Hong Kong Baptist
University Affiliated School
Wong Kam Fai Secondary
and Primary School
Tel: 2637 2277
Fax: 2637 2077
www.hkbuas.edu.hk

PASSION 2024-2025

PASSION
2024-2025



Artwork by
6A Cheung Tsz Kiu

PREAMBLE

We are delighted to present to you the Anthology, an annual collection of Chinese and English essays by a group of little gems. A-School's education is not just about the subjects that are learnt and taught in school. It is a lifelong journey with various stopovers for students to enrich knowledge and skills. From the first day of admission, A-Schoolers are taught to develop a great passion for reading and writing to foster their creativity, logical thinking, communication skills and aesthetic sensitivity, making them grow up to be productive adults.

This Anthology is a platform for the students to express their creative pursuit which develops in them originality of thought and perception. Each essay reflects the wonderful creativity of thoughts and imagination of our little A-Schoolers. Their essays have impressed us and left an indelible mark on the writing landscape of A-School.

I would like to thank the hard work and dedication of the teachers who have supported and encouraged our budding writers all along. They have played an essential role in nurturing the talents and helping them reach this point. I wish the students to continue this journey on the road of excellence.

Dr. Benjamin Chan
Chief Principal

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NOT FOR SALE

It is with great pride and joy that I share this anthology, a collection of stories, poems, and artwork created by the talented students of our primary division. This book represents more than just creativity—it is a reflection of the imagination, curiosity, and enthusiasm that fill our classrooms every day.

The primary years are a special time in a child's life, a time when ideas are big, dreams are bold, and every moment is a chance to discover something new. Through these pages, you'll catch a glimpse of how our students see the world—sometimes thoughtful, often funny, and always full of wonder. Each contribution is a unique expression of their thoughts, feelings, and experiences, and together they create a beautiful tapestry of who we are as a school community.

To the students who contributed: thank you for sharing your voices and your creativity. Your hard work and imagination shine brightly in every word and illustration. You remind us all of the power of curiosity and the joy of learning.

To the teachers and families who supported them: thank you for encouraging these young creators to dream big and express themselves. Your guidance and love are the foundation on which these wonderful expressions are built.

This anthology is a celebration of the talent and potential in each of our students. I hope it inspires you, makes you smile, and reminds you of the magic that happens when we let children's imaginations take flight.

Mr. Kelvin Lee
Senior Vice Principal
(Head of Primary Division)

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ENGLISH
PASSION

5W WRITING

CHEUNG Pak Yeung (1E)

MY BIRTHDAY PARTY

Have you ever been to a birthday party?

In December, my dad and mum prepared a birthday party for me! That day, I was very happy because I could play with my best friends!

Many friends came to my birthday party, and I had so many birthday presents! I invited many friends to my birthday party. I invited Sherwin, Max, Enos, Hayson, Kingsley, Owen, and Kaka.

During the party, we played many games. We played Bingo, Sticky Beans, and Balloon Rings. These games were very fun! I liked the Ballon Rings the most because my best friends and I won!

After playing, we ate a lot of yummy food! We ate burgers, fries, ice-cream, and my birthday cake! My birthday cake was a big Japanese rail train cake! It was so big!

This is my first birthday party. I was very happy that day, and I got so many presents! I will never forget this very happy day. I like this birthday party so much!

IP Shu Yi Audrey (1A)

MY BIRTHDAY PARTY

On 6th December 2022, I had my birthday party at YMCA, Ma On Shan. I invited my kindergarten friends and my best friends. The theme of my party was Unicorns.

First, we made wooden keychain crafts. Second, we played in a bouncy castle, which was so colorful. Next, we played Red Light, Green Light, which was so popular because of Squid Game. At last, we played Rainbow Umbrella with my friends and family! Finally, we ate the Unicorn cake and cupcakes together. It was so yummy!

Would you like to come to my party? I really appreciated my family for preparing a birthday party for me! It was a marvelous party!

Next year, I wish to have a Labubu-themed birthday party, and I would like to invite my classmates too.

LAU Knox Anderson Sum Lok (1A)

MY BIRTHDAY PARTY

My birthday party was on 19th May, the same day as my birthday. I invited my friends such as Tung Tung, Alvis and Audrey to my birthday party in Disneyland. I played Dumbo ride and Space Mountain. I ate cake and chicken. In my birthday party, I felt excited, happy and overjoyed. Will you like to join Tung Tung, Alvis and Audrey?

I was excited and happy because it was my first birthday party in Disneyland. For my next birthday, I want to go to Ocean Park and watch fireworks. I also want to invite all my friends to my next birthday party! Please come! Please come and enjoy the party! I will be very excited. I will invite more people, so my birthday party will be more fun, but we might not have enough space.

DRAW-LABEL-CAPTION

CHENG Wan Ting (1B)

A PARK

I drew a park. The park has a swing, a slide, and a monkey bar. Behind the monkey bar is a slide again, so that means there are two slides altogether! There is one telescope tower. There is one very tall and big tree with lots and lots of leaves!
There are flowers and grass on the ground. There are also two people in the park. They are walking carefully, trying not to step on the flowers and grass. They are so good at protecting all the lovely plants!
The sun is shining upon us like it is smiling at us and says, "It is sunny now. Please come and play now. Anything you want to play with!"
So, my daddy and I play hide-and-seek until the cloud says, "It is going to rain, but maybe you can see a rainbow because it is sunny when it is raining. After the cloud finishes talking, we take an umbrella. Suddenly, it starts raining and we see a rainbow. Evening has arrived, and we go back home.

HO Tsz Yan (1D)

A PARK

Can you see a butterfly?
I see a castle.
Why is there grass in the park?
Why is there a castle in the park?
Can you unlock a slide?
Why is the sun important?
Do you see a pool in the park?
There is sand in the park,
Something tastes sweet.
I can hear birds tweeting.
I can see a rainbow.
Can you see monkey bars?
Can you see sloggers by the castle?
My friends and I are having fun.
Do you see a slide?
Look! The sun is looking at me.
Do you see a bench?
Do you see a ball pit?
There is a tree.
Do you see a tree?

WOO Tsz Yu (1E)

A PARK

We are playing on seesaws.
You see a slide in the park.
You see a tree in the park.
On the tree, there are some little birds.
In the nest, there are some worms in the bird's mouth.
The sun is in the sky.
Can you see a boy playing on a seesaw with a girl?
You see a mum pushing her daughter.
The mum has three children.
There is a window on the slide.
There is a door that is locked.
You see a clock.
I see a man looking at me.
She sees her friend looking at her.
There is a water bottle.
I go to the park with Mum and Dad. He sees a bird in the sky.
There are some clouds in the sky.
There are some ducks in the pond.
You see Mum and Dad sitting on the bench.
There is some grass on the ground.

LEUNG Tsz Ying Meghan (1C)

A PARK

I see a beautiful park.
I see a lovely green house.
It is a waterpark!
Can you see a bird?
Why are there two birds?
I am eating ice-cream and drinking melon juice.
I see a rainbow bouncy castle. My sister Sophia is having fun because she likes water! My mom gives Sophia and me a bag. What's inside?
The bag is full of sweets, fruits, and a cup of apple juice. Sophia is eating strawberry cake, and I am eating sushi and drinking a cup of orange juice.
We have fun in the waterpark!
Look! There is a recycling bin because people always throw trash on the ground! So, my mom brought a recycling bin. I love our waterpark because I love playing with water.

DESCRIPTIVE WRITING

LAI Pui Nga (1C)

MY FAVOURITE PLACE

Do you know where my favourite park in Hong Kong is? It is Ocean Park! It is a huge park full of different cute animals and fun rides. I often go there with my mum, dad, little brother and elder sister on holidays.

Now, I am going to tell you three places that I like in Ocean Park. First, I am going to talk about the Aquarium. It has scary sharks, colourful fishes, and pointy starfishes!

Next, I am going to talk about the entrance. There are a blazing hot sun, which is hotter than a hotpot, a splashy waterfall, cute cartoons, a rocky floor, and a big crowd of people.

Lastly, I am going to talk about the cable cars. It offers a beautiful view, which is as blue as the sky and as green as mountains, and breezy wind. Ocean Park is as cool as Disneyland! I wish to go there every day!

LAM Kwan Yin (1D)

MY FAVOURITE PLACE

Have you ever been to Disneyland in your holiday? Disneyland is a magical place full of magic. There are a lot of beautiful characters there and a lot of different rhythmic music.

When you arrive, you will smell and taste some flavoursome food like French fries, hamburgers, chicken nuggets, ice-cream and cotton candy. You can also smell fragrant flowers outside the restaurant.

In Toy Storyland, there are a lot of Toy Story characters like Woody, Jessie and Buzz Lightyear. There are a lot of thrilling rides like the roller coaster and the spinning teacups. The seats on the roller coaster are very soft, smooth and comfortable. There are also some beautiful lights in the shops. There is a gift shop. It has a lot of amazing Toy Story products like fluffy Toy Story toys, hairy puppets, rough magnets, and lots and lots of beautiful things.

In Tomorrowland, there are some thrilling movies and rides like the cool 3D Iron Man show, the fun Iron Man Express and a special roller. You can hear loud chattering.

You will be happy, joyful, amazed and surprised.

LAM Viola Wan Yin (1B)

MY FAVOURITE PLACE

Ocean Park is one of the biggest parks in Hong Kong. People like Ocean Park because they can see cute pandas and dolphins splashing in the water. There are amazing sea animals in a huge aquarium.

Dear teachers, do you want to know more about Ocean Park? Great! Let's go to learn more about it! There are many fun games in Ocean Park like Panda Adventure and Throw the Bomb. You can see cute pandas fighting, climbing trees and sleeping. There are cute penguins waddling, swimming, eating fish, and playing too.

Ocean Park also has hotels. In the hotel lobby, you can see comfortable chairs, hard tables and walls, and the lights on the ceilings shine brightly. In the hotel room, there are beautiful white beds and a colourful desk. The candies there are as tasty as sugar. There are twisted marshmallows, gummy burgers, gummy bears, and lollipops. You can also have fun with the Ferris wheels. See you next time!

LEUNG Ho Yi (1D)

MY FAVOURITE PLACE

Have you ever been to Disneyland in your holiday?

Disneyland is a magical place, full of magic, that brings us joy, and a beautiful and colourful theme park where we can have fun and take a nice break.

In Tomorrowland, you can hear lots of noisy chattering. It is beautiful because you can meet Iron Man and other characters there. It is a nice place to take a nice break.

You can see many beautiful princesses in Frozen Ever After. There is also an ice castle with fresh flowers.

You can smell a lot of fresh food in the food cart. You can taste a variety of appetizing food, tantalizing salad, flavoursome ice-cream, and scrumptious sausage. You can feel the soft and comfortable seats on the ride. You can also hear deafening music and fireworks. You can ride a roller coaster. This is a wonderful place to enjoy.

LEUNG Tsz Ching (1E)

MY FAVOURITE PLACE

Have you been to Disneyland before? My favourite place is Disneyland because it is exciting.

The first place I would like to introduce is Ant-Man and The Wasp. It is a shooting game that I am scared of because sometimes when I fall asleep in the car, the piercing sounds would wake me up. Also, there are deafening and strange sounds in the middle of the ride, as well as fake creatures with sharp, bright eyes that look creepy.

Next, I will talk about the Cinderella Carousel. It is a carousel with peaceful music and shiny glitter. When I ride on it, I feel like I'm in a magical world. Also, there are gorgeous jewels. There is also a flowery bush near the stunning carousel.

Lastly, I will introduce the Starliner Diner. Starliner Diner is a restaurant where you can taste a lot of food such as scrumptious burgers with crunchy lettuce, juicy patties, and cheesy cheese. You can also savour appetizing fries, and you can sip refreshing juice!

This is the most fun place I've ever been to! You will be happier than the sunshine visiting Disneyland!

TANG Ho Ying (1D)

MY FAVOURITE PLACE

Do you know where my favourite place is? My favourite place is Ocean Park! It is a place where you can enjoy gigantic rides and watch sea animals swimming around.

Amazing sea animals, small rides, and appetizing meals are the best! They make me feel calm, relaxed, and fun. Oh yeah, I still have one more place to tell you! That is the Amazing Asian Animals! That reminds me of the great big Hawaiian field with amazing animals. The restaurant has delicious dishes, cold and warm drinks, and even... crunchy fried chicken! The huge rides are even better!

Ocean Park's rides are really exciting! You can even go underwater to play with dolphins! Dolphins are so cute that they are the best animals in the world! They are also as cute as little puppies! Do you like this tour? You can go and visit Ocean Park too!

JOURNALS

LEI CHAN Owen (1C)

MY CHRISTMAS HOLIDAY

On 25th December, my family and I went to Tsim Sha Tsui. We had dinner at The Cheesecake Factory. I read the menu and ordered food. We ate pasta, chicken and pizza. After that, I ate a slice of chocolate mousse cake.

Then, I went home, and I waited for Santa to visit me. However, I failed to see him. I was too sleepy, so I fell asleep and missed Santa!

The next day was Boxing Day. I opened all my presents. I got nine presents! My favourite one was the steering wheel for Mario Kart. Auntie Maple gave it to me.

Next, I went to Shenzhen. I went with my kindergarten friends. There were nine adults and nine children. I played on the claw machines, and I caught nine dolls. I also exchanged some toys with my dolls. Then, we played on the capsule toy vending machine.

The day after, I went to a playhouse called Party Day. The place was big like a castle! We played dodgem cars and go-karts. I played basketball with my dad there, too! I was so excited. I did not want to go home at all. At the end of the day, I had no choice but to go home with my family.

CHUNG Ching Yi Brittany (1D)

EASTER HOLIDAY

In Easter Holiday, my mother, father, little brother and I went to Japan. I saw Mount Fuji in Tokyo. It is the tallest mountain in Japan. I smelt Sakura and their odor was as good as ice-cream. We ate Takoyaki and sushi for many times. I heard animals' voices in the zoo. Their voices were as loud as thunder. After the trip, I felt excited for my next trip.

CHAN Pui Ying Alice (1C)

EASTER HOLIDAY

I love Easter holidays because I can do lots of activities!

One of my favourite activities in Easter holidays is going to the aquarium with my family. The people inside are very quiet. There are numerous clown fishes, spotty and stripy fishes, and fierce sharks swimming in the blue tank. I can also touch the starfish. The starfish is rough like a rock. The sea water is very cold. The happiest thing to do in the aquarium is eating snacks.

In the tuck shop, there are salty sausages and crispy and sweet popcorn. The popcorn smells buttery. The seller usually shouts, "Do you want popcorn?"

I love doing these activities during Easter holidays! What do you like doing?

LAI Sze Ham Celine (1C)

CHINESE NEW YEAR

On the first day of my Chinese New Year holiday, I went to my grandfather's and grandmother's home. I got a lot of red packets from them. I almost got thirty red packets! First, I needed to say Chinese greetings to get the red packets. After that, I asked my cousins, "Can you play catch with me?" They agreed, so I played with them.

At lunch time, I ate a lot of food. For example, I ate vegetables, rice dumplings, sweet dumplings, and fish, and I drank tea too. I ate lots of sweet dumplings because they are my favourite things to eat. All of the food was delicious. After I finished my dinner, I played Uno and a lot of other board games.

On the first of February, I baked a cake. On top of the cake, there was some jelly and a strawberry. First, I needed to get the utensils and ingredients. Then, I mixed all the ingredients. After that, I got more ingredients and utensils to bake the cake.

Two days later, it was my grandmother's birthday, so I baked a cake again. I followed the steps on my iPad this time. At last, I accidentally made the cake into a strange shape! There were cream, strawberries and blueberries on top of the cake.

On the very last day of my holiday, I went to Science Park. I went to Pizza Express to eat dinner. I ordered a pineapple pizza, and for my dessert, I chose dough with Nutella. I had a delightful Chinese New Year holiday!

PROCEDURAL WRITING

CHAN Yin Lam Alvis (1C)

CHOCOLATE AND COCONUT BALLS RECIPE

INGREDIENTS:
Chocolate
Biscuits
Coconut powder
Sprinkles

UTENSILS NEEDED:
A metal spoon
A Ziploc bag
A food container

INSTRUCTIONS:
First, open the Ziploc bag.
Next, put four biscuits into the Ziploc bag.
Then, put condensed milk and gummy bears into the bag and close it.
Also, smash them with a spoon for three minutes.
After that, put coconut powder in the bag.
Finally, turn it into a ball, take it out and eat it.

LO Hoi Ying (1D)

CHOCOLATE AND COCONUT BALLS RECIPE

INGREDIENTS:
Four biscuits
Chocolate balls
Gummy bears
Sprinkles
Condensed milk

UTENSILS NEEDED:
A metal spoon
A Ziploc bag

INSTRUCTIONS:
Firstly, open the Ziploc bag.
Next, crush the biscuits with the spoon for three minutes.
Then, put the gummy bears into the Ziploc bag.
After that, pour the condensed milk into the Ziploc bag and close the Ziploc bag.
After that, make it into a ball.
Last, put sprinkles on it and eat it.

CHEUNG Hoi Laam Alivia (1E)

CHOCOLATE AND COCONUT BALLS RECIPE

INGREDIENTS:
Four biscuits
Condensed milk
Sprinkles
Marshmallows
Gummy bears
Desiccated coconut

UTENSILS NEEDED:
A metal spoon
A Ziploc bag
A food container

INSTRUCTIONS:
First, open the Ziploc bag. Next, put four biscuits into the Ziploc bag. Then, get chocolate and put it in the Ziploc bag.
And then, put sprinkles into the Ziploc bag.
Then, put four marshmallows into the Ziploc bag, and put condensed milk and the gummy bears.
After that, close the Ziploc bag. Then, get a metal spoon and crush it.
Then, roll everything in the Ziploc bag into a ball, and put the desiccated coconut into the bag.
Lastly, put the coconut ball in the container and eat it all up!

WONG Yue Kei (1A)

CHOCOLATE AND COCONUT BALLS RECIPE

INGREDIENTS:
Four biscuits
Chocolate
Gummy bears
Condensed milk

UTENSILS NEEDED:
A metal spoon
A Ziploc bag
A food container

INSTRUCTIONS:
First, open the Ziploc bag. Next, put one to four biscuits and chocolate into the bag, and close the Ziploc bag.
Then, crush everything in the bag with a spoon for 45 seconds.
And then, add some condensed milk into the bag and close the bag.
Also, mix everything in the bag with a spoon for one minute.
Afterwards, make it into a ball shape with your hands.
Lastly, eat the chocolate and coconut ball.

ACROSTIC POEMS

AU Hei Sheun (2A)

FREEZING WINTER

For a frosty winter, my helpful family will have burning hot pot for dinner because it is freezing in winter. We will celebrate our kind and friendly Jesus' birthday with our friends.

Relaxing winter is the epic season because my brother and I can have Jelly Cat from Santa Claus for an exciting Christmas.

Energetic winter! My family and I will go to China because we love ice-skating and snowboarding, so we will feel amazed, epic and even joyous in winter!

Exciting winter is an epic holiday because we will bake delicious cookies for our lovely friends and ourselves.

Zip line is the coolest thing we can play in every weather except winter because the helpers need some rest. The zip line will not be open in winter.

In winter, my dad and mum will go to A-School to watch my class and me perform at the Music Marathon, and every time I will see my parents from the stage.

Next winter, I hope my family and I can go to Osaka to build a gigantic snowman, or play with my friends, such as Alica and Kayley in China.

Great winter! My dad and I will decorate the gigantic Christmas tree because when sweet Santa comes, he will be surprised!

Watching Inside Out 2 with my friend Cody in winter was delightful. It's time to watch a movie, but we have to wear warm clothes and have popcorn.

Igloo is a chilly place where people live in winter, and everyone gets a warm pack.

Navy blue is a colour that matches the snow and sky, and I think navy blue just looks perfect for winter.

Turkey is a type of chicken that we can eat in Christmas, but I have to do my homework first.

Except travelling and playing with friends, we can have mouth-watering lunch and dinner.

Ready to learn after having a delightful holiday because we have to learn as well, not just play!

AU Ho Lam Quinton (2A)

SCORCHING SUMMER

Summer is busy and exciting because you have lots of fun classes to attend.

Crazy school is disappearing fast, but summer holiday is coming.

Open the fridge and take the chilly ice-cream, but don't eat too much.

Right after summer holiday starts, you can go to the beach. Don't play too much because you have got to do homework.

Cora gives you difficult summer holiday homework, but it's optional.

Hawaii is going to be overbooked because it's summer holiday.

In the holiday, you can travel anywhere. You need to come back on time because you need to keep yourself smart.

Never eat too much junk food because you are going to get fat.

Get to work if you want to do the summer holiday homework.

Summer is the season for typhoons, so you better watch out.

Ultimately, you can eat hot food even in summer, but I think you would not do it.

Mask shops would close because summer is scorching.

Magnificent movies will appear in summer, so you better catch those movies.

Even if you are burning, you still have to bear with the sun.

Really cold ice-cream can get you to a freezing temperature because it is colder than a freezer.

LAU Lok Ching (2D)

BONE-CHILLING WINTER

Bone-chilling winter is the most memorable time because the unforgettable Christmas is coming, and we will gather together and sing the Christmas carol "Merry Christmas" around the gigantic Christmas tree.

On Christmas Day, we can decorate the tree and add in lots of bright, colourful Christmas ornaments and glittery tinsel.

No gifts will be reserved for kids who stay awake! Santa Claus cannot surprise them with presents.

Every Christmas, we eat burning hotpot and fresh, mouth-watering carrot soup to keep ourselves warm because it is frosty outside.

Cherry blossoms in frosty Japan, where I can take some beautiful photos with my family.

Having a hot spring bath in a freezing place with roses makes me feel joyful because I can relax and enjoy a massage.

It was a joyful holiday! Sofie and I went to Japan to have some fun together.

Love and respect for the family and teachers! Santa will be observing and making notes about your behaviour. If you are naughty, Santa might not grant you any toys.

Lush! Santa's reindeers are making a ding-ding-dong-dong loud sound to alert the kids that Santa is coming. It's time to go to bed.

Ice hockey is my favourite sport in winter, and I enjoy playing with my friends and family.

Nippy weather makes us feel extremely cold, and we need to wear scarves and mittens.

Grilling in a cozy house and having some appetising fish balls with salty BBQ sauce.

Warm clay pot rice is good for winter, as well as lamb stew.

I travel to Singapore to enjoy the sunny weather and to get away from the coldness.

New Year's Eve is a joyous holiday, and we will play with noisy, sparkly fireworks.

The thermal heater keeps me warm in bed, so I can have a wonderful sleep.

Earmuffs are needed when I go out, so I can stay warm when I play outdoors.

Running over the soft, white snow in winter and making snow angels with it.

LIU Jerry Changhua (2E)

GOLDEN AUTUMN

Golden leaves are gliding in the cloudless sky

Orange leaves are scattered around the murky ground, so we have to sweep them away

Loud tractors drive through the massive field and harvest weeds

Divine pumpkin pies are so warm and marvelous, so everyone wants a huge bite

Endless fun because there's an exciting Halloween party

Never stop playing because there are amazing activities like bonfires and harvesting

A mirthful day for a brilliant Halloween party because there is delicious food and fun

Up the towering tree are red and golden leaves

Tasty mooncakes are for the wonderful Mid-Autumn Festival

Unforgettable autumn is fun and cool because there are brilliant festivals

Marvelous apple pies are so tasty and mouth-watering, so everyone wants a colossal slice

No more sweltering summer as dry autumn comes, so children can play with bonfires

WAN Yu Xavier (2D)

BONE-CHILLING WINTER

Be a serious and brave child because if you don't do it, Santa Claus won't give you a special Christmas present.

On Christmas day, you could prepare some crunchy biscuits and coffee for Santa, or you could also prepare a "Give Me a Present" Christmas card for him too!

Not all of you have winter blues because maybe you could have scary snowball fights, ski, and build a gigantic snowman, or others.

Even though you don't have winter blues, maybe you would still feel frozen or even freezing.

Come and bring your gloves, scarves, and puffer jackets because it is bone-chilling outside.

Hunting days could also be in winter in Indonesia because there is no winter, and you could go hunting.

If only winter is not that cold, I could go swimming. That would be exciting and fun.

Long winter could really last for a long time, but it's okay. I'll just go to Japan to ski because it's also fun for me.

Long winter could be better because I could have hot chocolate, and I love hot chocolate.

It is going to be warm if you drink hot chocolate because it could be burning and it's going to warm you up.

Nothing is cold in winter except the weather, and it's making everything chilly.

Gymnastics makes me joyous because when I do it in winter, it could keep me warm and healthy.

Winter is amazing because it's hot and I could also play.

It is a great thing that winter is here because after the burning summer, I could enjoy the coldness of winter.

Nothing could be better than winter because it is snowing in some countries, and I could play there.

Terrific! I hope it could also snow in Japan next year because I could also play.

Even though you go play, you would also get sick because it's so cold. So, be careful!

Recently, I don't like skiing, but I liked it when I was little. Hope you enjoy your winter holiday.

WONG Hei Yuet (2A)

SCORCHING SUMMER

Summer is superb, sun-kissed, and burning, so you can eat ice-cream if you want.

Colourful leaves and deep green grass are nice to look at and step on.

On summer days, we will wear short T-shirts and pants, so we can keep cool.

Rainy rooftops because summer is sometimes wet!

Cheesy pizzas are not nice to eat in summer because summer is burning.

Hunting and swimming are good choices in summer, but do not barbecue.

I love going to the beach to swim or build sandcastles.

Nectar will come out in summer, so bees will suck it.

Go out and enjoy the sunshine!

Sun is gigantic and if you are under it, you can sunbathe.

Under the shade, you will be warm, and you will not be sunburnt.

Melting ice-cream and freezing soda are the best because summer is superb.

Mummies hate summer because they stay in sweaty coffins.

Exhausted classmates carry heavy schoolbags, so they are really tired!

Raw grass is dark green in summer because after the rain comes the sun.

NARRATIVE WRITING

WONG Suet Faye (2D)

JOHN IN THE DARK CAVE

On a Sunday afternoon, John and Emma were camping in a forest. At that time, they were chatting happily and eating the scrumptious lunch that Emma made. "Do you have any food? I finished mine," questioned John. "Of course. You can have a chocolate cookie," said Emma. It was raining heavily, so they found a cave. The cave was very dark.

Once they entered the cave, there were some frightening jump scares that scared them. "AHHH! Is that a ghost?" Emma shouted nervously. In the cave, there was no one. "Wow! It is very quiet here," said Emma. "I agree!" replied John. There was a chilling wind rushing towards them. "Hoo-hoo..." "Huh! What's that noise?" asked Emma. "I think it is the wind," replied John. "The wind sounds like a ghost. I feel horrified," added Emma. The conversation continued as the wind kept blowing. "I think the wind is a bit spine-chilling," added John. They were so cold that they had to wear a coat and mittens.

After a while, John remembered that he put some matches in his pocket. "They will keep us warm and also help us find the way," said John. "Yay! Finally, there is something to keep us warm!" exclaimed Emma. They put their hands near the fire, so they wouldn't be as cold as earlier. After a few minutes, they continued exploring the dark cave.

Suddenly, they saw a mysterious yet gigantic shadow moving. They investigated and saw a horrifying alligator. "AHHHH!" they shouted. "Run for your life!" yelled John. "Do you have your phone? Call the fire station!" panicked Emma. "Okay! I'll try!" replied John. He knew his phone was in his pocket. After he took it out, it took a while to load. The alligator tried to eat them. It opened its mouth wide, but they dodged the attack. The battle continued. After that, the firemen arrived. Then they approached them. "It is okay. We will put it in a cage and send it back to where it belongs," said the firemen.

"Finally! We are safe!" exclaimed Emma. "Thank you!" said John. "It is our pleasure," said the firemen. It took them a while to get the alligator into the cage. It was a bit heavy. They tried to pull it and drag it and nothing worked! John had an idea. "Hey! I think I can tie the alligator with some chains!" exclaimed John. "Great idea! Let's try it out!" shouted the fireman. They tried it out, and at last, it worked!

Whenever you come across a problem, you have to try your best to figure out how to find a solution. If your first method doesn't work, then try to find a new one.

PERSONAL RECOUNTS

CHAN Nok Yan Abbie (2A)

MY BEST HOLIDAY

Two months ago, my family and I went to Shenzhen to do different activities, for example, playing in the clubhouse, doll-clawing, and having lunch together.

First, we boarded the train at a station. Stickers were stuck everywhere around the train, which was beautiful, and the cartoons were cute. The seat was very cosy too. It was so soft! One cool thing was you could go to the toilet any time! That was so good! I felt very excited. The train was fantastic.

Next, we went to a shopping mall. Inside the shopping mall, I saw lots of shops selling ice-cream, which looked so yummy. My family and I loved the mall because there were a lot of stickers around! We walked around the shopping mall peacefully because we wanted to explore more about it.

Then, we had lunch together. I thought the food that we ordered was sweet and warm. The food tasted good too. Do you know what we ate? We ate rice, chicken, fruits...It was yummy, so we ordered a lot. We ate as fast as a car. I liked the food very much, and so did my family!

Finally, we played with the claw machine together. The beautiful Cinnamoroll case was easy to grab. I just spent one coin to get a doll. I grasped the most toys in my family. The other toys were very hard to get. Still, I bought lots of Cinnamoroll dolls. One of the Cinnamoroll doll was mega. It was as big as two pencil cases stuck together.

I loved my holiday because I did a lot of things. I look forward to my next holiday! I hope you can join me next time!

LEI Pan Shun (2D)

MY BEST HOLIDAY

My best holiday was on 1st August 2024. My family, my grandma and I visited my uncle and cousins in Australia for two weeks. I took a nine-hour flight to Sydney.

First, we ate appetizing food in a Vietnamese shop. I ate a huge bowl of beef noodle soup which was super delicious. At night, my cousins and I ate lots of Thai food which was super yummy. We also ate a dessert that my uncle made. He made us some ice cream, and he also gave us Oreo which I bought from a supermarket that morning.

Next, I went to different sightseeing spots with my family. We went to Treetops Adventure. There were different levels of ropes which I could climb up and down. I flew from one tree to another like Spider-Man. Before we dropped back to my uncle's house, we drove to a donut shop, and they sold super yummy donuts. I chose a Nutella flavoured one. There were different delicious flavours as well.

Then, on the next day, I played with my cousin on the stairs together. I slid down the stairs as fast as a rocket and bumped my head. It was so much fun. When my other cousin came back to my uncle's house, we played together upstairs. We played with a hard, strong and heavy ball which made my feet hurt a lot. After that, my dad drove me to an outdoor playground, and my uncle also drove my cousin to the playground. There were swings, a slide, a trampoline and a water playing area. We had so much fun there.

Finally, we went to an indoor playground. There were trampolines, an indoor court and a trampoline for playing basketball. I played with one of my cousins on the indoor court together. It was such a spacious place that I had never seen. We also tried out the trampoline while we played basketball.

I felt joyous playing with my cousins. I hope that I can visit them again in Australia and have more fun time together.

CHAN Zander Wan Pok (2A)

MY PLAY DAY

On the thirtieth of October, my schoolmates and I went to the Monopoly Dreams Hong Kong to have our Play Day this year.

First, we went into a gigantic, red elevator that was full of buttons. We thought we could choose which floor we wanted to go to, but unfortunately, those were decorations! You cannot touch or press the buttons. What an interesting design! On both sides of the elevator, there were two enormous screens that showed a video that looked like it was going up to ten rooms. Every room looked strangely odd to the other ones. There was one that led people to the basement where a few cars were there.

Next, we went to an enormous movie theater to watch Mr. Monopoly show us his riches. A thief was there, trying to steal his most valuable item, the diamond. After that, we slid down the extra-long slide to go to the basement, hopped on our car, and started chasing that filthy thief who was stealing from Mr. Monopoly's city. Later, we began chasing him by running, so we all jumped into action. Finally, we caught him with a jail card that Mr. Monopoly threw, sending the thief to jail.

Then, we went into a mini room to catch Monopoly money that could actually be used as real money to buy things from the shop. However, the rules of the game were much more complicated than you might think. One of the rules was that the money would fly up, but the most important part was that you couldn't grab it from the ground—you could only catch it while it was in the air. While we were there, we all caught a lot of money, but what we didn't know was that it only gave us a fifteen percent discount when using Monopoly money in the shop.

Finally, we went to Candylicious to buy various kinds of candies and chocolates. Of course, we bought different kinds of candies, but not many people bought chocolate. Almost all of them bought candies. Even the second-grade classes chose candies over chocolates.

We all felt very happy from the beginning till the end of our wonderful trip to Monopoly Dreams. It was an unforgettable moment for all of us.

DESCRIPTIVE WRITING

MA Man Hei Hollis (3E)

A SWEET, TERRIFIC, WONDERFUL, VERY GOOD DAY

Have you ever had a sweet, terrific, wonderful, very good day? Well, I am going to tell you about mine!

One sunny morning, I woke up to the smell of sweet-scented pancakes. I instantly jumped out of my warm, cozy bed as quick as lightning. I went into my bathroom and brushed my teeth with minty toothpaste, and then I dashed downstairs and saw my mom placing my fluffy pancakes on top of a colorful plate. She saw me and smiled. Her smile was as sweet as honey! I sat down on my leather chair and poured bright orange juice into my metallic cup while putting sticky maple syrup on my pancakes. Then, I munched my breakfast. The pancakes melted in my mouth like ice-cream! Next, Dad came in excitedly and shouted, "We are going to Disneyland today!" I was so excited that I squealed, "Yay!"

I went back up to my radiant-looking bedroom, opened my humongous closet, and put on my most glamourous dress with tiny sparkles and pretty rainbows on it. Then, I got out my huge, bulky luggage, packed my clothes, and closed it tightly. I carried my massive, heavy luggage and glanced swiftly at my dad. He was as slow as a sloth! I screeched, "Hurry up, lazy dad!" In the end, we managed to get to our shiny, navy car. I hopped in and sat with my adorable, furry rabbit doll. Then, I realized it was going to be the best day ever.

After the one-hour long ride in the car, we arrived at Disneyland! I went to the massive, magnificent castle and took beautiful pictures. Then, we went into a narrow street! I could hear some birds chirping, "CHIRP, CHIRP..." I happily glided through every store I could find, and then my mom reminded me, "Remember, you can only choose one present!" I went into my favorite Disneyland store, but it wasn't just a normal store, it was an ice-cream store! I ordered the newest, fruity green grape ice-cream! After I ordered my tasty looking grape ice-cream, I got some chocolate pieces on top! They looked and tasted amazing. I licked my ice-cream, which was as big as a gigantic chocolate bar! "SLURP!" I finished my delicious ice-cream in just two licks.

My dad came and asked us to get our luggage and we headed to the hotel. I went back to our car, grabbed my huge, bulky luggage, and went to the air-conditioned hotel. The hotel was covered in golden wallpaper, but it was as noisy as someone banging a drum. Worst of all, it was crowded with swarms of people! I was so annoyed by the noise that I did not speak until we reached our grand bedroom. It had a bunk bed, a television with a humongous screen, and a marble white-colored bathroom, which was WAY better than I expected. I instantly bounced on the bouncy bed like a cat, and cheered, "Woo-hoo!"

Suddenly, a brilliant idea popped into my mind. "Let's go to the spectacular roller-coaster!" I said. We all agreed, so we headed towards the most famous, eye-catching roller-coaster. I hopped on and was very nervous. Then something scary happened. Right after I clicked my black, thick seatbelt, we dropped down as fast as a cheetah! I could hear many people screaming, and the sound was ear-splitting! I was as scared as a mouse. After the scary ride, we were very hungry. Our stomachs rumbled as loud as a lion roaring, so we went to a nearby food stall and ordered mouth-watering, salty food, and swallowed it so quickly that we almost choked.

It was evening already, and I went to my hotel bedroom, slid on the slippery floor, "SQUEAK!" and washed my face with a towel which was soaked in water as cool as ice. After I brushed my teeth with some minty toothpaste, I went to my soft carpet which led me to my colorful blanket and my bed which was as soft as a marshmallow. I laid on it, thinking about what I should do tomorrow, and fell asleep, snoring like a pig. I was in a deep sleep, and I had the most wonderful dream anybody could ever have.

This was the sweetest, most terrific, most wonderful day!

NG Pak Hei (3B)

MY SWEET, TERRIFIC, WONDERFUL, VERY GOOD DAY

Have you ever had a sweet, terrific, wonderful, very good day? If not, let me tell you about mine!

One beautiful, sunny morning, I woke up. I could hear birds chirping, and my little sister crying. I ran to the slippery, stinky bathroom. I found a gigantic surprise waiting for me! I had a brand new, shiny toothbrush! I threw my old, filthy, ugly-looking toothbrush in the bin. Then, I used my wonderful, new toothbrush with my marshmallow toothpaste to brush my teeth as fast as a speedy race car. I always need to gain more energy by eating a scrumptious breakfast. After brushing my teeth, I had a rectangular mini cake and a delish looking star-shaped pancake. Then, my mom gave me my favourite food for breakfast - a very yummy strawberry-scented jam sandwich! I ate all the delicious food as fast as possible. It was the yummiest sandwich I have ever eaten. Suddenly, Dad appeared out of nowhere. I was so shocked that I jumped up. Then, my dad shouted, "We are going to the Gold Coast Hotel!" He shouted so loud that he scared the cat. After we all heard my dad's special news, we all changed our clothes, packed our bags, and filled up the luggage as fast as a gust of wind. After several minutes, we were all done preparing. We were all ready to go to the exciting hotel! We rode on a shiny, red Tesla and took off.

When we arrived at the amazing Gold Coast Hotel, we only dropped off the heavy luggage! The speedy Tesla drove away in a rush with us in it! I was very curious about where we were going. We arrived at our destination shortly after. Screech! We jumped out of the car. In front of us was a restaurant named Pizza Hut. We went inside the restaurant. It was very noisy in the restaurant, as there were thousands of people chatting. I could smell the hot, oily pizzas. There was a fabulous crystal-shaped light on the roof. It was as bright as the hot, burning sun. We sat down on some grassy green-coloured chairs, and in front of us was a big, round table. After a few minutes, a yummy-looking pineapple pizza was delivered to our table. I was the first one to eat this colossal pizza. I took a super big bite. The delicious cheese melted in my mouth. It was the most scrumptious pizza I have ever eaten in my whole life! When we finished the pizza, a can of Fanta was delivered to our table immediately. I took the frosty can next to me. It was orange flavoured. I looked at the orange-coloured label and read it. I sipped the fruity, acidic can of Fanta.

After my family finished eating, we left the huge restaurant. Then, my mom suggested we take the MTR, and we all agreed. When we arrived at the beautiful Gold Coast Hotel and checked in, I was still very excited. However, after my dad told me a secret, I was even more excited! We went to a fancy lobby with a starfish ceiling light. Then, we rode a cool lift that was made of mirrors. We walked on a floor made of shiny gold. Lastly, we arrived at our hotel room. We all changed into swimsuits. When my mom and dad were changing into their swimsuits, I took a sneak peek at a TV programme. I gasped. My little sister gasped, too. The TV programme was full of funny and hilarious cartoons!

When my dad and mom were in their swimsuits, we rode the lift to the first floor. We were now at the swimming pool level! I became impatient. I took a life jacket and jumped into the icy pool. Splash! "Wait," said my dad, "you didn't even take off your slippers!" Yet, I did not care. I was too busy playing in the water.

A couple of hours later, we were all tired and hungry, so we went back to our hotel room. My mom said, "Dinner is almost here!" Then, the doorbell rang. Ding-Dong! My dad went to open the door. Then, my dad returned, holding our dinner. We ate fried rice and French fries. For dessert, we ate mouth-watering watermelon ice cream.

My mom let me play online games after dinner. I played Minecraft. Then, I brushed my teeth and read my favourite book "The Three Dumb Bunnies". It was about three dumb bunnies doing dumb things. After reading, I quickly fell asleep.

That was the end of my lovely day! I felt very happy!

YIP Ho Ling Marcus (3A)

MY SWEET, TERRIFIC, WONDERFUL, VERY GOOD DAY

Have you ever had a sweet, terrific, wonderful, very good day? I had one. Let me tell you about mine!

Last week, I was woken up by the sound of the most colorful birds chirping in harmony. I gently opened the soft, silky curtains and saw a magnificent view of the sky-high Mount Fuji, with the view of a lake and the sky. Suddenly, I smelled the warm delicacy of fresh, divine, briny miso soup.

Once I smelled it, I immediately brushed my teeth and rushed to the kitchen to drink it. Since my mom was still cooking breakfast, she asked me if I could set the table. I helped my mom set the table. I expected the table to wobble, yet it didn't. It didn't even make a squeaky noise! After my mom finished cooking, it was time to eat! We ate buttery fluffy pancakes, fresh crispy toast, and drank scrumptious fizzy 7-Up!

After eating breakfast, I met up with the choir on Zoom. We practiced singing "For the Beauty of the Earth". After singing, the teachers said, "You guys sang so melodically. It was as sweet as candy, and as romantic as a couple's supper." As soon as my mom heard my teacher, she went from using the dishwasher to praising me for singing well. Then, Mom said, "To reward your performance, we will go to Disney World!" I celebrated because I love Disney World. After we finished packing our things and fetching my phone, we went in the car for a 3-hour drive.

In the car, I saw a dazzling view. There were high mountains with snow on top and many trees under the beautiful, bright sun. I could hear the engine going! I brought some sugary, cinnamon, candy-coated honey strawberry macaron donuts! They tasted very sweet. I got out my phone and realized that it was a 3-hour trip. I played Minecraft (Cave Game) and Roblox (Dynablocks). After playing, there was still 1 more hour to go, so I talked to and texted my friends. Finally, we arrived.

Disney World was mystical and magical. We went on the high and scary Ferris wheel, zooming fast. We went on the luxury V.I.P. rollercoaster, and visited the famous, luxurious, new Disney Castle to buy souvenirs. I was feeling overjoyed. It was memorable too!

Then, it was time for lunch. We ate at the Corner Cafe! There were cheesy, soft, chewy spaghetti and crunchy, extra cheesy, meaty meat-lovers pizza. We also drank warm, scrumptious, mushroom soup. It even had little chunks of mushroom in it! It was such a delicious lunch! When we paid the bill, we were given a 100% discount voucher. What were the chances of that? Today must be my lucky day!

We ended up playing on all the rides again. As we were tired, we drank an energy drink. We got in the car to go to Ichiran Ramen. When we arrived at Ichiran Ramen, we sat next to each other and opened the partitions. The wood felt like it was from 1980. The restaurant smelled like food heaven. The restaurant was quiet, in fact, almost dead-silent. We ordered thick, burning, chewy beef rice balls. It was scrumptious! After eating, my mom drove the car back to the hotel. My mom said, "Let's go stargazing on our balcony!" We grabbed our binoculars and went to the balcony.

We tried to count the unimaginable, uncountable stars, but there were too many to count. The binoculars were incredibly useful! I felt really relaxed and calm while counting the stars.

Finally, it was time to sleep. The bed was really comfy, and the pillows were soft and fluffy, too! I had the best dreams!

Can I hear about your sweet, terrific, wonderful, very good day as well?

FRIENDLY LETTERS

LEUNG Kaitlyn (3D)

Flat G, 7/F, Block J
Christian Tower
1 Faith Avenue
Tsim Sha Tsui, Kowloon, Hong Kong
12th September 2024

Dear Polly,

Hi, I'm thrilled to hear from you! I'm fine, Thank you for asking.

I have made some magnificent new friends, but you are still my very, very best friend. They are called Gladys, Gabby, Eden, and Briana. Gladys is very fun to play with because she always throws in some hilarious jokes when we chat. She is also very creative. Gabby likes making complicated math worksheets, then doing them herself. She's two years younger than me. Why? Because she skipped grades. How smart! She is as smart as Albert Einstein! I met godly Eden at "Bible Study AOLE". We go to our school garden together. She is as lovely as a butterfly. I love smelling the delicate, pleasant aroma of flowers there! I also met "Brainy Briana" at "Bible Study" class. She also skipped grades. She skipped two grades with Gabby. They often hang out in the teacher's computer room, helping teachers fix their computers. We often hang out at the school library, which has at least 999 million books, and we've read them all twice! We also go to the playground together. It's as crowded as a zoo there! We are all in class "Loyalty". Gladys is number 13, Gabby is number 14, Briana is number 20, Eden is number 33, and last but not least, I am number 34 – the last in the class! Yay!

I changed to a new school right after you left last month. Do you want to know about it? I'll tell you anyway! My new, wonderful school is called "Jesus Christian Church and School", and I am in Grade 3. In every grade, we have seven wonderful classes with different groups: colours for Grade 1, countries for Grade 2, good values in Grade 3, fruits for Grade 4, flowers for Grade 5, and sweets for Grade 6. We have trouble remembering the many classes. Yesterday was my Saturday church at school. We have many activities at school, such as "Bible Week" and "Make Your Own Magic Friendship Soup Day". Every "Bible Week", Gladys and I go to the Secondary Division Indoor Gym and draw a picture of the gigantic cross. She is as creative as a chameleon! Our majestic school has a beautiful school uniform. It has a sky blue skirt and a white T-shirt, completed with an aquamarine bow. I hope you will tell me what your wonderful school uniform looks like.

I hope you write back soon.

Yours truly,
Jane

SEE Tat Sen Alex (3B)

Flat F, 11/F, Block G
Hong Kong Tower
5C Ice Cream Road
Wan Chai, Hong Kong Island, Hong Kong
22nd September 2024

Dear Polly,

Hi, how are you? I hope that you are doing well. Thank you for your letter. It is great to receive your letter. I am going to write about my school life and my adorable friends.

My school's name is Hong Kong Baptist University Affiliated School Wong Kam Fai Secondary and Primary School. It is as spacious as ten football pitches. My school is in Shek Mun, which is close to Sha Tin. My school life is fantastic and superb. In my school, there are seven amazing subjects. They are my favourite English, important Chinese, amazing Maths, LA, VA, STEAM, and Music. My favourite subject is English because it is interesting and fun. It is also my best subject in school. Surprisingly, my worst subject is crazy Chinese! I always get bad marks in Chinese comprehension. I ride the school bus to school. I am as tired as if I were running 100 miles because I have to wake up at 6:30! Do you know when my lesson starts? It starts at 8:05 a.m.! Each fabulous lesson is 40 minutes long. After two lessons, we have a spectacular recess. We have special activities like MM, which stands for fantastic Music Marathon. We sing class by class, and it is fun. We pick a Christmas song and a pop song to sing. We practise for four months, which feels as long as one year! And there is Sports Day, which will be as hot as the sun.

Now, I'm going to talk about my friends. My best and delightful friends are active Elvis, smart Eljun, interesting Nick, crazy Jasmine, and naughty Benedict. We always meet up and play at the enormous playground, which is as spacious as an empty room, on Monday, Wednesday, and Friday. Sometimes our beautiful and lovely mums will prepare some food for playtime. Who are your friends?

We usually go to the playground, and we have a name for our playground team. All of us run as fast as cheetahs, so when recess ends, I am sweaty and tired like I ran for 10 hours! I have to drink almost the whole bottle of water. How amazing! We became friends with each other because we all have a similar hobby, which is football. We admire some of the greatest football players like Messi, Mbappé (who is my idol), and Ronaldo. They have won 48 gold trophies – as many as the number of times the World Cup has been launched.

I miss you since we played in Disneyland, which was as entertaining as eating ice cream, when we celebrated my 10th birthday. It was as unforgettable as playing in the World Cup! I really hope you write back to me soon, so I can write back to you too!

Your friend,
Jane

OPINION WRITING

CHONG Yuet Chin Charlize (3A)

SHOULD THERE BE NO HOMEWORK?

Have you ever wondered whether there should be no homework? In my opinion, students should have homework.

Firstly, homework lets teachers know what topics the students do not really understand. For example, my friend Tiki studied in Japan, and she did not have homework. The teacher taught the class about something they already knew, but not the things they didn't understand. I asked 10 teachers whether students should have homework. Nine of them said yes because if a student doesn't know that topic, their homework will be wrong too. If the homework is wrong, teachers will teach more about that topic. In fact, I read a book called Should Students Have Homework? and in Chapter 5, pages 52–53, it says students should have homework because their grades will be worse if they have no homework.

Secondly, homework helps students understand what they have learnt in class. For instance, I read a newspaper article titled Students Should Have Homework. It mentioned a girl named Duso who studied at a school with no homework, and she always had bad grades. Then, the principal decided to try having homework for a week. After that week, Duso became a top student. I asked 50 of my classmates if we should have homework. Forty-five of them said yes because even if they were absent that day, they could still know what topic had been covered. I also read a book named Understanding Homework, and on page 153, it says, "Even if a student did not listen in class, he or she would still know what to do by doing their homework."

Thirdly, moms and dads can see what their kids learnt in school. For instance, I asked 10 parents whether their kids should have homework. Nine of them thought homework was important. One of the parents also said that guiding their kids to do homework is one of the ways to communicate with them. Additionally, I read a newspaper article called Doing Homework With Kids. It said that homework time is good parent-and-kid time. Another example is that a Grade 3 student asked her mom to help her with homework, and she learnt extra knowledge from her mom.

To sum up, students should have homework because teachers can know what topics the students don't understand, homework helps students understand what they learnt in class, and it allows parents to know what their children have learnt at school.

IP Darryl (3D)

SHOULD STUDENTS WEAR UNIFORMS?

Have you ever wondered if students should wear uniforms? Well, in my opinion, students should not wear uniforms because uniforms are uncomfortable, quite expensive, and lastly, wearing uniforms takes up more time.

The first reason for not wearing uniforms is that they are uncomfortable and unsuitable for students. 90% of my classmates said that uniforms often give them stress and distract them from learning. In fact, my friend Tom failed his English exam last week because he was distracted trying to adjust his uniform to get more comfortable. Another example is that the South China Morning Post (SCMP) stated that some uniforms use very cheap material, and this kind of material can cause rashes. A student from Wanchu School was scratching his body. When they interviewed him, he said that his uniform might have caused the rashes. The last example is that last week, it had just turned to winter. My uniform was not suitable for the change in season, so I caught a cold because it was not warm enough. Because of this, I couldn't go to school for the past few days.

The second reason is that uniforms are too expensive. Two days ago, I read the SCMP. It stated that children grow quickly every year. Because of this, students have to buy new uniforms more often. It could cost a lot of money, since the average cost of a uniform piece is US$160. I also interviewed Max, who lost a lot of money buying uniforms. Since it had turned to winter, Max had to buy more school jackets to keep warm. He said he used more than HK$300 to buy jackets. Another example is from a book I read called Uniform Facts. It mentioned that uniforms are getting more expensive due to the complicated accessories, the number of jackets needed in winter, and the increasing demand. People who cannot afford to spend so much money on uniforms will have no choice but to go to a school that lets students wear casual clothes.

The last reason is that wearing casual clothes could save time. Last week, I interviewed Koven. He could not find his only uniform. He said he had only bought one set because it was too expensive. It was still in the laundry basket. When he took his clean laundry out, his uniform was gone! If he could wear casual clothes, it would have saved a lot of time. Another example is that I was also late for school last week! I had to iron my uniform, and it took up some time, so I was slightly late. Lastly, 90% of my classmates said that casual wear could save time since we wouldn't have to put on complicated things like bow ties or hair clips. Also, when buttoning uniforms, we might button them wrong and have to redo it.

In conclusion, students should not wear uniforms since they are uncomfortable, expensive, and wearing them wastes a lot of time. What's your opinion? Do you think students should wear uniforms, or do you agree with me?

STORY WRITING

CHAN Lok Yi (3B)

THE ENORMOUS CROCODILE'S FIFTH TRICK

Do you know what happened after the Enormous Crocodile flew and bounced off the humongous, scorching sun? Let me tell you all about it.

Splash! The Enormous Crocodile fell into A-School's swimming pool. Then, he stood up grumpily, curiously looked around, and noticed that there was a sign on the front gate saying "School." The Enormous Crocodile exclaimed, "Hooray! This is a school! A school means a lot of children! Tonight, I will have a feast of appetizing children!" Evil thoughts filled up the Enormous Crocodile's nasty mind, and he thought, "How about blending into the grass? But the children might step on me! What about pretending to be a teacher? But I am green. AH! How about pretending to be a rubbish bin! Muhahaha!"

From the corner of a student's eye, a figure with a green tail slithered away. The student rubbed his eyes to make sure the weird creature wasn't real. He mumbled, "Whatever, I must be dreaming." After the student left, the creature laughed coldly. It thought, "What a wonderful idea I have! I'm unstoppable!"

In the shadows, the evil-hearted Enormous Crocodile made his way to the classroom and saw some students and a teacher called Miss Joanna. Then, he saw an empty place and thought he could pretend to be a rubbish bin there. When the students weren't looking, the Enormous Crocodile crept to the empty place, got into position, and waited. Not long after, he got bored and hungrier. He whispered to himself, "I need to eat ten children to feel full!"

"Ms. Joanna!" called a little girl named Jacqueline who wanted to throw rubbish. After Ms. Joanna agreed, Jacqueline walked towards the Enormous Crocodile without any awareness. The Enormous Crocodile licked his lips secretly, ready to show a set of sparkling teeth and pounce on Jacqueline! Just then, a thumping noise grew louder and louder.

Boom, boom, boom, swish! As loud as an earthquake, the gigantic Trunky and his fellas—a bunch of strong gorillas and swift cheetahs—ran and broke into the classroom! Ms. Joanna was so scared she ran to the other side of the classroom. Trunky bellowed, "Jacqueline, be careful! That is not a rubbish bin! It is the Enormous Crocodile who wants to eat you alive!" Hearing that, the whole class, including Jacqueline, was fearful as mice and ran to the other side of the classroom.

Bang! Bang! Bang! The gorillas hit the Enormous Crocodile hard so he didn't have any power. The cheetahs surrounded him to make sure he didn't escape, while Ms. Joanna called the zookeepers and animal catchers. As swiftly as ostriches, they came, caught the Enormous Crocodile, and put him in a cage. He cried, "Noooo! Please give me one more chance! Noooo!" Vroom! Vroom! The car started as they left with him inside.

Do you know what the Enormous Crocodile did in the zoo? He tried to escape and became the zoo's main attraction. People misunderstood him, thinking he was just wandering. As he tried to escape, he learned this was called "karma". This means if you do something bad, bad things will come back to you. The Enormous Crocodile did terrible things and had a horrendous ending. After this experience, he felt very guilty and promised never to eat children again. When he was free again, he nicely returned to the biggest and muddiest river in Africa.

CHENG Yat Sum (3A)

THE ENORMOUS CROCODILE'S FIFTH TRICK

Do you want to know what happened to the Enormous Crocodile after his fourth trick?

Bang! The Enormous Crocodile was hit by space junk and landed in England's Fun Fun Carnival on November 27, 2025. He realized that he had been in space for two years! The Enormous Crocodile shouted, "Ahhh! Where am I?" He looked around and found out that he was in England's Fun Fun Carnival. The Enormous Crocodile felt very angry because last time Trunky the Elephant swung him into space. To get his revenge, he continued with his plan. The Enormous Crocodile wanted Trunky to suffer.

When he walked by, he saw a little boy taking photos with a Sanrio character and got the idea to become one.

"I will go to the jungle to make my new costume!" he exclaimed. At a gigantic tree, he saw Tom the Tiger. "What are you doing?" Tom asked. "I'm going to trick the kids and eat them," replied the Crocodile. "No, don't eat kids. That's cruel!" Tom warned. "I will not listen to you!" he shouted and walked away.

He climbed the tree, got leaves, and gathered berries to make paint. The juice splashed on his face, and he became furious. He made a creepy costume and headed to the carnival.

From the bushes, someone crawled—but the crocodile didn't notice. He pretended to be the cutest character, but he looked terrifying. After hours, a girl named Mary came forward. Tom the Tiger suddenly appeared and shouted, "Watch out, Mary! That's the Enormous Crocodile!" He pounced and saved her just in time. The crocodile fell and began barking out of frustration.

Tom grabbed Mary's mom's phone and called the police. "Can you come to the Fun Fun Carnival? A crocodile is trying to eat kids!" The police replied, "We're coming!"

They fought. Tom tried to bite the crocodile, but his skin was too hard. Then, the police arrived and ordered him into a cage. "I give up! Please don't shoot me," he cried.

The cage slammed shut. While being driven to jail, the crocodile tried escaping but failed. In jail, he was bored to death.

Kids, did you learn from the story? The moral is: don't be greedy. Be grateful for what you have.

GE Sihan (3A)

THE ENORMOUS CROCODILE'S FIFTH TRICK

Did you know what the Enormous Crocodile did for his fifth and final trick? If you don't, read this hilarious story.

CRASH! The Enormous Crocodile crashed head-first into the hot sun. "OW! I hope nothing more painful happens!" But it did. He bounced off Pluto. "OW! Another bruise! Unlucky me!"

BANG! He crashed into a snowy, white floor. "Not again!" he sighed. He noticed the snow and trees and guessed it was Christmas. He heard a child say, "I want a humongous crocodile plushie!" and grinned, "Perfect!"

That night, he tiptoed into Rex's house, wrapped himself in sparkly paper, and tied a pink bow.

BARK! BARK! Barky the dog heard him and started barking like thunder. The Crocodile woke up. Barky shouted, "You should never eat children!"

The next morning, Rex ran to the presents. "My wish came true!" he shouted. He leaned on the crocodile, but Barky yelled, "Run! That's the Enormous Crocodile!" Rex screamed and ran upstairs.

The crocodile argued with Barky. Suddenly, someone in red and white grabbed him. Trunky appeared and kicked him back into space!

He bounced off the sun, Pluto again, and landed in Africa. "Ouch!" he cried, twisting his arm. The Not-So-Big One patted his leg and said, "Maybe, eat fish now?" "Fine!" snapped the Crocodile.

Moral: Never harm children, or you'll face bad consequences.

FRIENDLY LETTERS

CHAIR Yui Yui Calista (4B)

Flat Y, 44/F, Block 8,
Usagi Hachiware Building,
111 Chiikawa Street,
Kwun Tong, Kowloon, Hong Kong
December 16, 2024

Dear Andy,

Hi! How are you? I am so happy that you are coming back to Hong Kong for a visit. It seems that you have some frustrating problems. I can help you solve them. You can count on me!

Firstly, I've heard that you don't know what to prepare for a cold winter in Hong Kong. Don't worry, you will not freeze like an ice cube. The temperature in Hong Kong in winter is about 20 degrees Celsius, and the lowest is about 7 degrees Celsius. In order to keep warm, the first thing I suggest you bring is a down jacket. A down jacket is filled with feathers, so it keeps you warm. It blocks the wind and keeps you cozy. Staying warm is important because you might have a 65% chance of getting sick if you don't! So scary! I suggest buying one from the 'Winter Warm' shop as they have different colours of jackets to choose from. You can also buy one in Hong Kong as they only cost 10 dollars. Your parents can buy one too!

Secondly, we may make hot chocolate together to keep warm. Hot chocolate is a delicious warm drink that I love to drink in winter. We can make hot chocolate at my home and make it even better by adding scrumptious marshmallows! You can buy marshmallows in any supermarket. Do you know how to make hot chocolate? First, take a cup and put chocolate powder inside. Next, add hot water and stir it. Then, take a sip to test the flavour. If it tastes okay, you can make it tastier by adding sprinkles and marshmallows. Finally, drink your appetizing hot chocolate and enjoy your life! I suggest we make and drink hot chocolate to keep warm because once your stomach is warm, your whole body feels warm. It's just so good to be warm and full of energy! By the way, this is our secret recipe—don't share it with anyone! I'm sure you'll be warm and ready to face the cold!

Sigh... I've heard that you got a D in the Math assessment and you don't know who to ask for help. I felt so sad for you! Well, I won't let you down, so I came up with two suggestions just for you. Firstly, I suggest using Koobits – it's an online platform available in every country. You can practice math on Koobits and choose from several topics. You may choose the topic you struggle with and do it daily. There is also a daily challenge. After you complete each question, it will tell you if you're right or wrong and explain your mistakes. Remember, learn from your mistakes! Don't be sad if you get a wrong answer—practice makes perfect! I suggest using Koobits because it shows you your mistakes and helps you learn.

Secondly, I suggest buying math workbooks at the "Super Book Store". The workbook I recommend is called "Fun with Math". You can buy the ones that suit you on the weekend. There are five books for G4, each at a different level: easy, medium, medium-hard, hard, and advanced. Each book only costs $10, and it's buy one, get one free. How cheap! You can do 2-3 chapters each weekend in your free time. Each book contains 35 chapters. I suggest getting these workbooks because they won't hurt your eyes, they have answers with explanations at the back, and they include everything you've learned. I'm sure you'll improve—I believe in you! =D

I hope you like my suggestions. If they're not enough, feel free to ask for more! I'm always here for you. Keep up the good work!

Cheers,
Jennifer

HO Yuet Yee (4D)

Flat Z, 82/F, Block 6,
Wonderful House,
428 Rainbow Street,
Shatin, N.T., H.K.
December 16, 2024

Dear Andy,

Hi! How are you? I also haven't seen you for a long time! Is it cold in Australia? I hope one day I can go to Australia and visit you! I know you are struggling with all your problems, but don't worry, I am here to help you solve them!

First, you are worried about how to prepare for a cold winter in Hong Kong. As Hong Kong is not as cold as Australia in winter, so you can buy some sweaters made of wool. If it is made of wool, it will be warmer. If you can't buy the sweater, you can borrow a few sweaters from me. You can also prepare a pair of gloves, since the wind in Hong Kong will make your hands numb and freeze. Talking about the wind in Hong Kong, you can bring a windbreaker, in case the wind is too strong. Other clothing that can keep you warm is a cashmere wool scarf and hat. Cashmere is the warmest wool in the wool family, and it will not make your neck very itchy when wearing the scarf. You can buy these clothes at the "Happy Winter Store" at "Wonderful Shopping Arcade" in Southbank, Victoria, Australia. When you pack your clothes, remember to bring appropriate numbers of clothes for your trip! After playing outside, you can first eat the "all-you-can-eat hotpot". That means when you pay the price, you can eat everything in the shop. You can drink hot soup or hot chocolate in the shop, but remember that don't wait for a long time to drink the soup because the hotter the soup is, the longer the soup can keep you warm. Just wait for about two minutes, the soup will be okay to drink. I recommend you go to the shop in "Moko Plaza" phase 1, shop 201, and it is on the second floor. Its name is called "Happy Hotpot". If you don't know how to go to the shop, I will give you directions for it. After eating dinner, you can go back to the hotel and have a warm shower. It will make you feel comfortable and help you kickstart the next day with vitality!

Second, you got a "D" in the Math assessment and don't know who to ask for help. It's okay to make mistakes because nobody learns without getting it wrong! I know your feelings because I also felt that before, so I will try my best to help you crack your problem! You can try sign up for "Koobits". It can help you improve your Maths in a more comfortable way, which you can earn points after completing some math missions to play some brilliant math games. You can play it with your friends after finishing shower at home. "Koobits" have a lot of levels of math to let you learn. You can first start on the lowest level. When you think that you can master all the math knowledge in the level, then move on to the next level. You can treat "Koobits" as a game. You can do it in your free time. You will take the test on paper, not with an electronic device, so you can do three pages of math exercise worksheets regularly every week. If your mum or dad is free, you can first ask them to help you print some exercise on your home printer. Then, you can start doing the exercise every week, but in 30 minutes, to level up your time management when doing the exercise. You can do it in your room after doing your homework. After doing the exercise, you can ask your parents to help you check your answers and tell you what kind of mistakes you have made while doing the exercise and write down the mistakes in a Math notebook just for the incorrect questions. This is useful for you as doing exercise on a piece of paper regularly will help you improve your math skills quickly. If you still have questions about this problem, you can call me immediately! Don't quit learning Math; you can do it!

Hope these solutions will help you. I will always be on your side! If you have any more problems, feel free to ask me! Please reply soon!

Your friend,
Jennifer

INFORMATION REPORTS

SHUM Hiu Tung (4D)

ALL ABOUT FENCING

Introduction

This text is going to talk about the history of fencing, famous players, and fun facts about Olympic fencing.

History

First, this report will start with Olympic fencing history. Fencing first appeared at the Olympics in 1896 with men's Sabre events appearing in 1900. Women's foil made its Olympic debut in Paris during the 1924 Olympic Games. The Foil was used until 1996 at the games in Atlanta when the women's Epee was introduced.

Famous Players

Second, this report will discuss famous players. Famous players in fencing include Edgar Cheung Ka-Long, Vivian Kong Man-Wai, and Aron Szilagyi. Edgar Cheung Ka-Long won the fencing competition at the Paris Olympics which was the second Olympic gold medal for Hong Kong. Vivian Kong Man-Wai won a gold medal for Hong Kong at the Paris Olympics. Aron Szilagyi is a three-time individual Olympic Games champion. He won three individual golds in 2012, 2016 and 2020. In previous Olympic competitions, he won several gold medals for Hungary.

Fun Facts

Finally, some fun facts about fencing. Fencing is one of the four original sports in the Olympics. It made its debut in 1896 when the program featured three men's events. Another fun fact is that there is a sport called wheelchair fencing. Wheelchair fencing has been contested at every summer Paralympic Games since it was first held in 1960.

Conclusion

In conclusion, fencing has an interesting history, it has several famous players and provides a lot of interesting facts. Fencing can improve our self-defense skills and is a fascinating sport.

CHAN Wing Lam (4B)

OLYMPICS – RHYTHMIC GYMNASTICS

Rhythmic gymnastics is a sport that needs strength, technique, and flexibility. The movements are usually graceful. Do you want to know more about rhythmic gymnastics? Read on to find out more about rhythmic gymnastics equipment, origin, and rules.

Equipment

There are a lot of different equipment in rhythmic gymnastics. The first one is the ball. The material used to make the ball is rubber. The gymnasts use the ball to roll it along their body. They also throw the ball high up into the air and then catch it while doing any gymnastic moves. The second one is ribbon. It is a long satin ribbon attached to a stick. They must keep their wrists constantly moving. The third one is clubs. It is approximately 15 inches long and about 1/3 of a pound. This equipment is like long sticks, but it is not the clubs jugglers use. Gymnasts must show they can control both clubs in different ways a lot of times, for example, twirling one of the clubs while throwing the other club into the air. If the gymnasts drop the clubs, they will get a penalty, but if it is part of routine, the clubs can touch the ground. The last equipment is hoop. It is made of wood or plastic. It can be thrown in the air and then caught. The gymnasts also roll it over their body or rotate it around their hand or other parts of their body. But if the hoop wobbles while thrown in the air, there will be a penalty.

Origin

Rhythmic gymnastics originated in Soviet Union. The Soviet Union High School of Artistic Movement was founded in 1932, brought together the teachings of Demeny, Delsarte, Jacques Delcroze, and Duncan. Soon after, an early version of rhythmic gymnastics was made as a sport for girls. In rhythmic gymnastics the gymnasts can do their routine individually or in a group. Gymnasts also use equipment. The equipment includes balls, clubs, hoops, and ribbons, which will be elaborated Rules in the Olympics later.

Rules in the Olympics

The judges take rhythmic gymnastics very seriously, so there are a lot of rules. For ribbon, if the ribbon drops, breaks, or forms a knot there will be a deduction. The next one is the hoop. If it is thrown in the air, and the hoop wobbles, there will be a penalty. Then there are clubs. If the gymnasts drop the clubs, there will be a penalty. Lastly, there is ball. If the gymnasts drop the ball, there will be a penalty. When the gymnasts do it individually or in a group, there are still rules. Individual gymnasts have to perform for 75 to 90 seconds. If the gymnasts go under or over time, there is going to be a 0.05 point deduction for each second. The gymnasts must perform four times, club, hoop, ball, and ribbon. The last one is group. There are five gymnasts in one group. There are two rounds for group. For the first round, they use balls. In the second round, they will use two pairs of clubs, and three hoops. At Rio 2016, it had five ribbons in the first round, and two hoops and three pairs of clubs. The performances must be from 2 minutes and 15 seconds to 2 minutes and 30 seconds with the same deduction as individual gymnasts for going under or over.

To sum up, rhythmic gymnastics is a sport that needs technique, strength, and flexibility. It takes a lot of practice and skills to excel in this sport. Have you learnt more about rhythmic gymnastics equipment, origin and rules?

SHUM Hiu Tung (4D)

BADMINTON

Have you ever played badminton before? Badminton is the second most popular sport in the world after football. Many people enjoy playing badminton in parks or sports centers. If you are interested in its history, essential equipment, and some interesting facts, please read on to find out more.

Long History of Badminton

Badminton has a long history. Badminton can be traced back to more than 2000 years and was created by British military officers in India. It was originally called 'battledore' and 'shuttlecock'. In those early days, there were no nets or scoring systems involved. This game was popular among the European upper class. It had a significant change in the 1860s when British army officers in India introduced a net and court to the game. Afterwards, it had an official name called 'Badminton'. In 1992, badminton became an official Olympic sport at the Summer Olympics in Barcelona with singles and doubles events.

Essential Equipment of Badminton

Many equipment are needed during badminton, for example rackets, shuttlecocsks and a net. First, a badminton racket is made of various materials. For example, aluminum, wood and metal. But most of modern rackets are made of carbon fiber. Carbon fiber is lightweight, durable, and offers enhanced power material. Most importantly, 'shuttle' or 'birdie' are also the name of shuttlecock. It is made of duck feathers or goose and fixed in a leather covered cock head. There are two types of shuttlecocks: plastic and leather. Each shuttlecock weighs around 4.74 to 5.50g. Feather shuttlecock is typically used for badminton competitions. Third, the badminton net is set up in the middle of the court to divide the playing area into two halves. The standard height of a badminton net is 1.55 meters, which measures from the ground to the top of net. The standard height of the badminton net is important for maintaining the fairness of the game.

Interesting Facts about Badminton

Badminton is one of the fastest racket sports in the world. Compared to tennis, the average number of rallies, shots per rally, and distance covered in a badminton match is much more intense. This intensity is mostly due to the higher speed of a shuttlecock. The shuttlecock can reach a speed of 400 kilometers per hour during a professional badminton match. The rapid speed is similar to a race car on a highway. The best badminton shuttlecocks are made from 16 feathers of only the left wing of a goose. The contours and curvature of the left wings enable the shuttlecock to spin and fly more consistently. Goose feathers are prized because they are light weight and resilient, and can maintain consistent speeds.

In conclusion, badminton has a long history before it was played in the Olympics. Now, you know more about the history, indispensable equipment and two interesting facts. Would you like to try badminton now? It is a fast-paced sport that is easy to learn, and it can be a great way to release stress and stay active.

JOURNALS

CHAK Paak Shun (4B)

QUATRAINS: FABULOUS FOOD

My favorite scrumptious food is pork.
You can eat it with a utensil named fork.
With an unforgettable, rich and terrific smell.
After you finish it, you will praise it as well.

I also love fruit, and apples are the best.
Their sweetness and flavor outshine the rest.
They're tasty, crisp, and oh-so-delicious.
Not to mention, they are highly nutritious.

Without further ado, Siu Mai is also on my list.
I will savor each bite—this part can't be missed.
The Siu Mai is delicious; you could feast for an hour,
But don't linger too long or you will lose to time's power!

Last but not least, I adore creamy ice cream.
It fills me with joy, like an ecstatic dream.
Multicolored gelato has a refreshing layer of quality.
Munching it sends me spinning merrily with pure jollity!

CHENG Pak Yin (4A)

QUATRAINS: FABULOUS FOOD

The time finally arrives; it is my birthday where I can eat
whatever I want, which is fries!
They are ready for me to eat and rise above my eyes.
These crispy fries are delicious,
but they are not nutritious.

Look! Ice-cream shop.
These marvellous sales will never stop!
Let's eat some sugary vanilla ice-cream after running!
Do they look stunning?

Do you like the cheesy hamburger's smell?
They smell and taste brilliant, so they always sell!
What burgers do you like?
But those oat burgers are a dislike.

Do you like durians? And will you faint after eating it?
Just try a bit!
They taste too good!
However, why you hate it is what I understood.

QUATRAINS

ZHANG Ruoxi (4C)

JOSIE'S FUN & COOL HOBBIES

I have lots of amazingly wonderful hobbies that I do,
but today I am only going to talk about two.
Firstly, I love to do fantastic choral singing,
and my skills are actually pretty outstanding.

I love to sing but not drum
lots of extraordinary songs that Youtubers hum.
I like to sing a marvellous K-pop song,
which is actually surprisingly long.

Anyway, I also roller skate,
since learning something is never too late.
It is so fantastic, cool, and fun,
when I can skate faster than I run.

I am actually quite incredibly grateful,
that falling is not very painful.

HAIKUS

LI Pak Kiu (5A)

SEASONS

Warm sunlight hugs me
Cuckoo! Cuckoo! The birds sing
I fall out of bed

Cherry petals rain
Butterflies dance happily
On a green carpet

Ice cream hits my lips
Swish! Swoosh! Sea water dances
I scoop soft white sand

Sweat like waterfall
Palm trees are shaken by winds
Sunlight makes me blind

Sweetest strawberries
Tons of rubies on the farm
I eat the treasure

Gold hair on the tree
Shh! Leaves rustle happily
They glide down like birds

In an orange sea
Farmers sing with their pumpkins
Like having party

White caps on mountains
Swish! Skiing down Mt. Fuji
Frozen like some ice

Raging winds outside
Hiss! Charcoal laughs in the fire
Warms me like jacket

Flip! Flop! On the street
Strong wind slaps me in the face
Lonely like an owl

MOK Hing Yu Emma (5A)

SEASONS

Quartet of faces
Governing nature's weather
Masters of morphing

As fresh as mornings
Buzz! Burly bees embrace dew
Greeting nature's warmth

Trees drape in silk cloaks
Tulips are shimmering beds
Drip! Raindrops falling

Blazing heat sets fire
Splash! Chill waves crash together
Lightning's nature's whip

Salty air rushes
Constructing cool sandcastles
Ice-cream freezes Earth

Leaves float like feathers
Crunch! Leaves chopped like paper swirl
Bittersweet breezes

Yellows yell, "Yippee!"
Browns await windy taxis
Wearing warm jackets

Snow falls like petals
Streets concealed in white burrows
Hibernate for years

Snooze for centuries
Sipping sweet, steaming cocoa
Soothing thousand souls

Poof! Magician's tricks
Four faces never forgot
Circus of cycles

PANG Yat Sum Renee (5E)

SEASONS

The world of flowers wakes
Trees painting leaves tender
Grass stretches to breathe

Grr! Here comes the bear!
Chirp! Birds singing cheerful tunes
Spring's a new chapter

Beaches calling us
The sun dances joyfully
Ice cream pulling me

Storms loud like lions
Rain so much like infinite
Sip snowy soda

Skin dry like desert
Maples jump down from the tree
Crunch! Stepping on leaves

Cool breeze running by
Look at autumn's magic trick
Painting all leaves red

Snow sleeps everywhere
Wade waltzed in windy winter
Build thousand snowmen

Snowflakes waltzed around
Fireplace threw the warmest hug
Hot pot's my blanket

Nature sings fair songs
Seasons bring joy to people
Time flies like falcons

Four seasons travel
Protect polluted planet
Earth's wrapped with our love

TALL TALES

HSU Sheng Yuan (4B)

AN EXTRAORDINARY WAITER

There was a waiter in Happy Restaurant who was called Max. He lived in a town called Joyful Town. He was a kind man. He didn't like rude or cruel people. When a kid fell down, Max would help the kid get up. He was also calm. When he saw a cockroach, he took a glass, covered it, and freed it outside. He had gigantic eyes and a side fringe, and he was fit. He wore a white shirt as snowy as a cloud with a black vest as dark as the night sky. He also wore chino pants that were pitch black. He also wrapped a cloth as smooth as silk around his arm to carry dishes as hot as the sun for the customers. His memory was as fantastic as a crow, and he could run as fast a cheetah. He was also a computer as he could remember all student names from school. He was also lightning, since he could run around the whole world within five minutes.

There was also a chef called Beast in Happy Restaurant. He was the co-worker with Max. He had a shirt as white as cloud. He also wore pants as grey as ashes with a hat as tall as a skyscraper. He could move his hands as fast as motors. His hands were speeding jets, and he could slice a gigantic rock like a mountain into a million pieces within a second with a knife. He was cruel. He used expired materials for years to cook for customers because he didn't want to waste money to buy new ingredients. He was also cold-hearted. There was once a kid fell down, but he didn't help the kid, instead he laughed at the kid. He had microscopic eyes, he was fit, and he also had messy hair. His hair was so messy, and a bird built a nest on his hair without him noticing.

Max and Beast were co-workers. Max always chased Beast to cook faster, so Beast hated him. One day, Max saw him use expired ingredients to cook. Max immediately took out his phone, ready to call the police, but Beast saw it. He went out, and sliced Max's phone into a thousand pieces. Beast knew killing was illegal, yet he didn't care. Beast yelled, "Max! Stop being a waiter, or else I will kill you!"

Beast started waving his knife as fast as a bullet. Luckily, Max swiftly dodged all the attack with the speed of sound. Max hollered, "Everyone flee! The chef is on a rampage! Call the police!" Everyone fled in the blink of an eye. After the customers had fled, Beast went in front of a table, diced it into a hundred pieces in a millisecond, and shot it at Max. Still, Max dodged it effortlessly, but Beast actually used it to block Max's eyesight and let his guard down. Beast instantly went to the back of Max, and did a deep cut as deep as the ocean on Max's back. Max shouted, "Ouch! That felt like getting scratched by a lion!" Luckily, Max once saw the structure of the building. He even remembered how many screws were used on each floor! He jolted like an eagle, went to the top floor, and went into a vent to rest. A few moments later, Max heard a lot of ear-piercing noise as loud as a roaring dinosaur. Bam! Boom! Donk! Max leaned forward, trying to see what was happening outside, but that made a lot of noise from the vent. Clang! Cling!

Clunk! Beast heard the sound. He went upstairs and searched the floor. He opened the vent and saw Max. Max punched Beast with no mercy. Beast fainted from that punch which was 1000kg heavy.

A few minutes later, the police finally came. The police brought both of them to the hospital. Joyful Town was restored to peace again, and Beast went to jail.

Beast finally learned to be a kind person, not a villain since being a bad guy is just wasting his own time.

HO Nga Man (4E)

PETER, OUR HERO

Once upon a time, there was a man called Peter Welly. He was an athlete that represented Tales Town, and it was the little city that he lived in. Peter wore his athlete uniform everyday, no matter what. Also, inside his jacket, he had worn his athlete uniform. It had a star picture on it too. Peter did not wear red shorts, nor did he wear purple shorts, but the orange ones. He had often worn his blue running shoes with white stripes. Peter Welly was known for the "Kindest Athlete" in Tales Town. He had a heart of gold. He was kind and always positive. Peter always did fund-raising for charities that supported poor people or famous hospitals. He also participated in marathons that were held by charities twice a month unless he was hurt. Peter's appearance was very odd out of the Tales Town citizens, since he had a rectangular head. By the time he joined the athlete team, he was as tall as a giraffe. Peter had coral-coloured lips which were the same size as his nose. His hair was brown and abnormally straight because he washed his hair three times a day. Peter had a special ability; it was that he could run for twenty kilometres per ten seconds. Therefore, he was the fastest athlete in the world. Last but not least, he could hear things thirty miles away.

On the older part of town, there lived a woman named Mrs. Albert. She was a lone wolf. Mrs. Albert was a farmer, but her tiny farm only had a fat pig. She wore a blue shirt with a brown apron with rusting farming tools. The apron also had a picture of popcorn. Mrs. Albert wore a purple hat, which had a hole on top of it. She wore red pants and rubber boots because she loved the colour red. Mrs. Albert was less than a metre tall. She had silver glasses, or she would wear a pair of blue glasses. Her short brown hair was as curly as noodles. Mrs. Albert always carried a farmer cart around in spite of everything. Mrs. Albert possessed an ability; she could run nineteen kilometres per ten seconds. Mrs. Albert could also read fifty books in two minutes. Despite her abilities, she was very evil. Mrs. Albert always played tricks on the citizens of Tales Town. She once played a trick on Peter before the day of a relay race. That trick caused Peter to be disqualified from the race, and it caused him to be injured. Mrs. Albert was always jealous of Peter because he had been chosen by his coach on every occasion to represent their town for the relay race. When Peter did the fundraising, lots of people donated money to his charity. But it was all the opposite to Mrs. Albert.

It was the day for the race. Peter arrived at the Grand Sports Stadium half an hour earlier. He was eating his favourite turkey sandwich while he was heading to the venue. When Mrs. Albert arrived, Peter was already stretching and doing practice runs. Mrs. Albert wasn't famous for being punctual. Soon the judge arrived at the Grand Sports Stadium. Mr. Sunflower was the judge of the race. He was the Head of the Tales Town Sports Department. Three minutes later. "On your marks, get set, go!" the judged boomed out loud with his microphone. The race had just started, but Mrs. Albert did not start running, instead she kept reading the books that she borrowed from the Tales Town Public Library. Unfortunately, the track area was even bigger than the Titanic, so it was hard for the judge to warn Mrs. Albert to stop reading. But thanks to Peter's hearing ability, he could hear Mrs. Albert's book flipping sounds ten cities away. Then he shouted, "Mrs. Albert, start running!". Suddenly, Mrs. Albert snapped to attention right after Peter called on her. She quickly put aside the twenty thousand books she read in five minutes. Peter heard footsteps closer and closer. It was Mrs. Albert who was catching up. Mrs. Albert and Peter were both cheetahs, but it was a race to the bottom. Time was ticking. One minute left. It was a cold winter, yet Peter's sweat could fill up two 20-litre buckets. "Beep!" sounded the timer. The judge said, "Mrs. Albert, forty thousand laps. Peter, forty thousand and one laps! Peter had won!" Peter could even give Mrs. Albert a handshake before she ran back home in disappointment.

Later that day, Peter went to Mrs. Albert's red house. "The Public Library Manager said you could get a job there," said Peter. "Why?" questioned Mrs. Albert softly. Peter exclaimed, "Because he saw you reading a ton of books this morning!" Mrs. Albert stood up, gave Peter a big, warm hug, and said, "Thank you!"

The next week, Mrs. Albert was approved to be a librarian. After Peter encouraged her to work, her whole lifestyle changed including her diet, her bad habits and her personality. She was more kind and helpful. She always spent time with Peter helping charities. Since then, she had been completely reborn. In fact, she learned to overcome jealousy and become kind, compassionate, and helpful.

DESCRIPTIVE WRITING

LAM Yik Hay (5B)

PET PEEVES

Do you want to know what my pet peeves are? If yes, you're in luck! Personally, I have a bunch of pet peeves, but I'm only going to talk about two of the pet peeves I absolutely hate the most and that make my head explode! Basically, pet peeves are something someone does that makes your face red like a tomato! My two worst pet peeves are when someone picks their nose and when someone kicks the back of my seat.

Firstly, I'm going to talk about the most disgusting pet peeve that I have. Many people might have this pet peeve because it's when someone picks their nose! It's so filthy when they pick those slimy boogers out—it's like they just gave birth to a huge green gooey monster. Sometimes they even rub it on other surfaces, and it's really unhygienic. It's as unhygienic as a fat pig rolling in mud! I personally won't do that—well, I will in the bathroom—but never in public. It's even more disgusting when they leave a slimy trail of boogers. So whenever someone picks their nose, I will turn into an infuriated monster, ready to crash and smash everything in my way!

Now, I'm going to talk about my past experience seeing someone pick their nose. I remember one time, when I was around seven or eight years old, I was waiting for my scrumptious spaghetti to be served, and I saw a girl who kept picking her nose. I kept staring at her disgusting hands. It was like her finger was digging for treasure in her nasty nose. Her food came, so did mine. I thought she was going to wash those greasy and slimy hands, but I was wrong! I saw her quickly munching and chewing on her delectable hamburger like a starving lion that hadn't eaten for days! I lost my appetite in a flash. When she finished her dinner, I caught her picking her nose again! This time was worse—she wiped her disgusting boogers onto her mom's shirt! Her mom's T-shirt turned from a spotless one into a contaminated one! I almost vomited a mountain and puked all around the restaurant if she didn't stop! After she left, I was still thinking about her dirty behavior. It was completely stuck in my head—like her boogers were connected to my brain. I get irritating flashbacks every time!

Now, I'm going to talk about my second pet peeve. You might have experienced this before—it's when someone kicks the back of your seat. No matter if it's in a cinema, on an airplane, or in any other places, it hurts. Every time he or she kicks me, I repeat it in my heart: You are not a pro soccer player, and I am not a ball. Sometimes, it might just be an accident, but sometimes they keep kicking like crazy kung-fu trainers—aggressively hard. I especially hate it when they kick non-stop, even when I tell them not to. It's very annoying and doesn't let me concentrate. I will literally turn into a ticking bomb, and when they kick me again, I will explode!

Lastly, I'm going to talk about my experience when someone kicked the back of my seat. I remember around a month ago, I went to the cinema to watch "Despicable Me 4" when this happened. I was going to watch it with my mom and some of my friends. We were super excited and jumped up and down like crazy kangaroos! After we got seated, the first kick of danger approached me. THUD! I looked behind me and saw a 5-year-old boy. I thought it was just an accident and ignored him. Around two minutes into the movie, the second thud arrived, and it was a million times more powerful than the first one. He was a giant monster kicking like he was being strangled. My back hurt like I'd just fallen off a thousand-meter cliff and landed on my spine. I tried not to lean back, but my neck was stiff. After 30 minutes, I finally got the courage to have a small talk with him. "Hey lil' buddy," I said because I didn't want to be too harsh, "can you please stop kicking me?" He nodded at me—I thought that meant yes—but he didn't stop! After just two seconds, he banged again like a crazy elephant. The world of banging and kicking continued for the entire movie. "That felt like forever!" I screamed in my heart. I was an infuriated volcano that just erupted. My back was sore for the entire day, but I couldn't do anything since he was just a 5-year-old kid. This incident remains in my head with anger, stuck nearly forever!

So remember—never, ever pick your nose in front of me, or kick the back of my seat! Or else, I will turn into a giant nuke and explode everything into pieces—including you! These are my two worst pet peeves, and if you want to tell me about yours, feel free to introduce them to me!

TSE Yuet Tung (5C)

PET PEEVES

Howdy! Have you heard of the word "pet peeves"? If you haven't heard of it, here's the definition: it means things you hate that can be either unique or common. After I've explained what "pet peeves" are, do you have any? If you don't, you're possibly the most positive person in the entire universe. Well, I'm not quite a positive person, so if you bother me, I will become the Queen of Hearts herself, yelling at everyone! I sure have quite a number of pet peeves, but I am only going to share with you two of the pet peeves I despise the most today.

The first pet peeve I detest the most is people kicking the back of my seat. To me, this action is extremely infuriating and distasteful. Every time this happens, I turn as red as a juicy tomato, and smoke drifts out from my ears. This always happens when I'm riding on any vehicle, and I find it very displeasing and bothersome. It seems like there is an avalanche behind me every time somebody kicks the back of my chair. It also feels like I'm riding on a rollercoaster, jumping up and down in my seat. Argh! And every time someone does that, none of them ever listen to me and stop! Don't even talk about apologizing!

I still remember one summer holiday, after I had just finished swimming training and was feeling quite upbeat, this lady appeared on the minibus and kicked my chair! I was a charging bull, kicking everything in my way away! I said to the lady, trying to keep my voice from trembling due to rage, "Hi! May you please stop kicking my chair? Thank you!" I tried to act like I was being polite to the lady, but inside, I was as annoyed as a bull being surrounded by a million flies! I was hoping that the lady would stop and apologize, but dear me! I was so wrong! The lady not only didn't apologize, but she didn't stop! Instead, she continued to kick my chair even HARDER! I was a bomb, exploding when people kicked my chair and still never stopped when I told them to! I just had ENOUGH! I flared my nostrils, opened my eyes wide, swung around and shouted at the lady, "Please don't kick the back of my chair AGAIN!" The lady pretended as if she were deaf and continued to kick my chair, even though she kicked it much more gently. I was ferocious! I swung my bag around my shoulder and stormed off the minibus at the next station. When I got off the minibus, my back was extremely sore! So, don't you dare kick the back of my seat!

The second pet peeve I loathe is people talking extremely loudly in public—and with swear words as well. This action always occurs when someone speaks on the phone. And do you know how it feels to me? Well, every time someone does this, it feels like my eardrums are bursting and my ears will fall off. To me, this action is super duper annoying. It's like a fly buzzing around my ears all day long! I am a person who loves quietness, so if you scream in my ear—watch out! I will become a troll, grabbing everything and stuffing it into my mouth! And swear words... I RESENT them! When nothing happens at all, they still have to SAY them! My friends and I seriously don't understand why they have to say them like they were praised for it!

I still remember this one time, after school classes, when I was going home with my friends. An old man cut the line for the bus. I didn't really care much about that, but when he took out his phone, I thought a ghost had just flown by. I wasn't a dumb person; I knew that old people loved to shout into the phone and say swear words as well. My friend saw what was happening and glanced at me, forcing a fake smile. As expected, the man dialed a number into his phone, cleared his throat, and... yep, you should know what happened. The narcissistic man shouted into the phone, saying, "Oh my god! You are such a..." Yup, I didn't want to write that. The old man yelled a swear word into the phone, and I became Satan himself. I yelled at the man, "Please stop speaking so loudly with swear words!" The man not only ignored me like I was nothing but continued to do so—though a lot louder. My ear was going deaf by then, and I just prayed to God that he would end the call. I couldn't go to the back of the line as I would have had to wait a long time again. I was on my nerves! I tried to calm down by taking deep breaths, but dear me! It was quite hard to do so! The man started screaming into the phone. I counted how many swear words he blurted out. One... two... three... four... five... There were just too many to count! I yelled at the man in extreme rage, bursting like a balloon, "Stop yelling into the phone with swear words! To you it might not be a problem, but still, it's disturbing everyone in the line!" The old man just shrugged at me and continued to shout into the phone. I thought to myself: Would the phone break? The man was so devastatingly loud that the phone might just run away from him. I covered my ears and waited frantically for the bus, trying to be tranquil. I was hoping the man would end the call, but instead, it continued for ten more minutes. And after the ten minutes, I just had ENOUGH! I trembled in rage and dragged my friend away from the aggravating man. It felt like my ears were exploding! So if you do that to me, I will be a volcano erupting! WATCH OUT!

Make sure you remember my pet peeves—don't kick the back of my chair and don't yell in public with swear words. Also, feel free to tell me about your pet peeves as well!

FANTASY STORIES

CHEUNG Yuk Yan (5D)

ABIGAIL — THE ONE AND ONLY

Abigail Cheung was the most ordinary person you could ever think of. She had a loving father and kind mother, and she lived in Las Vegas. She was 12 years old, and she could learn things at the speed of light. However, she was an introvert, which meant that she was a shy girl, so she had trouble making friends. She wanted to be a teacher when she grew up, but everyone at school bullied her because she didn't have any friends.

One day, as she went to pick her father up at the train station, she noticed a homeless man sitting on the side of the platform. Feeling pity for him, she decided to give her last five dollars to him. The man, grateful for Abigail's help, replied, "Thanks." Then, he made sure no one was looking, and secretly whispered to Abigail, "You're a witch. The one and only. Save Bookside!" After that, he led Abigail to a wall. He pushed a button hidden behind the dustbin and pushed Abigail into the wall. "AHHH!" Abigail screamed. She kept falling as if she fell into an endless tunnel. She decided to close her eyes.

When Abigail opened her eyes again, she saw that she had somehow teleported into a school-like building. Then she saw a logo and understood that she had arrived at a magic school called Bookside. There she was greeted by the school's headmistress, Professor Ellie James. That was when she understood the full story. She was a witch, and because of her kindness to the homeless man, she was known as the "Miracle One". However, there was a dark wizard named Darflrok who wanted to kill the "Miracle One". Time also stopped at Bookside, so she could stay there for as long as she wanted. At Bookside, Abigail learned a bit of magic, like the stunning spell, which made the person paralyze, and the Dragon Hex, which caused the animal to freezing place. Abigail was really good at both of them. One day, Abigail decided to go exploring the magical forest. In the middle of the trip, she heard someone yell, "Help!", so she decided to go and investigate. There, she saw a girl about her age, trying to battle an ice dragon. Without hesitation, she fired her signature Dragon Hex at the dragon, which caused the dragon to topple to the ground. The girl quickly introduced herself to Abigail, "I am Evelyn. That dragon was Barthole, a servant of Darflrok. Thank you so much for saving me!" And just like that, the two students became inseparable friends.

Darflrok was so angry that his plan failed. He locked Barthole in the heat room (Barthole's worst nightmare), allowing him to die slowly. He then decided to kill Abigail himself. He disguised himself as Professor Ellie because he knew that Evelyn and Abigail were very close to her. That evening, Abigail and Evelyn came to visit Professor Ellie as usual. However, the moment the two stepped into headmistress' study, a giant net immediate captured them. Seeing that influence and Abigail could not move, Darflrok decided to return to his original appearance, and that was when everything became clear to the two girls. They were going to be killed! Darflrok raised his wand and prepared to strike. "Killiemo!", he yelled. "Killiemo" was the killing curse, the worst spell of all. A jet of green light sped out from Darflrok's wand, but Evelyn quickly blocked the spell using the shield charm, which she was the best at. Darflrok, clearly not giving up, yelled, "Killiemo!" again. This time, Evelyn couldn't block the spell. Abigail was scared, so she closed her eyes, but she couldn't feel anything. She thought, "If this is the feeling of dying, maybe it isn't so bad after all." She decided to open her eyes, to her shock, she found the real headmistress standing right in front of her, blocking the spell. Abigail quickly waved her wand, and that instantly broke into 1000 pieces. After Evelyn and Abigail were freed, they went to help the headmistress defeat Darflrok together. Darflrok, sensing that he was overpowered, decided to flee the scene, but he accidentally took the wrong way, and fell off a cliff, never to be seen again.

Even though Evelyn, Abigail, and Ellie knew that Darflrok was dead, they still didn't dare to celebrate. They knew that Achilles, Darflrok's fire phoenix pet, was still at large. Achilles also knew that Darflrok was killed by Abigail, and he wanted revenge. He went to find the trio, not knowing that the three people he was looking for were actually finding him too. The four of them accidentally met at the secluded area near the school. The moment Achilles saw them, he unleashed all his anger when he lost his owner, and the anger turned into fire! Fortunately, Abigail used the water spell, and successfully put out the fire. Then, Ellie helped suppress the phoenix by tying the phoenix using "Bongarious". Then, everyone decided to let Abigail kill the phoenix because she was the "Miracle One". Abigail hesitated, not wanting to kill anyone. She asked the headmistress, "But Professor, isn't killing illegal and against the law? I don't want to have a criminal record. I only want to do good deeds for the world, not become a murderer!" "Abigail, you are the chosen one. Think of everything that just happened. Wouldn't you be angry? I could explain to the Ministry of Magic why you had to use the spell. I am sure they will understand." Abigail recalled everything that just happened to her and her best friend. She slowly raised her trembling hands, and whispered the killing spell. A jet of green light shot out from her wand, and a split second later, Achilles turned into ashes, his remains slowly floating to the ground.

Back at Bookside, everyone was celebrating Abigail's success. But even under everyone's persuasion, she still decided to return to Las Vegas. "Goodbye everyone," she said, with tears in her eyes. However, her life wasn't the same anymore, even in Las Vegas. She had overcome her fear of making friends. She had many friends, including Evelyn. And sometimes, she'd still visit Bookside, either to visit her friends, or to keep learning magic. That was how everyone lived happily ever after.

MAK Ching Ling Averie (5E)

TEAMWORK IS DREAM WORK

Once upon a time, there were two besties who lived in the vast, busy UK. They were named Kristy and Maddison. Kristy was 9, and Maddison was 11, but they shared the same dislikes, weaknesses, and fears. They studied at Hangleton Primary and both faced the same problem—bullies. Kristy wanted to be an author, and Maddison wanted to be an actress, but the bullies discouraged them, making them feel depressed and stressed, and drove them away from their dreams.

During the summer holidays, Kristy's 16-year-old brother Jake brought them to the beach. Maddison exclaimed, "Let's go surfing now!" As Jake sat on a sun lounger, Kristy and Maddison started surfing. Suddenly, a gigantic wave pulled them into the ocean. They reached a strange sandy area. "How are we still breathing?" Maddison asked, horror-struck. Kristy squealed excitedly when she saw a glowing cave. They swam inside. Suddenly, they were surrounded by billions of bubbles and found themselves in a colourful sea world with pearls, seashells, and beautiful corals. The water was a pleasant pastel lilac purple, with magical sparkles.

A mermaid swam over and asked, "Who are you? What are you humans doing in Mermaidia?" Maddison nervously explained how they got there. The mermaid, Lily, laughed and said, "You two must be the Chosen Heroines." She explained that the Sea Witch, Brattina, had captured Queen Esmeralda and taken her magical pearl, which allowed mermaids to breathe underwater. Esmeralda predicted that two human girls would come to save Mermaidia. Kristy and Maddison were clearly the ones.

Maddison bravely agreed to help. Lily led them to Brattina's coven. "It's Esmeralda in a dungeon!" Kristy gasped. Brattina appeared, whispering, "Who disturbs my coven?" She summoned spikes and attacked. Lily passed a glittery pink clip to Maddison—it was a signal! Mermaids and mermen swam in, shouting, "ATTACK!"

Brattina summoned talking crabs. Kristy remembered Jake's advice and told Maddison, "It's time to face our fear." They dodged the crabs and summoned everyone to a cave. "We need teamwork and a strategy!" Kristy and Maddison said. The mermen distracted Brattina while the mermaids searched for the key. Kristy found it and gave it to Maddison, who freed Esmeralda just in time.

Esmeralda stopped the crabs and rewarded Maddison with a silver tiara and Kristy with a mermaid-shell bracelet. They returned home, learning that teamwork and courage could conquer anything.

LEE Hoi Ching (5B)

COMPASSIONATE SHALL BE YOUR DESTINY

Ever heard of "Compassionate shall be your destiny"? Well, Lily understood it after a journey to Earthbread.

Lily was a teenage girl whose dream was to cook. She was compassionate, but unfortunately mistreated often at school because she was broke.

One fateful day, Lily discovered a bag of blue flour in a trash can while searching for food. Lily thought she could use it someday, so she decided to take it home. However, as soon as she touched it... "Ahh!" She got sucked into the bag!

Lily opened her eyes and saw that she was in a forest made of lollipops. She was very confused but decided to explore anyway. "You'll never get the soul jam back!" shouted an annoyed voice. "Wait! Give it back!" exclaimed another. Lily tiptoed toward the voices and spotted a black crow stealing something from a boy with blond hair. "Don't steal!" she howled, shooing the crow and retrieving the object. "I, Crowl the crow, will come back!" the crow screamed and flew away. The boy said, "Thank you! This is..."

Pure Vanilla explained, "The thing in your hand is a soul jam. It's a crystal with unbelievable power. An elf named Shadow Milk wants to steal it from me. Will you come with me to stop him? He wants to rule Earthbread with darkness!" Lily, knowing she couldn't let the world down, agreed.

As they approached Shadow Milk's territory, a suspicious fairy pleaded, "Please! I'm a shepherd fairy, but I lost my sheep!" Lily agreed to help—but the fairy transformed into Shadow Milk!

"Wasn't expecting me this early? Too bad! Your soul jam is mine!" Shadow Milk declared. He trapped Pure Vanilla in a cage. Luckily, Pure Vanilla dropped the soul jam just in time. Lily ran from Shadow Milk's attacks, but he shouted, "Say goodbye to your friend!" and fired a laser at Pure Vanilla. Lily blocked it and was seriously injured. "Yes! She swallowed the bait!" whispered Shadow Milk and stole the soul jam. But the jam sparkled and flew back to Lily in response to her compassionate heart.

Surrounded by bright light, Lily became immortal and summoned butterflies. Shadow Milk tried to attack, but they transformed into an enchanted tree with crystal leaves and silver flowers, trapping him. "WAIT! I'll be back!" he screamed before being sealed.

Back in the kingdom, Lily was celebrated. The king rewarded her with 100 gems. She used them to hire a cooking teacher and eventually became a cook for the fairies.

One day, while collecting berries, she found the tree destroyed—Shadow Milk was gone.

NEWSPAPER ARTICLES

NG Liana (5D)

DRUNK DRIVER CAUSES SUPERMARKET CHAOS

On Monday, 7th October, at approximately 9 p.m., a blue Tesla crashed into a supermarket, causing one death and several injuries at 135 Hogwarts Hills, New South Wales.

A blue Tesla lost control, ran onto the pavement, and crashed into the supermarket. The driver, Mr. Peter Campbell, was caught drunk driving.

An eyewitness, Mrs. Leyla Johnson, exclaimed, "I was just passing by when I witnessed the accident. The car just rammed onto the pavement and straight into the supermarket! Shattered glass was everywhere! It was so scary!"

The driver was caught on the traffic camera driving at a speed of 80–90 km/h, which was over the speed limit.

A police officer, Mr. Peter Oliver, reported that the driver had failed the breathalyzer test.

Another witness, Ms. Casey Carpenter, stated, "I was just going home when suddenly I heard a loud boom! I turned and noticed a blue car had crashed into the supermarket."

A witness's dashcam footage showed that the car was going so fast that the driver was suspected of drunk driving. The car had rammed onto the pavement, then into the supermarket.

A paramedic stated that a 14-year-old female, Ms. Audrey Taylor, suffered multiple bone fractures from the crash. Also, a 17-year-old male, Mr. Harry Dressel, was rushed to Union Hospital immediately due to serious injuries.

"I was just around the corner. I was stunned when I saw a car crashing into the supermarket entrance!" Ms. Brook Adams, one of the bystanders, stated. "The car suddenly lost control and smashed into the supermarket and knocked over a pedestrian! I immediately called 911!"

A 16-year-old female, Ms. Kayley Elizabeth, was fatally injured and was certified dead in Union Hospital at 10:30 p.m.

Her family cried, "We were still having fun in the morning. I can't believe she passed away so suddenly. She was only 16!" The hospital mentioned that they had tried their very best to save her, but unfortunately it was not successful due to severe injuries. The head nurse apologized for the family's loss.

The police cordoned off the affected area with police tape. The road was blocked for around an hour, causing some traffic jams.

The Chief Police Officer, Mr. Shelton Brown, stated that drunk driving could be very dangerous and might even lead to death. He hoped that such accident would not happen again.

Drunk driving is a serious criminal offence and may result in a maximum fine of HKD 25,000, three years of imprisonment, and ten driving offence points.

The Police Department reminded citizens, "If you drink, don't drive!"

ZENG Evelyn Ailin (5D)

MULTI-VEHICLE ACCIDENT — DRUNK DRIVING

Today, at three o'clock in the afternoon, a multi-vehicle accident with three people involved occurred at 138 On Muk Lane, Shek Mun.

The paramedics saw shattered glass all over the concrete floor when they arrived at the scene. Blood stains were smeared on the ground. A paramedic claimed this was a severe car collision and that he had never seen a crash scene like this before.

One of the victims, Mr. Michael Sze, was unconscious when the ambulance arrived. He had a broken rib and several internal injuries. His blue BMW had flipped and was severely damaged with several dents. Mr. Sze was immediately sent to the hospital for surgery.

Another victim, Miss Charlotte Leung, was still conscious when the paramedics and police arrived. She was found in her black truck. She had minor injuries on her wrists and facial trauma.

According to Miss Leung, she saw the driver, Mr. Bob Chan, holding a bottle of champagne, drinking non-stop.

The driver, Mr. Chan, was conscious when the ambulance arrived. His red Tesla had only a few dents.

Mr. Chan's face was red, and he was trembling when he got out of the car. Police officers began to suspect him of drunk driving. Officer Wong requested Mr. Chan take a breathalyzer test.

When Mr. Chan heard this, he stuttered, "I did drink a little bit of champagne, but it was just a little." He seemed guilty and admitted to drunk driving. He was taken away by the police.

It turned out that Mr. Chan had more than 22 micrograms of alcohol per 100 mL of breath, which was counted as drunk driving.

The paramedics found that Mr. Chan had a bone fracture which may require three months to fully recover.

An eyewitness named Kelly Ming exclaimed, "I saw a red Tesla whirling around while crossing the road. Without hesitation, I ran for my life. I took a glimpse backward and vaguely saw a bottle of champagne. I knew the driver was drunk!"

A police officer reported, "This is a severe car collision involving three people. Drunk driving is a dangerous act that causes many accidents."

Miss Leung underwent minor treatment and was trying to recover from the shock.

A paramedic, Hannah Wong, stated that Miss Leung had facial scars and bruises and would need about six weeks to fully recover.

Police officers are still conducting a preliminary investigation into the accident.

Chief of Police, Mr. Conrad Hui, said, "According to CCTV footage, we have evidence showing that Mr. Chan caused the accident. We saw his red Tesla whirling before the crash. Mr. Chan also admitted to drunk driving. However, we do not yet have enough evidence to prosecute him."

The Chief Executive of Hong Kong, Mr. Lee Ka Chiu, reminded citizens to be cautious of drunk driving and to report any suspected cases. The government issued statements on social media promising to work hard to prevent such incidents.

Miss Lindy Bing, a government official, advised citizens to ask a sober friend to drive or take a taxi if they have been drinking. She warned that drunk drivers are legally liable.

The government urged citizens to avoid drunk driving and to stay alert for erratic drivers.

Mr. Chan may face imprisonment and will need to pay compensation if requested by the victims' families. The amount has not yet been decided.

BLOGS

GAO Wenxi (6C)

PLAY DAY

It was a wonderful Wednesday morning. Do you know why? Today was Play Day! The annual school outing event that lets us students experience the feeling of collaboration and inspiration. Each grade had a different destination. For Grade 6, we went to the Chinese YMCA of Hong Kong New Territories Centre.

When we first arrived in the unfamiliar surroundings of scary and tall rock climbing walls and confusing gear used for climbing, we were scared and nervous about the upcoming events. The coach guided us using fun and friendly speeches to teach us how to put on the equipment. After that, we trained ourselves through some climbing activities. Time was running out, and it was time for lunch! We sighed. How could this event have finished in such a short period of time? Luckily, the coach said we could go back again if we finished the other activities more quickly and with discipline.

During lunch, my friends and I sat together and chatted about the upcoming term break. Some suggested going to Disneyland together, and some planned a vacation elsewhere. Everyone was cheerful; everyone was doing well.

We moved on to the next event, which involved splitting into groups and doing seemingly weird stuff. In one event, we had to sit on a skateboard-like thing and push ourselves forwards and backwards using toilet plungers. It was actually challenging due to our heavy bodies, and we struggled a lot. Another activity included four people standing on sticks, with one leg on each. The stick was one and a half metres long, with ropes tied onto it. We had to move onward, with strategy and skill. The large football area for us to play in was bathed in the soothing sunlight, whilst we were clapping and cheering after the success of our teammates.

As promised, we were brought to the rock climbing area once again. We put on sturdy helmets, attached the ropes to our bodies and were ready to climb! Each one of us lined up with enthusiasm. The first student went up; we observed him as he slowly climbed the wall. Once he did, he rang the bell at the top to show his accomplishment. The students went one after another, some slower and some faster.

Nevertheless, they all tried to get to the very top. Once it was my turn, I climbed up as quickly as possible and rang the bell. It was surprisingly easy! All my friends cheered for me as I returned to the ground.

When we all arrived back at school, we said our goodbyes and went home. This was a great day, I thought. This was also Grade 6, the last grade of primary school. As the afternoon slowly faded into dusk, I knew I would remember this day as a milestone for the start of Grade 6.

TANG On Yu (6B)

DO WE CONTROL TECHNOLOGY, OR DOES TECHNOLOGY CONTROL US?

Technology is very important in our lives. We rely on technology more than we think. But can technology show more advantages than disadvantages? Do we control technology, or does technology control us?

Global warming is a very serious problem. The Earth is becoming warmer and warmer every second we spend relaxing, chilling, and resting. Humans should have noticed it earlier, but is it too late to change it? Technology means a lot to global warming. If we use more technology, more carbon dioxide will be produced, contributing to global warming. So, should we use less technology? Humans need to learn to live without technology. We rely on it so much that we can't live without it. If we don't change, there will be more serious problems like earthquakes, floods, and typhoons—and this will all be the consequence of using too much technology and not caring about global warming.

We each have essential jobs in protecting the environment. Global warming can cause a lot of issues, interrupting our lives. When our Earth's health worsens, we will regret not protecting the environment and letting global warming take over our planet. But it is also our fault that global warming exists, so we must stop using so much technology. We are over-relying on and overusing technology. Technology might help us a lot and make things easier and faster, but it also has a lot of disadvantages. People used traditional ways to do things in the past, but now that technology is becoming more and more common and valuable, we are using it more. New technology is mainly powered by fossil fuels, and it's bad for global warming issues. So, we must use less technology to protect our beloved Earth.

Will technology use up so many natural resources that it harms the environment? Technology uses a significant amount of natural resources. For example, producing electronic devices requires many natural resources such as fossil fuels, minerals, and metals. But could using this amount of resources harm our environment? Using too many natural resources for technology will result in water shortages, biodiversity loss, ecosystem damage, and increased global warming.

Technology also requires a lot of non-renewable resources, such as precious metals like gold and silver, which could all create a lot of waste. Producing technology also uses a lot of materials like wood, rocks, and other valuable resources that are important to the environment.

Is life better now than 100 years ago because of technology? Technology was invented over 100 years ago. For example, phones had just been invented, and only rich people used them. But now, everyone owns a phone, and they don't need to use letters like in the old days. It takes time to send a letter from place to place, even in an emergency. Now, with better technology, we can just open an app to send a message to our friends, and they will receive it in seconds. It seems like life is better now than 100 years ago because of technology.

In conclusion, technology is now controlling us. It is because we depend on it too much. AI and robots have now been invented, and they may take over our jobs if we continue using too much technology.

LETTERS OF COMPLAINT

ZHANG Long Yui (6A)

Flat A, 1st Fl, Blk 1,
Harmony Garden,
111 Newton Rd,
Tai Po, N.T.,
Hong Kong
2nd June 2024

Extraordinary Restaurant
156 Deluxe St,
Mong Kok,
Kowloon, Hong Kong

Dear Mr. Kendry Apollo,

Salutations! I am Larry Zhang, a customer who visited your restaurant on 27th May 2024. I searched for high-rated restaurants on OpenRice and discovered that Extraordinary Restaurant had a rating of 4.9. Therefore, I decided to go with my family. However, what I felt after visiting was like tumbling off a cliff.

First, when we arrived, we had to wait forever outside the restaurant, and the waiter still told us to wait. How would you feel if you had to stand outside, starving, with no one telling you when you could go in? I am sure you would dislike the restaurant before even entering.

Second, when we finally sat down and started ordering, the waiter was very impatient and tried to walk away. That was unacceptable. If this happens again, I will rate Extraordinary Restaurant as 0.1 on OpenRice. So please take my complaints seriously.

The waiter slid our dishes onto the table and rushed off. The restaurant was so dark that we could barely see what we were eating and had to use our own flashlights! The table was smelly, and the floor was oily and sticky. We even found a mosquito in the soup! It was appalling. I am sorry to say that I will report this to the Food and Environmental Hygiene Department unless improvements are made.

As for the food, the Shrimp & Cream Pasta had only one tiny shrimp. It cost $150, so I thought it would be as extraordinary as your restaurant's name. Instead, it was as dry as a biscuit and as cold as ice. My son ordered the Deluxe Scrumptious Double Cheese Japan Steak Burger. The name was long, but the burger's diameter was no larger than a finger. It was soft like a sponge, and the steak wasn't fresh. If you respond quickly to my complaints, I will post positive reviews on both Facebook and OpenRice to praise your fast action. A rapid response is the best sign of respect to me. I'm sure more customers will visit after seeing my post.

I suspect the chef mixed up sugar and salt because my wife's drink was unbelievably salty. As the manager of the Grand Extraordinary Company, I believe you have the experience to act on customers' feedback.

Here are some suggestions for improvement:

First, train the waiters. You could set up awards like "Best Waiter of the Month" and reward good performance with money or vouchers. You can also ask customers to complete surveys and hire a service manager to supervise staff. Poor service means fewer customers, as no one likes nasty environments.

Extraordinary Company is known worldwide. You and your team can definitely handle problems like these. For food, I suggest you try the meals yourself and gather customer feedback. To avoid losing business, create more unique and creative dishes, increase portion sizes, and freeze ingredients to keep them fresh.

Lastly, improve the environment. Hire janitors to clean the restaurant daily. Buy new towels and advanced cleaning tools. Let professionals deep-clean and remove pests every three months. Brighter lights and decorations would help too. Most importantly, create a hygiene improvement schedule. If nothing changes, I'll tell my friends not to visit. But if things improve, I might host a large party at your restaurant with pricey dishes like abalones and lobsters—at least twenty people will come!

These are my suggestions. I hope you understand customers' feelings and improve the service, food, and environment. You may contact me on 1111 1111 by phone or WhatsApp, or email me at Abc123@gmail.com. I'll check as soon as possible. Sorry for the disturbance, and thank you. Have a nice day!

Yours sincerely,
Larry Zhang

CHEUNG Tsz Kiu (6A)

Flat A, 1st Fl, Blk 1
Double Cove,
1 Wu Kai Sha Rd,
Ma On Shan,
New Territories,
Hong Kong
27th September 2024

27th September, 2024
Hoo's Thai Cuisine Restaurant
62 Christmas Rd,
Kowloon,Hong Kong

Dear Mr. Chan,

I am Mary Chan, a customer who visited Hoo's Thai Cuisine Restaurant on 10th September 2024, at 8:00 p.m. I am writing this letter to express my extreme displeasure with the horrible service, food, and environment in your restaurant.

First of all, the lousy service towards customers was shocking. The servers in your restaurant were offensive, thoughtless, and impatient. They kept moaning and stomping their feet while I was ordering, as if I were a "waste of time". Moreover, your workers did not bring in the food properly. One of your servers, Isabelle, tossed my coconut water at me, which wet my skirt. Then, when I was trying to ask for directions to the toilet, your server just kept chit-chatting with the other staff, not doing their work, and ignoring me! I was extremely frustrated and disappointed with how you trained your workers. This is truly outrageous and unacceptable. If these cases continue, I may have to lodge a complaint with the Consumer Council and post negative reviews on Keeta. I would also tell all of my relatives not to visit your restaurant because of my terrible experience. I am sure that you do not want to lose any customers.

Furthermore, I was totally appalled by the unsatisfactory quality of food. There was a massive fly in the Tom Yum Kung soup that I had ordered. However, when I asked one of your servers to replace the soup, he simply went to the side and scooped the fly out—completely unprofessional and disgusting. Not to mention, the Hainanese rice was undoubtedly overcooked. I had high expectations that the rice would be separate and fluffy. However, it turned out to be stuck together, and there were even some suspicious, gritty substances in it, which was extremely unpleasant. I was also outraged by the quality of the chicken. I expected it to be tender, juicy, and delicate. Instead, it was dry and stringy. Do you offer this kind of food to your customers every time? Is this how you run a high-ranking restaurant? I was so disappointed.

Finally, the hygiene of your restaurant was completely unacceptable. There were pieces of food and spilled liquid on the table when I arrived. When I asked your janitor to clean it, he just randomly swept the table and chair surfaces. Ultimately, there was still soup and noodles on my chair, and I had to clean it myself using my own wet tissues! How ridiculous! Also, the floor was sticky and wet. Food debris, such as shrimp shells, was everywhere. Do you clean your restaurant frequently? I was shocked by how vile the environment was.

As everyone knows, Hoo's Thai Cuisine Restaurant is one of the highest-ranking restaurants in Hong Kong. I believe that my experience was an unfortunate accident. To maintain the quality and reputation of your restaurant, here are a few suggestions:

Firstly, to address the poor service, I suggest providing surveys for your customers to better understand their opinions. You could also require your staff to attend training courses to improve their service quality. Encouragement is important too! You could set up a "Top Worker" programme to reward hardworking staff.

Secondly, to fix the low quality of food, I recommend that you monitor your chefs more closely and check food hygiene more frequently. You could conduct spot checks twice a day. You might also consider cooking masterclasses to strengthen your chefs' skills. Time management is key—setting timers during cooking could help improve consistency.

Lastly, to improve cleanliness, you could hire janitors from professional companies, such as Magic Clean Environment Company. Frequent pest control and the use of advanced cleaning supplies would help too. Schedules and to-do lists can make janitors more efficient and organised.

To conclude, I really hope my recommendations are useful. If your restaurant improves within this month, I may consider hosting a party of 45 people with a 12-course meal at your restaurant. Most importantly, I would post a 5-star review on OpenRice and tell all my colleagues to dine at your restaurant. I can be reached at 6744 6460 or by email at MaryChancutie@email.com.hk. I look forward to your reply.

Yours sincerely,
Mary Chan

OBSERVATIONAL REPORTS

CHENG Yi Kiu (6D)

HONG KONG DISNEYLAND

Glancing around me, I see the dark green, colossal entrance of Hong Kong Disneyland standing before me. The enormous, adorable Mickey Mouse sign hangs from the towering, massive gate. I head to my favourite place in Disneyland—the wild, the "luckiest town in the west," Grizzly Gulch!

In the distance, I see the immense Big Grizzly Mountain. When I walk a little closer, I can hear the frightening, deafening screams of tourists on the drab, antique Runaway Mine Cars. I close my eyes and listen to the harmonic, peaceful chirping of birds. Calmly, I stride towards the Runaway Mine Cars and line up in the never-ending queue. Chattering ecstatically, the tourists all seem gleeful and excited for the ride. An anxious and distressed feeling washes over me. The delighted but jittery screams from the people riding the mine cars make me feel both aroused and agitated. My fingers linger around the unblemished but fractured wooden benches. They are in an unforgettable brown colour—a stunning shade of henna brown, a rocky and solid texture that is welcoming to sit on. The fans hanging from the ceiling emit rowdy and strident noises, the shuddering, dainty wind brushing against my powdery, delicate skin. Finally, it is my turn to go on the ride. The mine car zooms forward before I can process it, giving me the fright of my life! I scream my heart out, my thundering and piercing cries filling the breezy air. The mine cars are iron beasts, showing the nature of being powerful and robust. Abruptly, chilly, refreshing cold water squirts at all of the "passengers" on the ride. The mine cars start going backwards out of the blue. We all laugh playfully, our laughter echoing in the dim, massive Grizzly Bear Cave. Suddenly, a roar! I look up and see a substantial, eerie-looking grizzly bear. Without a single warning, the mine cars rapidly rush forward, like a group of cheetahs ready to lunge at their prey. The mine cars arrive back at their original position, ending the appealing and thrilling adventure in the mine caves.

As I step off the ride, the aroma of fish and chips makes me walk toward the Lucky Nugget Saloon. Pop! A balloon bursts in a child's hand, causing the little boy to cry. The sound of his bawling gradually fades. I pay for the fish and chips and bring the tempting food to my nose. Sniff! I inhale, letting the luscious, divine aroma reach my brain. Then, I take a bite. The food tastes palatable and tantalising, and the pleasant flavour washes over me. The buttery, rich taste makes me addicted to the zesty fish and chips. The fried chips are briny and well-flavoured, perfect for my liking. The food is so mouthwatering that I don't notice I'm standing under the blistering, boiling sun. It scalds my skin, forming a tanned, light red mark on my arms.

Whoosh! The gentle wind caresses my skin. It instantly cools me down. Casually, I step into the restaurant where I plan to have lunch—Comet Café. The café is built mainly in blue. The top is light blue, and the ceiling is a stunning shade of cobalt blue. In the middle, a sign reads "COMET CAFE" in luminous, radiant tiger orange. Two poles stand upright on opposite sides like towering soldiers welcoming me in. I walk up to the menu. My eyes lock onto the beef tomato noodle soup and the burgers. My mouth waters. I close my eyes and listen to people chattering loudly. The satisfying sound of trays softly clanging onto tables echoes in my ears. Slowly, I walk to the counter and place my order. I imagine how crispy the fries must be—the sound of people biting into food is too clear to ignore.

A tall, graceful waitress stands beside a majestic tree, inviting me in. The trees dance elegantly in the breezy wind. The fans in the café are like people in a market, spinning hurriedly. I scrunch up my nose to inhale the perfume of nearby women. The smell of smoke from the kitchen reminds me of barbecue. A pot of fragrant flowers stands beside me, welcoming and tempting. I shiver as the sweltering, warm air brushes my skin. The waitress leads me to my seat. I touch the waxy seats and brush my fingers along the smooth, hard table. I adore the modern design of the restaurant—it matches the Tomorrowland theme.

In the blink of an eye, a tray is placed on my table. I can't take my eyes off the tempting bowl of beef tomato noodle soup. The noodles smell aromatic and savoury. I drool as I pick up the sparkling silver fork. I wrap a noodle around it and taste it—soft and melting in my mouth! I try the tomato—rich, umami flavour floods my senses. Another waitress brings fried chicken, a burger, and fruit juice. I sip the luscious juice and devour the spicy, crispy chicken. The food in Comet Café is like flavourful artefacts—treasures from the kitchen, each with its own unique taste.

After an exhausting but blissful day, I get ready to leave Disneyland. The sun sets, casting a golden glow on the iconic castle. The laughter of children and joyful ride sounds fill the air. The memories I made today are etched in my heart. I wave goodbye to the happiest place on earth—Disneyland, where dreams come true and fantasies feel real. As I leave, the twinkling lights fade, but the joy lingers on.

MA Tsz Chun (6C)

A VISIT TO DISNEYLAND

Today is the most remarkable and thrilling day of my life. As I stand under the green, metal gateway of the superb, exhilarating Disneyland, swoosh—the cool breeze of fun brushes past my face. I walk through the entrance of Disneyland and jump out of my skin as I see the young children run around with glee. "Hooray!" I exclaim as I start exploring this whimsical world of adventure.

Strolling down the vast, bustling Main Street, U.S.A., a living postcard, the stores that echo the feeling of early 20th-century Americana and nostalgia hug me tightly and take me on a trip down memory lane. The charming, beautiful storefronts stand proud on the sides of the coarse, bumpy cobblestone road. They make the guests want to enter in a heartbeat! I observe the visitors munching on sugary treats, meandering down the cobblestone street toward my first location—Tomorrowland!

Just beyond Main Street, U.S.A. lies the Tomorrowland Comet Café, a meteor shower of delights that presents a futuristic aesthetic capturing the essence of the future and innovation. Upon walking inside, the sweet aroma of caramelised popcorn hits me like a strong wave. The murmurous sound of families chatting fills the atmosphere while they munch on their delightful and decadent meals. Sitting down with my set of a freshly grilled Cosmic Burger, a bundle of sizzling hot and salty potato wedges, and a gelid lime green Starburst Smoothie as cold as Antarctica, I can't wait to indulge in these specimens of delicacies!

As I start to munch on the delectable Cosmic Burger, the savoury taste performs a smoky symphony of flavour that explodes in my mouth. I catch a whiff of the smoky bacon in the middle. The sizzling, golden potato wedges glisten in the full, decadent meal. Meanwhile, the people on the roller coaster outside the round window scream as loudly as a foghorn in both excitement and fear. The roller coaster goes up and down, swirling around like an agitated earthworm. I take a long slurp of the lime green Starburst Smoothie. The refreshing, minty juice coats my thirsty, dry tongue. The smoothie sloshes around like a whirlpool. I savour the whole meal, leaving nothing to waste on the food tray. The atmosphere of the café, along with the merry laughter, fills the air.

After I finish my delectable meal, I head for my next location at breakneck speed with ants in my pants—Grizzly Gulch!

Treading into the depths of Grizzly Gulch, the canyon of adventure, I am completely ingrained in the crisp mountain air and vast wilderness. The environment evokes traces of the spirit of the Old West as old as time. The rustic wooden structures and rugged decorations imitate a historic and dusty mining town. The aroma of herbaceous and resinous sagebrush is everywhere. As I stroll down the winding pathways of rough bricks and rugged cobblestone, the arid, untamed environment takes me back to the nostalgic, wild West. The immersion gets even better when riding Grizzly Gulch's most iconic attraction—Big Grizzly Mountain Runaway Mine Cars!

Waiting in line for the ride, I snack on a bucket of sweet, glazed caramel popcorn. I notice numerous wooden cabins sheltering me as I advance further down the line. The nutty and woody smell of wooden furniture engulfs me. I see a variety of engineering equipment, mining tools, and even various rusted instruments hanging on the cabinets and walls. The stale, acrid air fills the heavy, resinous atmosphere. Hopping into the mine cars, a feeling of both excitement and nervousness washes over me as I sit on the creaky chairs. Then, in an instant—hiss!—the mine cars whoosh off onto the tracks as suddenly as a pop quiz and into the mines. The sooty wind brushes past my face as the mine cars travel throughout the mines at lightning speed. The mine cars are like wild stallions galloping out of the mines in the blink of an eye and high into the sky and clouds. My clamorous laughs are a mix of excitement and fear. The endless, rusty tracks of the invigorating, jovial Big Grizzly Mountain Runaway Mine Cars finally come to a slow, calming halt. The families behind me breathe a sigh of joy and relief as they gather their belongings and head for the exit.

As I return to Main Street, U.S.A., boom! The radiant, dazzling fireworks explode with glee into the dark, cold night sky. The smell of fruity strawberry cotton candy immerses me. For a moment, I completely forget about my worries and sorrows as I immerse myself in the show and festive laughter. The vibrant colours of the fireworks reflect off the visitors' eyes. I recall the fun, enjoyable moments I experienced in Disneyland. I explored two different worlds today—one, a place that screams of the modern future; the other, a town that echoes the past eras of the Wild West. Each exhilarating ride, delectable treat, and wonderful encounter weaves a giant tapestry of whimsy and amusement. Disneyland isn't just a place for entertainment—it's a haven, an oasis of pure bliss and glee, and a sanctuary where fun knows no bounds.

STORIES WITH FLASHBACKS AND CLIFFHANGERS

CHAN Hoi Lee (6D)

THE VALUABLE WATCH

"Hey! Why did you steal my watch?" Yuri yelled at Mary. Mary replied with a confused and innocent face, "I didn't!"

Mary was the innocent one, but Yuri didn't know. The situation turned out to be a disaster, and they knew something bad was going to happen. Suddenly, when they turned their heads to the back, they saw a classmate named Ben. He seemed nervous, and his hands were sweating. He said, "Um... it wasn't me I really didn't steal it."

It all started last week. Before the morning homeroom time, Yuri was chatting happily with her friends in the hallway. However, she suddenly saw Mary staring at her suspiciously. Yuri was a bit confused because she didn't know why her best friend Mary would stare at her. Additionally, Yuri was a really smart and pretty girl, so a lot of people were always envious of her. She also had a valuable watch that she wore to school every day.

Two hours before noon, it was PE lesson. Yuri took off her watch and put it on her desk because she thought it was uncomfortable wearing a watch for PE. Yuri and her friends were playing volleyball happily, and everything was still going fine. Forty minutes passed, and the PE lesson had ended. She went back to the classroom and was planning to put on her watch. However, her watch wasn't on her desk. She was worried and panicked, trying to find out where her watch was. She looked everywhere, including inside her drawer, locker, and school bag, yet she still couldn't find it after twenty minutes of searching. Her tears were almost coming out of her eyes, and she was regretting taking it off. Immediately, she told her friends to help her look for it as well, so she and her friends used the whole recess to search for it.

Suddenly, Mary screamed, "I saw your watch inside my drawer!" In addition, it was the watch Yuri was looking for. Yuri said, "It must be you, for you were staring at me this morning!" Yuri was so disappointed, and she yelled at Mary loudly. However, it wasn't Mary's fault. Mary explained, "I wasn't staring at you, it really wasn't me!" Ben suddenly said nervously, "Um... it wasn't me. I really didn't steal it!"

As he ran away immediately, everyone thought it had to be him. Now, as Ben had stepped out, everyone needed to wait for him to come back. Mary wanted to cry because she was the innocent one, but no one trusted her.

As soon as Ben returned from the playground, everyone was surrounding him. Mary stared into Ben's eyes seriously, with a sense of anger. Everyone was giving him pressure and waiting for him to admit what he had done since he was the person who most likely could have stolen it. However, he didn't admit it. Instead, he kept his mouth shut and pretended nothing had happened.

Yuri whispered to Mary, "If the situation goes on like this, we only have two choices. However, I don't want to give up or tell the teacher."

However, Mary seemed to have a better and smarter plan. Therefore, she told Yuri about it. After Yuri heard the plan, she was shocked.

Mary immediately started the plan. She stood confidently in front of Ben and whispered to him in a serious voice, "Hey! If you don't say anything, that means it's not you, right? As long as you don't admit it, then I will tell the teacher if I find the person who stole the watch. Yuri and I will also check the security cameras after school, so let's see what happens. We will not give up until we find that person."

Ben was so worried, and his palms were full of sweat.

At last, Ben suddenly shouted to everyone after a while of hesitation, "Sorry! I'm so sorry! It was me who stole your watch, and I put it in Mary's drawer. Please don't tell the teacher, I don't want to be punished. I didn't really apologise for what I have done."

Because of Ben's sincere apology, Yuri nodded and said, "Fine. This is your last chance, or you'll be in trouble!" Ben was relieved because he wasn't in trouble.

However, there was actually one thing that no one knew except for Ben. Actually, there was a person telling Ben to do this deed. It was Edan, a really naughty student. Edan told Ben that if he didn't help him commit some misdeeds, he would hit him and steal all his money. Therefore, Ben promised to commit to pulling off such things for an entire term to avoid getting hit. Ben was also a shy and introverted person, so he often got bullied. These were all the truths behind everything that happened, but no one knew about it.

After school, Ben and Edan were talking about something sneakily behind the staircase. While Yuri was walking, she heard a bit of their conversation. She heard Edan whisper, "In order to see more people panic, I think it's time for our second plan, ha ha ha ha ha ha!"

Although Yuri was really puzzled about it, she decided to walk away instead of asking them what they were talking about.

LEUNG Mong Sum (6E)

THE DARK DIMLY-LIT ROOM

Claire hit Katie repeatedly, backing her into a wall and throwing a glass bottle at her. Fuming, Claire snarled, "How dare you? You insolent brat! I told you not to go in that room!" Katie tried to stop her, but she was too feeble and weak to do so. With nowhere to run or hide, Katie frantically looked around as the previous events flashed before her eyes...

Just a few days ago, Katie, an 18-year-old university graduate, had no money and was desperate for a job. Therefore, she scrolled online and found a job where she had to clean for Claire, a wealthy, affable woman who was willing to pay her salary on her first day of work. Elated, Katie went to Claire's mansion and worked hard, making sure there wasn't a speck of dust in her house. When Katie was dusting a cabinet, she knocked over her pail, which was storing her tools, and accidentally opened a door. The door was creaky, as if it hadn't been cleaned for ages. As Katie looked more closely, she saw two young women who looked like they had just graduated from college. They were bound up, faces gaunt and arms dotted with dried blood. Aghast, Katie whispered to them, "Don't worry. I'll get you some help. You stay there." She swiftly took a picture and ran to the main door of the house, but Claire caught her and saw the picture. Seeing that, Katie ran and tried to flee. Fury glinted in Claire's eyes as she chased Katie, while shouting, "Hey! I told you not to go in there!"

Claire kicked Katie in the stomach hard, causing her to scream in anguish and curl up on the floor. As an attempt to stop Claire, Katie tried to stab her with a razor-sharp glass shard on the floor, but to no avail, as Claire gripped her arm firmly, blocking her attack. In order to flee, Katie sprinted to the secret room in the wall, her heart hammering in her chest wildly as she ran. When Katie finally made it, she locked herself in the room with the two frail women and tried to untie the thick, linen cords binding their arms and legs. The creaky sounds of the door shutting and locking attracted Claire's attention, so she quickly paced to the secret door in the wall and taunted, "Come out, Katie, I won't bite..." As Katie heard the loud, resounding footsteps and Claire's jeering, beads of perspiration trickled down her forehead.

All of a sudden, Claire flung open the door and dragged Katie by the scruff of her maid uniform back to the living room. Since Claire's grip on Katie was not as strong as before, Katie made a run for the back door, freeing the young women in the process. Her legs were battered, bruised and throbbing, yet she kept running. A voice inside her head kept goading her, murmuring, "Go. It's not too late!" Katie grabbed the emergency axe, and in one swift movement, she smashed open the padlocked-shut back door, and repeated it until there was a large enough hole for Katie and the women. As the three of them ran out the back door, Katie felt the cool night air rush into her lungs. The adrenaline that was coursing through her body was slowly subsiding as she drew a slow, shaky breath. When they got far away from the mansion, Katie immediately dialled "999" on her phone in order to call the police.

When Katie finally heard the resounding police sirens and saw the red-blue lights flash, her shoulders relaxed, and she went over to tell the police what had happened. The young women were asked to do a thorough interrogation with the police and were taken away. As Claire was arrested, she kept struggling, her eyes brimming with frustration and fury. She shrieked, "I'll find you! I'll haunt you in your dreams! I'll make your life a living hell!" No matter how loud she yelled or what things she said, Katie paid her no mind. Katie took one last long look at the mansion, which was in complete disarray, and left.

Weeks later, Katie was strolling through the park. She had found a new, high-salary job and finally had an apartment of her own. All was well, or so she thought.

All of a sudden, she had an eerie, spine-chilling hunch that someone was stalking her. As soon as she turned around, she saw a dark, hooded figure standing right behind her. Her breath hitched as she asked, "Who are you? What do you want?" The hooded figure merely sneered and took off their hood. It said, with a hoarse voice, "Huh? You don't recognise me, do you?" It was a woman, her face gaunt and malnourished, her chestnut brown hair matted and dirty. At once, Katie realised it was the person she wanted to see the least.

NGAN Yui Leung (6A)

THE ROAD TO GLORY

As Toby was engulfed in flames, his entire life started flashing before his eyes. He tried to run to put the fire out, but it was no use. He was a goner. A tear started to well in his eye. He had worked so hard and sacrificed so much to get here, but it was all going to end—just like that.

Just two years ago, Toby had been fighting a serpent that belonged to a warlord who ruled the island. Not long after he defeated the serpent, he discovered that the serpent's venomous fang had stabbed him in the arm. He started to feel dizzy and nauseous. He threw up on the forest floor, staggering around like a drunk, unable to walk in a straight line. Soon, the deadlier effects of the venom began to sink in, and he dropped to his knees. He saw some berries, touched his lips, and dropped to the ground—unconscious.

Years passed. The warlord was overthrown. A group of creatures killed the warlord and restored peace across the once-prosperous land. A few months later, an evil dragon arrived and took control. It took all the survivors as slaves, except the ones that escaped, including that same band of creatures who killed the warlord. They had been plotting to kill the dragon, reclaim the land, and save the slaves. However, they had not counted on having an extra fighter on their team. One day before they attacked, Toby finally woke up.

When Toby woke up, he was lying on a moist forest floor. As he scrambled up, he realized that there was something standing behind him. When he turned around, there was a magnificent centaur in front of him. It said, "Hello Toby. You have been summoned here to save this once-placid land. I will fight alongside you. You can call me Richard. Please follow me, and I will explain everything." As Toby followed Richard, he learnt that their world had been taken over by a dragon and they were now part of a task force to take it down. If they succeeded, they could reclaim the land. If they failed, they would spend the rest of their lives as some of the dragon's slaves. As soon as Richard finished talking, a dwarf walked up to them. Richard said, "This is Hekkaf. He'll be assisting you to take down the dragon." After Toby and Hekkaf got acquainted, they loaded up on weapons and armor they would need. Then, they set off.

A few hours of walking later, they arrived at a labyrinth. Richard said, "This is the only way into the dragon's arena. It's full of monsters, so let's refuel and get ready before we go in and fight." After some rest, they stepped into the labyrinth. It was deadly silent in there. So silent, in fact, you could hear a pin drop. After some navigating, they reached the entrance to an arena, which was being guarded by a hydra with multiple heads that breathed fire. They proceeded to behead it, but each time a head was cut off, two stronger, faster, and smarter heads grew from the stump. But eventually, they realized, and Richard threw a spear through its heart. The hydra slumped to the ground, dead.

The trio walked over the carcass into a giant circular arena. The walls were

made of marble, with a giant glass dome on top as the ceiling. The whole arena was as big as a castle. Just as they were walking around, they heard the tiny rustle of wings above them. When they looked up, they saw a fiery red dragon flying above them. It suddenly landed and shot a fireball at Hekkaf. Although he managed to dodge it, he lost his footing in the process. The dragon then snatched him up and dropped him from the top of the arena. The dragon landed and flicked its tail at Richard. The poor centaur was knocked to the ground. He managed to get back up, but he was limping and couldn't walk very well. The dragon then proceeded to shoot another fireball at Toby. It hit its mark, and Toby was lit on fire. As he was on fire, his life started flashing before his eyes. A tear started to well in his eye. He had waited so long for this, yet it was all going to end—just like that.

Suddenly, a gallon of water splashed over Toby and put the fire out. It turned out to be Hekkaf using his dwarf magic to save Toby. Toby took his chance and shot an arrow that went straight up the dragon's nostril. The dragon almost fell to the ground, hovering just low enough for Richard to cut its head off. After they won the battle, the trio headed towards the mountains. Richard told Toby, "Last month, a group of monks started living there. They know a ritual to restore the land by using the previous ruler's head."

When they reached a temple in the mountains, they were welcomed by the monks who lived there. The monks used the head as a beacon, restoring the kingdom to its former glory. Trees and grass started to grow. Villages and forests torched by the dragon were repaired. There was only one last thing left to do.

When they returned, Toby, Richard, and Hekkaf were crowned kings. They ruled over the land together, ending the dragon's reign of terror and bringing peace everywhere. Years passed, but Toby still thought about that day. It had taken many years to get here, and though it was not in the way he expected, he had finally completed his mission.

One day, when Toby was on the balcony admiring the sunset, a dagger pierced through his flesh. He turned around to find Richard and Hekkaf standing there. "What are you doing?" he shouted. Richard replied, "You stole our credit. You joined us on the last day. You didn't go through what the rest of us had to. You didn't suffer as much or work as hard as the rest of us, yet you have the glory. And now, we will have revenge... and we will have pleasure."

YUNG Sum Yi (6D)

YOU'RE NEXT!

Elizabeth was rummaging through files and documents. She had just discovered the dark truth about her aunt's death. There were still a lot of questions left unanswered. Just as she was about to dive in more, she heard footsteps coming towards her, getting louder and louder, echoing in the air. The door slowly creaked open. Her heart was racing as her mind flashed back to the previous day's events...

Just yesterday, Elizabeth, a 12-year-old girl, attended her aunt's funeral. Her heart was broken, and she was devastated. Her aunt had passed away recently, so Elizabeth attended her funeral. Tears were rushing down her cheeks. Elizabeth loved her aunt more than anyone. She would do anything for her. She sat in the front row and cried for hours. She couldn't believe that her own aunt had committed suicide. It just didn't make sense for Aunt Rachel, who she knew was positive, happy, and energetic. She was positive all the time. Why would she give up on her life?

The day before, her family went to Aunt Rachel's for lunch. While Elizabeth was eating, her mother and Aunt Rachel were in the other room. As soon as the door closed, loud screams, shouts, and banging sounds were heard from the little hole under the door. Elizabeth had no idea what happened in the room, nor had she ever asked her mother about it.

Elizabeth was sitting in her room watching True Crime as usual. Her go-to activity in her free time was watching this show because she loved investigating murder cases. She was intelligent. As she watched, she tried so hard to focus. This was her favourite show. She loved watching it, yet she couldn't focus at all, for the death of Aunt Rachel kept bothering her.

So, Elizabeth decided to investigate the case. She thought about some connections. Were those screams and shouts during lunch all involved with her aunt's recent death? No—how could her own mother commit murder? Why would she kill Aunt Rachel? Did her mother say something to hurt Aunt Rachel, so she committed suicide?

Elizabeth sat on the couch, thinking back and forth. Her sixth sense was telling her something was off about Aunt Rachel's death. "Elizabeth! Go to the basement and tidy Aunt Rachel's belongings! Now!" her mother yelled.

After a few hours of tidying the basement and cleaning out Aunt Rachel's belongings, she was exhausted as she put the last piece of clothing into the dusty cardboard box. She recognised the shirt. It was the shirt Aunt Rachel wore when she committed suicide. Bloodstains were covering the white fabric. There was a small hole in the stomach area and the collar area, both filled with blood. It looked like a perfect hole for a kitchen knife to slip in.

Since Aunt Rachel lived alone, it wouldn't be strange for her clothes to be here. However, the shirt was suspicious. Was her aunt's death planned? Or was she overthinking? Aunt Rachel could have fallen on something sharp before she died. However, her mind wasn't thinking the same way.

"Elizabeth! Help me with dinner!" her mother shouted. Elizabeth went into the kitchen and helped her mother chop some tomatoes. She noticed the small-sized kitchen knife she always used wasn't in the knife holder anymore. Was this a clue? Was Aunt Rachel's death somehow linked to her own mother? If it really was, why would her mother murder Aunt Rachel? For what reason?

Her thoughts were arguing. In order to eat, she had to have a clear mind. However, her thoughts kept bothering her. She couldn't concentrate. So, Elizabeth skipped dinner and quietly sprinted to the basement. Something was telling her this was not a normal suicide case—but while she was on it, her mother couldn't know. It would be ridiculous to let your own mother know you suspect her of murder. As long as she kept quiet, her mother wouldn't find out.

She spent her next few hours rummaging through files and documents. After some time, she found a contract. Her mother had transferred five hundred thousand dollars to a lawyer, requesting that she keep her crime a secret. She couldn't believe or accept the fact that her mother had committed murder—worse still, against her own sister.

Despite this contract, which proved her mother's crime, there were still many questions left unanswered. Just as she was about to dive in more to find the reason behind it, she heard footsteps, louder and louder, echoing in the air.

As the door slowly creaked open, Elizabeth quickly stuffed everything into a nearby cabinet.

"Darling, it's pretty late. Although tomorrow is Sunday, you'd better head to bed or you won't have enough energy for tomorrow, alright? I'm going to bed first. Good night," her mother said.

Elizabeth nodded.

Before she continued, she had to make sure her mother had left. As she heard the door click shut and footsteps fade into the background, she took the files out. She continued to spend the next few hours at the desk, studying the clues.

By midnight, she finally understood why her mother had murdered Aunt Rachel. She found the inheritance papers from her grandmother. It was clearly written that all of it would go to Aunt Rachel, since Elizabeth's mother couldn't spend money wisely.

Now that she had found out, what now? Should she really call the cops on her own mother—the woman who had raised her since she was born? However, this was not only a chance to tell people the truth, but also a chance to prove her intelligence.

Unless her mother found out that her daughter knew what she had done, Elizabeth didn't know what was right or wrong. Was this what she really wanted? Her mother was going to be in jail—but for her aunt, she would do anything.

She carefully snuck out, hands over her lips as she tiptoed toward the nearby police station. All the documents were placed in her large tote bag. When she went up to the front desk, she carefully handed the files to the police officer.

She did not get the reaction she expected. She received looks. A 12-year-old reporting a crime? No one would believe that, right? Elizabeth didn't want to waste any chance. She explained everything to the officer. She wasn't sure if he believed her, but after looking at the files, he definitely did. Elizabeth's mother was arrested that night.

After ten years of living with her dad, she seemed to have forgotten about her mother. At the age of 22, Elizabeth moved out and lived alone. While she was in her basement studying for her upcoming college finals, she heard footsteps that sounded exactly like her mother's. She was probably paranoid, right?

She thought so—until she heard a familiar voice whisper, "You're next." Elizabeth turned around and saw a familiar woman with a horrifying grin on her face.

中文

《求敏》

《我最喜歡的水果》

樓瀚蔚 1A

我最喜歡的水果是芒果。

這個來自海南島的芒果，有鮮黃色的表皮，呈橢圓狀，形狀飽滿，像一顆鵝卵石。用手輕輕摸一摸這顆芒果，表皮光滑，輕輕按壓，可以感受到果肉的柔軟和豐盈。將芒果輕輕靠近鼻尖，果香撲鼻而來，這個香味令人不由得想起陽光燦爛的海灘，讓人心情愉悅。

當你撕開芒果的果皮，大口咬下一口果肉，又香又甜，令人回味無窮。我太喜歡芒果了，它是一種只要咬上一口便會令人深深愛上它的水果。

《我最喜歡的水果》

馮湘騫 1E

我最喜歡的水果是香蕉。

香蕉的顏色是黃色的，外形是彎彎的，真像一輪彎彎的月亮啊！

剝開光滑而柔軟的果皮後，就是又香甜又軟熟的果肉，十分美味。香蕉還可以製作不同的甜品，例如香蕉船、香蕉蛋糕……而我最愛的便是香甜可口的香蕉奶昔。

《我的假期》

周敬峯 1A

年二十九的早上，爸爸、媽媽、弟弟和我到維多利亞公園逛年宵市場。

我在年宵市場裏看到了美麗的花朵、各式各樣的玩具及賀年物品。街上的遊人很多，有的在看東西，有的在吃小食。我聽到很多攤位的職員都在賣力叫賣。經過花店時，我聞到了鮮花的香味。

最後，爸爸媽媽買了汽車玩具給我們，我們感到非常開心！逛年宵市場真的很快樂！

《我的假期》

鄭詩澄 1A

放假的時候，爸爸媽媽會帶我去不同的地方逛逛。今年的新年假期，我們去了維多利亞公園逛年宵市場。年宵市場裏很熱鬧，有各式各樣的攤檔，有的在賣年花，有的在賣揮春，有的在賣賀年食品。我看到有些氣球在空中飛舞，還嗅到小食檔傳來的香味。我們一家在年宵市場裏一邊吃小食，一邊觀賞年花，真快樂啊！我的假期真精彩！

《我的假期》

陳嬉洛 1A

聖誕節的時候，爸爸媽媽帶來我和哥哥到日本 北海道旅遊。這裏天氣十分寒冷，大雪紛飛，空氣清新。我們去了雪山遊玩，聽到呼呼的寒風聲。這裏有很多人，有的在滑雪，有的在堆雪人，有的在拍雪景。雪花輕輕地落在我的手掌上，軟綿綿的，我不禁張開嘴巴嚐了一口，雪的味道真清淡啊！哥哥和我一起堆了一個可愛的雪人。我們一家人都十分享受這次精彩的假期，期待下次可以再和「雪人」玩遊戲。

《我的假期》

郭伊橦 1C

假期時，爸爸媽媽帶我和姐姐回鄉。大年初一，吃過晚飯後，我催着舅舅帶我去放煙花。

到了公園，舅舅把煙花放在地上，然後點燃起火來。煙花在天空中綻放着，砰——砰——砰，有藍色的，有綠色的，有金色的……像一朵朵五顏六色的大花朵。我很高興，因為煙花很美麗。

《我的假期》

蕭啟晨 1D

新年假期的時候，爸爸媽媽、姐姐和我一起逛年宵市場。到了年宵市場，我看見各式各樣的攤位和人來人往的街道，十分熱鬧。我買了一頂舞獅的獅子頭帽子，紅彤彤的，十分可愛，我迫不及待想在拜年時展示給親友看。

後來，我聞到了一股酸酸甜甜的香味，原來是現做的冰糖葫蘆傳來的味道。我和姐姐吃了一串，味道真是絕了！

最後，我和姐姐為了試運氣，玩了抽獎遊戲，姐姐抽到了一個大大的鈴鐺，而我抽到了一個小的，鈴鐺的聲音清脆響亮，十分悅耳。那天晚上，我和家人一起過得很開心。

《我的假期》

張凱嵐 1E

新年期間，我和家人到泰國旅行。我們在泰國的時候，到了不同的地方遊玩，例如水上樂園、科學博物館等。我最喜歡的地方是科學博物館，因為我可以聞到不同的氣味，聽到不同的聲音，看到很多個「我」出現在鏡子裏，還摸到尖尖的釘牀。博物館真好玩！

《我的假期》

唐靖童 1D

新年假期時，爸爸媽媽帶我和姐姐去羅浮山遊玩。羅浮山有很多樂園和果園，也有很多遊人，有的在划船，有的在採摘水果，有的在騎自行車。

其中一天，我們去了螃蟹樂園抓螃蟹。首先，我們要換上裝備。然後，我們提着水桶、拿着魚網到到池塘抓螃蟹。我看到魚在水中游來游去，可是看不到螃蟹，可能因為牠們都躲起來了。每當我抓到螃蟹時，我就興奮得哇哇大叫。我還聽到很多小朋友的歡笑聲。

抓螃蟹真是又好玩又刺激。我的春節假期真精彩！

《我的家庭》

尹浩政 1C

我的家裏有爸爸、媽媽、我和金魚。媽媽會耐心地陪我讀書，也會陪我下棋。週末，爸爸會教我游泳，也會教我普通話。每天早上，我會餵我的金魚，也會清潔魚缸，讓牠們有個舒適的生活環境。我很愛我的家人。

《我的家庭》

陳穗知 1B

我的家庭有爸爸、媽媽和我。週末，爸爸會陪我温習，也會陪我玩遊戲。每天晚上，媽媽會告訴我她欣賞我的地方。週日，我會到我的外公外婆家玩。我愛我的家人！

《我的家庭》

李祉悠 1B

我的家裏有爸爸、媽媽、弟弟和我。週末，媽媽會帶我去公園，也會給我講故事。每天晚上，弟弟會和我一起玩玩具，也會和我一起做功課。我的家還有很多魚，牠們游來游去，很可愛。我愛我的家人！

《蜜蜂飛來了》

譚可昇 2B

早上，我和妹妹在家裏一起做功課。媽媽在廚房裏忙碌，為我們準備午餐。爸爸在房間裏努力工作。寧靜的時光，讓我感到很平靜。突然，一隻蜜蜂從窗外飛進了家裏。

接着，我連忙拿起書本驅趕蜜蜂。我一面揮動課本，一面說：「快走！快走！」妹妹驚慌地拍打爸爸的房門，告訴他有蜜蜂飛進家裏了。媽媽從廚房走出客廳，阻止我繼續驅趕蜜蜂。我很擔心蜜蜂會傷害到我的家人。

然後，爸爸聽到我在拍打蜜蜂，便從房間走出來阻止，叮囑我說：「你不要拍打蜜蜂，否則可能會被牠叮到。」媽媽走到窗前，打開窗户，讓蜜蜂有更大的機會飛出去。可是，蜜蜂不但沒有立刻飛走，還在家中飛來飛去。由於蜜蜂還不肯離開，妹妹害怕得皺着眉頭，差點兒哭了出來。

最後，蜜蜂終於從窗户飛走了。我鬆了一口氣，說：「太好了！」我們一家都露出燦爛的笑容。這次經歷讓我學會了遇到任何事情，都要冷靜處理。

《蜜蜂飛來了》

蔡沛妤 2B

早上，我和妹妹在家裏一起做功課。媽媽在廚房忙碌地為我們準備午餐。爸爸在房間裏努力工作。寧靜的時光讓我感到很平靜。突然，一隻蜜蜂從窗外飛進了家裏。

我很擔心蜜蜂會傷害我和家人，於是連忙拿起書本驅趕蜜蜂。我一面揮動課本，一面說：「快走！快走！」妹妹驚慌地拍打爸爸的房門，告訴他有蜜蜂進家裏了。然後，爸爸語重心長地說：「如果你再繼續揮舞書本，蜜蜂可能會覺得受到威脅，然後叮你。」聽了爸爸的話，我才恍然大悟，連忙放下書本，站在原地不敢動彈。媽媽從廚房走出客廳，快步走到窗前，小心翼翼地打開窗户。蜜蜂彷彿找到了出口，慢慢朝窗外飛去。

最後，看着蜜蜂消失在藍天中，我們都露出燦爛的笑容。這次經歷讓我明白到，面對突發狀況時，冷靜思考才是最好的解決辦法。同時，我也明白了每個生命都值得尊重，即使是小小的蜜蜂，也有牠存在的價值。

《蜜蜂飛來了》

汪雪霏 2D

一天傍晚，我們一家人在家裏各自忙着做自己的工作。媽媽在廚房裏做晚餐，爸爸在房間工作，我和妹妹認真地做功課。突然，有一隻蜜蜂從窗户飛進了客廳。

我一面拿起書揮動，一面緊張地說：「快走！快走！有一隻蜜蜂飛來了。」妹妹又害怕又驚慌地說：「爸爸，這裏有一隻蜜蜂啊！」爸爸說：「不用擔心！我來幫助你。」媽媽擺擺手說：「不要隨意拍打蜜蜂，這樣做危險！」我想：蜜蜂，請快快飛走吧！

媽媽鄒着眉頭打開窗户，讓蜜蜂飛走，妹妹愁眉苦臉地站在旁邊。爸爸温柔地說：「千萬不要用書本驅趕蜜蜂，否則有機會被蜜蜂蜇傷。」我連忙點頭表示明白，還感到有點後怕。

最後，蜜蜂終於飛走了。妹妹高興得抱着爸爸，我的心裏放下了一塊大石，臉上亦重新露出燦爛的笑容。這次經歷讓我學會了遇到事情要保持冷靜，不要輕舉妄動，否則可能釀成更大的災禍。

《蜜蜂飛來了》

李盼淳 2D

一個夕陽西下的傍晚，我和妹妹在客廳認真地做功課，爸爸在房間裏專心工作，而媽媽在廚房裏為我們準備美味的晚餐。突然有一隻又大又胖的蜜蜂從窗外飛進來，我感到十分驚慌。

接着，我一面勇敢地揮動書本拍打蜜蜂，一面說：「快走，快走！」妹妹擔憂地跑去爸爸的房間，並告訴他有一隻蜜蜂在客廳盤旋。爸爸驚訝地說：「不要擔心，我和媽媽會替你們趕走蜜蜂。」媽媽緊皺着眉頭，說：「大家保持冷靜，不要害怕！」

然後，媽媽把窗户打開，試圖讓蜜蜂自行飛走。妹妹擔憂地站在一邊，有點不知所措。爸爸嚴肅地提醒我：「你知道隨意拍打蜜蜂是十分危險的動作嗎？蜜蜂會因為受襲擊而蜇人，最終導致我們受傷。」我感到後怕。

最後，蜜蜂終於飛走了。妹妹和我都鬆了一口氣。妹妹還抱着爸爸說：「謝謝你們！」在這件事上，我學會了遇到事不要衝動，要冷靜地想辦法解決。

《過新年》

歐僖璇 2A

年三十晚，我和家人留在家中慶賀團圓，媽媽還做了一頓豐富的年夜飯。看見桌上美味可口的年夜飯，我們感到既興奮又開心！吃過晚飯後，我們馬不停蹄地奔向年宵市場。

到達年宵市場後，我看到四處人山人海，十分熱鬧！年宵市場裏有琳瑯滿目的商品，看得我們眼花繚亂。我在一家花店看見了充滿「年味」的植物，有美麗的水仙花、粉嫩的桃花、橙黃色的年桔……我興高采烈地對媽媽說：「年宵市場真熱鬧！」我們都感到心花怒放！

接着，媽媽買了一盆年桔。爸爸一面捧着桃花和水仙花，一面對我們說：「這盆水仙花真漂亮！」不遠處，金光閃閃的五代同堂果讓我眼前一亮。熱心的檔主告訴我，五代同堂果寓意兒孫滿堂，擺放在家中還可以招財進寶呢！

回到家裏，媽媽煮了四碗香氣逼人的湯圓供我們一家人享用。我和妹妹沉浸在裝飾桃樹的喜悅氣氛裏。這次經歷讓我明白到一家人團團圓圓是多麼重要，和家人一起過的每一個新年都令我記憶猶新。

《過新年》

汪子菡 2C

年三十晚，我們一家人在餐桌享用了一頓豐富的年夜飯。媽媽為我們做了美味的魚、多汁的肉，還有我最喜歡的大蝦，配上一杯酸甜的果汁，真是美味極了！

吃過年夜飯，我們去逛熱鬧的年宵市場，這裏人山人海，好不熱鬧。我看到販賣各種各樣年貨的攤位，琳瑯滿目，讓我感到無比興奮。我忍不住感嘆：「這裏真熱鬧啊！」爸爸微笑着問：「我們應該買甚麼年貨呢？」妹妹則眼睛閃閃發亮地說：「我想買一個小熊氣球。」媽媽心疼妹妹，立刻給她買了一個最大的氣球，妹妹笑得合不攏嘴，她的快樂感染了周圍的人，大家都笑了。

媽媽買了一盆「亭亭玉立」的水仙花和一棵漂亮的桃樹。我驚嘆地說：「水仙花真漂亮啊！」爸爸回答說：「是啊！這花不但漂亮，還象徵了吉祥如意！」我迫不及待想把它們帶回家，讓它們為我們的春節增添一些喜慶的氣氛。

回到家後，我和妹妹開始裝飾桃樹，爸爸忙着封紅包，媽媽給我們準備了熱騰騰的湯圓。我很期待明天來臨的春節，一定十分有趣！這次經歷讓我明白了一家人團團圓圓是多麼幸福的一件事情啊！

《中秋節》

區馨予 2A

中秋節晚上，我們一家到公園欣賞花燈。這裏人山人海，非常熱鬧。我看到很多閃閃發光的花燈，美麗極了！

首先，我看到了一個可愛的獅子花燈，下面掛着一道燈謎。我迫不及待地拿起燈謎，仔細地閱讀燈謎上的文字，我感到又興奮又好奇。但是，這個淘氣的燈謎喜歡捉弄別人，我想了又想，還是猜不出燈謎的答案，我感到有些煩惱！

接着，我找到了爸爸、媽媽，向他們請教如何解答這道燈謎。我問：「你們知道這道燈謎的答案嗎？」媽媽接過燈謎，想了想說：「不如我們用手機在網上查找答案吧！」我激動得拍拍手跳起來，興奮地說：「這真是一個好主意啊！」

最後，我興高采烈地走到領獎區，自信地告訴職員答案。職員說：「恭喜你！你答對了！獎品是一隻兔子洋娃娃。」我緊緊地抱着它，心裏樂滋滋的。這真是一個難忘的中秋節啊！

《遠足》

方淀柔 2A

星期天的下午，秋高氣爽，我和爸爸媽媽背着輕便的背包去遠足徑郊遊。出發前，爸爸在大地圖前為我們講解路線，然後我們懷着期待而興奮的心情走進遠足徑。

首先，我沿着彎曲的小路一面欣賞美麗的風景，一面和爸爸媽媽愉快地聊天。

我看見小路兩旁有七彩斑斕的蝴蝶、纖細的紅蜻蜓，還有色彩繽紛的太陽花。爸爸媽媽走得滿頭大汗，說：「我們覺得太疲倦了！」我也感到有點疲累！我心想：如果可以休息一下就好了。

接着，我坐在路旁的一塊大石上一邊休息，一邊大口大口地喝水。媽媽温柔地勸告我：「不用焦急，慢慢喝！」儘管我已經感到很累，但是我仍決定堅持向前走，因為我想看看山頂的景色。

最後，我們終於順利到達山頂了！我們一起愉快地拍照留念。我興奮地說：「這裏的風景真漂亮啊！」這次郊遊使我學會了凡事只要堅持不放棄，便能成功的道理。

《遠足》

袁樂曈 2A

星期六下午，秋高氣爽，我和爸爸媽媽背着輕便的背包到遠足徑郊遊。

出發前，爸爸在大地圖前為我們講解路線，然後我們懷着期待而興奮的心情步入遠足徑。

首先，我們沿着小路一面向前走，一面欣賞小路兩旁的風景。我看見許多五顏六色的花兒、蝴蝶以及蜻蜓。爸爸媽媽異口同聲地說：「太陽花真美麗啊！」我心想：蝴蝶也很美麗。於是我對媽媽說：「蝴蝶也很美麗呢！這些蝴蝶都穿上了色彩斑斕的外衣。」這美麗的郊外風光令我賞心悅目，樂而忘返。

接着，我走得滿頭大汗，已經十分疲倦。我們坐在樹下休息。我大口大口地喝水，媽媽語重心長地對我說：「慢慢喝，小心，別嗆着。」此刻我很累，想早點回家休息。

最後，我還是跟隨着爸爸媽媽的步伐向前走，雖然我很累，但是我並沒有放棄。終於，到達山頂了。我激動地說：「我們到達山頂了！真好啊！」我感到很愉快。爸爸還替我和媽媽拍照留念。這次郊遊讓我學會了，不論做任何事情，只有堅持不懈才能成功的道理。

《遠足》

陳諾蔹 2E

星期六的早上，秋高氣爽，我和爸爸媽媽相約去西貢郊野公園遠足徑爬山。我們在起點一起研究和討論地圖。緊接着，我們根據地圖的指示向前走。

我們走到小路的中間，我很興奮地指着彎彎曲曲的小路。我發現原來小路兩旁長滿了美麗的白色花朵，引來很多蝴蝶和蜻蜓在四周翩翩起舞。爸爸媽媽問我：「你想往哪邊走？」我懷着期待的心情回答道：「我想到山頂去。」

過了一會兒，我走得滿頭大汗，於是我們坐在一棵樹下的大石頭上休息。我很口渴，迫不及待地拿出水杯大口大口地喝水。爸爸叮囑我說：「慢慢喝。」我一面喝水，一面想：希望可以快點到達山頂。我感到非常興奮。

最後，我們終於順利到達了山頂！我手舞足蹈地說：「終於到達山頂了！」爸爸幫我和媽媽拍照留念。我們都覺得這裏的風景很美麗。

這真是一次難忘的經歷，與此同時我也明白了一個道理：只要堅持不放棄，就一定可以看見美麗的風景！

《遠足》

鄭匡言 2E

上個星期天的早上，秋高氣爽，爸爸媽媽和我乘坐公共汽車到郊野公園的遠足徑遠足。

首先，我們沿着小路一面聊天，一面向前走。我看見小路兩旁的花叢上方有無數的蝴蝶、蜻蜓、蜜蜂在翩翩起舞，沿途長滿了嬌豔的太陽花，像是鋪設了一條雍容華麗的地毯。爸爸感嘆道：「這裏的風景真美啊！」我真想變成蜜蜂和蝴蝶，在這美麗的森林中無憂無慮地飛翔。我們一家人都感到很開心！

接着，我們終於爬到半山腰了，大家都感到很疲倦，便坐在大石上休息。我一邊喝水，一邊擦汗。媽媽對我說：「慢慢喝！我們很快就可以到達山頂了。」我心想：勝利就在前方。於是我休息了片刻之後就跟着家人繼續向山頂的方向走。

最後，我們終於到達山頂了！我大聲地叫：「我們成功了！」爸爸在山頂為我們拍照留念。雖然這次遠足十分疲累，但是我們都感到身心舒暢。從這次遠足的經驗，我學會了只要不放棄，就一定會成功的道理。這次遠足真的讓人又興奮又難忘！

《關心爸爸》

鍾以心 2D

晚上，我在房間裏面準備睡覺。爸爸幫我蓋被子，我興奮地對他說：「爸爸，我想聽你講故事。」爸爸温柔地說：「好啊！」

爸爸拿出故事書，坐在牀前繪聲繪色地朗讀起來。過了一會兒，我看到他面容疲倦，並且聽到了斷斷續續的哈欠聲，爸爸朗讀的音量漸漸地越來越小。我疑惑地想：爸爸是不是累了？他的工作一定非常辛苦，我很擔心他的身體。

接着，爸爸累得睡着了。我思考着怎樣能減輕爸爸的疲憊並且讓他放鬆，我想了很久卻一籌莫展，更我有點煩躁不安。突然，我腦內靈光一閃，想到好辦法了。我迫不及待地嘗試用我的方法讓我親愛的爸爸開心起來。我轉念一想，當前最重要的是讓爸爸先睡一個好覺。

最後，我幫爸爸披上被子以免他着涼。這時，爸爸醒來了。爸爸拍了拍我的手，温柔地說：「謝謝你，你真體貼！」我心裏樂滋滋的！是啊！爸爸上班很辛苦，我要多關心他！

《難忘的一天》

劉若匡 2B

早上，我在巴士站排隊等候巴士的到來。現在已經是早上七時三十分了，可是巴士遲遲沒有出現，我要遲到了。我心急如焚，心想：巴士甚麼時候才來呢？

接着，巴士終於到了，我和乘客們連忙上車。我從口袋拿出八達通付款，八達通處理器卻傳來「嘟——」的聲音，並顯示「餘額不足」的提醒。我感到驚慌失措，連忙把手伸進褲袋，希望掏出硬幣支付車資，卻發現身上沒有零錢。

這時，我校的陳老師看見我又緊張又擔心，便微笑着走到我身邊對我說：「不用慌張，我這裏有。」我一面向陳老師道謝，一面把零錢投進車費箱裏。最後，我順利回到學校。

小息的時候，想起陳老師對我的幫忙，便寫了一張感謝卡，準備親手送給她。經過這件事，我得到了教訓，明白到做每件事之前，都應該做足準備的道理。

《難忘的一天》

曾善柔 2C

早上，我在巴士站等候巴士上學。這裏有很多人排隊，我心想：巴士甚麼時候才到呢？我看了看手錶，心想：今天該不會要遲到吧？我感到又焦慮又緊張。

巴士到站後，我馬上登上巴士，手裏拿着八達通卡準備繳付車資，機器上面卻赫然顯示「餘額不足」四個大字，我摸了摸口袋，發現口袋裏也沒有足夠的硬幣和現金繳付車費，我頓時感到無助和驚慌失措。

突然，有一把熟悉的聲音呼喚我：「不用慌張，我這裏有一些零錢可以用來幫你支付車費。」原來是陳老師，我連忙感謝她說：「謝謝您，我明天會儘快還給您。」幸好有陳老師的幫忙，我才能準時回到學校。

最後，為了答謝陳老師的幫忙，我準備了一張感謝卡送給她。感謝卡上面寫了：陳老師，謝謝您！我還在卡面封面上畫了陳老師喜愛的太陽花。這次經歷令我學會了出門前要仔細檢查隨身攜帶的物品，以及關鍵時刻要伸出援助之手幫助他人的道理。

《難忘的一天》

彭子蘊 2E

早上，我和其他乘客在巴士站排隊等候前往學校的巴士。可巴士遲遲未到，我一面暗自擔心遲到，一面焦急地緊盯着手錶，心想：巴士甚麼時候才來呢？

然後，巴士終於到了！我拿出八達通卡打算繳付車費，但八達通處理器卻傳來刺耳的一聲「嘟——」聲，原來是八達通卡沒有足夠的錢了。我掏了口袋，可是身上一枚硬幣也沒有，我驚慌失措。

突然，陳老師一面向我走來，一面打開零錢包，從裏面拿出一些零錢放在我的手上，她微笑地說：「不用慌張，我這裏有。」我連忙向陳老師道謝。

最後，我順利地回到學校。小息時，我親手畫了一張感謝卡，向陳老師表達我的謝意。經過這次教訓，我明白了出門前要檢查隨身物品，千萬不要丟三落四。

《一次參加學習活動的經歷》

陳樂兒 3B

每次跑步，我都會想起今年夏天參加跑步訓練班的情形。

剛開始的我跑得像蝸牛一樣慢，用盡全身的力量，皺着眉頭向前跑。一不小心，我摔倒在地上，頭上還頂着猛烈的太陽，真想放棄呢！這時，教練緊張地跑過來，問道：「同學，你受傷了嗎？」我沒精打采地搖頭。於是，他一邊安慰我，一邊告訴我跑步的時候要頭抬起、向前看，還鼓勵我要多加練習，並為我加油！然後，我就根據教練說的指示認真地練習。雖然有點辛苦，但我決定堅持下去。

得到教練的指導和不斷的練習後，我已經可以飛快地跑完一百米了，我感到自信滿滿，不再驚慌失措了。

經過這次的活動，我非常感謝教練對我的教導，還體會到做事要懂得方法，堅持不懈地練習，才能獲得成功。

《一次參加學習活動的經歷》

王若男 3E

上個月，我的鋼琴老師告訴我，兩個月後就要參加鋼琴二級考試了。我的心情頓時七上八下，我既想接受挑戰，又怕自己應付不來。

初期，樂譜上的「小蝌蚪」密密麻麻，讓我心煩意亂。複雜多變的節奏更是讓我煩惱不已。我漸漸感到氣餒，並想放棄。

當媽媽走過來鼓勵我後，我每天嚴格按照老師的要求，先分手練習，後合手練習，直到彈到手指酸麻。終於，我有了明顯的進步，彈琴技巧也越來越嫻熟了。

考試的當天，我的心情很輕鬆，從容不迫，任由美妙的旋律從我的指尖滑過。最後，我順利完成了考試。

通過這次的鋼琴考試，我明白到信念、努力和堅持是成功的關鍵。遇到困難要迎難而上。正所謂「不經一番寒徹骨，怎得梅花撲鼻香？」

《一次參加學習活動的經歷》

余心瑆 3E

星期六下午，我和妹妹去溜冰場學溜冰。

來到場地，因為這是我第一次溜冰，所以我連站都站不穩，很快便滑倒在冰面上，痛得我哇哇大叫起來。我心想：溜冰一點都不簡單。

教練趕緊過來扶起我，對我說：「學溜冰不是這麼簡單，但其實也不困難。來，你試着把身體微微向前傾，雙腳打開呈外八字形，然後慢慢抬腳踏步出來。」我緊張地抓住教練的手，小心地向前移動。一步步向前滑，左腳、右腳、左腳……我開始慢吞吞地向前滑行。在教練的陪同和指導下，我漸漸學懂溜冰的基本動作。我心裏很高興，因為我終於學會溜冰了。

經過這次學習溜冰，我明白到無論做甚麼事情，只要有信心，肯努力，不怕失敗，就沒有做不到的事情。

《到超級市場購物的經過和感受》

文卓琦 3A

上個星期日，因為爸爸的生日馬上就到了，所以我和媽媽去超級市場購物，為他的生日做準備。

一走進超市，我就看到七彩繽紛的水果，有紅彤彤的蘋果，有橙黃色的芒果，還有黃燦燦的香蕉。超市內人山人海，有的在專心地挑選蔬菜，有的在攤位試吃，還有的在排隊付款……十分熱鬧！

我和媽媽推着手推車到日常用品區。我問媽媽：「我們要買甚麼？」媽媽回答：「我們要買一次性餐具。」

購物的時候，我看見一個高個子的阿姨鬼鬼祟祟地東張西望，趁沒人注意時偷偷將一盒巧克力放進她的包裏。我嚇得目瞪口呆，心怦怦直跳。我趕緊悄悄地告訴媽媽。這時剛好有一位超市職員走過，媽媽跟超市職員說了這件事。職員用對講機通知了超市的經理。

超市經理馬上翻查阿姨的包，果然被他發現了一盒沒有付款的巧克力。超市經理馬上報警。警察來到超市把阿姨抓回警察局。

我覺得自己很勇敢，也明白到不能因一時貪心，衝動地做出違法的事情。

《到超級市場購物的經過和感受》

唐在弦 3B

上星期六下午，我和媽媽到了開心超級市場購物，因為家裏的蔬菜和零食都被我們吃光了，我既興奮又期待。

我推着購物車到處逛。超級市場裏，人山人海，喧鬧聲不絕於耳，非常熱鬧！這裏有很多區域，例如：蔬菜區、零食區、冷凍區……我們先到了蔬果區，蔬果區裏有不同的蔬菜，有各式各樣的水果，還有豆類、菇類和瓜類，貨品琳琅滿目。我們還到了零食區，這是我最喜歡的區域。

忽然，我看到一個小女孩不小心撞向了貨架上的貨品。貨品正搖搖欲墜，貨架上的貨品馬上就要掉下來了，小女孩「哇」的一聲大叫起來。大家都不知所措，擔心那些貨品會砸傷她。這時，我像箭一般快速地跑上前扶起她，憂心忡忡地問：「你有沒有受傷？」幸好，小女孩沒有受傷，她還向我道謝。超市職員摸着我的頭，讚賞我是一個助人為樂的好孩子。

這一天，我們不但滿載而歸，更在危急時刻，幫助了別人，我心裏透着絲絲的成就感。經過今天的事，我體會到「助人為樂為快樂之本」的道理，也明白拿貨品時要小心謹慎。我會把這些道理銘記在心中的。

《到超級市場購物的經過和感受》

岑芊潣 3D

經過購物商場時，我的腦海不禁想起上個月發生的事……

那天下午，因為我要購買制作水果蛋糕的材料，所以我和媽媽到超市購物。

一走進超級市場，人山人海。超市內的商品琳琅滿目，看得我眼花繚亂。我經過試吃攤位時，店員正在煎香腸，香氣四溢，令我垂涎三尺呢！當我在水果區尋找草莓和藍莓時，其他水果好像都在向我們熱情地招手。

正當媽媽在專心地挑選水果時，我一時感到無聊，便想像自己是超人，推着手推車在超級市場的走廊之間飛奔着。旁邊的顧客說：「快停下來！很危險！」可是，我充耳不聞。在拐彎時，我控制不住手推車，車子撞向貨架。數十盒紙巾轟然倒下，我被嚇得不知所措，其他顧客都大吃一驚。媽媽怒氣沖沖地跑過來，狠狠地教訓了我一頓。我羞愧得低下頭，不敢看媽媽那張陰雲密布的臉。

最後，我向媽媽和店員道歉，並連忙收拾好貨物。

經過這次教訓，我感到又後悔又慚愧。我學會了做事要先考慮後果，不能在公共場所胡亂奔跑，否則會影響別人。

《學校旅行日》

余心玥 3A

上星期五，那是一個陽光普照、微風拂面的日子。老師帶領同學們去郊野公園遊玩，這讓我興奮不已！

當車窗外的景色由高樓大廈變成綠油油的一片時，我們就到達目的地了。下車後，我看見色彩鮮豔的花朵在草叢中綻放，好像在對我招手。鳥語花香，蝴蝶在花間飛舞。

接着，老師提議大家一起玩捉迷藏。我們異口同聲地說：「好啊！」我們商量好遊戲規則之後，遊戲就開始了。首先是琎琎負責抓人，她皺着眉頭，蒙住眼睛，踉踉蹌蹌地朝我們走過來。因為我們把琎琎圍在中間，聲東擊西，所以導致她一個人都沒有抓到，這個遊戲真是又有趣又刺激。

接着，我們拿出事先準備好的相機拍照。同學們有的比出勝利的手勢，有的搭着同學的肩膀，大家嘻嘻哈哈，又是一陣歡笑。

夕陽西下，我們的郊遊活動接近尾聲。這次郊遊讓我感受到大自然的美麗與神奇，也提醒了我要更加珍惜環境，保護地球，而且讓我深深體會到老師和同學之間的情誼與温暖。我希望將來能有更多的機會去探索未知的世界。

《學校旅行日》

洪樂瑤 3C

上星期五，陽光普照，我們興高采烈地跟隨陳老師到馬鞍山郊野公園遊玩。公園環境優美，鳥語花香。草地像一張綠油油的地毯，蝴蝶在花叢間翩翩起舞，美得像一幅圖畫！

前半部是自由活動時間，有些同學們在追蝴蝶，還有些在草地上野餐。我跟樂謙得意洋洋地拍合照，旁邊的陳老師愉快地說：「多加點笑容吧！」大家異口同聲說：「三二一！茄子！」果然，相片中笑容燦爛多了！

接着，是大家期待已久的集體遊戲時間。我們一起玩了既有趣又刺激的「盲人捉人」的遊戲。我被選中做「盲人」，因為蒙着雙眼，所以走起路來踉踉蹌蹌的。我只聽到同學們一時大喊「左邊」，一時大喊說「右邊」，滿頭大汗的我頭暈得皺起眉頭來。現場充滿嘻嘻哈哈的笑聲，大夥兒結伴郊遊的心情真的既温暖又愉快。最後，我們依依不捨地離開了。

現今科技發達，電子產品機不離手，影響視力之餘，更會令人際關係間出現隔膜。這次旅程令我明白到放下手機，細心欣賞大自然，跟朋友出來玩耍，不但能增進感情，也能為生活注入正能量。真是難忘的一天啊！

《學校旅行日》

林淳澔 3A

一個陽光普照的星期五，陳老師帶我們去石門郊野公園遊玩。那裏鳥語花香，一片綠油油的草地好像軟軟的地毯，花蕊裏的蝴蝶像仙女一樣美妙地跳舞，真漂亮！我還聞到了芬芳的花香，真舒服！

我和小明都想拍照，所以不約而同地叫小林幫我們拍照。他拿起相機，調整好位置。接着，小林幫我們數：「三、二、一！」一幅美麗的照片就拍好了！小林的拍照技術真的一流啊！我們並肩站立、舉起勝利手勢的樣子顯得格外精神！我和小明連忙跟小林道謝。小林謙虛地說：「其實以前拍照技術不是很好，我向我的攝影師爸爸學習之後才變這麼好的。」

然後，老師宣布自由時間到了！我找到了我的幾個朋友玩「盲人捉人」的遊戲。遊戲開始了！我先扮演「盲人」，皺着眉頭，踉踉蹌蹌地走。參加遊戲的人都大叫起來，想引起我的注意。我立刻向前撲去，結果真讓我捉到一個人！我脫下眼罩定睛一看，原來我抓住了小明！於是他接替我的位置假扮「盲人」，我們就是這樣玩了一個小時，直到老師宣布自由時間結束。我們就到一旁野餐。我們帶了三明治、水果、糖果等，邊吃邊聊天，好不愜意。

今天真開心！我們和老師一起乘坐旅遊車回家了。這次學校旅行日讓我感受到了一群人玩耍的樂趣。

《學校旅行日》

黃傲晴 3C

上星期五，我在收拾書包時，看見一張小學團體照。原來是我剛升小學的第一次學校旅行日拍的照片。看着這張照片，不禁勾起我對那年秋季的美好回憶，情景一一在我的腦海裏浮現出來。

那天秋高氣爽，大家都懷着既興奮又雀躍的心情搭校車出發，開啟了我們的第一次學校旅行日。

一踏進郊野公園，映入眼簾的是一片綠油油的草地，再往前走，我們發現絢麗多彩的花間有幾隻蝴蝶和蜜蜂你追我逐，可愛極了！當我環繞四周時，陣陣的花香鑽到我的鼻子裏，耳邊傳來鳥兒悅耳的歌聲，風景如畫、鳥語花香的郊外，真是令人心曠神怡呢！

接着，老師提議我們拍照。同學們並肩站立，還豎起手指說：「耶！」而我和小芬笑而不語，小明舉起照相機，定格這美妙的時刻。

然後，我和好朋友玩捉迷藏。我們先猜拳，小芬輸了，於是她躲在樹下數數，我就踉踉蹌蹌地躲起來，心想：千萬別被她找到。終於數完了，她像離弦的箭般衝出去，尋遍每個角落。不一會兒，小希被發現了，她從容鎮定地大聲說：「好啦，好啦，我輸了呢！」我一聽到，高興得不亦樂乎。由於我不願被發現，於是我悄悄地爬到樹上藏起來，沒料到差點掉下來，幸好我及時抓住樹幹，只是擦傷手腳，但已經令大家嚇破膽了。

最後，大家都玩得歡天喜地、滿頭大汗，所有同學的臉上都展露出陽光般的笑容，我們完全陶醉在集體遊戲的樂趣之中。

轉眼間太陽下山，同學們依依不捨地跟美麗的郊外道別。我亦明白到玩遊戲時要注意安全，否則容易樂極生悲。

重看這幅照片使我感慨萬分，不知不覺我已經三年級了，這段時間認識了好多老師和同學，這令我更加珍惜校園生活。

《我受稱讚了》

馬汶晞 3E

兩年前，舞蹈老師挑選我參加一個亞洲區的舞蹈比賽，最終得到了老師的稱讚。

剛開始，老師嚴格地教導我，囑咐我每一次練習要重複跟拍子跳舞。帶着老師的期望，我心想：即使多累，也不可以放棄；雖然我有時會練習得腰酸背痛，但我仍告訴自己不可以放鬆。隨着音樂的律動，我的舞步逐漸輕盈起來。媽媽也給了我鼓勵，讓我感到舒緩了許多。

到了比賽那天，我練習的舞步已經很純熟，但仍很緊張。媽媽抱着我說：「寶貝，不用擔心，只要你想着自己能做得到，就一定做得好。」我深吸了一口氣，走到台上專注地表演起來。

時間過得很快，終於到了宣佈結果的時刻。我聽到舞台上的評審員鄭重宣佈：「二零二三年全亞洲冠軍是……馬晞晞！」我開心得差點流出淚。老師說：「晞晞，你真棒！」得到老師的稱讚和肯定，我心裏甜滋滋的。

我明白到「台上一分鐘，台下十年功」的道理，而成功是要靠自己一點一點爭取得來的。

《遊校園》

鍾子晴 3D

今天是開學的第一天，也是我第一次到這所學校——美好小學。我背着閃亮的新書包，飛快地跑向學校大門口。

一進校園，我看見一個色彩繽紛的花圃，那裏有康乃馨、向日葵，還有蘭花，香氣四溢，連蝴蝶也在花叢中飛舞，同學們都興奮地追着它們跑，熱鬧極了！

穿過花園，就是神祕的圖書館。圖書館裏有各式各樣的圖書，井井有條地排列在書架上，好像寶藏般等待我們去發掘呢！

從圖書館出來，向左轉，便是我的教室呢！教室裏的壁佈板上貼着同學們的照片和名字，我興致勃勃地找出我的照片，我的樣子太可愛了！我想班主任一定花了很多時間整理和佈置，我十分感動，也想快點認識新同學呢！

走着，走着，原來我走了一遍校園。啊，我真期待在這所學校讀書呢！

《遊校園》

李敦晴 3C

今天晴空萬里，陳老師給我們上了一節別開生面的中文課——參觀校園，大家都感到興奮無比。

首先來到地面一層，我們很快被陣陣香氣吸引。我們沿着香氣再往前走，原來那白霧繚繞的地方是小賣部。我們急步走向小賣部，看見工作人員與爐火為伴，正在為同學們烹飪一道道營養美食。

隨後，我們來到校門附近的綠色草坪。它在陽光的照耀下顯得格外翠綠。我躺在柔軟的草地上，仰面朝天的曬着日光浴，大家或坐或躺，愜意極了！

最後，我們乘坐升降機往上走，就來到位於六樓的空中花園。這裏是我最喜歡的校園場所。我們被各式各樣的植物包圍着，有五顏六色的花朵，有奇形怪狀的葉片，是水泥建築的一抹亮色。微風拂面，讓我們能暫緩學習中的緊張。

「噹……」下課的鐘聲響起，這次的「旅程」要結束了。這一節中文課讓我獲益良多。我一定要好好愛惜校園中的一磚一瓦，一草一木，努力讀書，盡情享受小學生活。

《一件難忘的事》

鄭力天 4E

上星期五，我參加了「全港小棋手聖杯」比賽。

第一輪比賽的對手是一個經驗豐富的小六生——小明。他是大家公認的下棋高手，我很難找到進攻的機會。

過了兩三分鐘，我終於逮到機會，準備進攻！在這關鍵時刻，我卻不小心碰到棋盤，頃刻間，全部棋子都跌到地面上。我呆住了，心想：不好了！不好了！那時，有數個「小棋手」看着我，我尷尬得滿臉通紅，像快要爆炸的氣球一樣。全場的專注力就被我打破了，我連忙把棋子撿起來。小明看了看我，然後看了棋盤一下，我們繼續下棋，但我還是耿耿於懷。

最後，我主動跟小明道歉，他說：「沒關係！你的表現十分出色！雖然中間發生了小插曲，但你能繼續努力完成比賽，你真棒！」聽到這句話，我立刻覺得開心一點。

這場比賽讓我學會勇於認錯和臨危不亂的重要性。下次我一定會更小心地下棋。

《一件難忘的事》

李泊然 4E

暑假期間，我們一家人去日本旅遊，因為日本環球影城十分有名，於是媽媽特意安排了一天的行程，帶我們去那裏遊玩。

一進入大門，種類繁多的遊樂設施像吸鐵石般深深吸引着我。正當我在活蹦亂跳地玩耍時，一陣陣從遠到近的尖叫聲從我頭頂飛過，我往聲音方向望去，一座幾乎高聳入雲的過山車軌就像懸在空中的高架橋般。過山車載着遊客飛過軌道似的，人們被這驚人的速度嚇得大聲尖叫！姐姐興高采烈地說：「走！我們也去看看！」可我卻呆在原地。因為我很膽小，但看着飛過的過山車，感到既害怕又好奇。姐姐說：「你不試試怎會知道好不好玩？大膽地去吧！」我心中一下子傳出兩把聲音，一個說：「去試吧！這樣才有結果！」另一個說：「太危險了！別去了！」正當我在獨自進行思想鬥爭時，姐姐已把我拉上了過山車，我只能把心一橫，決定一試。我心想：我已經四年級了，我要做一個勇敢的男子漢！

我繫上安全帶，手心冒出汗水，過山車緩慢上升……突然加速，一會兒「倒掛金鉤」，一會兒「鯉魚打挺」，可我竟覺得：真有趣呀！

短短幾分鐘，過山車便到達終點了。我激動地對着姐姐說：「我感覺自己就像一個騰雲駕霧的仙人呢！」姐姐說：「你真勇敢！」

這件事讓我明白：在困難面前，不能退縮，要勇敢挑戰自己，才會有意想不到的收獲！

《一件難忘的事》

龐曼盈 4A

每當我看見那隻玉桂狗洋娃娃時，一件在學校裏發生的難忘經歷便如走馬燈般，在我的腦海裏徘徊。

上星期的中文課，陳老師宣佈派發期末考試卷，原本在交頭接耳的同學頓時變得鴉雀無聲，我立馬坐直腰背，手心開始冒汗，非常緊張。因為我為了這次考試，日以繼夜地溫習，希望拿到好成績！

陳老師說：「現在我們派發試卷，盈盈同學在這次的中文考試中取得一百分的佳績，大家請為盈盈送上熱烈的掌聲！」我心想：果然「皇天不負有心人」！終於可以鬆口氣，緊繃的神經也漸漸放鬆了……正當我沉醉在喜悅中時，卻發現一道批改錯了的題。如果我坦白跟老師說，我就要被扣分，不再是一百分；如果我不跟老師說，我就會成為一個不誠實的人。這兩種念頭不斷在我腦海裏打架，使我猶豫不決。忽然，我耳邊響起媽媽的教誨——「人無信而不立」，我記得這句話的意思是指一個人如果不講信用，就不能在社會上立足，也無法建立起良好的名聲和人際關係。

最後，我深呼吸，決定跟老師坦白。陳老師用溫柔善良的語氣對我說：「盈盈，我明白這個決定對你來說很艱難，你寧可失去一分，仍要做一個誠實的人，老師很欣賞你！」

回家後，媽媽讚賞我是一個誠實的小孩，還決定送我一隻可愛的玉桂狗娃娃，真令我喜出望外呢！

經過這件事，我明白了一個道理：做人最重要的是堂堂正正、問心無愧。從此以後，即使我面對再大的誘惑，仍會堅守信念，做一個誠實而有擔當的人。

《我最喜歡的動物——大象》

鄧昊揚 4C

我最喜愛的動物是龐大又可愛的大象。

牠擁有兩隻寬大的耳朵，彷彿兩把巨大的扇子，輕輕扇動時，帶來一陣陣清涼的微風。我想：搧起來一定涼快極了！牠還有一個柔韌有力的長鼻子，擺動起來像一條翻騰飛舞的大蟒蛇，遠遠看上去更像一條救火用的水管。每當牠的長鼻子噴出清水，水花忽上忽下，瞬間化作一個美妙的噴水池，真惹人注目！

大象有兩彎特別引人注目的牙齒，又長又彎，宛如一輪彎彎的月亮，散發着神祕的光輝。牠全身灰色，還有一條又粗又長的尾巴，像一條粗大的繩子，隨着每一步的前行輕輕搖擺。

我覺得大象最可愛之處就是那走路不慌不忙的樣子，尾巴一擺一擺的，真是令人忍俊不禁！每當牠穩健地走過時，彷彿在告訴我們要慢慢享受生活的每一刻。

我非常喜愛大象，尤其牠那迷人的長鼻子和走起路來搖擺的可愛樣子！

《我最喜愛的動物——熊貓》

車汭銳 4B

我最喜愛的動物是熊貓。

熊貓身子胖胖的，尾巴短短的，身上長着黑白相間的毛髮，宛如一顆變大了的芝麻湯圓。牠那一雙又黑又圓的眼睛，彷彿兩顆閃亮的黑珍珠；奇特的朝天鼻讓牠顯得格外可愛，而那張大得誇張的嘴巴，則總是露出一抹憨厚的笑容，讓人忍不住想要親近。還有牠的一對圓圓的耳朵豎立在腦袋上，充滿了童趣，也是眾多卡通人物創作的靈感來源。

熊貓的身體肥壯、動作笨拙，卻擁有驚人的爬樹技巧，讓人感到意外。牠的身軀軟綿綿、毛茸茸的，觸感如同厚厚的棉被，令人想要抱一抱。牠最愛吃嫩綠的竹子和鮮紅爽脆的蘋果，飲食非常健康。

熊貓不但是中國的國寶，更是我國的「友誼大使」。牠在推動我國與其他國家的交流與合作中發揮着重要作用，因此在全世界享有盛譽。全世界都在保護大熊貓，因為牠是瀕臨絕種的動物之一。我們有責任好好保護世界上的各種動物，讓這份珍貴的自然遺產得以延續。

《日記》

潘凱恩 4A

九月二十六日　　星期五　　晴天

今天，我遇上一件幸運的事。

一早起牀，我刷牙洗臉，懷着激動的心情前往足球場參加足球比賽。雖然我很興奮，但也有點兒緊張，因為對方是上次足球比賽的冠軍球隊。

到達後，我和好朋友小輝一起熱身，還練習了傳球。比賽快開始時，我們都在討論戰術，心情格外激動。可是，就在我想要展示我的技巧時，我不小心摔倒了，膝蓋痛得站不起來，心裏感到一陣恐慌，想：我是不是不能參加比賽了？我感到既擔心又失望，眼淚差點流下來。

就在我最沮喪的時候，小輝跑過來扶起我，關切地說：「我擔心你回不了家，所以我決定比賽結果後，陪你回家。」他讓我把手搭在他的肩膀上，我倆一邊聊天，一邊慢慢地走。途中，他還一直安慰我，讓我不再感到孤單。最後，我安全回到家。這件事讓我感受到朋友的温暖。

吃晚飯時，我把今天的經歷告訴了爸爸媽媽，心裏覺得有這樣的朋友真幸福。晚上，我決定早一點睡覺，希望早點康復，第二天就可以再踢足球了。

今天，我雖然沒能參加足球比賽，但是有這麼好的朋友，已經感到很幸運。這件事我一定會永世難忘！

《日記》

陳詠琳 4B

九月二十六日　　星期四　　晴

今天有一件事情讓我又難忘又感動，事情的經過是這樣的。

今天早上我如往常一樣梳洗，梳洗後，我就上學去了。

回到學校，上體育課時，我在操場上踢足球，可是我突然被足球絆倒了，整個人趴在地上。幸好，我的同學偉明看到了，馬上把我扶了起來，還帶我到醫療室休息。放學時，他還陪我回家。

吃飯時，爸媽關心地問我：「你的傷口還痛嗎？」我說：「還有些許痛，但我真的非常感謝偉明的幫忙。」飯後，我收拾好我的書包便去睡覺了。

今天的事情讓我明白：受到別人的幫助，得到的是滿足，去幫助別人，得到的是成就感和快樂！我希望自己也能親身踐行，體會「助人為快樂之本」。

《日記》

張旨詠 4B

九月二十六日　　星期四　　晴

今天發生了一件讓我既感動又難忘的事情。

放學的時候，我和小林一起到操場踢足球。踢球期間，我突然感到口渴，所以向他示意暫停一會兒去喝水和休息，可是小林聽不到，依然把足球踢向我這邊，當我看見的時候已經太遲了，只見足球以火箭般的速度衝向我。我一不留神，便被足球撞中了額頭，然後整個人失去平衡跌倒了，還擦傷了雙手。

這時，一位陌生的女同學經過，立即把我扶起來。小林也跑過來急切地問道：「你沒事吧？我不小心把足球踢到你了。」我連忙搖搖頭說：「不要緊。是我沒注意。」這位女同學熱心地把我帶到醫療室，在護士幫我包紮傷口的過程中還一直陪伴着我。隨後，她便一路扶着我，把我送回家。途中，我們交談甚多，原來她是新轉來我們學校的插班生，出人意料的是我們有很多共同的興趣和愛好。

晚飯的時候，我把事情的來龍去脈告訴了爸爸媽媽，他們都為我結交了一位新朋友而高興。

《這就是我》

宋新桐 4C

我叫優優，今年十歲，是一名小學生。大家都說我是一個孝順的小朋友。

我的頭髮又短又密，家裏人常開玩笑說我剪了短頭髮像個「假小子」。在我彎彎的柳葉眉下，一雙炯炯有神的眼睛宛如兩顆璀璨的星星，透着智慧與活力；小鼻子下的嘴巴更是能說會道，總是掛着燦爛的笑容。

有一次，外婆出門去買菜，回來時已滿頭大汗。我像一支箭一樣趕緊跑到外婆身旁，急忙拿起裝滿菜的籃筐，輕輕放在桌上，然後扶外婆坐在躺椅上，貼心地給她倒了一杯水，並細心地幫外婆捶了腿。外婆感激地說：「謝謝優優幫忙，你真孝順！」我笑着回答：「這是我應該做的！」這時，媽媽走了過來，讚賞道：「優優懂事了，會孝順長輩了！」説完，我們都笑了，我的心像灌了蜜一樣甜，充滿了幸福。

這就是我，一個孝順的孩子，期待未來能用更多的愛來回報我身邊的人。

《這就是我》

羅哲行 4A

我叫哲哲，今年十歲，是王錦輝中小學的學生。人人都說我是一個勇於認錯、知錯能改的小朋友。

人們總說我又高又瘦，身材非常健壯。長長的臉上鑲嵌着一雙炯炯有神的眼睛，像兩顆明亮的黑珍珠。筆挺的鼻子下面長着一張紅潤的小嘴，帶着如陽光般燦爛的笑容。

我樂觀積極，時常保持開朗的心情，就如一朵盛開的花兒。遇到新鮮事物，我亦勇於嘗試。雖然有時會犯錯，但我知錯能改。

記得上星期三測驗時，我偷偷地看了同學的答案，心想：老師應該不會發現吧！怎料，老師高呼我的名字，說：「你為甚麼要作弊呢？」我頓時嚇得大驚失色，面紅耳赤，我的心宛如小鹿亂撞，怦怦直跳，慚愧地說：「老師，對不起！我以後再也不會作弊了……」這時，老師念我馬上道歉和改過，才在臉上掛上一絲寬厚的笑容，並語重心長地說：「你是一個勇於認錯的小朋友，記得要知錯能改哦！」

俗語說：「經一事，長一智」。我也一樣，經過這件事情，我明白到做事要有誠信，考試時不可以作弊。這就是我，一個勇於認錯，知錯能改的小朋友。

《遊香港挪亞方舟》

吳爾晴 4C

上星期六，我們一家來到挪亞方舟遊玩。 挪亞方舟是一座生氣勃勃的主題樂園。

當我們踏進挪亞方舟，映入眼簾的是巨大的挪亞方舟，威風凜凜地守護着這裏。旁邊的草地上種滿了香氣四溢的花朵，嬌豔奪目，就像一個個展露笑臉的小太陽。瞭望着這個彷似油畫般的美景，讓遊人們心曠神怡。

踏進入口處，經過花香撲鼻的蜿蜒小徑，便到達了「大自然公園 」。我們繼續往裏面走，就踏進「意中園」，馥郁芬芳的花朵熱情綻放，紅的如火，白的像雪，黃的似金。花朵們形態各異，品種繁多，吸引了無數美麗的蝴蝶前來觀賞。牠們展開像輕紗似的翅膀，在花間津津有味地採花蜜、玩捉迷藏，宛如一場精彩絕倫的話劇表演。望着這裏怡人的景色，如同置身於世外桃源，沁人心脾。

離開「大自然公園」，信步穿過迂迴的林蔭小道，循着石階拾級而上，便來到了「鳥望台」。踏進「鳥望台」後，我定睛一看，周圍景色宜人的環境，吸引了很多嘰嘰喳喳的小鳥前來上音樂課，有些小鳥還展開輕柔的翅膀，在空中表演，彷彿在玩集體遊戲。牠們時高時低，時聚時散，時動時靜。另外，有些小鳥在大口大口地品嚐着鮮美的食物，構成了一個充滿生氣的環境。我在「鳥望台」觀察着小鳥歡快的玩耍情境，頓時感到洗滌了心靈。

這次旅程令我感受到大自然的奧妙，讓我的煩惱一掃而空。希望我有機會再次遊覽挪亞方舟！

《長洲遊》

胡鈺珊 4E

上星期日，我和家人到了長洲遊玩。因為我從沒去過長洲，所以爸爸提議帶我們去那裏遊玩，使我萬分期待。

長洲是香港的島嶼，因為外形像啞鈴，因此又被稱為「啞鈴島」。我們到達長洲渡輪碼頭，映入眼簾的是數不勝數的小艇，它們隨着風浪的湧動，在海面上搖擺，像在揮手歡迎我們。

踏上碼頭，金燦燦的陽光照射在熙來攘往的長洲大街上。穿過市集，沿小路向前步行約二十分鐘，便來到長洲最大的沙灘——東灣沙灘。海灘上人山人海，海水清澈見底，坐擁優美景致，我們還聽到海鷗的叫聲呢！海灘的沙子又細又軟，在太陽的照耀下閃閃發光，像鋪了一張金色的軟氈子，大家都感到心情特別舒暢。

離開東灣沙灘，我們沿山路登上「小長城」，沿途可以欣賞整個海岸景觀和外形趣怪的岩石羣。例如：遠看像還沒釉燒的花瓶——「花瓶石」，還有藏於樹林的「人頭石」。從遠處眺望這塊「人頭石」，就像一個好奇的人鑽入樹林，向上仰望時露出人頭。這裏更有外貌似萬里長城的石群，因此被稱為「港版小長城」。有人說：「不到長城非好漢」，那我到過「小長城」算不算做好漢了呢？

快樂的時光總是過得那麼快，雖有不捨，但還是要踏上回家的路程。長洲，再見！大海，再見！

《長洲遊》

李悅而 4B

星期天早上，秋天的涼風吹拂，天氣晴朗，爸爸提議一起去長洲遊覽，我和媽媽都興奮地說：「好！ 」於是，我們開始了這次說走就走的旅行。

下船後，我們從碼頭走出來，就嗅到海水的鹹味，映入眼簾的是人山人海的長洲大街。街上鱗次櫛比的小食店和星羅棋布的露天貨攤，令人目不暇接。我們買了一串像千層旋轉滑梯一樣的薯片，我選了最愛吃的燒烤口味，又薄又脆，咬下去還會發出咔吱咔吱的聲音，讓我感到無比滿足。

離開長洲碼頭，我們來到了到了東灣「愛情鎖牆」，我看見很多五顏六色的門鎖扣在一面牆上。旁邊還掛着一個個心形的木牌，上面寫着情人們的願望。我心想：這些人真浪漫呀！每一個鎖應該都承載着一段美好的回憶吧！

不知不覺，太陽伯伯已經走到山下了，我們也要乘船回家了。我懷着依依不捨的心情和這個美麗的小島說再見。

今天真是難忘的一天，我期待着下次再來探索這片迷人的土地呢！

《長洲遊》

沈曉橦 4D

上星期天，趁學校假期，我們一家到長洲旅行。長洲的外形如啞鈴，又稱為「啞鈴島」。

當渡輪緩緩地靠近長洲碼頭時，我的耳邊傳來「嘩啦嘩啦」的水聲，好像在歡迎我們的到來。

踏上碼頭，金燦燦的陽光照射在熙來攘往的長洲大街上。走到長洲大街，映入眼簾的是鱗次櫛比，排列整齊的矮房子，就像一堆彩色的積木，構成一幅如詩如畫的美景。走着走着，一陣海鮮味兒從不遠處撲鼻而來，令我垂涎欲滴，原來是長洲的特色美食——大魚丸串。

穿過熱鬧的長洲大街，沿着小路走到寧靜的民居昇昌里。走了不久，我便看到一個紅彤彤的建築物，這就是關公忠義亭。亭前有一個黑漆漆的香爐和一副秀麗的對聯，給人莊嚴的感覺。周圍種滿了茂盛的花朵，微風輕輕吹來時，就像一羣小仙子在翩翩起舞。我們在樹蔭下坐了一會兒，很享受這舒適的環境，令人心曠神怡。

離開關公忠義亭，經過長洲 西提道，再往前走，我們來到了張保仔洞。我鼓起勇氣，進入這個伸手不見五指的洞穴，內裏十分狹窄，岩石形狀各異，像是用時間和水流精心雕琢的藝術品。從洞穴出來，我被這巧奪天工的奇山異石和一望無際的大海深深吸引着，不禁讚歎大自然的神奇啊！

這次旅程讓我體會到長洲優美迷人的景色，令我歎為觀止！希望爸爸媽媽有空再帶我到長洲旅行。

《冒大雨回家》

黃諾希 5C

今天發生了一件驚心動魄的事情。

今天天氣惡劣，狂風暴雨讓我在放學的路上感到無比煩躁。放學時，天空已烏雲密布，當第一滴雨落下時，我的心情也隨之沉重。走在路上，雨水不停拍打在我的身上，寒冷刺骨。因為地面濕滑，所以我不小心摔倒在地上。路上的行人一個個匆匆走過，似乎沒有人注意到我這個小小的身影。

就當我快要放棄時，我遇到了一位同學。他看見我狼狽的樣子，毫不猶豫地走過來，為我撐起了雨傘。那一刻，我萬分感激，心中暖意湧動。

他不僅幫我撐傘，還伸手拉我起來，關心地問我是否受傷。看着他真誠的眼神，我的心情慢慢好轉。兩人一起躲在傘下，我們聊起了學校的趣事，彼此的笑聲在雨聲中格外清晰。

從那天起，我們成為了要好的朋友。每當我在學校遇到困難，他總會在我身邊支持我，而我也會在他需要時伸出援手。我們的友誼在這場暴雨中悄然綻放，成為了我生活中最珍貴的部分。從那日開始，我和他成為了要好的朋友。

《日記》

吳芯悠 5B

九月二日　　星期一　　雨

今天發生了一件令我狼狽不堪的事情。

「太陽曬屁股了！還不起牀！」還在睡夢中的我就被媽媽洪亮的聲音驚醒了。我呆呆地坐在牀邊無精打采地，慢吞吞地穿着校服。緊接着，我匆匆吃完早餐，提着書包準備上學去。出門前，媽媽叮囑道：「把這件雨衣裝進書包裏，最近颱風登陸，小心暴雨！」我看着外面晴空萬里，便不屑一顧地說：「哎呀，外面陽光普照，這怎麼會下雨呢？真是煩人！」我轉頭就離開了家。

當我看到碧空如洗的天空，腦海裏不斷回想媽媽和我的對話，心裏不由得得意：媽媽真是老糊塗啦，這麼好的天氣，哪來的暴雨啊！我得意洋洋地向學校進發。突然，一陣狂風迎面刮來，一聲暴響嚇得我打了個趔趄。進而，狂風怒吼，周圍的樹木彷彿要被大風連根拔掉。我看着眼前一幕，瞬間嚇得動彈不得，路過的好朋友琪琪扯着嗓子提醒我：「悠悠，快走呀！颱風來了！」我雙腳似乎被灌滿了水泥，舉步維艱。焦急之時，劈劈啪啪的雨水打在我的身上，啃食我每一寸肌膚，我還來不及呼喊求助，就被風使勁地推了一下，腳下一滑，重重地栽倒在泥潭裏，真是欲哭無淚，還好琪琪把我拉起來，緊緊地拉着我的手向學校的方向跑去。

終於到了學校！我們倆累得氣喘吁吁。看着琪琪身着雨衣，沒有一處被淋濕，與自己凌亂的頭髮、污濁的雙手形成鮮明的對比，我忍不住落淚，心裏想：要是我聽媽媽的話，我就不會變成「落湯雞」了。

這次經歷讓我深深明白了未雨綢繆、防患於未然的重要性。

《日記》

彭一心 5E

六月一日　　星期五　　雨

今天起牀的時候，總覺得天氣既潮濕又悶熱，心情也隨之變得有點沉重。我勉強打起精神拉開窗簾，看見窗外豆大的的雨滴從天上飛落下來。我默默地禱告：天父啊！求祢讓我今天不用上學，讓我放一天假吧！

誠心禱告後，我戰戰兢兢地打開學校網頁查看學校通告，通告上依然寫着「如常上學」，事實令我大失所望——每一個字就像鉛石連同窗外的從天上掉下來的雨點，把我充滿期待和興奮的心砸得粉碎。在豐盛的早餐面前，我食不下嚥，只好硬着頭皮冒着暴風雨上學去。

看着眼前的雨勢，我心中竊喜出門帶了雨傘，不然肯定會變成「落湯雞」！下一秒，不知道從哪裏刮來的風把雨傘吹走了，我頓時不知所措，繼而我如豹子般在雨中奔跑。就在我狼狽不堪之際，賢賢猶如「及時雨」般出現在我眼前，看到已經全身濕透的我站在大廈屋簷下避雨，她連忙撐着大雨傘走過來，把她自己的雨衣讓給我披着，這一連串行雲流水的動作，讓我深深體會到雪中送炭的溫暖。

這件事情令我非常感動，也令我深切地感受到在狂風暴雨之中獲得援助是一件非常幸福的事情。

《第一次學乒乓球》

洪子鑫 5C

每個人都有許許多多的「第一次」。比如第一次學騎單車，第一次學游泳……我最難忘的「第一次」就是學乒乓球。

星期六，爸爸帶着我和哥哥去了沙田體育館打乒乓球。一路上，小草向我招手，鳥兒向我唱歌，好像在預祝我打乒乓球愉快。

一進入體育館，我就聽到「嘭！嘭！嘭！」激烈的對打聲，我看到有些人發球快如閃電，有些人猛烈地進攻，有些人在球桌前像一隻頑皮的貓，上竄下跳……我和哥哥對打，哥哥打球的速度迅雷不及掩耳，我完全反應不過來。我越打越洩氣，心想：原來乒乓球這麼難打。

爸爸見到我手忙腳亂的樣子，於是走過來教導我說：「打乒乓球的姿勢很重要，還要反覆練習。」他一邊講解，一邊示範發球和接球的動作。

我模仿着他的姿勢練習了很久，終於成功接到哥哥的發球。我心想：要學會一件事情，必須堅持不懈，不能半途而廢。接下來的日子，我參加了特訓班，堅持每天練習。

經過這件事情，我學會了「世上無難事，只怕有心人」的道理。只要我們永不言棄，堅持下去一定會成功的。

《第一次做家務》

許文泰 5A

記得那是一個陽光明媚的週末，我的父母外出工作，家裏只剩下我一個人。看着四周雜亂的房間，我突然萌生做家務的念頭。這是我第一次獨自承擔這樣的任務。

首先，我先從客廳動手，清理地上滿是零食包裝袋和書籍的客廳，我一邊撿起來，內疚悄然湧上心頭：平時，我為甚麼沒有主動搭把手？

收拾完客廳，我又轉戰廚房，打算挑戰洗碗和擦拭灶台。一開始，我有些手忙腳亂，沾滿洗潔精的碗碟格外「頑皮」，滑不溜秋的，像極了一群小青蛙，任憑我怎樣抓起碗碟，它們都會從我手中滑溜溜地打轉，害我很擔心會失手打碎它們。

於是，我使出九牛二虎之力抓住每一隻碗，小心翼翼地清洗。結果，我花了接近一個小時才洗完所有碗碟和餐具。當我看到一個個光亮如新的碗碟整齊擺放時，心裏充滿了喜悅和成就感。這次做家務的經歷讓我明白了一個道理，做家務不僅能鍛煉自己的能力，還能增進對家庭的責任感。我決定以後要主動分擔家務，讓這個家變得更加整潔、溫馨。

《我從失敗中學到了……》

鄭諾晞 5A

每一次我看到掛在牆上的照片，那天的情景就會不由自主地浮現在我眼前，運動場的跑道，觀眾熱烈的打氣聲及掌聲……全都歷歷在目，如今回想起來仍讓我感到難以忘懷。

那天是一年一度的沙田區學界跑步比賽。通過風雨不改的持續練習，我像一位勤奮的工匠努力地改善我的跑步姿勢和訓練速度，期望能取得好成績。

比賽前，我感到又興奮又緊張，心情七上八下。教練看到我徬徨的樣子，就對我說：「晞晞，你不要緊張，堅持用盡全力向前衝，無論贏或輸，我都會支持你。」這句話像黑暗中的一盞明燈，照亮了我前行的路。它不但讓我平靜下來，還給了我勇氣。

「嘟——」發令槍聲響遍了整個場地。我在殷紅的跑道上像離弦的箭一樣飛出去。我心想：我已經費了九牛二虎之力，每日練習，現在一定要贏！但是，在我開始靠近終點的那一秒，一顆石子突然在我的腳下出現，使我「轟！」的一聲摔在地上。幸好，我沒有受傷，但看到其他選手一個一個跑過終點，我感到又傷心又難過，眼淚一滴一滴不自主地從我的臉頰流下來。

突然，教練安慰我的情形浮現在我眼前，我對自己說：「不行，我要堅持，如果我放棄，那怎能品嚐到成功的甜味呢？」我鼓起勇氣向終點一步一步跛行，不一會兒，觀眾都開始鼓勵我。他們的掌聲如雷，讓我非常感動。我越靠近終點，我的腳步就越快。幾秒後，我終於邁過了終點，我為自己的名次感到十分失望，但又很開心能堅持下來。

我輸了，但是通過這場比賽，我學會了永不放棄的道理。困難就像跑步比賽一樣，很快就會過去，人生就像馬拉松一樣，最重要的不是速度，而是堅持的勇氣。

《這件事使我明白一個道理》

莫譽隃 5A

上個月，學校組織了中文演講比賽，我在老師的鼓勵下報了名。當時我既興奮又緊張，克服重重困難，最終獲得了不錯的成績，令我至今難以忘懷。

記得比賽前的準備時間只有一周，我精心寫作的演講稿有大量優美的古詩詞，但是卻像一道道難以跨越的溝壑橫在我面前，背誦起來如同攀登陡峭的山峯般費勁，急得我直掉眼淚。最開始練習的時候，我絕望了，心想：這不可能啊！我怎麼能在一周內記住所有內容？這實在太複雜、太困難了！為了平復我的心情，我打開一本喜愛的故事書讀了起來，比賽演講稿則被遺忘在書桌上。房間一下子安靜了下來，我感覺鬥志漸漸被消磨，心裏不禁打起了退堂鼓。

媽媽看到我垂頭喪氣的樣子，溫柔地鼓勵我說：「孩子，只要你用心去做，就沒有克服不了的困難。」這句話如同黑暗中的一盞明燈，照亮了我前行的路，我重新振作起來，每天都沉浸在演講稿的背誦當中，像一位勤奮的工匠，精心雕琢着每一個詞句，跟着錄音一遍又一遍地糾正發音，不放過任何一個細微的錯誤。

比賽那天，我站在後台，深吸一口氣，步伐穩健而自信地走上演講台。聚光燈灑在身上，我從容地開口，聲情並茂地講述着，每一個字都彷彿是跳動的音符，奏響着屬於我的樂章。演講完畢，台下掌聲如雷，那是對我努力的認可。最終，我取得了第一名的好成績。我被老師和同學們團團圍住，抱起來拋向空中，那是對我這段時間努力的嘉獎和讚美。

通過這件事，我深刻領悟到「世上無難事，只怕有心人」的道理。如果當初我因為一時的困難就輕易放棄，又怎麼會品嚐到成功的甘甜？在未來的日子裏，無論遇到多大的艱難險阻，我都會全力以赴去戰勝困難，因為我堅信，成功的曙光定會在前方閃耀。

《這件事使我明白一個道理》

陳連宇 5D

「工欲善其事，必先利其器！」要不是不久前的一次經歷，我萬萬沒想到，這句話原來連人工智能也適用啊！

這事得從上周末說起，吃完午飯，我被媽媽抓到在牀上一邊吃橙子，一邊偷看《假如歷史是一羣喵》的動畫片，然後被勒令看完寫一篇觀後感。這對不喜歡寫作的我來說本來是最大的懲罰，可是，媽媽忘了，現在世界上有新工具可以幫助我寫作——偉大的人工智能！

我眼珠一轉，打開電腦，對着聊天機器人下令：「寫一篇《三國動畫》觀後感。」不出一分鐘，屏幕上就洋洋灑灑地出現了一篇看起來華麗的作文，我哼着主題曲，抖着腿，正想稱讚人工智能的高效，卻讀到「劉備含淚寫給曹操的《出師表》」時，手裏吃了一半的橙子「啪」地掉在鍵盤上，我趕緊撿起橙子塞進嘴裏，一邊嚼，一邊忐忑地嘟囔：「你瞎寫了甚麼亂七八糟的東西呀？」

我馬上打開維基百科搜索了一遍。「聊天機器人，你要看對參考資料啊！」我邊碎碎念，邊把諸葛亮的生平資料貼進對話框。當聊天機器人又把「赤壁之戰」寫成諸葛亮單挑曹操時，我「咚」地把額頭撞在冰冷的桌面上，忽然聞到剛才滲進鍵盤縫的橙子的甜酸氣味，開始時等着坐享其成的自信蕩然無存。

「人工智能，你一定難不倒我的！」我打起精神，學着老師批改作業的模樣，逐段檢查聊天機器人生成的文章，「這裏要加諸葛亮在北伐前……」，我邊嘀咕邊一遍遍耐心修改。時間飛逝，我費了九牛二虎之力，在差不多把《三國》從頭在鍵盤上「演義」了一遍之後，我終於得到了滿意的文章，心中百感交集。

看着西斜的陽光透進窗户，照在鍵盤上，我明白了古人的智慧，做好一件事需要有好的工具，而工具是否好用，要看使用者有沒有磨利自己的「器具」，否則，人工智能也只是一件錯漏百出的工具，用不好還會弄巧成拙啊！

《這件事使我明白一個道理》

劉旖晴 5E

那是一個悶熱的下午，太陽這個滾滾燃燒的大火球正肆意地掛在天上，烤得操場上的塑膠跑道散發出一股刺鼻的氣味。我站在起跑線上，雙手撐地，膝蓋微微彎曲，感覺汗水正順着臉頰往下淌，像一條條小蟲子在爬。

「預備！」老師的哨聲響起，我像離弦的箭一樣衝了出去。風在耳邊呼嘯而過，帶着夏日的燥熱。前兩圈還算順利，我的步伐輕快，呼吸均勻。可到了第三圈，我的雙腿開始發軟，像是灌了鉛一樣沉重。汗水模糊了視線，喉嚨火辣辣的，每一次呼吸都像在吞刀子。

就在這時，我看見跑道邊的小草在烈日下依然挺立，它們的葉子雖然被曬得蜷曲，卻依然倔強地向上生長。這一幕讓我想到小時候媽媽對我說的一句話：「困難就像跑步，咬咬牙就過去了。」我深吸一口氣，調整好呼吸的節奏，一步一步向前邁進，跑道彷彿沒有盡頭，但是我告訴自己：不能停！不能停……

終於在最後一圈，我的身體突然輕快起來，像是突破了某種極限。當我衝過終點線那一刻，歡呼聲如潮水一般湧來。我癱坐在地上，大口大口地喘着氣，卻忍不住笑了，汗水也夾雜着淚水順着臉頰滴落在地上。

這次長跑讓我明白，人生就像一場馬拉松，最重要的不是速度，而是堅持的勇氣。

《週記》

呂震宇 5B

十二月二十五日至十二月三十一日

這個星期，我過得既充實又開心，因為久居國外的表妹回來香港探望我們。我和表妹好久不見，所以我們給她舉辦了一個歡迎儀式，但是卻發生了一些小插曲。

星期一中午，我們去機場接了表妹後，就帶她去了她心心念念的海鮮大排檔吃海鮮大餐，表妹高興得手舞足蹈。因為在國外吃海鮮的機會比較少，一通胡吃海塞之後，表妹被送進了急診室，醫生診斷為急性腸胃炎，在醫院掛了吊瓶之後才好轉。

星期二，停不下來的表妹被媽媽命令在家休息，清粥淡飯讓她「生無可戀」。我拿了樂高積木陪她玩耍，她也和我說她在國外的生活：國外有甚麼好玩的、他們的課堂是怎樣的、她的朋友……表妹像一隻黃鸝鳥，嘰嘰喳喳地講個不停，給我帶來了很多歡樂。

周五，媽媽終於同意讓表妹出門了，表妹高興得一蹦三尺高，像一隻飛出牢籠的小鳥，興奮地和我討論去哪裏玩。我們先去特色茶餐廳吃了美食，然後馬不停蹄去了海洋公園。我們在高峯樂園玩了刺激的過山車、動感快車、翻天覆地等，嚇得表妹連連尖叫，但是強悍的她一下車就沒事了。我們在亞洲動物天地看到了國寶大熊貓，表妹喜歡得不得了，我們還去紀念商店買了熊貓手辦，接着又去坐了海洋列車、摩天輪等。直到夕陽西下，我們才戀戀不捨地離開。解決了晚飯之後，我們又去了太平山山頂，俯視夜晚的香港，燈火燦爛，美不勝收。

有表妹陪伴的一個星期，真是驚險又刺激，令人難以忘懷。

《養成勤做運動的好習慣》

鄒詠晴 5E

養成勤做運動的好習慣，不僅能讓身體健康，還能提升生活質量，所以我認為必須養成勤做運動的好習慣。

首先，從反面來說，如果沒有養成勤做運動的好習慣，身體會有多種不良的影響，例如肥胖、心血管疾病、糖尿病，嚴重的還會患上大腸癌、高血壓、骨質疏鬆等。另外，缺乏運動也有機會導致心理健康問題，例如：會引致憂鬱和焦慮的風險。研究表明，大約有百分之二十五的乳癌，百分之二十七的大腸癌和糖尿病都是因缺乏運動所造成的。記得有一段時間，我少做了運動，還多吃了糖果，結果導致我經常感到疲累，上課時更是提不起勁，難以專心，導致成績急速下降。

其次，從正面來說，養成勤做運動的好習慣，身體就會越來越健康。勤做運動可以保持理想的體重，增強心肺功能，強化肌肉，有助降低骨質疏鬆的風險，還能夠增強抵抗力，並且減少患病的機會。此外，根據《美國醫學會期刊》最新研究指出，四十歲以上成年人即使只是運動十分鐘，死亡率也能降低百分之六。每年可預防十一萬人死亡。故而，勤做運動對身體百利而無一害。

因此，我想了兩個方法讓自己更有動力養成勤做運動的好習慣。第一，我決定設計一個做運動的時間表，我先設定目標，然後安排做運動的時間及不同的運動項目。第二，我會約朋友一起做運動，例如：打排球、踢足球、打羽毛球等，與朋友一同運動，可以增加做運動的樂趣。

總括而言，只要我們養成勤做運動的好習慣，我們的身心一定會變得越來越健康。

《養成勤做運動的好習慣》

麥清翎 5E

所謂「生命在於運動。」我認為必須養成勤做運動的好習慣，才能身體健康。

首先，從反面來說，如果不養成勤做運動的好習慣就容易導致肥胖，引起心臟問題。我們人類是通透過進食來吸收熱量，而多餘的熱量就會變成脂肪。如果不勤做運動，身體消耗的熱量就會減少，使體重增加。此外，肥胖會增加血管的壓力，引起高血壓。高血壓會增加心臟的負擔，增加患上心血管病的風險。外公一直以來都很少做運動，導致他身材肥胖。有一次，他做完身體檢查後，醫生發現他有高血壓，建議他多做運動。從此以後，外公每天都游泳，這使他的血壓降低了不少。因此，不勤做運動會帶來健康問題。

其次，從正面來說，要是養成勤做運動的好習慣，身體就會變得強壯，而且心情更好。多做運動不但能鍛煉肌肉，使我們有力氣，而且能讓我們心情愉悅。規律的運動更能增強免疫系統的功能，提高對疾病的抵抗力。勤做運動也能維持良好的體態及活力，保持心情開朗，有助減壓，防止抑鬱症。國外有研究發現，因為做運動可以釋放腦源性神經營養因子，所以運動有助精神健康，也能改善輕微的抑鬱症。由此可見，多做運動有益身心。

因此，我已下定決心養成勤做運動的好習慣。第一，我決定報名參加課外運動班，這能讓我按照自己的興趣來做運動，還能讓我交一些新朋友一起做運動呢！第二，我決定設定一個時間表，提醒我定時做運動。例如：每天晚飯後，騎半小時的健身車。我相信這些方法能幫助我養成勤做運動的好習慣。

總括而言，因為我知道勤做運動有很多好處，所以我下定決心養成勤做運動的好習慣，你也開始做運動吧！

《養成多吃蔬菜的好習慣》

吳端怡 5D

所謂「三日可無肉，日菜不可無」，讓食物成為你健康的藥物吧！我認為我必須養成多吃蔬菜的好習慣。

首先，從反面來說，如果我沒養成多吃蔬菜的好習慣，我就無法擁有健康的身體。蔬菜有豐富的膳食纖維，如果身體的膳食纖維不足夠，就會導致消化系統出現問題。蔬菜是膳食纖維的主要來源，欠缺膳食纖維會導致腸道蠕動緩慢，糞便變硬，引致便秘。長期不吃蔬菜可能會導致嚴重的疾病，例如：大腸癌、心血管疾病、骨質疏鬆症。記得有一次，我一個月沒有吃蔬菜，腹部總是感覺脹脹的，好像有一塊石頭壓在肚子上，十分難受。因此，每天是吃蔬菜是十分重要的。

其次，從正面來說，要是我養成了多吃蔬菜的好習慣，我就能擁有健康的身體。多吃蔬菜能預防各種疾病，例如：癌症和心血管疾病。世界衛生組織建議每天至少攝取大約四百克蔬菜，可降低百分之二十患上癌症和心血管疾病的風險。哈佛大學研究發現，多吃蔬菜的人的身體質量指數（BMI）較低，減少因肥胖患病的風險。由此可見，多吃蔬菜能為我們身體帶來良好的影響。

因此，我已下定決心要養成多吃蔬菜的好習慣。第一，我要把這個重要的決定告訴媽媽，請她每次煮飯的時候烹製足夠的蔬菜。第二，設計一個蔬菜量表，把每天要吃的蔬菜寫下來，給自己定下目標，每天吃足夠的蔬菜。

總括而言，只有我每天跟着定下目標，我相信一定能養成多吃蔬菜的好習慣。

《養成多吃蔬菜的好習慣》

梁鎧悅 5A

所謂「三天不吃青，兩眼冒金星。」我認為我必須養成多吃蔬菜的好習慣。

首先，我們從反面來說，如果我沒有養成多吃蔬菜的好習慣，我的腸道功能容易惡化，便秘風險會上升。每天纖維攝取量低於十五克的人，便秘機率比達標者高三倍。人體的維生素 C 攝取不足者，感冒復發率增加百分之三十。如果不常吃深綠色蔬菜，會使免疫細胞生成效果低於百分之二十五。美國典型快餐飲食地區，大腸癌發生率比地中海飲食區高百分之四十五。因此，養成多吃蔬菜的好習慣是很重要的。

其次，我們從正面來說，要是我養成了多吃蔬菜的好習慣，能讓我的腸道更健康。每天攝取二十五至三十克膳食纖維，可使便秘風險降低百分之二十。每天吃三百克綠葉蔬菜的人，患上糖尿病的機率降低百分之二十五。如果我們每周吃五份足夠份量的蔬菜，心血管疾病死亡率會下降百分之二十。日本人常吃地瓜葉和苦瓜，當地腸癌發病率比美國低百分之五。由此可見，多吃蔬菜，是十分健康的。

因此，我下定決心要養成多吃蔬菜的好習慣。第一，我要挑戰自己每天嘗試吃三種不同的蔬菜。第二，我會帶蔬菜去學校和朋友們分享。第三，煮蔬菜時，不要用油炸的方式，用水煮蔬菜會更健康。

總括而言，只要我定下了清晰的目標，堅持自己的計劃，並付諸行動來實踐，我相信自己就一定能成功的。我一定會努力養成多吃蔬菜的好習慣。

《養成多吃蔬菜的好習慣》

曾艾霖 5D

所謂「三天不吃青，兩眼冒金星」。我認為我必須養成多吃蔬菜的好習慣。

首先，從反面來說，如果我不養成多吃蔬菜的習慣，我體內的酸鹼成份會不平衡，而人體正常的生理活動需要保持酸鹼平衡。蔬菜屬於鹼性食物，能夠中和體內的酸性物質，使身體維持在健康的弱鹼性狀態，有利於身體各種器官的正常運作。如果體內的酸鹼成分不平衡，就會導致疲勞乏力，影響身體機能，損害骨骼健康等後果。記得有一次 ，我因連續幾個月沒有吃蔬菜而感到疲勞乏力，難受極了！因此，每天吃適當的蔬菜十分重要。

其次，從正面來說，如果我養成多吃蔬菜的好習慣，就能保持腸道暢通，減少便秘機會。多吃蔬菜不但能促進有益菌的生長和繁殖，改善腸道微生態環境，更能增強腸道屏障功能。曾經有一名從哈佛大學畢業的醫生強調，蔬菜中的膳食纖維有助於排便和保持腸道正常蠕動，對維持腸道的健康起到至關重要的作用。由此可見，多吃蔬菜有益於腸道健康。

因此，我下定決心養成多吃蔬菜的好習慣。第一，我決定把所有蔬菜都按顏色分類，每天吃不同顏色的蔬菜，這樣會更有食欲。第二，我決定告訴我的家長和老師，監督我多吃蔬菜。第三，我決定每星期要做兩次蔬菜大採購，這樣能確保經常儲備充足的新鮮蔬菜，讓我堅持多吃蔬菜的好習慣。

總括而言，只要我設定清晰的目標並堅持執行下去，我相信我一定能養成多吃蔬菜的好習慣。

《一次捐贈衣物的經歷》

梁允言 6C

當我看見一段有關山區兒童的新聞時，令我想起一個月前發生了一件令我難以抉擇的往事，一切仍記憶猶新……

一個月前的某一天，學校舉辦了一次為中國中部地區的山區兒童捐贈衣物的活動。我看見同學們都踴躍地捐贈，所以我回家後立刻找找看有沒有可捐贈的衣服。我打開衣櫥，裏面有形形色色的衣服。

我找到了一件別具意義的毛衣，它是由外婆親手編織給我的生日禮物。當時的我每天都穿着，每次穿着它，就好像遠在家鄉的外婆擁抱着我一樣，十分温暖。我怎可能把這件充滿回憶的毛衣捐出去呢？當然要好好保存紀念！我心想：反正一定有人捐衣服，根本不差我這件，而且我和他們素未謀面，萬一被他們糟蹋這件重要的衣服怎麼辦？我一邊想，一邊把它放回衣櫥裏。但我轉念一想，這衣服在冬天如此重要，那些孩子們不可能會不珍惜的。那些孩子們沒錢治病，保暖衣物能讓他們免於生病。哪怕把毛線剪出來還有其他用途。我決定還是捐出去吧！但我又捨不得和外婆的種種回憶。我陷入了兩難中，掙扎了很久，我到底該怎麼辦？捐出去，可以幫助他們，甚至救濟孩子們的性命；不捐出去，可以保留和外婆的美好回憶。我的心七上八下，十分徬徨。

經過我深思熟慮後，我還是決定把毛衣捐出去，雖然失去了一件毛衣，但和外婆的回憶不會就此消失。當那些山區孩子收到衣服時，我可以想像他們有多麼高興和感激，孩子們雖然不認識我，但能幫助到他們仍令我感到自豪。我這件普普通通的毛衣，看似微不足道，但或許因這次捐贈而獲得「重生」，幫助無數貧窮的孩子，何樂而不為呢？

通過這件事，我明白到「助人為快樂之本」，原來能幫助到人的喜悅是不可言喻的。山區孩子們燦爛的笑容比一切都重要，我希望他們能把這件別具意義的毛衣傳承下去，繼續温暖別人。

《一次助人的經歷》

林栢賢 6C

還記得那次我放學後搭乘地鐵回家的途中，幫助了一位老婆婆的情景，我至今難以忘懷。

那個下雨天，身上沾滿雨水的我非常狼狽地等待地鐵。一位頭戴粉色小草帽，手捧一束五顏六色的鮮花，手裏提着大包小包的老婆婆站在擁擠的月台上，分外惹人注目。

地鐵到站後，我進入車廂內，剛好前方有乘客下車，我幸運地坐到座位上。正當我準備看書時，發現那位婆婆站在車廂中，她沒有座位。我想先觀察一會兒，看有沒有人讓座給她，但直至車門關閉、列車駛出時也沒有人讓座。在眾目睽睽下，我鼓起勇氣請老婆婆過來，讓座給她。可能是因為我的音量太小，老婆婆聽不到，站在旁邊的阿姨幫我向老婆婆示意，我起身讓座給她。她彬彬有禮地向我道謝及報以微笑。

我站在老婆婆面前，發現她像極了我的外婆，一頭銀髮，面上長着皺紋，掛着慈祥的笑容。正當我好奇婆婆去哪裏時，發現原來她跟我在同一個站台下車。下車後，我跟着她走。接近閘口時，她拿着的大塑料袋破了，我看到後急忙上前幫她撿起掉落在地上的水果，放在媽媽送給我的環保袋內交還給她。婆婆連聲道謝，還誇獎我是個好孩子！

這次助人的經歷令我明白了「送人玫瑰，手有餘香」的道理，幫助他人後，除了他人開心，我們自己也會感到快樂。

《再見，我的小學生活》

唐意涵 6C

時光飛逝，轉眼間，我要告別小學生活了，內心充滿了離別的憂愁與傷感。唉！校門口的樹葉緩緩飄落，彷彿在為我告別。即將踏上中學的旅程，我也為長大感到雀躍不已。

回看小學時光，老師啊！我真捨不得你們！記得有一次，余老師推薦我參加朗誦比賽。當我看到密密麻麻的朗誦稿時，我焦急萬分，感覺有一塊大石頭壓在胸口，令我喘不過氣。余老師看見後，馬上走了過來，溫柔地說：「加油！你一定可以的！」當我遇到發音錯誤時，她會耐心地幫我糾正發音，並親自示範。經過余老師的幫助和我的努力，我在朗誦比賽表現優秀，拿到冠軍！我高興得一蹦三尺高。當我看到那金燦燦的獎盃時，就會想起余老師用心指導我的情景。此外，我也忘不了蔡老師總是循循善誘地教我畫畫，讓我畫畫水平突飛猛進。胡老師永遠面帶笑容地鼓勵我學數學。老師啊！老師啊！感謝你們的言傳身教和無私奉獻。老師啊！你們是花園裏勤奮的園丁，用心灌溉着我們，小草不斷呼喊着你們的名字，大樹深深地抱着你們。有誰捨得離開你們溫暖的懷抱呢？

除了老師們，陪伴我成長的還有親愛的同學們。記得有一次，我和兩位同學一起合作參加舞蹈比賽。在排練時，我們有時記不住動作，有時動作不合拍，有時站位出現錯誤。於是，我們仨會對着鏡子努力練習，不停反思和改善自己的動作。我們也在放學後一起練習。在我們練得氣喘吁吁、大汗淋漓的時候，我們也會互相打氣。在比賽時，我們全力以赴，動作整齊劃一，表現出色，拿到了好成績，獲得雷鳴般的掌聲。每當我看到舞蹈室的鏡子，腦海中便浮現出我們認真練習，一起合作的美好時光。此外，我也忘不了和心心同學一起擔任文化交流活動的主持人，和文文同學一起並肩參加數學比賽……啊！同學們！你們就是我的太陽，感謝你們的溫暖和關愛！我真捨不得你們啊！

告別小學，迎接中學，我感到五味雜陳，有緊張、興奮、期待。一想到升中，我的心不停翻湧，翻湧……唉！面對未知的挑戰，我感到徬徨、害怕和擔心。但想到認識新朋友，我便十分興奮呢！我的心臟快要從胸口蹦出來了！迎來中學生活，我會努力適應，迎接更多挑戰！

再見，我的小學生活。我真是太捨不得你了！感謝老師的悉心教導和關愛。感謝同學們的深厚友情。就讓我把這些關愛和友情化作力量，帶着興奮和希望自信邁入中學大門，展開人生新一頁，在中學這新的畫紙上描繪更閃亮的自己吧！

《一次助人的經歷》

林凱彤 6D

生活中處處都是旅程，而在這些旅程裏，令我刻骨銘心的經歷就是我和瑜婆婆的偶遇。

記得那天早上萬里無雲，天空像碧玉一樣澄澈。我在銅鑼灣的一條熱鬧擁擠的街道上開啟了一段「助人為樂」的旅程。我在街道遇到了瑜婆婆，我看到她時，她踮起腳尖努力地嘗試着推起一輛沉甸甸的自行車，但卻因力氣實在太小而失敗了。她瘦弱的身軀和消瘦露骨的臉龐露出一種疲勞和無助的表情。

在看到她的那一刻，我的心中充滿同情，便走過去向她揮揮手，示意我想幫助她，我對她溫柔地說：「老婆婆，我看到你推不動自行車，不如我幫你一起推吧！」她微微一笑說：「我在這裏那麼久也沒有甚麼人來幫助我，小孩子，你真善良呀！」她似乎覺得有一個人關心自己很高興，於是我就和她一起把自行車推到了路邊，讓她可以在那裏休息一會兒。

這次助人為樂的經歷讓我感到非常自豪和滿足，因為我幫助了他人，也在他人的心中播下一顆愛的種子。我也更加明白了助人為樂的重要性，並且意識到要時時奉獻我們的愛心。

《再見，我的小學生活》

陳凱莉 6D

時間如白駒過隙，轉眼間，我就要跟我心愛的小學生活告別了。「叮咚……叮咚……」這個熟悉的校園鐘聲再次在我耳邊響起。聽着這熟悉的鐘聲，我一邊沉浸在升中的期待與興奮中，一邊回想起一些往日難忘的舊事，那一瞬，我的心便如壓了一塊巨大的石頭般沉重。

在這段既漫長又短暫的小學生活中，每一位老師教導我的情景，我都歷歷在目，我對老師們萬分不捨。記得有一次，五年級第二學期的期末考試即將來臨。在考試前的最後一堂中文課，余老師特別有耐心地向我們講解這次寫作的重點，她重複提醒我們一些能夠獲得更高分的技巧。另外，她還非常用心地聆聽我們提出的問題，然後一一解答，讓我們清楚明白如何寫出一篇好的文章。因此，每當我看見那本練筆本上的鼓勵和評語，我的腦海裏就會立刻浮現出余老師用心教導我們的情景。我非常感激老師們的循循善誘、鼓勵、關懷和奉獻。你們給了我前進的動力，給我指明人生的方向，給了我飛翔的翅膀。

在這段難忘的小學生活中，除了老師外，同學和朋友之間的互助互勉也十分重要。在我六年級的時候，我和同班同學們一起準備十二月舉行的特別活動——音樂馬拉松。一開始在選歌的環節，我們出現了爭吵，非常不順利。幸好，經過一星期的激烈討論和溝通，同學和老師的互相理解包容，我們終於合作得非常順利。在練習期間，同學們都用盡全力練習唱歌、合奏和排練舞蹈。最後，我們同心協力地創造了一場無比精彩的表演，連台下觀眾的掌聲和歡呼聲都如雷鳴般呢！經過這段美妙的經歷，我和同學們的友誼會永遠刻在我心中，因為這些回憶是無比珍貴的。

對於要跟小學告別升上中學，我的心情十分複雜。我既期待中學的新生活，感激老師的教導，又留戀和同學一起建立的深厚友誼。我也會感到擔心和傷感，因為我不知道升中後自己是否能夠保持好成績；眼見我的好友轉學，心情是那麼的不是味兒。但是，我並不會自我放棄，反而會更積極面對，永不放棄，並勇往直前！

我的小學生活快要結束了，我對同學們甜美的笑容和一起玩耍時的歡笑聲依依不捨。我會永遠記住跟同學一起相處的美好時光；我也會好好感謝老師的教導，並以堅毅不屈的精神迎接挑戰。我相信自己能夠保持對求知的熱忱，勇敢面對困難，並帶着老師的教誨和朋友的支持，成為更好的自己！再見，我的小學生活！

《一場暴風雨》

黎貝詩 6D

香港每年都會遭遇風雨吹襲，給我們的家園造成很大的破壞。當得知暴風雨又要來臨時，我不禁緊張起來，到底暴風雨會造成怎樣的破壞呢？

一大早，我被窗外的呼呼聲吵醒。打開窗戶，刺骨的強風和豆大的雨珠，重重拍打我的臉頰，像是有無數的小刀劃過。低頭望下街道，平日裏跑步健身的運動健兒、趕着上班的「打工族」、趕着上學的學生……全都消失得無影無踪，這條充滿生機的街道都因暴風雨的到來而一下子變得冷冷清清。

「轟——轟——」，抬頭向天上望去，天空陰沉沉的，像是被厚重的絨布緊緊包裹着，讓陽光無法透進。滴答——滴答，子彈般的雨珠從天而降，此時天文台發出了黃色暴雨信號。

「嘩——嘩——」，雨大得像天空被撕開了一個口子，有人從天上拿着一盆接着一盆的水往下倒，天文台也因雨量極速增加而改發黑色暴雨警告。伴隨着暴雨，強風將平日粗壯的大樹吹得左搖右擺，樹枝七歪八倒，樹葉發出「唰唰」的聲音，似乎在哀求強風放過自己。因黑雨而引發的山泥從山上洶湧而下，並帶着沙石，它們把整個商場給淹沒了。

終於到了晚上，雨停了，天空也從伸手不見五指的黑轉為暗沉。這次暴風雨對街道造成了不少破壞；粗壯的大樹被強風吹得奄奄一息，有的甚至連根拔起，倒在地上；小小的車輛被散落一地的樹木重重地壓着，靜靜地等待着救援團隊的到來；除了倒地的樹木和被壓的車輛外，還有被強風吹得散落一地的商品，它們都是這場暴風雨當中的「受害者」。這次真的要麻煩清潔工人去好好安慰這個「受傷城市」了。

這次的暴風雨讓我深深地明白到大自然的威力，人類是多麼渺小。暴風雨啊！請你離開吧！別再來傷害我們了。

《十號風球下的香港》

吳國迅 6A

「轟隆——轟隆——」，一陣雷聲把人們從睡夢中吵醒，好像在告訴我們颱風即將要來臨。

街道上的習習涼風，呼呼作響的風聲，烏雲下異常的氣壓把整個城市都籠罩了一層死寂的氣氛。窗戶叮咚作聲，好像在告訴我們風雨欲來，因此人們忙於收拾門前的物品。天文台已改掛三號風球，樹上的雀鳥非常不安，不斷發出吱吱亂叫的聲音。

過了幾個小時，「颯颯——」的風聲告訴人們暴風已經到了。大樹被強烈的暴風連根拔起，樹葉在「空中派對」裏手舞足蹈。天文台已改掛十號風球，「颱風現已登陸本港，請市民離開街道，去安全的地方躲避風雨……」的聲音從電視中傳出來，有的車子被雨水打濕，有的車子在雨中狂奔。「劈啪——劈啪——」的雨聲像瀑布一樣從天而降，街道變成了一條條小溪，千萬片樹葉在小溪裏漂流。大廈的窗戶被暴風雨打破，街道上的市民急忙地跑回家。

第二天，風勢已減弱，天文台已改掛三號風球。雖然風已減弱了，但還是下着傾盆大雨，人們狼狽地復工了。

這次的十號風球，展示了大自然的破壞力。難道人們還覺得可以勝於大自然嗎？我覺得人們需要反思，要愛護大自然。

《十號風球下的香港》

張月瑤 6A

天空一望無際，我正走到陽台想透透氣。突然聽到天文台說十號風球即將懸掛的消息，我就知道十號風球要來了。

颱風前，微弱的風呼呼吹來，牛毛細雨悄悄地落下，大樹的葉子被風吹倒了一地，樓房的窗戶都早早地被人們貼上了膠帶，路上的車子也紛紛開去停車場。人們也像車子一樣，匆匆忙忙地跑回家了。

很快，颱風來了！凜冽刺骨的寒風迎面撲來，整棟建築物搖搖欲墜；傾盆大雨垂瀉而下，絲毫不給地面一塊乾爽的位置。平時強壯的大樹在颱風的威力下，也變成一個嬰兒，一不小心就會摔倒，高樓大廈也被風吹得一晃一晃的，感覺下一秒就要倒了。幾輛的士在馬路邊被雨打濕，有一輛還被樹砸到，已經看不到完整的車的模樣了。

颱風後，風逐漸變小了，風和日麗，雨也慢慢停了，天空還給我們畫了一道彩虹。大樹倒在地上，奄奄一息，沒有半點生命力，但高樓大廈依然堅定站着。車子從停車場出來，在濕漉漉的道路上行駛着，很多人都出來散散心，把煩惱拋走。

颱風的場景十分可怕，一時一道閃電劈下，一棵樹倒下，一陣大風吹來，這場面實在令人觸目驚心。

《十號風球下的香港》

蔡語澄 6B

二零一八年九月，香港迎來了強風「山竹」，我打開電視機，聽到教育局宣佈今日全港停課。我和妹妹聽到後，高興得跳起腳來，因為不用上學。

我打開窗戶，外面下起了小雨，街上行人稀少，店鋪全都關了，大廈全都貼上了膠紙。一開始風平浪靜，過了一會兒，風便「呼呼」作響。

到了下午，天空灰濛濛的，好像一塊黑布壓在上空。風勢十分猛烈，發出「唰唰」的聲音。颱風前，大樹們紋絲不動，時間彷彿靜止了，現在樹木在狂風暴雨中搖擺，而樹葉「沙沙」作響。高樓大廈的窗戶被吹得發出「吱吱」聲，彷彿隨時都會裂開，非常可怕。

天空烏雲密佈，暴雨傾盆而下，雨點「叮噹」地拍打在窗戶上。我打開窗戶，把手伸出去，雨點打在我的手上，像無數的子彈打在手上，發出「啪啦——啪啦——」的聲音。海上，巨浪拍打着岸邊，掀起數公尺高的浪花，像是一頭巨龍在海裏翻筋斗，我立即把窗關起來，怕海水全都湧進家裏。車子在雨中前行，發出「嘩啦」的聲音。

颱風終於離開香港了，陽光普照大地。風勢漸漸減弱，我打開窗戶，交通工具逐漸恢復正常，大樹倒在地上，樹葉散落四處，一片狼藉，空中瀰漫着泥土和樹葉的清香。街上的招牌被吹倒在地。

啊！大自然的威力真是令人畏懼，希望颱風不要再來了，真是可怕。

《考試週》

劉晞樂 6E

十二月一日至十二月七日

這一個星期是考試週，我知道後眉頭緊鎖，快要夾死一隻蒼蠅了。

星期一，老師指派了很多份功課，中文老師說：「今天有兩份功課，兩頁作業和一份工作紙。」英文老師說：「今天做一篇三百字的文章吧！」數學老師說：「……」。這些功課加在一起就是一座「練習山」。放學後，我還要背着沉甸甸的書包到補習班補習，但那時我已經疲憊不堪、昏昏欲睡了。

星期三，我的壓力有增無減，就像在爬山，努力地向上爬，但才爬到半山腰，進退兩難。回到家後，我總會看見「三座大山」：「數學練習山」、「中文試卷山」、「英文試卷山」，但看着媽媽期待的眼神，我知道自己只能堅持下去、不能退縮。

星期五，終於到了中文寫作的考試，我一看到題目要求，靈感像泉水般湧了出來。我把握住了時機，胸有成竹，下筆如有神，一氣呵成，寫了八百多字呢。

這個星期，不但非常難忘，還教會我了一個道理：只要功夫深，鐵杵磨成針，凡事都要不斷堅持，才能成功。

《考試週》

季倫熙 6E

十二月一日至十二月七日

星期一是考試週的第一天，我迎來了最難的考試——默書。為甚麼呢？理由很簡單：默書不僅要用繁體字，而且還要記住標點符號，對我來說難度極大，只要有一絲失誤就會扣分。

當我一大早來到教室，班級裏少了歡鬧聲，更多的是看着考試範圍在努力温習的同學，多了一絲絲緊張。

我一想起默書就心跳加速，生怕考不好，只好趕緊回到座位上複習。「叮叮叮」，隨着上課鈴聲的響起，同學們都回到座位上，氣氛也頓時變得緊張起來，老師在交代完注意事項後就按下了計時器，同學們開始奮筆疾書。當時間過半，有些人還在寫；有些人抓耳撓腮，似乎遇到了一些困難；有些人已經停筆在休息，一副胸有成竹的樣子。當鬧鐘聲響起，第一天的考試就此結束。

星期二，最難的語文考試已結束，教室裏的氣氛輕鬆不少，考試時，我也沒有那麼緊張了。但是考試後發生了一些小插曲，曉曉在考試時弄撒了一些白色粉末，使鄰桌感覺很噁心，無法專注考試，他擔心受曉曉影響考不好，還差點哭了。

星期三，我一早看見大家都在看人文素質科的課本，我很疑惑地問：「人文素質科今天又不用考試，幹嘛要看課本？」「今天考試！」我一聽，瞬間緊張起來，大腦一片空白。「快去複習呀！」我這才反應過來趕緊去複習。在等待進教室上課時，同學們在走廊邊排隊邊複習。隨着老師的到來，我們也陸續進來教室，我的心提到了嗓子眼，心想：我都沒怎麼複習，怎麼辦啊！我越想心裏就越忐忑不安。在派發卷子時我還打算臨時抱佛腳再看一眼，可惜甚麼也沒記住。考試開始後，我無精打采地打開試卷一看，頓時，心裏樂開了花，這不是剛剛複習過的內容嘛！我連忙寫下答案，想着：佛祖真的顯靈啦！我有驚無險地度過這次考試。

後面兩天由於特殊原因我沒來學校，僥倖逃過一劫，這三天的考試都讓我驚心動魄、緊張刺激。從第一天的緊張不已，到第二天的安閒自得，再到第三天的僥倖逃脫，這次考試週的經歷猶如過山車般跌宕起伏。

《給好朋友的一封信》

吳子樂 6B

親愛的小明：

你好嗎？好久不見！不知道你在那邊的小學生活中有沒有遇到甚麼困難呢？讓我來跟你分享一下我曾經遇到的困難吧！

記得在四年級時，我曾因為在中文寫作拿到不太好的成績而倍感失落。我當時真的很想拿到好成績，所以我決定要努力達成我的目標。

我制定了幾個解決方法。第一，我在上課時非常認真地聽課和抄筆記。第二，我遇到不明白的地方會向老師請教。第三，我在每次評估後檢討並制定改善的方法。最後，我在考試前重温學習過的知識。最終，我的中文寫作成績大大提高了。我感到萬分喜悅、喜出望外呢！

這次經歷讓我真正領悟到「就算跌倒一百次，也要站起來一百次」的道理。當遇到困難時，只要制定合適的解決方法再加予努力，就會成功達到目標。因此，你遇到困難時，千萬不要放棄啊！只要你努力去改善問題，任何事情都能順利解決。加油啊！

祝

學業進步

朋友

樂樂上

二月十七日

《小學校園生活》（數白欖）

陳靖朗 6B

小學校園生活好
日日上堂有嘢做
老師發火要識撈
上堂唔准食蛋糕
數學難題疑冇路
好彩老師會指導
唔交功課真糟糕
老師塊面唔會老

《親情頌》

張子翹 6A

在那温暖的晨曦中，
母親的手，
像陽光般柔軟，
輕輕撫過我的臉頰。

親情如水，
潺潺流動，
在每個清晨，
每個黃昏，
如同樹葉在微風中輕輕搖晃。

在那翠綠的山頂上，
父親的笑聲，
像泉水般清脆，
在我心中蕩漾、蕩漾！

那是我生命的河流，
涓涓不息，
滋潤着我，
在迷失的夜空中，
他的影子，
如同明燈，
指引着我，
歸家的路。

親情，是一朵盛開的花，
雖然風雨常襲，
但是永遠芬芳。

《親情頌》

集體創作 6D

父親啊！父親啊！
您在背後為我默默付出，
我都銘記在心中；
您像太陽一樣給我温暖，
像拯救世界的戰士，
像廣闊無垠的沙漠中的綠洲。

感謝您鼓勵着我，
為我帶來無限的動力；
感謝您像黑暗中的明燈一樣，
為我帶來希望，
指導着我成長。

時光橫流，
轉眼間您已經滿頭白髮，
額頭上的皺紋已更明顯。

對着您，
我願意敞開心胸，
分享生活中的趣事和煩惱。

父親啊！父親啊！
我們共處的每一刻快樂時光，
我都會銘記在心中。