic realm. A-School provided her with abundant opportunities to explore her diverse talents and interests. "Apart from studying, I joined some school teams such as the drama club, so I had a lot of opportunities to perform on stage. I was a member of the school badminton team as well since I was a competitive badminton player. Actually, I used to be a dancer and was a school journalist too." These enriching extracurricular experiences allowed Sheree to develop a well-rounded skillset, fostering her personal growth in profound ways.

These experiences also enabled Sheree's leadership abilities to flourish. When the school introduced the new concept of "Chambers", Sheree was elected as the vice chairperson of Chamber Aristotle in Grade 11. "Having Chambers was a new idea to A-School, so the rules were not clear and systematic. As the Chamber leaders, my friends and I had to lead and unite the Chamber. It was not easy, as many students didn't understand the concept of a Chamber, so we made banners and slogans to promote ourselves." Through this challenge, Sheree gained invaluable leadership and communication skills that have been instrumental to her personal development.









Strategies for Academic Success

Despite her extensive extracurricular involvement, Sheree still managed to rank among the top 5 of her grade. She attributed this to maintaining a structured schedule and practicing self-discipline. During her senior years in A-School, Sheree would listen to educational podcasts while commuting to improve her English and Putonghua proficiency. Additionally, she would often spend her lunch breaks playing volleyball with friends or taking time to rest. “Maintaining a healthy work-life balance is also crucial,” Sheree emphasized.

Diversification of Experiences at A-School

Sheree also mentioned that through BAFS (Business, Accounting and Financial Studies), A-School gave students the opportunity to organise a booth in the Chinese New Year Flower Market. They were involved in various decision-making processes such as designing the duty roster, decorating the booth, and deciding what products to sell. This allowed them to have hands-on experience in managing a small business and gave them a taste of stepping into society, helping them gain useful skills and practice self-reflection. Furthermore, Sheree noted that the BAFS students, through A-School’s facilitation, were granted the exceptional chance to visit JP Morgan. “The speciality of A-School is that we can try whatever we want,” Sheree remarked, underscoring the school’s commitment to providing diverse learning experiences.

University Life

Sheree studied BBA in PolyU. “University is not only about studying, instead it’s more about meeting new people and trying different things. No matter your field of study, you can always maximise the value of your university experience by engaging in extracurricular pursuits.” During her time at PolyU, Sheree participated in various activities such as being a member of international student associations, joining overseas exchange programmes, volunteering and participating in internships. She also went on a half-year exchange program to the United States and the Czech Republic. “It was a memorable experience. Surprisingly, I got the school’s highest GPA in the University of Neveda, Reno, USA.”

Sheree’s experience at A-School taught her to actively engage in diverse campus activities. While at university, she was able to step out of her comfort zone, develop essential skills, and

build a strong network. These experiences not only enriched her university life but also gave her a competitive edge in the job market.

Stepping into Society

Sheree's first-ever job was a Corporate Affairs Assistant at Microsoft (MS), a role she initially was not confident of securing. "It's important to be courageous and willing to stand out from the crowd. You should also keep in mind that opportunities are not given by others; we should chase after them and hold onto them." Within one year, she was promoted to Public Sector Marketing Manager. "I was an MC in front of government officials; it was a profound experience." Moreover, Sheree also had the chance to learn some digital technology while working in MS.

Microsoft, a world-leading tech company, provided Sheree with valuable opportunities to explore new horizons. However, always pursuing self-improvement, she sought to further challenge herself. Shortly thereafter, she joined Dentsu, one of the largest global marketing agency networks in the world, primarily in a business development capacity. By working at Dentsu, Sheree gained exposure to the digital technology domain and developed a deeper understanding of e-commerce, paving her future way.

Starting a New Business

Sheree's experience at A-School equipped her with a strong foundation to take on new challenges. Soon after, she quit Dentsu and established a new department within her father's company, Projects Promotion Ltd., primarily focusing on e-commerce and digital marketing to transform the business. However, launching a small business was no easy feat. Sheree built a team, recruited staff, found potential customers, and successfully met sales targets, demonstrating significant progress to her father and the company directors. "Some experiences, such as handling legal issues, collecting debts, and dealing with bad debts, can only be gained by starting your own



company," Sheree reflected, highlighting the valuable lessons she learned through this entrepreneurial endeavour.

Stress Management

Starting her own business career proved to be a grueling and stressful journey for Sheree. The immense pressure took a toll on her mental and physical well-being, leading to hospitalisation and surgery. Sheree recognised that her perfectionist tendencies had driven her to place excessive demands on herself. "Life does not solely revolve around work; it is completely infeasible to accomplish anything without a healthy body," she stated. Drawing on her A-School experience, Sheree decided to slow down her pace and prioritise achieving a better work-life balance.

Advice for Starting a Company on Your Own

Sheree emphasized the importance of lifelong learning as she firmly believes that no one is born with complete knowledge and expertise. She stressed the significance of learning from mistakes and expanding one's skills through hands-on experimentation. Sheree noted that a proactive approach is essential for success. "Opportunities are something you always have to work for on your own. If you don't step up and seize the opportunity, chances will never be in your favor," she added, reflecting the entrepreneurial mindset she had cultivated during her time at A-School.

Future Plans

Sheree intends to focus on her own business in the future, but she has also expressed a strong passion and curiosity for the beauty product industry, revealing a potential expansion of her business into the sector. Her diverse experiences, both at A-School and in the business world, have undoubtedly shaped her vision and aspirations for the future.





了解多元文化 成就藝術人生

採訪：11D肖准

繆心怡是A-School 2019年畢業生，2023年於美國薩凡納藝術與設計學院(SCAD)畢業。她的動畫創作在國際上獲得多項獎項，三分鐘動畫「走開啦太陽！」更從2500多部作品當中脫穎而出，成為「學生奧斯卡」決賽入圍作品。



文化交流，對於個人、社會，甚至整個世界都有著無與倫比的重要性。只有了解不同族裔的文化，我們才能接受和欣賞差異。至於如何促進文化交流，達成共融理解的方式有很多，例如學校的教育，又或是透過其他媒介的傳播。

在各種的媒介當中，視覺藝術毫無疑問地是文化的重要載體。身處不同環境的創作者，創作出不同的作品。通過欣賞這些作品，人們便可以無形中了解到各地的潮流、文化、風俗等等。

這次我們訪問了曾在美國SCAD 就讀的舊生繆心怡，從中了解到藝術和文化的關聯，以及A-School 視覺藝術科通過了哪些方法來促進同學對於多元文化的認識和了解。





文化與藝術

談到繆心怡，A-School 同學應該都不陌生，學校曾在週三早會上放映她創作的奧斯卡決賽入圍作品——三分鐘動畫「走開啦太陽！」。該動畫以1980年代的一名小女孩阻止太陽融化香港為故事中心，當中融入了許多舊日香港的文化元素，如唐樓、士多、霓虹燈等。

繆心怡表示自己小時候不喜歡香港的夏天，所以萌生了「捉太陽」的故事靈感。另一方面，她對昔日香港的事物有著深刻的感受，因此希望將這些正在消失的本土文化元素，帶給更多的外國人認識。

文化和藝術之間有著相輔相成的關聯。文化元素能夠增進藝術作品的內涵，藝術作品同時又可以提升文化交流的效率。看到這裡，很多人腦中可能有一個疑問：文化可以通過其他媒體傳播，為何要把藝術作品刻劃得如此重要呢？

繆心怡認為人們喜歡欣賞藝術作品，如畫作、電影等，這是愛美的天性使然。此外，她亦提到：「你情願看一本介紹各地文

榮獲獎項

- 2024 年動畫丁格爾「最佳導演獎」
- 2023 年學生奧斯卡決賽入圍者
- 2024 年學生艾美獎決賽入圍者
- 亞特蘭大電影節「最佳動畫短片」
- Animation First「最佳美國電影」

化的書，還是一部融入了文化元素的電影？」大多數的人顯然更傾向選擇能輕鬆地汲取文化內容的電影，因為相較之下，消化書中密密麻麻文字要費力得多。

植根校園　勇闖國際舞台

繆心怡的動畫能在2500多部作品當中脫穎而出，進入奧斯卡決賽，除了依靠自身和團隊的熱忱與努力，自然也少不了A-School 十多年來的栽培及助力。繆心怡表示在A-School小學部讀書時，她的創作總是圍繞香港的本土文化。除了是因為受到香港本土電影和身邊環境的文化薰陶，學校提供了各種各樣使她對本土文化和多元文化增進認識的渠道更是重要的一環。這些渠道包括A-School獨有的「藝術家駐校計畫」、文化交流團以及學校特色之一的學年終PBL。

學校的「藝術家駐校計畫」使繆心怡印象尤其深刻。學校邀請一些香港的藝術家，讓他們輪流入駐校園，在視覺藝術課為同學們授課。無論是上課時間和課餘時間，同學都可與藝術家交流，和他們共同學習。繆心怡指這種學習模式對她助益不少。她表示：「我覺得和本地的藝術家聊天及上課，讓我可以從他們的作品中認識更多的香港文化和社會話題。」親身和藝術家交流是個十分寶貴的機會，畢竟無論在網上找到多少有關那些藝術家的作品和資料，都遠不如親眼所見、親耳所聞獲取的一手資料來得真實和有意義。

另外，繆心怡指學校每年舉辦的交流團和遊學團能夠提升自己對各地文化的了解。她在A-School讀書時，曾參加丹麥和韓國的遊學團，從中增進自己對多元文化的了解。「遊學團中，我們需要和外國學生一起生活，一起上好幾天的課，從中慢慢了解到了他們的文化和生活習俗。」她解釋道。回到學校時，每個同學都要參與PBL，討論不同的議題，提出及規劃解決一些議題的方案。當一些議題牽涉到各地文化時，繆師姐又可加深對多元文化的認識。

鼓勵原創　心存感恩

最後，問到繆師姐會給在A-School選讀視覺藝術的同學什麼建議時，她認為藝術創作最重要的是原創性。

為了讓一個藝術作品更具獨特性，她指出作品的內容靈感應該從藝術家自己獨有的經歷中找尋。以自己作為身在美國的香港人為例，當時她選擇了從香港的舊日文化中選材，創造出別具一格的作品。「當很多人在做同一樣的事情，除非你真的做得非常優秀，否則你是很難突圍而出的。」她以此形容原創性對於藝術家的重要。

談到在A-School修讀視覺藝術時遇到的困難，她表示自己曾經不清楚該如何著手完成一個主題的作品。每次當自己無所適從時，學校的老師總會為她提供很多寶貴的意見。她提及有一次，根據鄧紹南副校長的建議，她利用紅白藍膠帶完成了一棟唐樓的作品。她十分感激學校老師在給予意見之餘，又鼓勵他們自由發揮，從不局限她創作的風格。

「你可能覺得這是一個老師應該做的事，但是我從不會當作是理所當然，我很感謝他們的支持。」她說。

A-School為繆師姐的藝術成長之路提供了指引，各種文化的內涵為繆師姐的藝術創作提供了養份，我們相信在未來，繆師姐的藝術成就定能更上層樓。







A-School - A Springboard for Future-Ready Skills

Yuen Lok Man, Lucy
HKBUAS, Class of 2019,
Graduation with honours;
Imperial College London,
Master of Biology,
ETH Zürich, Present



By 11A LEUNG Tsz Ching, 11C CHAN Hei Wun Sharon, 11D FUNG Ho Ching



> "A-School gave me a lot of opportunities to develop my skills, enabling me to equip myself for the changing world."
>
> Yuen Lok Man, Class of 2019.

Lucy's Path to Academic Success

Lucy Yuen Lok Man's academic performance is a testament to her diligence and intelligence – a result of her wholehearted commitment, as she aptly puts it, 'When you apply yourself fully, your results may exceed all expectations.' The extensive support offered by A-School played a crucial role in Lucy's success, aiding her in gaining admission to her dream universities and setting her on a path towards a bright future.

In 2019, Lucy graduated from A-School with honors, an achievement that paved the way for her to major in biological science at the prestigious Imperial College London. During her time at Imperial, she also completed internships at the University of Copenhagen during her summer breaks.

Now, Lucy is pursuing a Master's degree in Biology (Major in Ecology and Evolution) at the renowned ETH Zürich, further expanding her knowledge and expertise in her field of study.

A Profound Experience in A-School

Lucy shared an insightful experience from her senior years at A-School that underscored the institution's commitment to nurturing its students. "I was in an exchange programme to Switzerland during the first term of Grade 11, so I missed the first quarter of the A-level studies. I remember my teachers helped me to catch up with the schedule by tutoring me for an entire week after school, going through the notes page by page. It was a lot of effort at that time, but it somewhat prepared me for the fast learning pace in university." It was a tough process, but Lucy managed to finish the course, showing that with



the right support, as well as passion and determination, any challenge faced can be surmountable.

Life as a Young Head

When she was just in 8th Grade, Lucy's potential was recognized by the school. She was entrusted with co-leading the Eco Pioneers Club - a precious and extraordinary opportunity that allowed Lucy to stand out and hone her public speaking skills. "I might still be an introvert even now, but I have the skills to talk in public. As the Head of Eco Pioneers back then, A-School gave me a lot of opportunities to speak up, like presenting during the assembly, or hosting a meeting. I was professionally trained as an Eco Pioneer during the two to three years of my studies, giving me the skills to stand on stage and present confidently." Through these frequent opportunities, Lucy gained self-assurance, helping her ace future interviews. Not only did the role as the Head of the Eco Pioneers allow Lucy to hone her public speaking abilities, but it also provided her with invaluable leadership experience that would serve her well in the years to come. Over the course of her tenure, Lucy relished the opportunity to guide her team, make critical decisions, and overcome obstacles alongside her peers. This formative experience not only strengthened Lucy's aptitude for leadership, but also fostered a deep sense of camaraderie and collaboration with her fellow Eco Pioneers. Working in close partnership with her friends, Lucy learned the art of effective teamwork, compromise, and problem-solving.

Life in Switzerland

Currently, Lucy is a member of the Velicer research group. At a recent conference, she encountered a unique challenge in integrating herself into the established group. “I had to sit at a table where everyone has been working together for years, so it was rather difficult to find common topics and fit in,” she recalled.

However, thanks to the exceptional preparation she received at A-School, Lucy was able to draw upon her well-honed networking skills to navigate this situation with poise. “These types of situations are unavoidable, but A-School has prepared me well by providing abundant opportunities to develop strong networking skills.”

Lucy has also experienced some cultural differences in Switzerland. An example she shares with us is the difference in how people celebrate in Hong Kong and Switzerland. “In Hong Kong, when it’s your birthday party or some events need to be celebrated, your friends will buy a beautiful cake for you as a blessing. In Switzerland, it’s quite the opposite. You are expected to bring a cake or some desserts to your buddies to announce that it is your birthday.”

In this regard, Lucy’s experience as a team head at A-School has been immensely useful. With her excellent communication skills, she has been able to adapt to the local culture and effectively work with people from many different backgrounds.

Studying Abroad

As an aspiring biologist, Lucy has devoted an immense amount of her time and energy to studying and conducting experiments in the laboratory. She is deeply passionate about her academic work, driven by an insatiable curiosity to expand her knowledge of the biological sciences. “If you’re a workaholic like me, you need to force yourself to breathe,” Lucy admitted. “You need



to force yourself to have a side hobby which is totally not academic-related."

Recognizing the importance of maintaining a healthy work-life balance, Lucy has cultivated a creative outlet through her lifelong love of anime. She has found immense joy in continuing to draw anime characters as a hobby, allowing her to step away from the rigors of her scientific studies and engage a different part of her brain.

In fact, Lucy has taken her passion for anime a step further by founding the Zürich Universities Anime Association, a student organization that brings together like-minded individuals who share an interest in anime, aiming to promote East Asian anime culture to ETH Zürich and University of Zürich students. As the former chairperson of the club, Lucy channeled her leadership skills and organizational abilities to create a vibrant community where members could explore their creative interests and find respite from their academic obligations.

Tips for A-School Students

When asked to share her insights on maintaining motivation for academic studies, Lucy emphasized the importance of pursuing fields of interest. "Students should learn to choose subjects and areas that they are genuinely interested in and work diligently towards their goals," she advised. "Choosing something you like is much more important than choosing something you merely need to do."

Lucy also strongly advocated for secondary students to actively participate in a diverse range of extracurricular activities. "Instead of solely focusing on academics (and other CV-related talents), soft skills like communication and networking are more important in this changing world. Don't try too hard to achieve a perfect grade. Instead, diversify yourself in different fields and try more extracurricular activities. You will often gain qualities that you didn't expect from these activities."

Plans for the Future

Lucy's future is filled with multifarious possibilities, although with her passion and enthusiasm for biology and ecology, a future in the field is the most likely. "I would say I want to do a PhD. I'm not sure what my future job will be about, but I definitely would like to do something related to Ecology and Biology."





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